

District 4-C5

# Lions Pride



LIONS PRIDE—VOLUME 36, ISSUE 6

December 2018

## NEVADA CITY LIONS AT AN ANNUAL TURKEY TROT



Nevada City Lion members Ina Elrod, Jackie Wapp, DG Doug Wight, Julie Meyer and Jim Wapp participated in the annual Michael Bratton II Turkey Trot at Nevada Union High School

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## District Governor Doug Wight's Message



Happy Late Fall to District  
4-C5 Lions,

As you read my column this month, Thanksgiving has passed and many of you are preparing for the busy holiday season. We wish all of you wonderful holiday celebrations and a very Merry Christmas.

But while we are thankful for so many things, let us not forget the victims of the horrific fires in the Paradise area. Many of our clubs have committed to donate funds through the California Lions Foundation, a 501(c)3 foundation. District 4-C1 to our north has been working with many organizations to assist in providing needed goods to those affected by the fire. There is still more work to be done. A number of our own district clubs have expressed interest in assisting by volunteering their time in the Chico area at the store front which was recently set up. It is wonderful that so many members are reaching out. We do recommend that before heading to the area without advanced plans or arrangements to do so, you need to touch base with them before venturing out.

I am copying the following from Lion Mike Ferrier, District 4-C1's Disaster Coordinator and also from District Governor (DG) Susan Kerr, that provides information how you can help:

*"501c3 charitable level donations can go through the California Lions Foundation or be sent through me to the Enterprise Lions Community Activity Fund, C/O Mike Ferrier, 2621 Freebridge Street, Redding CA 96001. I am in DG Sue's club. All donations will be passed through to the District 4-C1 Disaster Fund.*

*501c4, also called Service Club donations, such as donations from a clubs Activities Account can go to the District 4-C1 Disaster Fund, C/O Melanie Hunter, 2734 Starlight Blvd, Redding CA, 96001. They should all be marked for Camp Fire Disaster Relief.*

*Lion Mike Ferrier  
District 4-C1 Disaster Response Team Chair  
530-941-9977  
[mikeferrier11@gmail.com](mailto:mikeferrier11@gmail.com)*

And the following from DG Susan Kerr:

*"I am giving you the address of the Relief Center that has been set up in Chico and the local contacts who will be running the center. Please remember that the town of Paradise is closed, there can be no direct effort in the town for some time. The Boy Scouts of Chico will also be aiding this relief effort.*

*Address: 2485 Norte Dame Boulevard, Suite 210, Chico, CA*

*Contacts: Karen Crook (she lives in Magalia and is evacuated)*

*(707) 321-7715 [karencrook09@yahoo.com](mailto:karencrook09@yahoo.com)  
Paradise Host Lions Club*

*Glen and Linda Dunning  
H (530) 891-0711  
C (530) 570-7888  
[g-ldunning@comcast.net](mailto:g-ldunning@comcast.net)  
Chico Host Lions Club"*

The efforts to aid those in need in the Paradise area will exist for a long time while citizens get back on their feet. We will keep you informed as we hear more from our fellow Lion members to the north. If any of you interested in visiting the area, check with either Karen Cook or the Dunnings' ahead of your trip. They can let you know of scheduling and how many would be needed at any specific time.

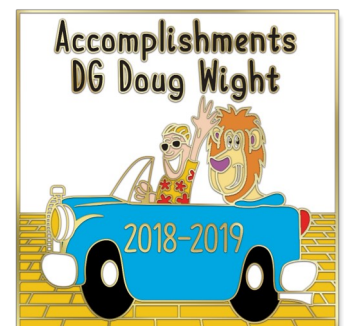
In the meantime, we are continuing our visits to each of the clubs in our district with a small number yet to visit. Keep up the excellent reporting of all of your activities. It has been very rewarding during this first half our year to read and hear how each of your clubs are living proof of "We Serve."

Happy Holidays to all. We look forward to seeing many of you in the weeks to come.

All of my best to you and yours,

District Governor,  
Doug Wight

*"Ride the Gold Road  
of Lionsim"*





# 1st Vice District Governor Sarah Enloe's Message



Dear Fellow District 4-C5 Lions:

I hope that everyone had a wonderful Thanksgiving. It is the season of giving, and Christmas is just around the corner.

This means that the month of December will go by in a blur of personal family commitments, not to mention our Lions commitments, (i.e., Christmas caroling; feeding the less fortunate members of our communities; and of course, helping the victims in the fire ravaged areas of California), especially the victims of the terrible fire in the Paradise area. During the past month, I have accompanied District Governor (DG) Doug on five DG Official visitations, plus all my other Lions' and community activities.

I, along with Lion Carle, would like to echo DG Doug's sentiments that we should not forget the victims of the horrific fire in the Paradise area, including many of our fellow Lions and their families from District 4-C1 during this holiday season. As DG Doug aptly pointed out in his message, many of our District 4-C5 clubs and members

On November 10, 2018, the Dos Rios Region hosted the second District 4-C5 Cabinet Meeting at the Pioneer High School, Woodland, CA. The theme of the Second Cabinet Meeting was "Honoring All Who Served" in honor of all the Lions' Veterans and veterans in general. After lunch, all the Veterans were recognized and presented with a Patriotic Pin by DG Doug. I would like to again thank all the Veterans for their service to our country.

A friendly reminder to take advantage of the early bird registration for our Multiple District 4 Convention 2019, **postmarked by December 31, 2018.** The State Convention will be held at the Doubletree Hotel, Sacramento, CA on February 8-10, 2019. For additional information, visit our website at [www.district4c5.net](http://www.district4c5.net) or contact Lion Marjean O'Neill at (707) 664-8511 for questions or email [Lionmarjean@gmail.com](mailto:Lionmarjean@gmail.com).

