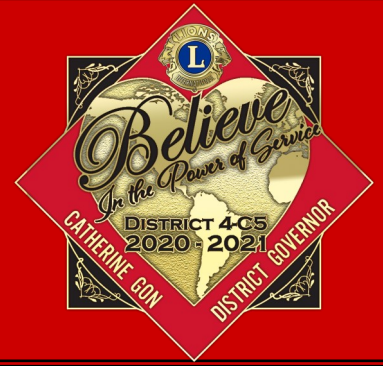


District 4 C5

Lions Pride



LIONS PRIDE—VOLUME 38, ISSUE 3

September 2020



Auburn Host Lions Visitation

DG Cat Gon with Lion Betty Sandland at Auburn Host Lions Visitation (first in-person)

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District Governor Cat Gon's Message



Summertime Greetings, District 4-C5 Lions!

Well, we seemed to have survived another round of quarantine. As you can see from the photograph, I have lost several inches of hair...and 1½ pounds all within a matter of 15 minutes! **Thank you!** for your generosity in the way of monetary gifts to bring awareness to the profound tragedies of pediatric cancer. We have met and surpassed my objective of \$5,000 and are closely approaching \$7,000. We are short by only \$63. Donations are still being accepted, so if you think it is too late to make that donation...think this, pediatric cancer does not discriminate. "IF NOT NOW, THEN WHEN?" Our small offering may be the funds needed to assist one or more child to defeat these voracious diseases.

This past month has been filled with torrid heat, voracious fires, and continued COVID-19 social distancing. So far, we have been fortunate that no loss of life has been incurred in our district from the threats of fire, only destruction of some structures and out-buildings. Presently at 100% containment, the CA Department of Forestry is in the mopping up phase. Please take extra precautions to safeguard our fire crews, yourselves, and your homes.

Recently returned from the virtual Council of Governor's (COG) meeting August 21-23, many new ideas and procedures being implemented due to the pandemic and the threat of regional fires throughout the state has made this a very challenging meeting. Motions were made to continue to endorse 1st Vice President Douglas Alexander for Lions Clubs International (LCI) President and endorsed candidate for LCI 3rd Vice President Past International Director Fabricio Oliveira. Past District Governor Ken Ibarra also retains eligibility as Multiple District-4 (MD-4) endorsed candidate for International Director. Our November and February COG meeting will be held virtually from California unless the COVID-19 restrictions are lifted. Subsequently, the MD-4 Convention in Reno has been cancelled as the hotel cannot guarantee health and occupancy safeguards to our satisfaction.

The Council opted to have the January 27-31, 2021 convention moved to run in conjunction with the June Joint Council Meeting (TBD). To assist in the site selection process, MD-4 and the council have chosen to use a third-party venue/meeting advisory consultants, HelmsBriscoe to search out venues and negotiate pricing that is amicable with the at no

cost to MD-4.

Student Speaker contest topic: "**Distance and Online Learning: Pros and Cons**". Packet will be sent out from the MD-4 Office in the coming weeks. Youth Protection Policy is being implemented and guidelines available on the MD-4 website at <https://md4lions.org/>.

After much consideration, Immediate Past District Governor Sarah Enloe and the convention committee have opted to move the One-Day Convention to Saturday, October 17th, 2020. This will allow for the hotel and planning committee to offer the best for our Lions and to enforce social distancing if it is still mandated.

Governor Visitations are few and mostly virtual. I have had the opportunity to meet with Meadow Vista Area Lions and the Penn Valley Hi-Graders. We met at the Meadow Vista Community Park utilizing social distancing and were able to enjoy seeing each other and exchanging ideas and upcoming events. The club is adding new young members at a regular interval...amazing even during a pandemic! The cool breeze kept the temperature down and the smoke saturations was negligible. All-in-all a wonderful meeting. Penn Valley meeting was held indoors with the room spaced to allow social distancing but active conversation. Another club that is actively soliciting for new members by inviting prospective members to learn more about the inner workings of their club.

It is amazing how different the air quality was from the foothills to the valley floor. I almost wanted to stay up in the hills. The valley was saturated with smoke and particulates that made breathing quite oppressive.

