

District 4-C5

Lions Pride




LIONS PRIDE—VOLUME 37, ISSUE 11

May 2020



DG Sarah Enloe and Antelope Lion Jim Kirkpatrick are all prepared to serve at the Antelope Lions/Taste of Tuscany food giveaway

In this edition:

Governor and VDG Messages	Election Results	Pandemic Adventure at Sea	Emergency Eye Care	GMT Report	LCIF/CLF Squares	LCIF Report	Where There is a Need...	Lions Camp Wilderness	And More...
Pages 2-4	Page 5	Page 8	Page 10	Page 11	Page 12	Page 13	Page 16	Page 19	Page 21

District Governor Sarah Enloe's Message



Dear District 4-C5 Lions and Families:

This time last year, we had just completed our Easter celebrations and were celebrating IPDG Doug's successful "Paint Your Wagon" convention. As we all know that has not happened this year because our much anticipated "Wish Upon A Star" Convention had to be cancelled because of the COVID-19 pandemic. As a matter of fact, May has arrived in a flash with the return of chirping and singing birds; the beautiful May flowers; and of course, allergy season has started. So, we can definitely see that some things do not change even in the middle of the COVID-19 pandemic. Yes, we as Lions have had to adapt and change how we do our Lions' business and provide services to our communities. But this has definitely highlighted how adaptive and innovative Lions are.

One highlight of our yearly District Convention is the election of our new District Officers for the upcoming Lions' year 2020-2021! Even though we had to cancel our Convention, according to our Constitution and By-Laws, we could not cancel our yearly election of District Officers. Our District Convention Committee, led by the illustrious PDG Nick McNicholson, immediately rolled up their sleeves and dived into developing a new and innovative electronic system to manage and hold the election. Guess what! The District 4-C5 2020-2021 election has been held and the **RESULTS ARE IN! Please join me in congratulating our newly elected 2020-2021 District Governor Elect Catherine "Cat" Gon; First Vice District Governor Elect Donna Prince; Second Vice District Governor Elect Tim Luckinbill and their Cabinet.** This is going to be an exciting and definitely innovative upcoming Lions' year for sure. Stay tuned for an important update on DGE Cat and her Cabinet's upcoming installation.

If this monumental feat was not enough for our District, the Convention Committee is now continuing to plan a future local **one-day convention for September 12, 2020 to celebrate successes for the 2019/2020 year.** The theme will continue to be "Wish Upon a Star." But this one-day Convention will be exciting; action packed; fun filled; and with many surprises. More details to follow as we move forward.

Since California Governor Gavin Newsom has seen fit to extend the Shelter-at-Home Order through May 31, 2020, I am so grateful that our Lions are doing their best to stay home. Let us continue doing our part to flatten the curve. Our activities can save lives and our decision to stay home will directly impact when and how the government will ease the Stay-at-Home Order. Let us move forward together to help slow the spread of this coronavirus. Your sacrifices are flattening the curve and

saving many lives. We will get through this!

Recently, Governor Gavin Newsom laid out a four-stage plan to reopen businesses, schools, and entertainment events.

Phase 1 requires most people to stay at home except for essential outings; **Phase 2** includes reopening nonessential retail stores, manufacturing, childcare and schools - possibly as early as late July or early August; **Phase 3** includes reopening fitness clubs, spas, nail salons, hair salons and barbershops that require much more personal contact; and **Phase 4** includes reopening mass crowd events like conventions, concerts, and sporting events, which is anticipated will not come until a later date, and it will not be soon, under the state plan. Do not expect them until there is a vaccine or widespread immunity.

Let us continue to stay connected and use the online services offered, especially during this trying times. A lot of Clubs are not meeting, but we encourage all Clubs to consider one of the alternative electronic means to hold meetings so that your clubs can stay in touch and active. If your Club decides not to meet, then the club members should reach out to one and another to check in with each other, especially the senior members. Just a simple phone call means the world to other Lions because it shows that we care.

In this trying time, our Clubs have to adapt, find innovative ways to safely continue to provide service to our communities; and find comfort in knowing that we all are here for you! And while we are doing this, please be aware that your health and safety comes first.

As we adapt to the "new normal" we must make sure that we are doing what is right every step of the way and we will get through this together.

In closing, we would like to wish all the District 4-C5 Lions and their families a very Happy and Blessed Mother's Day coming up on May 10, 2020.

Thanks for all you do especially during this challenging time of the coronavirus pandemic.

Take care, stay well, and safe. Together, we will get through this.

District Governor Sarah and Lion Carle Enloe
"Hand in Hand, We Can Do More"

happy
mother's day!

1st Vice District Governor Cat Gon's Message



Greetings from the Gon Family!

I pray that each of you are faring well and staying safe. We are all having to relearn how to maintain safe distances and procedures during this period of safe sheltering. We have been busily clearing out over 50 years accumulation of treasures and underutilized items in our house and the surrounding neighbors'. I still have the equivalent of 25 years' worth of goodies to pan through. Together with our neighbors, we have been collecting household items, clothing, and non-perishable food products.

We have made 3 individual trips to local Self-help organization, Western Service Workers Association with everything from children's books and clothing to 3-piece men's suits and tuxedos. We made sure to include simple supplies of plain paper, crayons and coloring books, and reading materials for the kids. Many of the families (low income) who belong to this association have been furloughed and have limited resources have been affected by the COVID-19 mandatory shuttering. Many families are dependent upon that paycheck that is no longer available. Any charitable donation is readily appreciated. Donations to the local food bank are quickly disbursed to the needy and more is needed. Several schools have been designated as satellite distribution centers.

A special pre-packaged "Care Package" Easter dinner was prepared and distributed to several families and Senior Shut-ins. Packaged dinners provided a gourmet feast which included appetizers, main course of protein and vegetarian entrées, assorted side dishes of potatoes and vegetables, dinner rolls, and dessert. Each family received an Easter basket of colored boiled eggs, a variety of candies, peeps, and toys for the children. A drive-by distribution system kept everyone well within the social distancing guidelines. This small effort proved to be a major morale boost for the families who received the "Care Packages". We were inspired by the appreciation and exchange of kindnesses demonstrated by all during our dinner distribution.

What this shelter in place mandate has given us is an opportunity to review what is important and how to best utilize our efforts for the coming year. Simple tasks take a bit of organizing and contemplation prior to execution. The rewards can be surprisingly optimistic.

Being positive has been part of me since as far back as I can remember. I am an incurable optimist, seeing the cup half-full, I tend to weigh everything seeing the downside first then search out the positive. The truly positive person will keep

their head when those around them are losing theirs and is more likely to be entertained by passion, overcoming obstacles and the pursuit of understanding than by confrontation or dread.