Christmas is just around the corner and I, along with Lion Carle, would like to close by wishing all District 4-C5 Lions and their families a very Merry Christmas and a Happy New Year. I look forward to seeing you during the upcoming visitations and other events in the Districts.

DG Doug giving Veteran's a special pin to honor their service



have committed to donate funds and other necessities to the victims. This is truly awe inspiring. Also, I would strongly recommend, as DG Doug has stressed in his message, that our members need to contact the Lions' who are coordinating the relief efforts before leaving for the disaster area to lend a supporting hand.

Sincerely in Lionism,

Sarah Enloe  
First Vice District Governor



## 2nd Vice District Governor Cat Gon's Message



### *Happy Holidays and Seasons Greetings*

I have had the good fortune to attend the Advanced Lions Leadership Institute last month held in the "winter wonderland expanses" of Winnipeg, Canada. The air there was so cold and clear (a balmy 9 degrees Fahrenheit) that it almost hurt to breathe it in ... but a most delightful change from the smoke-filled air of California. Given the opportunity, every Lion should attend any one of the many Institutes offered through Lions Clubs International or Multiple District Four. The overall experience is astounding and the new friends that you will make, extraordinary.

We each have a tradition in which we celebrate the Holidays, being thankful for all the blessings that have been bestowed upon our lives and families. I have been blessed with the awe-inspiring support and camaraderie from the Lions of our District during my apprenticeship as 2<sup>nd</sup> Vice District Governor. I cannot recall experiencing the same amount of friendship, understanding, and caring for each other in any other District. I cannot help but rant and rave about the remarkable men and women within our ranks. Our Lions are amazing, and I applaud you!

Need truly knows no season, but it seems that it is most poignantly felt at this time of the year. Those in need that we encounter could very well have been us in a more forgiving environment but for a twist of fate. Let us remember that not all of us have been blessed with the promise of a bountiful holiday season and optimistic new year. This is especially profound as we reflect upon the past months and the devastating fires that have plagued a large portion of our state. Please continue to assist those suffering hardships by carrying out all your amazing acts of

thoughtfulness.

In keeping with the traditions of past years, many of our Clubs make it a priority to care for the less fortunate and have established major projects to provide for them in whatever capacity possible: Food Baskets; Adopt-A-Family; Dinner with Santa; and the list is endless. No matter which way your club chooses to provide for these needy individuals and families in your communities and those uprooted by the fires, let's make this a blessed holiday season for all those we touch. Every act of kindness is keenly felt and appreciated by those who benefit from those actions.

From our home to yours, please accept our humble holiday gift of friendship and camaraderie in service. We wish each of you a blissful Holiday Season, happiness and a New Year filled with peace, health, and prosperity.

*Lion Cat and PDG Erv Gon and Family*



## What do you mean this charity is a SCAM?

*Submitted by Lion Bud Nobili, President, Loomis Lions Club*

I recently read an article in the AARP Bulletin that sparked my interest on various “Charities” or nonprofit organizations that have been identified as “Scams.” The article was titled “Vet Charity Scams Busted” and it pointed out that Federal and State law enforcement agents had carried out a sweeping crackdown on some charities that allegedly sought to bilk contributors under the guise of helping veterans. More than 100 sham charities were accused of cheating donors out of millions of dollars. The article went on to point out that scammers particularly target older Americans and they tend to be very generous. Since most of our club members fall into the “Older American” category, I felt this might be an appropriate and timely topic for inclusion in the Loomis Lions Newspaper.

It is not uncommon for a club or community member to approach the Lions Club for a donation to a fundraiser that lists as their targeted group as the military, children, firemen and law enforcement. Lions Clubs generally support these groups and since the brochures and information on the organization is appealing to members, it is not uncommon for the club to immediately jump on the bandwagon with a donation, rather than taking a logical approach of doing some checking, before writing the check.

The AARP article pointed out that while there has been no tally of stolen donations by the Federal Trade Commission, one group called “Help the Vets” defrauded Americans out of \$20 million between 2014 and 2017. Organizations have been known to use names such as Act of Valor, Medal of Honor, Saving our Soldiers and Vets Fighting Breast Cancer. These all sound legitimate, but closer scrutiny may reveal practices, policies and use of funds as questionable if not illegal.

The FTC recommends that background work is critical if we are to donate with confidence. If one does not determine the charities legitimacy, the potential for harm is enormous. And, as a service-oriented organization, our Lions Clubs need to insure those who helped us raise the funds that we are due diligent and make sure that their money is spent wisely and legitimately.

To this end, when questions arise concerning a request for funding for charitable purposes, and we are not familiar with the organization, their claims and record, the Loomis Lions Club has utilized some of the well-known resources on the Internet. (The Charity Navigator, Better Business Bureau Wise Giving Alliance, Charity Watch, Guide Star and Give Well). These sites will often provide valuable information and rankings of the Charity you are researching.

The most effective investigation should include directly contacting the Charity and asking them to provide detailed data on their organization, funding and use of funds. What is their organizational structure? Ask for copy of their budget and IRS filings. Try to determine how many of the targeted charity group is actually served by this program? How is this number calculated? Ask how much is spent on the main focus of their program and how much is spent on advertisements and fundraising? How much goes for administration? Do they have paid employees and what do? Who provides the fiscal oversight? Most important, what percentage of the non-profits funds are actually used for intended charity or humanitarian purposes?