Our second installment of training sessions were presented on Saturday, August 29, 2020. All sessions were well attended. We hope to have the curriculum available on the district website for future reference.

Please feel free to visit the district4c5.net or lionsclubs.org websites for more opportunities to garner additional information.

In closing, please remember to stay in touch with our most vulnerable club and community members. Keep in your thoughts and prayers our extended family members who are infirmed or have recently been called back to heaven. Our hearts go out to you for your loss.

Together we will weather these set backs, sorrows, and this pandemic and be able to get back to what we do best...**SERVE!**

Happy Labor Day! Yours in Lionism,
Lion Cat Gon and Family

1st Vice District Governor Donna Prince's Message



Dear Fellow Lions,

September is a month of transition as autumn usually ends the long hot days of summer and cooler temperatures and shorter days signal a new season is here.

In California something that used to be seasonal, but is now considered year round is fire season. Sadly, our beautiful state is being ravaged by hundreds of wild land fires. I know we are all hoping Mother Nature will bring gentler weather to assist the brave and dedicated firefighters who have worked tirelessly to protect our homes, property, businesses and our lives. During the Jones Fire near Grass Valley, the call went out for donations and volunteers at the Fairgrounds and our community responded. This got me thinking about what we could do as Lions to help our firefighters.

For expert advice, I called two friends; Penn Valley Lion Bruce Puphal (retired fireman and Board Member of Penn Valley Fire Department) and Fire Chief Jerry Good of Higgins Fire Department. Both recommended we contact our local fire departments to see what they might need. Items may include PPEs (personal protective equipment), bottled water and packaged food items. They also said most departments have "Wish Lists" for items they want, but are not provided in their budgets. Items on the list may be more costly, and could be something your club will donate in the future. Both Lion Bruce and Chief Good said anything provided by individuals or clubs will be greatly appreciated. Remember to include personal notes of thanks for their service.

September is usually a very busy time for our Clubs and District with lots of events and activities. Unfortunately many have been cancelled, but one that is still a go is the Lions Education Foundation (LEF) Annual Golf Tournament on Saturday, September 26th. PDG Andy Anderson is the Chair and reports there are currently 84 golfers signed up to play. The event will be at Woodcreek Golf Course in Roseville, with a Shotgun start at 8am (registration at 7am). The cost

is \$125 per golfer. LEF and Lions Clubs International Foundation (LCIF) are the beneficiaries. There is still time to reserve your spot. Donations are also needed for the golfer's snack goody bags, auction and opportunity drawing. For a \$100 donation you can get your name or business on a Tee Box Sign, but act quick. For more info on the tournament contact Chairman PDG Andy: andersj@frontiernet.net This event will be a great opportunity to get out and see our fellow Lions, but remember to bring your mask!

As many of us continue to find ways to conduct club meetings and business by Zoom, conference calls and other means it is important we remember all members may not have the capability or option to do so. It is important we stay in touch with all our members and keep them interested and engaged. A good old-fashioned phone call is a great way to do this and how special that Lion will feel when they hear your friendly and familiar voice! One day it will be safe for us to meet in person just as we have done for over 100 years. When this time comes we want all our Lions to still be Lions!

Equally important is to keep planning our projects and events. Lions are innovative and flexible so if we must change our plans due to things beyond our control we can and will adapt! When the COVID restrictions are lifted we don't want to find ourselves with empty calendars and forced to make last minute plans for service projects and fundraisers. So if your club isn't already planning things, get busy!

Membership, Leadership and Service are the key to our success. We must remain strong in all three areas so we may continue with our mission to make this a better world for all.

May you and your family stay safe and in good health.

Yours in Lionism,

1st VDG Donna and Lion
Brad Prince



2nd Vice District Governor Tim Luckinbill's Message



Good Morning 4C5 Lions,

If you are sitting at home wondering what to do as a Lion, please contact me, but you'll need an hour to listen to me about all the things that Lions can and should be doing through this down time. I

keep asking myself where is the down time? My day starts in the morning right after my cup of coffee and stops when the lights go out for the evening.