In this life of continuous change, we are always in search of certainty and we want to know that we will be able to safely eat, sleep and be comfortable around the people we love. Now we are going through a time which has altered our view of certainty. Our ability to adapt without a feeling of crisis shows how much we have prepared our surroundings, body and mind for the tenuous aspects of our existence. In a time of uncertainty, the cure is creativity. When you do not have what you have depended on in the past you have to depend on your ability to make do with something different. Have you ever thought of making dinner in the fire pit in your back yard? Change can be the seed of adventure. Think of different ways to accomplish what would normally be mundane tasks.

This pandemic is taking us far from our normal existence. Think of ways in which you can learn something about becoming more adaptable. Take advantage of opportunities as they present themselves or, even better, find creative ways to become more self-sufficient.

We all are off of our game and sometimes return to easier times like our adolescent lives from time to time, but it is much easier to get to the Big Leagues if you have been there before. Life will throw lots of things at you. How you see those things will determine how well you react to them.

For those Lions and Clubs assisting the needy, please continue your amazing acts of service and indispensable kindness! THANK YOU!

If you are someone who is compromised, I hope you are taking efforts to either protect yourself or ask for help from those who are ready and willing to provide it.

If you are able, be a blessing to a person who is sensitive, either by staying away or even better calling to see if they need help.

Please stay healthy and safe until such time as we will be seeing each other out in the district when this too has passed.

Sincerely yours,

Lion Cat, PDG Erv Gon and Family



2nd Vice District Governor Donna Prince's Message



Dear Lions,

I hope this message finds you, your family and friends well and staying safe as we navigate through the COVID-19 pandemic. These are stressful and uncertain times. We are in a "wait and see" mode and I know it is difficult to plan ahead with our Lion's projects and events, but it important that we do just that and hope we don't have to reschedule.

We need to be optimistic and look ahead to better days when we can get back to serving our communities. Yes, we may need to make adjustments in conducting our service, but Lions are resilient and pioneers in finding creative ways to accomplish our goals. We will get through this together!

We are so lucky to have District Governor Sarah Enloe as our leader. Through her actions and words she has shown all of us how to behave, react and treat each other in good and difficult times. To remain calm, optimistic, reassuring, kind and open-minded and listen to and respect the opinions of others are attributes that all leaders should strive to achieve.

DG Sarah, thank you for being our guiding and shining light this year. Little sister, you have served as a great role model and mentor to all Lions including 1st VDG Cat Gon and me. We have very tall heels to fill, but will do our very best!

We are all disappointed that our District Convention was cancelled as this is our time to relax, party and celebrate our year. The Convention Committee, under the leadership of Past District Governors Nick McNicholas and Doug Wight, worked tirelessly to host a great event in San Ramon. But there is exciting news – there are new plans in the works for a one-day celebration in Sacramento. **MARK YOUR CALENDARS** for September 12th and plan to attend! More information to follow. We will "Wish Upon a Star" together and show our Princess, District Governor Sarah, how much we appreciate her leadership this year!

During this time of confinement, I have been doing a lot of reflecting on events that shaped my life including the 13 District Conventions I have attended. The first was in 2007 at the San Ramon Marriott. Our District Governor was Joe Flores. I was the President of the Bear River Lioness Club. The theme was "Fiesta" and it was a celebration! I was impressed with how friendly everyone was to this newbie. My name tag had a "First Timer" sticker on it and I felt like it was a neon blinking sign as everyone I encountered introduced themselves and asked me questions at all the festivities, meals, the bar, and even in the elevators.

I had my first-timers card and sought out the signatures of the names listed. My personal guides for the weekend, Lions Betty

Sandland and Jackie Dickey pointed out the dignitaries, but it was up to me to go introduce myself and ask for their signature. I was nervous and in awe of all those VIPs, but I found them to be extremely friendly and genuinely interested in chatting with me. (I didn't win the contest.) I finally got to meet the person I sent all my Lioness reports to in previous years, Past Cabinet Secretary Tony Santos, "Mi amigo para siempre."

It was a whirlwind weekend; the Food Fair was amazing; the costume parade was hysterical (oh those Maharlicans like to party), the candidates' nominations and demonstrations were exciting, the key note speakers were inspiring, the march of the past and present dignitaries was impressive and the awards presentations were emotional.

I was overwhelmed to receive the District Lioness of the Year Award from DG Joe Flores. I met many forever friends there including Lion Andy Anderson (now PDG) who was presented with the District Lion of the Year Award. At the First Timer's Party, I met two inspirational Lion leaders, Past International President Kay Fukushima and future International Director Bob Smith. I was fortunate to have many more conversations with both of these fine men who certainly helped me decide that I wanted to be a future District Governor.

My experiences at the 2007 Convention were life changing. I left wanting to be part of this family forever and when I returned home, I accepted the invitation from my Sponsor, Jackie Dickey to join Higgins Diggins Lions. DG Joe Flores inducted me three weeks later at a meeting where my childhood friend, Steve Dickey was the Club President. It was a special night.

If you have never attended a District 4-C5 Convention, I hope you will join those of us who have, and experience a fraction of the excitement and joy of my first time. I am sure you will meet and bond with Lions outside of your club as I did, and hopefully be inspired to step up to positions of leadership in your own Club and in our District. We need Lions who will say "YES" and volunteer to serve as leaders in their clubs. We also need Lions to fill District level positions in the future. Together we will strengthen our organization from the club level up and assist those less fortunate. Together we will continue to live up to our mantra - "Where There's a Need, There's a Lion"!

Yours in Lionism,

2VDG Donna Prince



2020-2021 District 4-C5 Election Results

The following results occurred for the 2020/2021 District 4-C5 election:

- ◆ *District Governor Elect—Cat Gon*
- ◆ *1st Vice District Governor Elect—Donna Prince*
- ◆ *2nd Vice District Governor Elect—Tim Luckinbill*



2021/2022—Top 2 location choices:

- ◆ *Black Oak Casino*
- ◆ *San Ramon Marriott*

2020/2021 Budget: Passed

Constitution and Bylaws—Change to add 3rd choice for hotel: Passed





ATTENTION: Lions and Clubs!
PLACE YOUR AD FOR THE 2020-2021
DISTRICT 4-C5 DIRECTORY
AND WE ARE GOING DIGITAL!

Get your Directory Ads in Today!

Deadline Date: July 5, 2020

Advertise Your Upcoming Events!