Seem like a lot to look into, however legitimate charities should have no problem answering your questions and supplying you with supporting documentation. If they will not, BEWARE.

I am not advocating that our Lions Clubs deprive legitimate charities of money that can be put to good use. I am suggesting that we check them out these requests and make our decisions based on facts and not emotions.

There are thousands of charitable organizations that do good and important work. As Lions, we can best make a difference by having confidence that the organizations we are supporting are worthy of our funding and efforts.



Hello District 4-C5,

We are almost half way through our year and we have donated just over \$17,000 to Lions Clubs International Foundation (LCIF). This give us a 43.18% of our District Goal of \$40,000. This month joining the \$1,000 club is **Meadow Vista Lions Club**.

Several of our clubs have a Melvin Jones Fellowship (MJF) in their back pocket, some of our clubs are very close to having a MJF within their grasp for this year and some are half way to donating the amount needed to receive a MJF. It would be great if a club wanted to have a **MJF presented to one of their members during the Multiple District 4 State Lions Convention on February 10th during the MJF Breakfast**. In order to do this, the club would need to identify the member as soon as they can so that LCIF can process the award for the MJF Breakfast.

I am still visiting clubs within our District and so far I have matched 28 of the 32 clubs with their donation of \$20 to LCIF. By the time you have a chance to read this article, I will have matched every club that has donated to LCIF. Remember, I am only matching the first \$20!

We have 18 clubs that have donated \$250 or more since the first of the year, with eight clubs donating \$1,000 or more to LCIF.

We have had some great fundraising and support projects so far this year. We started

off with **Citrus Heights Lions Club** with the assistance of six other clubs donating \$2,790 for LCIF Disaster Relief for Puerto Rico. Followed by two clubs donating to LCIF for the Disaster Relief for Redding. **Placerville Lions Club** held a fundraiser in support of LCIF's Diabetes Awareness to the tune of \$760. Lastly, the **Sacramento Maharlika Lions Club**, with support from four other clubs, donated \$900 for LCIF's Childhood Cancer Campaign.

District Governor Doug would like to see all of our clubs get involved with LCIF. Lions Clubs International Foundation provides grant funding enabling Lions to do what we do best. And that is SERVE!



Melvin Jones

## Lions Clubs International Foundation (LCIF)

Club Name	Zone	2017-2018 Totals	Jul-Sep 2018	Oct-Dec 2018	Jan-Apr 2019	TOTAL AMOUNT DONATED	DATE VISITED or TO VISIT
Auburn 49ers	Foothill	0					
Auburn Host	Foothill	50					
Citrus Heights	Wolfskill	93.52	300			300	8/20/2018
Colfax	Foothill	700	20			20	11/6/18
Country Club	Wolfskill	3000	2000			2000	9/24/18
Davis Aggies	Gordon	50					
Delta	Sutter	500		40		40	7/26/2018
Downieville	Sierra	200					
Elk Grove	Sutter	550	1100	160	80	1340	7/22/2018
Esparto	Gordon	2570					
Fair Oaks Host	Wolfskill	0		20		20	9/7/2018
Folsom City Host	Marshall	2250	300	100		400	12/5/2018
Folsom Lake	Marshall	1000	225	20		245	10/11/18
Foresthill	Foothill	0		1020		1020	10/2/2018
Galt	Sutter	0	1000			1000	8/23/2018
Grass Valley Foothill	Sierra	2400					
Grass Valley Gold Country	Sierra	100					
Grass Valley Host	Sierra	1000					
Higgins Diggins	Foothill	1550	600			600	9/6/2018
Lincoln Hills	Eureka	2025	1000			1000	
Lincoln Host	Eureka	0		20			11/1/18
Loomis	Eureka	0					
Meadow Vista	Foothill	2800	400	600		1000	
Mother Lode	Marshall	2130	100	30		130	
Nevada City	Sierra	2100		20		20	
Newcastle Golden Spike	Eureka	0					
North San Juan Yuba River	Sierra	0					8/14/18
Orangevale	Marshall	400	425	200		925	10/16/18
Penn Valley	Sierra	1000	500			500	
Placerville	Marshall	0	150	760		910	12/4/18
Pride of LC	Sutter	1025		90		90	9/26/18
Rio Linda	Wolfskill	605	925			925	
Rocklin	Eureka	500	40			40	9/4/18

# Lions Clubs International Foundation (LCIF)

Club Name	Zone	2017-2018 Totals	Jul-Sep 2018	Oct-Dec 2018	Jan-Apr 2019	TOTAL AMOUNT DONATED	DATE VISITED
Roseville Host	Eureka	100					12/19/18
Roseville Sunrise	Eureka	1000					8/21/18
Sacramento Antelope	Wolfskill	410					10/10/18
Sacramento Camellia	Crocker	0		200		200	11/8/18
Sacramento Capitol	Crocker	200		25		25	1/3/19
Sacramento Embarcadero	Crocker	3350	1000	300		1300	
Sacramento Fort Sutter	Wolfskill	0	420	20		440	9/25/2018
Sacramento Golden State	Sutter	0	340			340	
Sacramento Mabuhay	Crocker	100					10/20/18
Sacramento Maharlika	Sutter	978.52	1,000	170		1270	11/6/18
Sacramento Metropolitan	Crocker	0					10/3/18
Sacramento Midtown	Wolfskill	0		20			11/8/18
Sacramento Nepalese	Crocker	0					
Sacramento Senator	Crocker	1406	100			100	10/5/18
Sacramento Valley Hi	Sutter	1000					
Winters	Gordon	0					
Woodland Host	Gordon	2245		290		290	11/7/18
Woodland Reveille	Gordon	20	50			50	11/7/18
Woodland Yolo Sunset	Gordon	1000		20		20	11/7/18
<b>TOTAL</b>			<b>\$12,695</b>	<b>\$4,525</b>	<b>\$80</b>	<b>\$17,220</b>	