There are service projects that can be done by one or two Lions. If your club is not getting together, just imagine what your club could do if each of you just went out as a single Lion and worked the food banks, collected pull tabs, collected glasses for the Folsom Project, highway clean-up, helped a senior citizen with yard work or stacking fire wood, buying things at the store for them, picking up their medicine. The list is endless and think of all the service that could be reported to LCI My Lion. I know that every club secretary is reporting and you could give them something to report and see that it gets into My Lion. Then the district will get 100% clubs reporting.

My Lion is getting so easy to input your activities. If you haven't been on for a while you must check it out. Things have changed for the better. If I can do it for my club, I know you'll be an expert in no time. There is a lot of help throughout the district to get all the clubs reporting. Contact District GST Leader (Lion Jeri Wartena) and she loves her job and loves talking to Lions in need. Give her a call, she is in the directory, and she knows her stuff.

While I'm on the kick about making your club a better club, don't forget to attend the District Cabinet meetings every quarter. They are being conducted on Zoom from the comforts of your own home. No driving an hour to the meeting and an hour driving home. District business gets taken care of and at the end of every Cabinet Meeting is a New Member's Orientation.

Next time you are in a club meeting, ask how

many members have had the New Members Orientation. You will be surprised that 10-year members have never had it. The newer Lions are supposed to have it within their first six months to a year of membership. Think about having it as a program and get your whole club signed off. It is also a requirement to participate in the Proud Lion Award. So, get your Proud Lion work sheet filled out and learn some very interesting things about Lions history at the same time.

A final note about all the fires in the state. As clubs and as individuals you can donate to the Disaster Relief to help the Lions of the fire areas, help the folks that are evacuated and or have lost their homes to the fires. California Lions Foundation (CLF) is a 501c3 non-profit, and all the funds donated stay within California, unlike LCIF, which is world-wide. Think about helping with a fund raiser or a donation to the CLF. Any questions contact PDG Nick McNicholas.

Thanks for your time and I hope you have received some good information.

Be safe and take care,

2VDG Tim Luckinbill



Save the Date
Wish Upon A Star

More Details
Coming Soon!



LIONS DISTRICT 4-C5
ONE-DAY CONVENTION
Sacramento Hilton Hotel
October 17, 2020

City of Hope Makes It “Easy-Peasy”!

Are you and your Lions Club looking for a worthwhile, exciting project for your donation dollars, while we are staying safe and sheltering-in-place? The City of Hope website for the Lions Diabetes Innovation Fund makes it “easy-peasy”! The goal of this partnership between California Lions and City of Hope is to raise \$1 million in five years to be used to fund innovative research projects aimed to improve the treatment of, and cure, Type 2 Diabetes. And, with City of Hope at the helm, everything is possible!

Here’s an idea that came from a couple of Lions Clubs that I visited “virtually.” While Lions Clubs are meeting via Zoom, or not meeting at all, think about how much money you are saving by not purchasing meals and not paying fines. Then donate a portion of those savings to your favorite charity. And, of course, I hope that you will consider the Lions Diabetes Innovation Fund at City of Hope to be a recipient of your charitable donation.

Let’s put some numbers to it. Assume that an individual decides that he or she has saved \$10 in meal costs and fines for the month. (It’s probably more than that, but \$10 is an easy number to work with.) If 20 people in a Club (or their friends and family) each donate \$10 at the end of the month, that adds up to \$200. If those 20 people make that same \$10 donation each month for a year, your club suddenly has made \$2,400 in donations to the Lions Diabetes Innovation Fund! And you, and your Club, get credit for it!

It’s easy for individuals to make their donations through the City of Hope website using a credit card, without placing an additional burden on your Club Treasurer. Your Club will get credited with your donation, and you will get a receipt for tax purposes from City of Hope, a 501(c)(3) organization. Just follow these “easy-peasy” directions, and your \$10 per month donation will help cure Type 2 Diabetes.

Once a month (or more frequently), visit the website at www.cityofhope.org/lions.

1. Go to the list of Districts (currently at both the top and bottom of the page).
2. Click on Lions District 4 C5.
3. Find your club name; you may need to click on “view all” if your club isn’t near the top of the list.
4. Once you are on your club page (not before), click on “donate”.
5. Enter your credit card information and amount of your donation.