Advertise Your Club Fundraisers
 Celebrate Your Club Successes
 Honor Your Club Officers
 Recognize Your New Members
The opportunities are endless!

Full page (8.5 x 5.5") - \$100

Half page (4.25 x 5.5") - \$50

Business Card (2 x 3.5") - \$25

(Printed in Black and White only)



Submit Ads in jpeg (**Preferred**), Microsoft Word or Publisher, PDF format to:

Lion Jeri Retzlaff jeri.retzlaff8331@gmail.com

Any questions-Call Jeri at: 916-206-3678



Payment (**Checks payable to District 4-C5**)
 and a hard copy of your ad should be mailed to:

Incoming Cabinet Treasurer:

CT Zenny Yagen, 8779 Corbally Court, Elk Grove, CA 95624

Access to be Password protected on Website, Hard copies will be available

Try to Ignore These Intense Little Eyes!



Every 2 minutes a child is diagnosed with some form of cancer. The average age at diagnosis is 6 years. Over the past 20 years, the increase in incidence of childhood cancer has increased upwards of 13 percent.

With the advances and research that have come to light, cancer awareness and detection is at an all-time high. The mortality rate has increased only in areas of low resources and inadequate healthcare. Cancer is the leading cause of death in children from infancy to 15 years of age, second only to accidents.

I've opted to put my efforts to growing my hair to be harvested for wigs (minimum length 12 inches), AKA: **OPERATION "CLIP CAT"**. **Lions Clubs International Foundation (LCIF) Pediatric Cancer Research** will be the platform that will serve as the recipient of funds collected. I hope to collect \$5,000 for cancer research. Aggregate pledges of \$20 or more will designate the total length of hair which will be cut from my head. The more funds collected; the more hair will be cut off! The funds from this campaign could make a substantial difference in the life of a child.

Please make your donations **payable to Lions District 4-C5** with memo noted for LCIF Pediatric Cancer Research Campaign, reportable to Lions Clubs International.

Mail your checks to: **Lion Cat Gon, 32 Sunlit Circle, Sacramento, CA 95831**
 For more information contact me at: **catgon@att.net or 916-427-5747**

Thank you in advance for your consideration.
 With your help, hopes for a cancer-free childhood can become a reality!

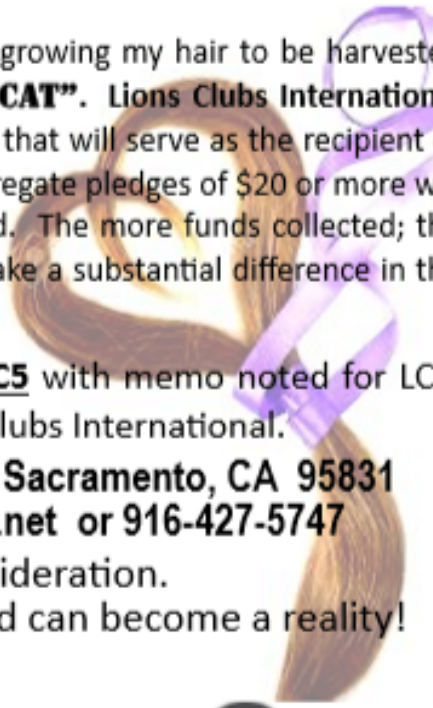
Join me in **OPERATION "CLIP CAT"**

(Jan 2020-Aug 2020)

Help us make our goal of
\$5,000!

Respectfully submitted,

CATHERINE GON
1ST VICE DISTRICT GOVERNOR
LIONS DISTRICT 4-C5



Lion Lucinda Talkington, Reveille Lions Member

Lion Lucinda Talkington, Reveille Lions, was one of the 2,500 passengers caught in an adventure at sea or some might say nightmare of a lifetime. This is her story.....

Seniors over 70 apparently love to go on cruises. In fact, approximately two-thirds of the 2,500 passengers on the Grand Princess were seniors. My travelling companions and I will be 80 next year. Etsy, my 7-year-old guide dog, has cruised with us for five years. We really enjoyed sailing from the berth in San Francisco which is so close in miles to our homes.

This year the trip on the Princess was leaving February 21st for Hawaii. Preparing for that trip was quite time consuming as to logistics for Etsy. For months, I worked on obtaining Etsy's paperwork because the state of Hawaii is very strict about the health of any type of animal, especially dogs, going to the Islands. The Islands are void of rabid animals and they intend to keep it that way. Eventually, Etsy had every certificate needed to certify her good health, background and vaccinations were up to date. All went well. However, who would of thought that Etsy would end up being the center of attention during forthcoming adventures at sea.

ADVENTURES AT SEA

Starting on a cruise is always exciting with expectations of food, exploring, entertainment, friends, activities and no phones. Finding Etsy's potty was my first task. The favorite question asked of me from other cruisers was "Where does your dog go to the bathroom?" Once her needs were met, my friends and I were off to the formal dining room. It was in this nightly dining room where we met Maya, our fun and gracious waitress. Maya took charge of our table. On the third night we found out she was quite ill and most likely had a virus. What kind? We didn't know. Four days later all 2,500 of us were quarantined in our rooms!

I will always remember the night the captain announced that all activities would immediately cease and everyone was ordered to wear a mask when answering the cabin door. We were also warned not to leave our cabin for any reason. Meals were delivered and placed on the floor in the corridor by stewards who were wearing masks and white hazard suits. Stewards nor housekeeping were not permitted to enter our rooms and no passengers could visit each other. Additionally, we had to skip going to Mexico, the last leg of our trip, and go directly back to San Francisco.

Swinging emotions ranged from fear to bewilderment to boredom, to excitement to deep sadness about those who were ill on board and those isolated in the inside staterooms with no windows. Yes, I was fortunate to have a balcony and next door to my extended family. We had jimmed the balcony connecting door so Etsy and I could pass through to their stateroom. The sentries watched our front doors.



Lion Lucinda and Etsy enduring quarantine on the Grand Princess

Lion Lucinda Talkington, Reveille Lions Member



Passengers and luggage awaiting transport to
Travis Air Force Base

When the planes and helicopters circled the ship in the middle of the ocean, all passengers were told to close their balcony doors and curtains. We were told that the ill passengers were going to be taken off and Coronavirus tests would be left. Only 60 tests were left for 2,500 people. We were asked continuously if we had fevers, headaches, and other symptoms. That was scary. Did not sleep well.

The captain came on the overhead speakers about five times a day giving us information. Unfortunately, or fortunately, the TV news channels were following us and provided us with information. So much information was contradictory to what the captain shared with us. The captain always apologized for late or erroneous information.