27 of 52 (51.9%) Clubs have been visited about the LCIF  
 32 of 52 (61.54%) Clubs have donated to the LCIF  
 8 of 8 (100%) Zones have been visited about the LCIF  
 48 of 52 (92.31%) Clubs has a Club LCIF Coordinator  
 Total goal for the District is 43.38%

8 clubs Brown = \$1,000 <  
 3 club Red = \$750 to \$999  
 4 clubs Blue = \$500 to \$749  
 4 clubs Green = \$250 to \$499

13 clubs Right side of column Black =  
 \$0 to \$249





## Where There is a Need, There is a Lion!

Lion President Karen Crook of the Paradise Lions Club was one of many who lost their home in Paradise, but still pushed forward to work the at the store front in Chico that District 4-C1 set up for victims of the fire.



A beneficiary of supplies at the Lions Fire Relief Center

*See DG Doug's column on Page 2 for more details on how you or your club can help with this recovery effort!*



Grass Valley Lions Rod Shotwell, Al Eagle, Arnie Romanello and George Woods handing a \$2,000 dollar check to Karen Crook, President of



Mary "Liz" Brooding with PDG & PID Joe DiDuca and wife Barbra

# We Serve!

California's most devastating fire in it's history.





## Where There is a Need, There is a Lion!

**Higgins Diggins Lions Club** stepped up to help the evacuees and emergency workers of the Camp Fire by providing them with hot meals for lunch and dinner on Sunday, November 18<sup>th</sup>. The club's newest Lion couple, Jim and Jodi Sutton, proposed the idea at an emergency board meeting to the Board of Directors who unanimously approved taking the club BBQ and \$500 donation for supplies to prepare over 450 meals at the evacuation site. Two club members added \$100 each of their own money to the relief effort.

The very appreciative people in Chico were served hamburgers and hot dogs for lunch, and BBQ chicken and tri-tips for dinner, along with side dishes, beverages and dessert.

Compliments were given on the excellent BBQing skills of Lion Jim and his friends who organized and prepared the meals; in fact, some said it was better than the dinner provided the day before by a well-known steak house! The Sutton's daughter, Kali also helped out, and after witnessing the amazing work and generosity of Lions, Kali asked when she could join!

In addition to sponsoring the meals, Higgins members collected and donated clothing, pet supplies, school supplies, household items, gift cards and more money to the victims of the massive fire.

As new and very active members Jim and Jodi received their Proud Lion awards presented by Past District Governor and District Global Membership Chair Mike Retzlaff at the November 15th club meeting that immediately preceded the emergency board. Jodi broke down in tears



Lions Jim and Jodi Sutton with daughter Kali.

when their idea was approved, saying "You guys are so generous, you are the best!"

Welcome to our Lions family Jim and Jodi Sutton, we agree because "Where There's a Need, There's a Lion"!

Tri-tips loaded on the BBQ.



Lions dishing up dinner!



**Foresthill Lions Club** Inducted two new members on Tuesday November 20<sup>th</sup> with the help of Foothill Zone Chair Tim Luckinbill. Steve and Linda Smith have lived in Foresthill for about 12 years and are the new owners of our local paper called The Messenger. Lion Carol Jordan was their sponsor.

In the picture from left to right are: Lions Steve Smith, Carol Jordan, Linda Smith, President Helene Smith, and Foothill Zone Chair Tim Luckinbill.



## Where There is a Need, There is a Lion!

The **Colfax Lions Club** hosted its 53rd Annual Community Dinner at the Sierra Vista Community Center on Wednesday, November 21, 2018. The Colfax High School Leos provided a dozen stalwart workers to augment the Lions member's efforts in dinner preparation, serving and clean up. Dinner Chair, Lion Dan Zendner said, "The Lions served

worthwhile is when we see a large turnout of Colfax area residents who join us for dinner."



over 300 dinners both at the Community Center and hand delivered to shut-in individuals who were unable to get to town. What makes the dinner all



Serving for the Lions Community Dinner are (L-R) Colfax High School Leos Jana Martello, Lybia Michael, Megan Towne and Colfax Lion Russ Worrall.

Ready to enjoy their dinners are PCC Lion Dave Johnson (the announcer's voice for Colfax High School Football games) and his wife, Lion Dana.

### POP TABS

#### The sweetest way to support the Ronald McDonald House Charities



It takes approximately 1,128 pop tabs to equal one pound. We typically receive between \$0.40 to \$0.50 per pound of pop tabs. This program brings in an average of **\$6,000 each year**. Last year you donated over 13 million pop tabs! We accept more than just soda pop tabs. The tabs can come from energy drinks, soup cans, Spam cans or anything with a metallic tab.

Our Pop Tab program is important because it provides extra revenue that can help make up for the donations that families cannot make. To house one family at Ronald McDonald House Charities averages \$100 per night. We ask for a \$10 per night room contribution from our families, but no family is turned away based on the inability to pay.



Our four Regions annual "unofficial" visit to Ronald McDonald's House to donate our yearly collections of pull tabs occurred Halloween Day --- No Tricks ... all Treats! That's Colfax Lion/Zone Chair Tim Luckinbill collecting for the hill Clubs and Embarcadero Lion Alex Eng and PDG Erv Gon collecting for the flatland Clubs.