Return to the website each month to make your monthly donation, and see how your club is doing!

That’s all there is to it! Easy-peasy! (Please note: credit card donations appear on the website right away; donations by made by checks are also fine, but may take a couple of months to appear on the club totals.) Any questions, please email me at dpevny@gmail.com, and thank you for your help.



City of
Hope®

DATES TO REMEMBER

2020-2021 Student Speakers Contest



CLUB Levelon or
before 02/22/2021
ZONE Levelon or
before 03/15/2021
REGION Levelon or
before 04/05/2021
DISTRICT Levelon or
before 05/03/2021

AREA Levelon or before 05/24/20
FINALSaturday of 2021
Joint Council Of Governors

Student Speakers Packet Order CLUBS ONLY

Deadline: October 1, 2020

No packets will be sent after December 31. Online material is available for free.

Contact us at (805) 963-6681 or speaker@md4office.org

District 4-C5 Student Speaker Winner



California Lions Clubs

Multiple District 4, Lions International

It's Official!

2020 Multiple District 4 Student Speaker Contest Winner

Ms. Haley Schaefer, District 4-L6

"Homelessness in California: What is the Solution?"

The Multiple District 4 Student Speaker Contest Committee Chair Mary Manning announced the 2020 State Student Speakers Contest winner, held at the Virtual Organizational Council of Governors meeting on August 23, 2020.

We extend our congratulations to Ms. Haley Schaefer, Area 4, District 4-L6, winner of this year's Student Speaker Contest.

Our own Luke Ask, District 4-C5, Dos Rios Region, sponsored by Yolo Sunset Lions Club, Student Speaker Contest winner representing Area 1, made us all so very proud for his speech to combat and alleviate Homelessness in California.

Congratulations to all the participants in this year's contest.

In Memorium-Recent Losses



Lion James Makimoto, Loomis Lions Club

Lion Dionisio Tonel, Maharlika Lions

(IPDG Sarah Enloe's father)

Nevada City Lion Verne Taylor –Progressive Melvin Jones

Submitted by PDG Doug Wight

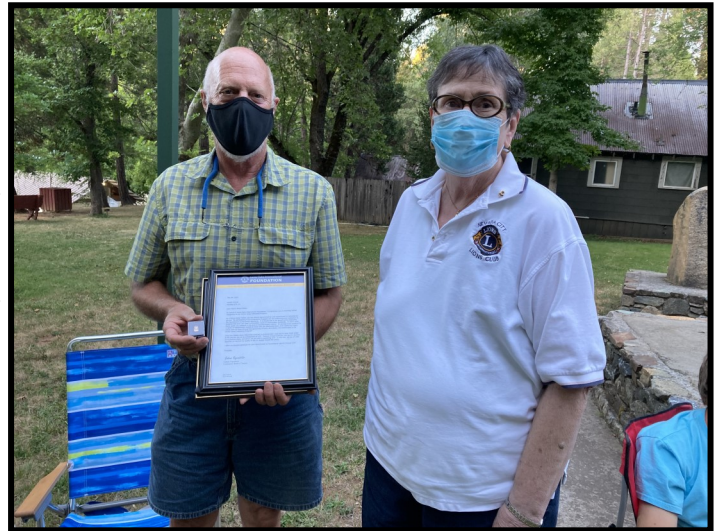
During the Nevada City Lions regular meeting of August 12, 2020, Lion Verne Taylor, who has been a member of his club since December 1, 1982 was presented with a Progressive Melvin Jones Fellow with three diamonds attached to the pin by Immediate Past President Diana Beer.

Immediately preceding Lion Diana's presentation of the Progressive Melvin Jones Fellow, she presented Lion Verne with a certificate naming him as the Club Lion of the Year.

By the way, as I write this article, August 14, 2020, Lion Verne is celebrating his birthday and without divulging his age, to many, it is a milestone birthday!

Lion Verne became a Lion December 1, 1982. His sponsor was Hal Taylor, his father. Whenever there was a project to be done, you could always see both active Lions either organizing those projects or working side by side with other members of their club.