GOLDEN GATE BRIDGE

When we were 50 miles from the California coastline, Governor Newsom announced that we could not land until we all had a Covid-19 test. That did not happen. For four days we travelled up and down the coast of California and finally we were allowed to berth at the Oakland Container Pier.

When we sailed under the Golden Gate bridge, we were so thankful. At the container pier, all the workers yelled and welcomed us with shouts and horn blasts. We in turn yelled back our thanks and gratitude and cried.

ETSY'S SAGA

When we left the ship, we lined up for temperatures and questions. However, Etsy, my two friends and I were met by two veterinarians and their two vet assistants. We were sequestered from the other passengers. They explained that they would be staying with Etsy, examining her, and provide food and toys. It was explained to me that the vets would be coming over to our new base apartment to check Etsy every night. Her temperature would be taken and examinations would be performed. Since Etsy was the only dog on the cruise and was surrounded by some passengers and employees with the virus, she was a good candidate to come down with the disease. We knew that dogs do not pass the coronavirus on to humans; however, there were two dogs with the virus in Hong Kong. There is also a pug dog



Etsy playing with veterinarians and assistants

named Winston in the United States (April 27, 2020) he caught the Covid-19 from three children who had the virus. It was a light case as the dog got over it quickly. The vets were going to investigate.

Lion Lucinda Talkington, Reveille Lions Member

TRAVIS AIR FORCE BASE

Approximately 700 of us were bused with police escorts to Travis Air Force Base. My friends and I were fortunate to reside in a complex with family apartments. Surrounded by grass, the children played their games, but they wore little masks. Really so cute and so sad. The units were surrounded by fences and again the sentries.

Each morning hazard-adorned folks would bring our breakfast and others would take our temperatures. Housekeeping staff along with other officials would check on us. We were in a bubble of routine: eat, drink water, watch TV news, walk the dog (5 to 7 times a day), answer the door, listen for Taps, Reveille, Stars Banged Banner (speakers on roofs), listen for ambulance sirens.



Lion Lucinda and Etsy at the Travis AFB apartment



Lion Lucinda and Etsy getting their daily outings

We left Travis on the 24th of March. I was gone from home for five weeks. Home Sweet Home! God Bless our Lions and the whole wide world.

Emergency Eye Care

Reprinted from VSP

VSP members often ask, “What’s considered emergency eye care? Should I go to a hospital emergency room if I’m having problems with my eyes?” Those are great questions, and here’s why.

In many cases, your eye doctor can provide the help you need. This is especially important right now when reducing impacts on busy emergency rooms due to Coronavirus and minimizing your exposure to a variety of diseases in waiting rooms can be significant.

Not all eye doctors are open for routine care right now, but many are available for eye care circumstances that require immediate attention. Situations like getting hit in the eye, chemical burn, sudden onset of blurry or loss of vision, eye scratches, flashes of light or floaters, and abrupt headaches with or without visual impacts could qualify. If you have lost or broken eyewear or are low/out of contact lenses and don’t have a backup pair of glasses, your eye doctor can help.

Experiencing itchy or dry eyes? Irritating as these symptoms can be, it would not be considered urgent or an emergency. Same goes for your annual eye exam or wanting to chat with your eye doctor about trying contact lenses for the first time. These inquiries are important, of course but can wait until your next appointment.

If you have an eye care emergency or essential need, consider calling your eye doctor to see if they can help.

Global Membership Team (GMT) Report

April GMT Report for District 4-C5

(May 3, 2020)

As of today, we have added 114 new, reinstated or transferred members to 35 clubs of our District for a 68.63%. However we have lost the Orangevale Lions Club and its 17 members.

We have 11 clubs that has taken up DG Sarah's goal to add 4 new members during this year and they are:

Meadow Vista Lions Club – 11

Rio Linda Lions Club – 8

Mother Lode Lions Club – 6

Sacramento Capitol Lions Club – 5

Elk Grove Lions Club – 4

Loomis – 4

Foresthill Lions Club – 8 (5)

Sacramento Maharlika Lions Club – 7

Sacramento Camellia Lions Club - 5

Auburn Host Lions Club – 5

Sacramento Golden State Lions Club – 4

Clubs that have added 3 new member during the first two quarters are:

Colfax Lions, Folsom City Host Lions, Galt Lions, Pride of Laguna Creek, Roseville Host Lions, Sacramento Antelope Lions, Sacramento Mabuhay and Sacramento Nepalese Lions.

2nd VDG Donna Prince and RC Lion Tim Luckinbill are still working with the members of the Colfax Lioness Club to help them transfer to a Lions Club. PCC Derek Ledda and Lion Ed Smith are working hard with the UC Davis Aggie Lions Club to help them regain their membership. DG Sarah and I are working with the Ladies Auxiliary of the American Legion to form a club. All three attempts have been slowed down because of the Coronavirus and the stay at home orders from the State Governor. PDG Rich DeCuir, Lion Dave Pevny and I are working with Lion John Boss and Lion Jerry Westerman from the Fair Oaks Host Lions Club.

Now for the numbers: 31 members has received the MD4 Proud Lion Award

200 members has received New Member Orientation Training

51 of 51 (100%) Clubs have been visited about Membership

34 of 51 (66/67%) Clubs have added a new member

8 of 8 (100%) Zones have been visited

114 Total new/reinstated/transferred members for the District

PDG Andy Anderson

District GMT Coordinator

LCIF/CLF Opportunity Squares Still Available

PDG Nick McNicholas and PDG Andy Anderson have a board that was started during the Lions Club International Foundation (LCIF) and California Lions Foundation (CLF) Bowling Tournament fundraiser. The board contains "squares" that you can pick for \$20 per square.

We started out with 100 squares total, and have 26 remaining squares just waiting for you to donate and select your square(s). Once all the squares are purchased, DG Sarah Enloe will pull the two lucky winners!



You have a chance to win either a Kay K Fukushima Fellowship or Melvin Jones Fellowship award. The first square picked will have the choice of the award, and the second square picked will receive the remaining award!