## Where There is a Need, There is a Lion!



CT Sheri Retzlaff, PDG/GMT Mike Retlaff, Jim & Jodi Sutton, Helen Beghetti and Carol ODonnell

Four members of Higgins Diggins Lions received their Proud Lion Award on November 15<sup>th</sup> at their club meeting. Past District Governor (PDG) and Global Membership Team Coordinator Mike Retzlaff presented the pins to Jim and Jodi Sutton, Helen Beghetti and Carol ODonnell. Cabinet Treasurer Sheri Retzlaff accompanied PDG Mike for the evening at Higgins Lions Community Center.

PDG Mike was served double duty as he was the guest speaker for the night as well. He informed the membership about the Lion's Emergency Trailer our district is very close to securing. This was a timely subject given the Camp Fire was raging at this time. Higgins Diggins made a \$300 donation to help purchase the trailer and supplies needed to stock it.

PDG Mike also spoke about what his position as District GMT involves. He encouraged everyone to continue increasing their membership by involving community members in Lion's projects and events. He explained when non-Lions see what we do, and how much fun we have while doing it, they too will want to join our family.

### Lions Love the Zoo

**Folsom Lake Lions** volunteered time again this year to help do the decorating for the Folsom annual Wild nights and City lights event at the Folsom Zoo. We have done the light decorations for the Miners Shack for the last many years. That's the name of the skunk enclosure. Thank goodness they are sleeping during the day when we decorate.

If you've never seen it, it is absolutely stunning to see the array of lights and it's a fun time for the whole family. Santa is there and the nocturnal animals are out – nice to see the lions and tigers. There are lights everywhere – the whole zoo is in living color.

You can also check out our Folsom Lake Lions Club bench in the front of the new barn, and our decorated tree in the forest on the back side of the barn.

It is really quite a sight. Check it out here <https://folsomzooofriends.org/events/wild-nights-and-holiday-lights-2018>



Above: left to right: Maria Anderson, Deanna Prince, Dee Farmer, Cris Gerard and Gail O'Brien

Bottom: left Dee Farmer – right Rita Withers





## Where There is a Need, There is a Lion!



Esparto Lions participated in the Esparto High School homecoming parade. The float was a type of jungle theme, featuring Lion Obie Oburueller as the "Lion." Other riders include Lions Becky and Frank.

Many compliments were received on the great decorations.

DG Doug Wight and Cabinet Secretary Jeri Retzlaff displaying the winning District 4-C5 Peace Poster. The poster will head to the MD-4 Convention where it will compete against posters from all around California. The California winner will be announced at the MD-4 Convention.

Poster was created by Magnolia Intermediate School student, Maya Bessinger, and sponsored by the Higgins Diggins Lions Club.





## Where There is a Need, There is a Lion!

How can we help is a question Lions are asking constantly! There are numerous answers to this question, and here are a few ways the **Antelope Lions Club** answered!

The Antelope Lions were concerned about the need for school supplies for students displaced by the Carr Fire. Lion Jeri Wartena contacted Redding Host Lions Club President, and asked "How can we Help?" "School supplies are desperately needed" was Lion Chris's response. Following shopping excursions by Antelope Lions Jeri Wartena, David



Huber, and Jim Kirkpatrick, \$650.00 worth of school supplies were purchased from WalMart. The monies were \$400 from the Lions and \$250.00 gift certificate from WalMart.

**Fair Oaks Host Lions** donated \$100.00 worth of backpacks, and an additional \$195.00 came from members of Bethel Lutheran Church in Roseville, following an announcement after church by Jeri about the children in need in Redding. With the additional funds, Lion Jeri was able to purchase more backpacks, so the Lions donated 35 backpacks plus a truck bed full of supplies! Lion Jeri met with Redding Host Lions President Chris Bohn and passed the supplies on. Tears and thanks from Lion Chris!

How Can We Help - Dictionaries for 3<sup>rd</sup> Graders! Five years ago, Lion Micky brought back information about the Dictionary Project. He met with Center Unified School District Supervisor Scott Loehr and received approval for the Antelope Lions to donate dictionaries to the 3<sup>rd</sup> graders at all four elementary schools. For the fifth year in a row, the

Antelope Lions delivered Webster's 5<sup>th</sup> Edition Dictionaries to the excited 3<sup>rd</sup> graders at Spinelli, Oak Hill, North Country and Dudley Elementary Schools. If you haven't given a child a dictionary recently, you must try it! Please don't believe those people who say kids don't use dictionaries anymore! The students love receiving them, and even five years later, Antelope Lions members are gifted with hugs from students who are still using their dictionaries.

How else can we help? For the 26<sup>th</sup> year, the Antelope Lions delivered Thanksgiving Feast for Families food boxes to families in need. Families are identified by school staff from the 12 schools in their area of influence. With shopping done the Thursday prior to Thanksgiving, packing done on Friday, boxes are ready for delivery on Saturday morning. After a stop at the local WinCo to purchase pies, eggs, milk, and other dairy products, off go Lions to deliver food boxes. Each family receives three boxes – produce, dry goods and staples, and frozen/dairy products as well as a turkey!

How else can we help? In December, the Antelope Lions will be providing Christmas gifts for children via the Giving Tree at Taste of Tuscany (owned by Antelope Lion Jeremy



Antelope Lion Jeri Wartena and Redding Host Lions President Chris Bohn

Price), giving \$100.00 WalMart gift cards to students in need at the 12 area schools, and sharing Christmas Day with families in dire straits. But more to come on that incredible event!