If you are interested in purchasing a square(s) you can email or call PDG Nick or PDG Andy:

PDG Nick – lormac2@mchsi.com or (530) 908-2048

PDG Andy – andersj@frontiernet.net or (916) 687-8133

First Sign of Civilization

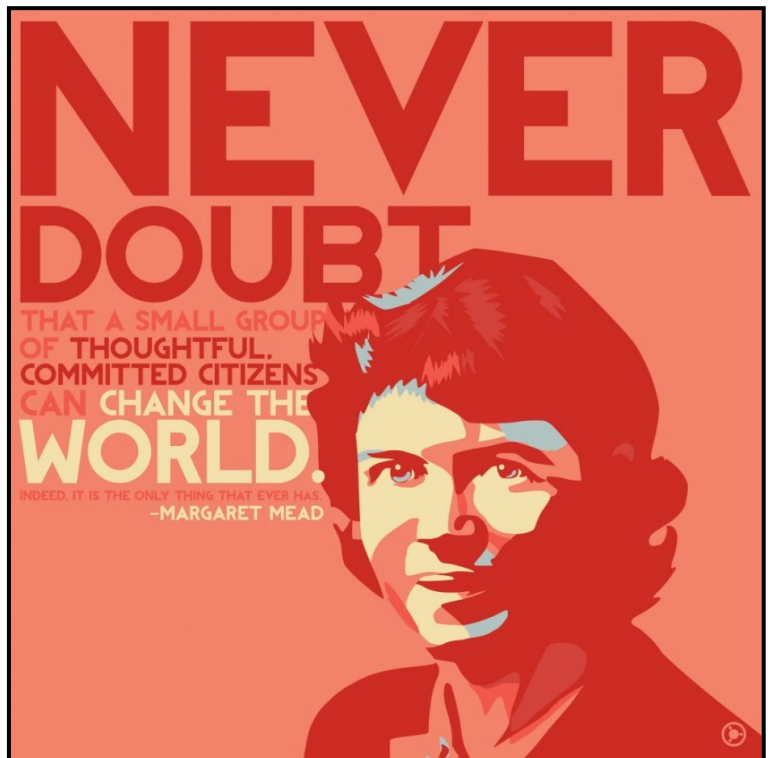
"Years ago, anthropologist Margaret Mead was asked by a student what she considered to be the first sign of civilization in a culture. The student expected Mead to talk about fishhooks or clay pots or grinding stones.

But no. Mead said that the first sign of civilization in an ancient culture was a femur (thighbone) that had been broken and then healed. Mead explained that in the animal kingdom, if you break your leg, you die. You cannot run from danger, get to the river for a drink or hunt for food. You are meat for prowling beasts. No animal survives a broken leg long enough for the bone to heal.

A broken femur that has healed is evidence that someone has taken time to stay with the one who fell, has bound up the wound, has carried the person to safety and has tended the person through recovery. Helping someone else through difficulty is where civilization starts, Mead said."

We are at our best when we serve others. Be civilized.

- Ira Byock."



LCIF Donations as of April 23, 2020

Club Name	Zone	JUL-SEPT 2019	OCT-DEC 2019	JAN-MAR 2020	APR-JUN 2020	TOTAL AMOUNT DONATED	DATE VISITED OR To visit
Auburn 49ers	Foothill	0	0	20		20	8/08/2018
Auburn Host	Foothill	0	0	20	1,000	1020	10/30/2019
Citrus Heights	Wolfskill	0	100	100		200	10/16/2019
Colfax	Foothill	20	454	363.06		837.06	9/03/2019
Country Club	Wolfskill	2000	15	1000		3015	9/23/2019
Davis Aggies	Gordon	0	20	0		20	10/21/2019
Delta	Sutter	0	0	40		40	11/14/2019
Downieville	Sierra	100	1,000	0		1100	9/16/2019
Elk Grove	Sutter	325	450	300		1075	7/22/2019
Esparto	Gordon	0	170	20		190	11/21/2019
Fair Oaks Host	Wolfskill	0	0	200		200	11/14/2019
Folsom City Host	Marshall	300	300	200	100	900	9/04/2019
Folsom Lake	Marshall	20	0	1,000		1020	9/12/2019
Foresthill	Foothill	0	50	50		100	10/01/2019
Galt	Sutter	0	250	20		270	10/10/2019
Grass Valley Foothill	Sierra	0	0	108	1,150	1258	9/11/2019
Grass Valley Gold Country	Sierra	0	20	20		40	2/4/2020
Grass Valley Host	Sierra	0	0	270		270	1/16/2020
Higgins Diggins	Foothill	2,000	1,200	0		3200	7/18/2019
Lincoln Hills	Eureka	0	0	20		20	11/07/2019
Lincoln Host	Eureka	0	20	0		20	10/17/2019
Loomis	Eureka	0	0	20		20	10/01/2019
Meadow Vista	Foothill	200	400	600		1200	2/26/2020
Mother Lode	Marshall	100	1671	0		1771	8/11/2019
Nevada City	Sierra	0	0	20		20	9/11/2019
Newcastle Golden Spike	Eureka	0	20	0		20	10/22/2019
Orangevale	Marshall	300	300	1,300	100	2000	9/17/2019
Penn Valley	Sierra	0	0	1,020		1020	9/26/2019
Placerville	Marshall	0	50	0		50	12/03/2019
Pride of LC	Sutter	0	113	0		113	7/17/2019
Rio Linda	Wolfskill	420	290	315		1025	8/28/2019
Rocklin	Eureka	0	0	20		20	9/3/2019
Roseville Host	Eureka	0	0	0		0	8/21/2019
Roseville Sunrise	Eureka	0	0	0		0	12/3/2019
Sacramento Antelope	Wolfskill	0	0	300		300	9/25/2019

LCIF Donations as of April 23, 2020 Continued

Club Name	Zone	JUL-SEPT 2019	OCT-DEC 2019	JAN-MAR 2020	APR-JUN 2020	TOTAL AMOUNT DONATED	DATE VISITED OR To visit
Sacramento Camellia	Crocker	0	0	100		100	12/12/2019
Sacramento Capitol	Crocker	0	25	100		125	12/18/2019
Sacramento Embarcadero	Crocker	450	650	450	150	1700	1/08/2020
Sacramento Fort Sutter	Wolfskill	0	0	20		20	10/22/2019
Sacramento Golden State	Sutter	0	200	0		200	11/13/2019
Sacramento Mabuhay	Crocker	0	0	2020		2020	11/17/2019
Sacramento Maharlika	Sutter	250	140	704		1094	7/16/2019
Sacramento Metropolitan	Crocker	0	45	25		70	3/05/2020
Sacramento Midtown	Wolfskill	0	0	3,020		3020	9/12/2019
Sacramento Nepalese	Sutter	0	20	0		20	8/25/2019
Sacramento Senator	Crocker	126	426	246	1242	2040	1/02/2020
Sacramento Valley Hi	Sutter	0	1,000	0		1000	8/18/2019
Winters	Gordon	0	0	100		100	10/23/2019
Woodland Host	Gordon	0	30	1095		1125	1/08/2020
Woodland Reveille	Gordon	0	40	55		95	10/2/2019
Woodland Yolo Sunset	Gordon	0	20	650		670	1/08/2020
2019/2020 49 clubs = 96.08%		\$6,611	\$9,489	\$15,831.06	\$3,742	\$35,713.06	

51 of 51 (98.04%) Clubs have been visited about the LCIF

49 of 51 (96.08%) Clubs have donated to the LCIF

8 of 8 (100%) Zones have been visited about the LCIF

51 of 51 (100%) Clubs has a Club LCIF Coordinator

Total goal for the District is 86.76%

6 Clubs Purple = \$2,000 <

13 clubs Brown = \$1,000 to \$1,999

2 club Red = \$750 to \$999

1 clubs Blue = \$500 to \$749

3 clubs Green = \$250 to \$499

24 clubs Black = \$0 to \$249



Global Membership Team (GMT) Report

April GMT Report for District 4-C5

(May 3, 2020)

As of today, we have added 114 new, reinstated or transferred members to 35 clubs of our District for a 68.63%. However we have lost the Orangevale Lions Club and its 17 members.

We have 11 clubs that has taken up DG Sarah's goal to add 4 new members during this year and they are:

Meadow Vista Lions Club – 11

Rio Linda Lions Club – 8

Mother Lode Lions Club – 6

Sacramento Capitol Lions Club – 5

Elk Grove Lions Club – 4

Loomis – 4

Foresthill Lions Club – 8 (5)

Sacramento Maharlika Lions Club – 7

Sacramento Camellia Lions Club - 5

Auburn Host Lions Club – 5

Sacramento Golden State Lions Club – 4

Clubs that have added 3 new member during the first two quarters are:

Colfax Lions, Folsom City Host Lions, Galt Lions, Pride of Laguna Creek, Roseville Host Lions, Sacramento Antelope Lions, Sacramento Mabuhay and Sacramento Nepalese Lions.

2nd VDG Donna Prince and RC Lion Tim Luckinbill are still working with the members of the Colfax Lioness Club to help them transfer to a Lions Club. PCC Derek Ledda and Lion Ed Smith are working hard with the UC Davis Aggie Lions Club to help them regain their membership. DG Sarah and I are working with the Ladies Auxiliary of the American Legion to form a club. All three attempts have been slowed down because of the Coronavirus and the stay at home orders from the State Governor. PDG Rich DeCuir, Lion Dave Pevny and I are working with Lion John Boss and Lion Jerry Westerman from the Fair Oaks Host Lions Club.

Now for the numbers: 31 members has received the MD4 Proud Lion Award

200 members has received New Member Orientation Training

51 of 51 (100%) Clubs have been visited about Membership

34 of 51 (66/67%) Clubs have added a new member

8 of 8 (100%) Zones have been visited

114 Total new/reinstated/transferred members for the District

PDG Andy Anderson

District GMT Coordinator

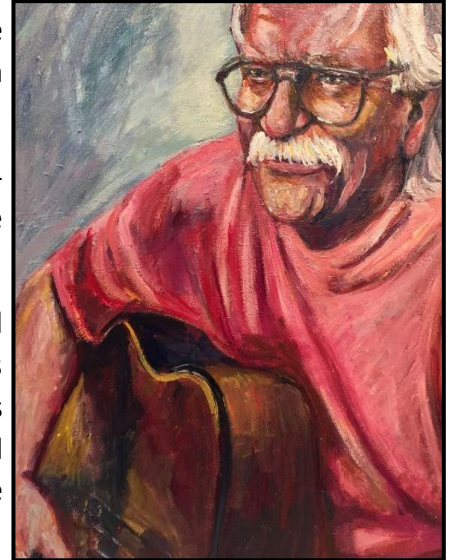
In Memorium

William Stephenson, Auburn Host Lions And Lion Tom Passamosi, Colfax Lions

Lion Tom Passamosi was one of our newest Lions to Colfax. He will be missed, as he was a very talented person. The painting (left) was done by a Colfax local artist and friend, Foxey McCleary, who is also very talented.

He lost his battle with lung cancer. Tom has been a member of our community for over 10 years. He belonged to the VFW, American Legion, and the Lions Club.

After leaving the Navy he returned to San Francisco and not only designed jewelry but owned and operated a dental lab. He was predeceased by his wife Carol. He leaves a son, Andrew, a granddaughter Adeline, nephews Todd Williamson, Bryan Williamson and Tom Passanisi, cousins Cheryl Passanisi, Sandra Zarate and Val Sussek, and other nieces and nephews. We will let everyone know when services are scheduled.



Where There is a Need.....

Antelope Lions and Taste of Tuscany and other Lions clubs members continue holding a food giveaway during the month of April, and guests began lining up as early as 8:30. Guests provided their zip code and number of members in their household to the gatekeeper (usually Citrus Heights Lion Natalee Price) and were invited into the patio. Guests were welcome to choose what is best for their family's needs including: potatoes, onions, carrots, celery, bell peppers, cucumbers, lettuce, tomatoes, oranges, bananas, rice, pasta, marinara sauce, pinto beans, bread, eggs, chicken quarters, pork sausage and fish.



Maharlika Lions serving at the Food Giveaway

This event is only made possible because of the generosity of other Lions Clubs, community members, and local businesses. Thank you to Maharlika Lions Club (\$400), Citrus Heights Lion Club (\$300), Foothill/North Highlands Rotary Club (\$300), Bethel Lutheran Church members (\$650), and JNL I.T. Services (\$500), Lion Suzi Mortenson, Lion Ernie Takahashi and many more for their financial support. As of May 6, \$6,000 worth of groceries have been shared with families in need, with only \$300 coming from the Antelope Lions Club!

Just as important are the many volunteers. Food is pre-packaged for distribution on Tuesday evenings by the Antelope Lions Club, with assistance from volunteers from The Pointe Church. Social distancing and safety continue to be priority, so all volunteers wear gloves and masks. Thank you to Maharlika Lions and Citrus Heights Lions for continuing to assist the Antelope Lions Club with this

event.

How can you help? Guests come from all over the Greater Sacramento area for assistance. Each week approximately 120 families come through, resulting in food needs of 450 people being met. This takes money! The Antelope Lions Club would like to continue this service project as long as there is a need, but can only do so with your help. Donations can be made at www.antelopelions.org, and click on "Donate." You could also send a check to Antelope Lions Club, 7909 Walerga Road, PPB 112-172, Antelope CA, 95843. You could volunteer! Even more, your club could replicate what the Antelope Lions Club is doing in your community! For more information, call Lion Jeri Wartena, 916-217-9486 or email to wartena@comcast.net.