## Where There is a Need, There is a Lion!

On November 17, 2018, the Partnership that makes a Difference of **Sacramento Mabuhay Lions Club (SLMC)** and Maria and Joseph Ministry to the Poor (MJMP) successfully demonstrated their selfless Service in Action. The dynamic leadership of SLMC President Lenie Robins and MJMP Fundraiser Klint Robins, together with about 20 volunteers, including officers and members of both organizations helped with this event. The group carpooled (about 10-12 cars/vans/truck) assembled at the Robin's residence in Lincoln, CA before heading out to Chico/Paradise areas.



Before the departure, Brother Rollie, Charter President, graced us with his send-off prayers and sang in praise with the group. The trip took about two and half hours from Lincoln to Butte County as the 12 vehicles approached the smoky sites of Chico/Paradise. The group continued on with the drive until we reached our first destination at the residential neighborhood in Chico who were housing fire



victim families. We set-up tables and prepared and cooked lunch for the fire survivors and victims. We served

them rice, Chicken Adobo, Pancit, coffee, water, juice and fruit. We fed about 250 people in total who came in groups of families and who personally enjoyed the food and gave their appreciation for the support and donations that SLMC and MJMP provided. Aside from the food, they were also given relief items such as blankets, pillows, socks, bottled water, toilet paper, underwear, lots of new clothing for men, women and young children, towels, packs of personal hygiene products, children and women's vitamins.

As we approached mid-day, the group went over to the tent sites located behind Walmart in Chico. We brought about 250 packed lunches for the fire survivors either living in tents or in their parked cars/trucks. There were other organizations and businesses present in the area who are giving away food and relief items. It was very touching to see different people from different walks of life, young and old, sharing and giving their time as well.



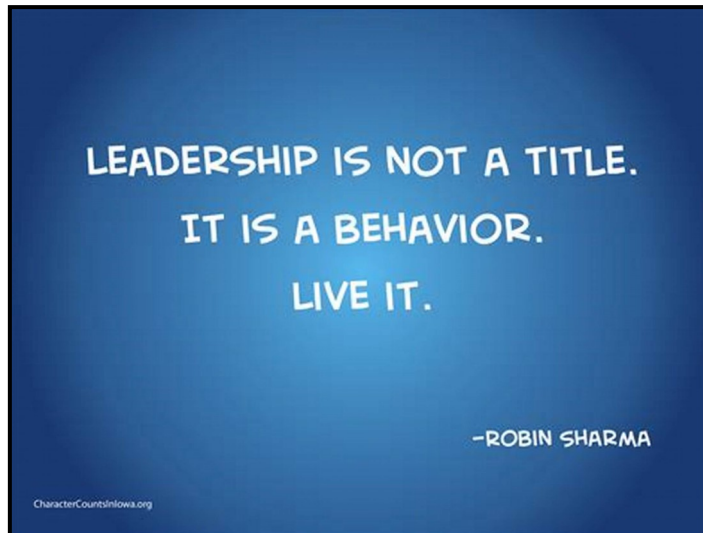
After all, this is what SLMC and MJMP partnership is all about... supporting good in the world and making a difference. This act of kindness does not stop here as both organizations continue to gather donations and distribute them accordingly. We would like to personally express our sincere gratitude and appreciation to all who donated their time, money and relief goods! We would not be able to succeed in our service in action without the support of the volunteers and supporters.

## MD-4 Leadership Training

Interested in learning more about being a leader in Lions? There is a nominal fee of \$300 (\$420 single); however, whether you want to learn more in order to help you as a leader, we suggest that you apply for a grant for \$100 through your club officer, district zone/region or a District Governor. This training may be beneficial to you! In addition, the type of training provided can help in every day life or building work skills! Past topics for this training included Conflict Resolution, Public Speaking, Motivating Club Membership, Working in Teams and others.

This training is provided in Northern California from January 26 through 28,

2019, at the Earl Baum Center for the Blind, 4539 Occidental Road, Santa Rosa. Lodging to be determined.



Lions Education Foundation (before attending), ask your club for \$100, and you would pay \$100. Please refer to ZC Bernie Milmoie [milmoe@comcast.net] for an application. Also see 2VDG Cat Gon's column.

You also meet and work with other California Lions while building your leadership skills. The application is located at: <http://md4lions.org/glt>

If you know of any potential leaders in your clubs, please let them know about this training!!

## Color "Blindness" Not Really Blindness at All

*Reprinted from VSP.com*

The medical term is color vision deficiency. But, most of us refer to it as color blindness. So says Steven Zalaznick, OD, a New York City-based VSP network doctor. Not too long ago he had a distraught man come in for an appointment.

"I asked him what the problem was and he seemed reluctant to speak at first. But then he suddenly blurted out, 'My wife says I'm color blind, doc! Is she right, or do I just have bad taste in clothes?'"

After an eye exam and a few telltale tests, the doctor shared the news: the patient had officially joined the 12 million other American men with color vision deficiency. The doctor also explained the facts.

It's a genetic glitch that happens – almost always in males – and it doesn't allow certain color-sensing cells to develop in the retina. "The term 'blindness' is inaccurate when applied to color deficiency," says Dr. Zalaznick. "What actually happens is these patients lack the ability to distinguish between a couple of key colors."

The main colors (and their various hues) affected are red and green. Sometimes also blue and yellow. But it's extremely rare for someone to be totally "color blind" and only see white, black and shades of gray.

So, millions of men have the added potential for wardrobe dilemmas. Big deal, right? Having some issues with sensing colors might not seem that serious.

But, the condition can make it harder for children to do well in school – think of all the color-based work in elementary school, for instance. And, when those kids grow up, the condition could limit employment options. "Obviously, an employee who has to identify colored wires from a diagram is going to have difficulties," Dr. Zalaznick says.