District 4-C5 Newest Members for April 2020

Name	Club Name	Zone	Region	Month
Cunningham, LC	Woodland Reveille	Gordon	Dos Rios	Apr 29



Where There is a Need.....

Folsom Lake Lions typically meet the 2nd and 4th Thursday of each month and they want to continue with the same schedule. Thanks to their member, Zone Chair Evelyn Butler, they met twice in April via conference call with a few members also using the video chat feature. They have been able to maintain their contacts with each other as well as keep up on important Club business.

We obviously have canceled various projects, but we had a couple of our members and their spouses do some work on one of our on-going projects.

In 2015, we began working with the female inmates in the sewing area at the Placer County jail in Roseville. The sewing team has made a wide variety of items which in turn have been donated to many charitable agencies.

Each year our members participate in Folsom's Community Services Day and some of our members have collected donations of fabric on that day for the last several years. The response was so great this last year that we sorted, bagged, and stored bags of fabric.

We then delivered the bags to the jail sewing team as they needed it. As you all know, there is a big demand for face masks for protection against the Coronavirus, and the jail staff decided they would take that on as a project.

Lions Bernadette DeCuir and Cris Gerard have been going through the bags and removing the cotton fabric needed for the masks. We are including photos of our helpers, Lion Bernadette and PDG Rich DeCuir, and Lions Cris and Kenny Gerard. Bernadette and Rich delivered 14 bags of material to the jail sewing team which has now completed and donated 1,200 face masks.



Lion Bernadette and PDG Rich all loaded and ready to deliver material



Lion Chris Gerard with packages of material

Where There is a Need.....

Many of **Higgins Diggins** Lions are staying busy and continuing to serve in a variety of ways. Our members who are not retired and still in the work force have “essential” jobs and continue to provide services and goods as they do every day not restricted by COVID-19. Their fields include health care, shipping and delivering goods, servicing and installing household appliances, surveying for new construction in Paradise, hauling logs from the Paradise fire, and operating their own businesses. These are our Club Heroes!

Other members are donating their time (maintaining safe distance) by working at Higgins Lions Community Center keeping up with the necessary maintenance and upkeep. Lions working at our hall are PDG Dick Dickey, Steve Dickey, Teri Hemings, and Brad Prince. They are mowing the acres of land, pruning the shrubs, clearing the parking lot of debris and doing work inside the hall while it is unoccupied. We are dedicated to keeping the hall looking good for the time we can once again rent it out for events and parties.

One of our newer Lions, Shirley Klauk volunteers at Pets in Need in Grass Valley where she by passes out free pet food twice a month for people who can't afford to buy it.

Our club members have sewn, donated and delivered over 200 masks in our community and the requests keep coming our way. Members involved in this project are President Laura Barhydt, Helen Beghetti, Donna Prince, Janet Proctor, Betty Roy, Jerry Wondergem, and Pat Tavare.

Nikki and Dann Craven continue to write and post Notes of Hope with their children on the Foresthill Bridge.

President Laura Barhydt is tending the seedlings she planted in her greenhouse that will be donated to the Garden Project at Alta Sierra School. Her daughter will sell the excess plants with the funds going to maintain the garden.

Our club is keeping a watchful eye on members, especially those confined to their homes. We call to check up on each other and finding out interesting things about each other in these conversations.

Our incoming 2nd VP Jim Sutton wants to set up Zoom meetings for our club, he says it is easy!

Together we will get through this time and we all look forward to the time we can once again meet in person.



Some of the 200 masks made by Higgin Diggins Lions



Lions Natalee Price, Denise Day, Kristen Sketchley, and Matt from 103.9 The Fish



Antelope Lions pre-packaging food items



Lions Wilderness Camp for Deaf Children

LIONS WILDERNESS CAMP
FOR DEAF CHILDREN, INC.



Hello Fellow Lions,

We hope this finds you well, safe and happy. We continue to work towards having a camp season this year. We are in the process of participating in the Big Day of Giving and would appreciate any assistance your club can provide. It is a one day fundraiser online special to the local Sacramento area. This year we are focusing on raising money to take care of the physical campus. We need to upgrade the windows all around as they are all single pane and not energy efficient. We are also looking at tiling the showers at the cabin areas now that the ones in the lodge are completed. We have 2 cabins that need the roofs replaced. There are bunks that need replacing and just general maintenance.

The ways you and your club members, friends and relatives can assist is to like our Facebook Page Lions Wilderness Camp 4 Deaf Children, then share it and invite your friends and family to join. We will have posted the ongoing information on camp progress. The link to donate for Big Day of Giving is below :

https://www.bigdayofgiving.org/index.php?section=organizations&action=newDonation_org&fwID=4699



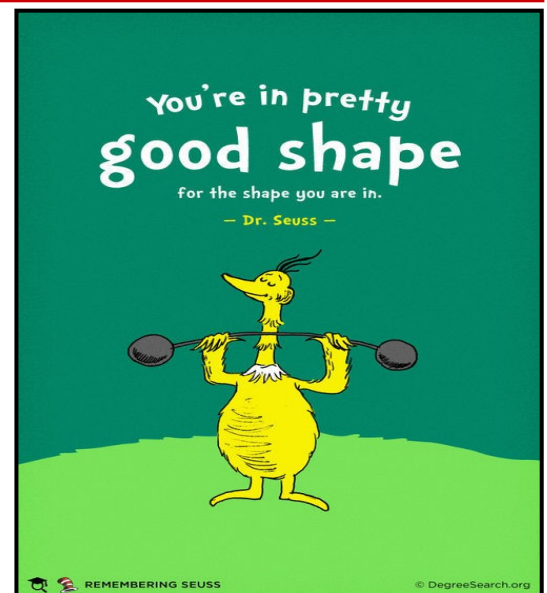
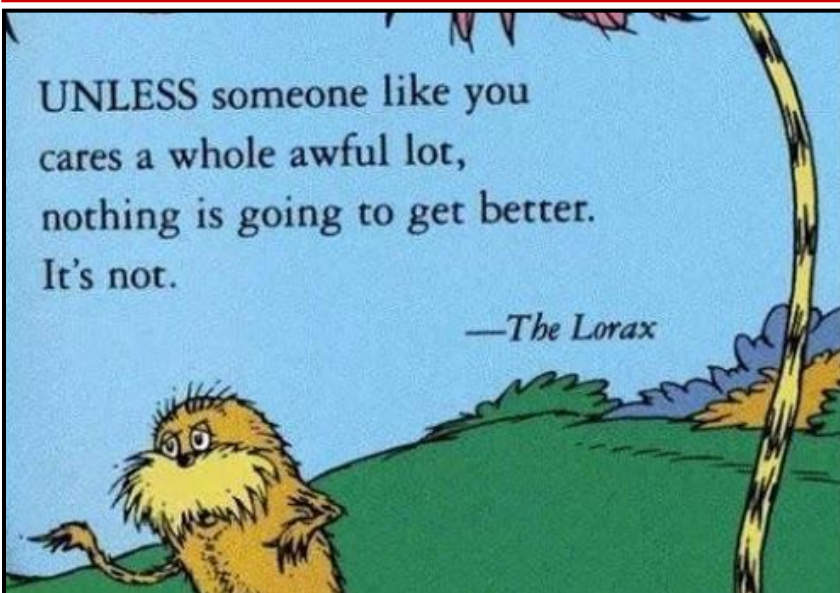
For those that prefer to send checks or cash donations, you may mail and we can add them to the total for Big Day of Giving manually. They may be mailed to:

Lions Wilderness Camp for Deaf Children
P O Box 8
Roseville, CA 95661

We will be scheduling work project weekends or weekdays, once the Shelter In Place orders are lifted and we can get up to camp and get the water turned on, initial check-out of the systems in place to house and feed folks. These dates will also be listed on our Facebook page: https://www.facebook.com/pg/lionswildcamp/videos/?ref=page_internal

Saturday, June 6th, we are scheduled to benefit from our ticket sales to the River Cats game against the Washington Rainiers. Tickets are only \$25.00. Flyer below.

Please keep Camp in your thoughts, at this time we are hoping to hold our 40th Annual Lion's Wilderness Camp for Deaf Children North, the first week of August 1 to 8, at Camp Ross Relles.





LION'S WILDERNESS CAMP FOR DEAF CHILDREN

Saturday, June 6, 2020

gates open: 6:00 p.m. | first pitch: 7:05 p.m.

enjoy these exciting benefits!

- Every ticket purchased supports camp
- Sutter Health Fireworks
- Great view of River Cats action



TO PURCHASE TICKETS:

groupmatics.events/event/Lionswilderness

Lion's Wilderness Camp for Deaf Children

Dana Johnson


916.704.9709

liondanawcdc@gmail.com

Cassandra Ferree | 916.376.4867 | cferree@rivercats.com



Ticket Prices:

TICKET OPTIONS:	Price	# OF TICKETS
 ASSEMBLY	\$25	
	TOTAL	

2019-2020 Cabinet Officer Contacts

CABINET OFFICERS	PHONE	EMAIL
Sarah Enloe, District Governor	(916) 769-8601 (cell)	dg@district4c5.org
Cat Gon, 1st Vice District Governor	(916) 427-5747 (hm) (916) 607-0556 (cell)	1vdg@district4c5.org
Donna Prince, 2nd Vice District Governor	(530) 268-0906 (530) 305-8077 (cell)	2vdg@district4c5.org
Zenny Yagen, Cabinet Secretary	(916) 599-6544 (cell)	cs@district4c5.org
Kitty Kramer, Cabinet Treasurer	(530) 312-3898 (cell)	ct@district4c5.org
DONNER REGION	PHONE	EMAIL
Tim Luckinbill, Region Chair,	(530) 272-7131	donnerregion@district4c5.org
Helene Smith, Foothill Zone Chair	(530) 367-6583	foothillzone@district4c5.org
Ginger Jackson, Sierra Zone	(530) 265-6416	sierrazone@district4c5.org
DOS RIOS REGION	PHONE	EMAIL
Dennis Puccetti, Region Chair	(530) 669-7941	dosriosregion@district4c5.org
Jim Fuller, Gordon Zone Chair	(530) 908-1880	gordonzone@district4c5.org
Jeri Wartena, Wolfskill Zone Chair	(916) 217-9486	wolfskillzone@district4c5.org
SACRAMENTO REGION	PHONE	EMAIL
Gayle Kono, Region Chair	(916) 213-8261	sacramentoregion@district4c5.org
Josephine Fong, Crocker Zone Chair	(916) 391-3666	crockerzone@district4c5.org
Beth Esternon, Sutter Zone Chair	(916) 802-1708	sutterzone@district4c5.org
WASHOE REGION	PHONE	EMAIL
Becky Bell, Region Chair	(530) 672-1892 (530) 906-008	washoeregion@district4c5.org
Kathleen Daugherty, Eureka Zone Chair	(530) 878-8284 (hm) (530) 867-3113 (cell)	eurekazone@district4c5.org
Evelyn Butler, Marshall Zone Chair	(916) 990-4826	marshallzone@district4c5.org

Continued on next page

2019-2020 Global Action Team and LCIF Coordinator

NAME	PHONE	EMAIL
PDG Nick McNicholas Global Leadership Team Coordinator	(530) 908-2048	glt@district4c5.org
PDG Andy Anderson Global Membership Team Coordinator	(916) 687-8133 (hm) (916) 955-3882 (cell)	gmt@district4c5.org
Lion Jill Santos Global Service Team Coordinator	(916) 337-2421	gst@district4c5.org
PDG Andy Anderson Lions Clubs International Foundation Chair	(916) 687-8133 (hm) (916) 955-3882 (cell)	lcif@district4c5.org



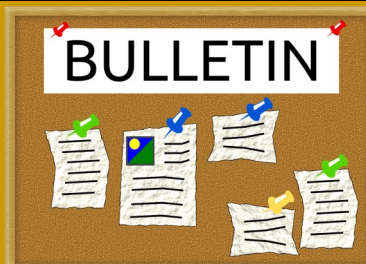
**Share your club's event flyers to advertise throughout the district!!
Send information to the following:**

1. Email blast messages—Messages@district4c5.org
2. Webmaster—Events@district4c5.org
3. Facebook—pr@district4c5.net
4. Pride Bulletin—denandkitk@aol.com



Pride Bulletin Editor:
Kitty Kramer
editor@district4c5.org

Please forward all articles and photos (please identify who is in photos) by the 5th of each month!



To Qualify for Club District 4-C5 Bulletin Contest:

Mail or email your club bulletins to:

1. Kitty Kramer, denandkitk@aol.com
2. DG Sarah Enloe, dg@district4c5.org
3. Cabinet Secretary Zenny Yagen, cs@district4c5.org