The good news: tinted lenses are available that can often help the eyes compensate for the missing color pigments in vision. Dr. Zalaznick says people with the condition should visit a color vision specialist to make sure they're getting the support they need.

And, he offers another tip for those wardrobe-challenged guys: get some help in advance sewing tags or otherwise marking clothes so you know what goes with what. And, when clothes shopping, by all means take a friend.

If you notice any difficulty distinguishing colors, make an appointment to see your eye doctor right away.



# Upcoming

## EVENTS

<b>January 12, 2019</b> <b>Capitol Lions China Night</b> Rice Bowl Restaurant 2378 Florin Rd., Sacramento	\$35 per person 5:30 pm to 8:30 pm Contact Gloria Lee (916) 389-4269, Norman Chiang (916) 591-3288, Dave Pevny (916) 383-6878 or email kjue@2013@gmail.com
<b>January 19, 2019</b> <b>Folsom Lake Lions Crab &amp; Shrimp Feed</b> Folsom Community Center 52 Natoma St., Folsom	\$50 per person (No tickets at door) No Host Social 6 pm, Dinner 7 pm Order online at <a href="http://www.folsomlionscrabfeed.com">www.folsomlionscrabfeed.com</a> or call Margaret (916) 941-9724, Carol (916) 988-3491, or Bernie (916) 624-9210
<b>January 25, 2019</b> <b>Lions Education Foundation Annual Soup/Salad</b> Roseville Host Lions Club 107 Sutter Ave., Roseville	\$20 per person Social 6 pm, Dinner 6:30 pm Contact Cathy Messier @ (916) 967-0156 or 2VDG Cat Gon @ (916) 427-5747 or any LEF Board Member
<b>January 26, 2019</b> <b>Marharlika Lions Shrimp &amp; Crab Feed</b>	\$50 per person Save the Date!
<b>February 2, 2019</b> <b>Metropolitan Lions Club</b> Food for Thought: Trafficked in America University of Phoenix 2860 Gateway Oaks Dr., Sacramento	No Cost 2 pm to 4 pm (doors open at 1:30 pm) Light refreshments will be served Register online: <a href="https://tinyurl.com/ycpwawrh">https://tinyurl.com/ycpwawrh</a> Contact Rico @ (916) 209-0626 for more information
<b>February 22, 2019</b> Woodland Host Lions Chicken Parmesan Dinner Elks Lodge 500 Bush St., Woodland	\$ 20 per person 6 pm open, 6:30 pm dinner Contact Dennis/Linda Puccetti @ (530) 669-7941

*Don't forget to advertise your club events! See Page 19 for details!!*





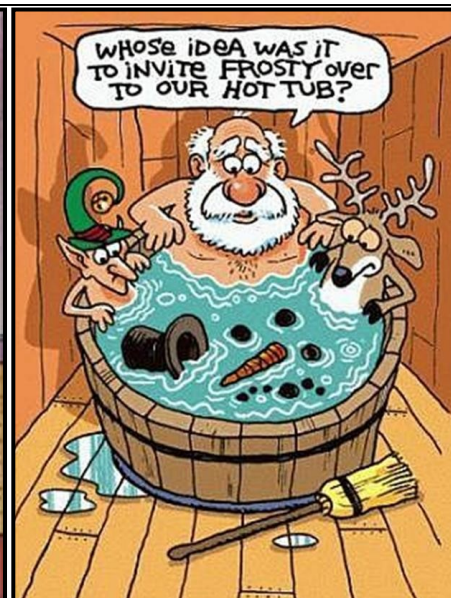
## 2018-2019 Cabinet Officer Contacts

<b>CABINET OFFICERS</b>	<b>PHONE</b>	<b>EMAIL</b>
Doug Wight, District Governor	(530) 477-0134	dg@district4c5.org
Sarah Enloe, 1st Vice District Governor	(916) 769-8601	1vdg@district4c5.org
Cat Gon, 2nd Vice District Governor	(916) 427-5747 (hm) (916) 607-0556 (cell)	2vdg@district4c5.org
Jeri Retzlaff, Cabinet Secretary	(916) 206-3678	cs@district4c5.org
Sheri Retzlaff, Cabinet Treasurer	(916) 681-9726 (hm) (916) 225-0126 (cell)	ct@district4c5.org
<b>DONNER REGION</b>	<b>PHONE</b>	<b>EMAIL</b>
Diana Beer, Region Chair	(530) 477-0134	donnerregion@district4c5.org
Tim Luckinbill, Foothill Zone Chair	(530) 272-7131	foothillzone@district4c5.org
Jackie Wapp, Sierra Zone Chair	(530) 263-2897	sierrazone@district4c5.org
<b>DOS RIOS REGION</b>	<b>PHONE</b>	<b>EMAIL</b>
Dennis Kramer, Region Chair	(530) 662-3896	dosriosregion@district4c5.org
Dave Stoermer, Gordon Zone Chair	(530)402-1818	gordonzone@district4c5.org
Ann Alvarez, Wolfskill Zone Chair	(916) 363-4105 (hm) (916) 601-9895 (cell)	wolfskillzone@district4c5.org
<b>SACRAMENTO REGION</b>	<b>PHONE</b>	<b>EMAIL</b>
Lynn Ventura, Region Chair	(916) 837-5682	sacramentoregion@district4c5.org
Mark Steffens, Crocker Zone Chair	(916) 214-8650	crockerzone@district4c5.org
Zenny Yagen, Sutter Zone Chair	(916) 599-6544	sutterzone@district4c5.org
<b>WASHOE REGION</b>	<b>PHONE</b>	<b>EMAIL</b>
Jill Santos, Region Chair	(916) 984-9711 (hm) (916) 337-2421 (cell)	washoeregion@district4c5.org
Bernie Milmoe, Eureka Zone Chair	(916) 782-8815 (hm) (916) 899-9081 (cell)	eurekazone@district4c5.org
Dee Farmer, Marshall Zone Chair	(916) 988-2194	marshallzone@district4c5.org

*Continued on next page*

## 2018-2019 Global Action Team and LCIF Coordinator

NAME	PHONE	EMAIL
<b>IPDG Nick McNicholas</b> Global Leadership Team Coordinator	(530) 908-2048 (cell)	glt@district4c5.org
<b>PDG Mike Retzlaff</b> Global Membership Team Coordinator	(916) 681-9726 (hm) (916) 225-8321 (cell)	gmt@district4c5.org
<b>Lion Donna Prince</b> Global Service Team Coordinator	(530) 305-8077	gst@district4c5.org
<b>PDG Andy Anderson</b> Lions Clubs International Foundation Chair	(916) 687-8133 (hm) (916) 955-3882 (cell)	lcif@district4c5.org

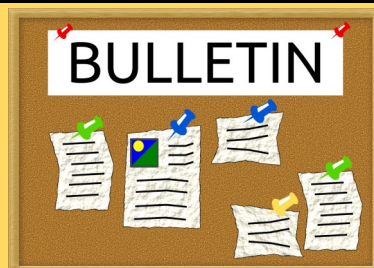


Share your club's event flyers to advertise throughout the district!!  
Send information to the following:

1. Email blast messages—Messages@district4c5.org
2. Webmaster—Events@district4c5.org
3. Facebook—pr@district4c5.net
4. Pride Bulletin—editor@district4c5.org



**Pride Bulletin Editor:**  
Kitty Kramer  
editor@district4c5.org



**Please forward all articles and photos (please identify who is in photos) by the 5th of each month!**

**To Qualify for Club District 4-C5 Bulletin Contest:**

**Mail or email your club bulletins to:**

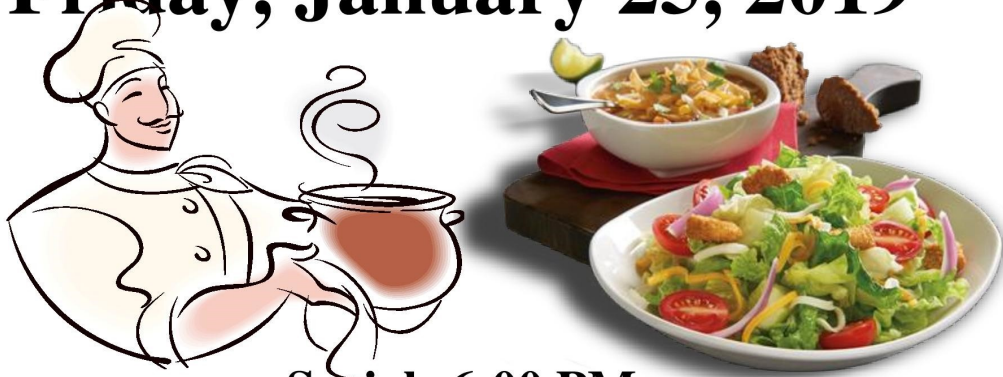
1. Kitty Kramer, editor@district4c5.org
2. DG Doug Wight, dg@district4c5.org
3. Cabinet Secretary Jeri Retzlaff, cs@district4c5.org





# **LIONS EDUCATION FOUNDATION**

## **Annual Soup & Salad Fundraiser Friday, January 25, 2019**



**Social: 6:00 PM**

**Dinner: 6:30 PM**

**\$20 per Person (cost includes Door prize entry)**

**Roseville Host Clubhouse  
107 Sutter Ave. Roseville, CA**

**Fun ... Food ... Friendship ... Prizes ... Silent Auction**

All proceeds to benefit Lions District 4-C5 Clubs  
matching grant requests and youth programs

**FOR TICKETS CONTACT:**

Lion Cathy Messier    or    Lion Cat Gon  
[cmg@mmproperties.com](mailto:cmg@mmproperties.com)    [catgon@att.net](mailto:catgon@att.net)  
916-967-0156    916-427-5747

**Or Any LEF Board Member**

Lions Education Foundation is a California Non-profit 501(c)3 Organization



# CALLING ALL DISTRICT LIONS AND CLUBS!

YOUR AD FOR THE 2019

**DISTRICT 4-C5 CONVENTION PROGRAM ARE BEING TAKEN NOW!**

*Don't be left out*

Get your Convention Ads in Today!

## Deadline is March 1, 2019

Advertise Your Club Fundraisers

Celebrate Your Club Successes

Honor Your Club Officers

Recognize Your New Members

**The opportunities are endless!**

Full page (8.5 x 5.5") - \$100

Half page (4.25 x 5.5") - \$50

Business Card (2 x 3.5") - \$25

*(Printed in Black and White only)*



Submit Ads in jpeg (*Preferred*), Microsoft Word, Publisher, or PDF format to:

[sarahte@comcast.net](mailto:sarahte@comcast.net), [catgon@att.net](mailto:catgon@att.net)



thankful appreciate  
willing individual performance  
recognition value  
morale grateful good u  
positive behavior  
stand out above and beyond  
social pleased team  
connected

Payment (**Checks payable to District 4-C5**)

and a hard copy of your ad should be mailed to:

2<sup>nd</sup> VDG Cat Gon

32 Sunlit Circle, Sacramento, CA 95831-1657