Lion Verne has served on numerous committees and positions on the District Cabinet including several times as Sierra Zone Chair and Donner Region Chair. One of his years as Donner Region Chair was during the year that Past International Director Bob Smith served as District Governor.



Lion Verne holding his Progressive Melvin Jones Fellow pin
Presented by Immediate Past President Diana Beer

Lion Verne has spearheaded many projects in and around Nevada City including a monument to his father and other prominent Lion members in Calanan Park. The playground at Pioneer Park has been one of Lion Verne's projects as well as the basketball courts that were dedicated in 2007. The large playground structure in the playground area was another of Lion Verne's projects.

Another ongoing project was Lion Verne's annual support for Diabetes Awareness as one of his sons was diagnosed in infancy with Type One Diabetes. Look for a Diabetes Awareness walk in Grass Valley in the future once the COVID restrictions have been lifted. He and Grass Valley Host Lion Krista Putnam have teamed up as organizers of that future walk, hopefully soon.

This past year, in spite of the COVID restrictions Lion Verne was always working on various projects in the community. Recently, our club performed some landscaping maintenance at the Nevada County Historical Society complex led by Lion Verne who had been in touch with the president of the Historical Society to set up the plans for our club members to participate. An earlier article describing the landscaping maintenance was included in both the Pride and the local Union Newspaper.

Another of Lion Verne's projects that he organized was the shaded waiting area next to the Nevada County Railroad Museum in Nevada City. His efforts were recognized at both the District level during the 2019 District Convention and then by Multiple District Four.

Lion Verne is well known in the Nevada City community having retired a few years ago as Public Works Director of the City of Nevada City. When you needed something done in the community you look to Verne to get it done.

Congratulations to Lion Verne for all that you have done in and for your community!

Grass Valley Lion Al Koolhof—Woodworker Extraordinaire

Submitted by Lion Ron Gaynor



Grass Valley Foothill Lion Al Koolhof has been serving his community and fellow man for almost 48 years. During that time he has been a member of the Willow Glen (San Jose), Sunnyvale Host, Alta Sierra, and Grass Valley Host Lions clubs. In 2005, he became a charter member of the Grass Valley Foothill Lions. A Progressive Melvin Jones Fellow, Lion Al has served his clubs in many positions, including Vice President, Treasurer, Secretary, Bulletin Publisher, Lion Tamer, and Tail Twister.

Married to his wife, Rose, since 1949, Lion Al was employed in the banking industry. He and Rose have four children, five grandchildren, and three great grandchildren.

Lion Al developed a passion for woodworking when he was a young man on his family's dairy farm in Winters, California. Since his father was totally blind, young Al was responsible for all the repairs necessary on the farm. During this time, he started tinkering in woodworking. High School shop classes added to his skills. In 1950, Al purchased a table saw from Montgomery Ward. It still works, and has a prominent place in his workshop.



Lion Al added to his skills over the years by studying woodworking magazines and building complicated wooden models of heavy machinery. His family gradually added to the tools in his shop at birthdays and Christmas.

Over 40 years ago, Al started making wooden Christmas ornaments as gifts for family and friends. Then, about 10 years ago, Lion Al started making wooden toys throughout the year and donates them to the Salvation Army to distribute to needy children at Christmas. Lion Al donates well over 100 handmade wooden toys each year.

Where There is a Need...



Nevada City Lion Dora Hermansen (left) was at Pioneer Park recently to water cherry trees in the memorial grove across from Seaman's Lodge. The recent hot days were causing some wilting, so Lion Dora came to their rescue.

Foothill Lions recently completed another project. Foothill Lion Arnie Romanello needed some landscaping help, and rather than hire landscapers, he asked the club to do it in exchange for a donation.



Foothill Lions Rob Shotwell, Bill Mitchell and Ron Gaynor (at right) spent 32 man-hours over three days to complete the work. The work included finishing a rock garden, building planters to transplant two fruit trees, and fencing them in. Lion Arnie made a nice donation to the club! Way to think outside the service box!



In late June, **Grass Valley Foothill** Lion Al Koolhof's wife Rose became dependent on a wheelchair. Needing a ramp to access their home, Lion Al contacted a contractor that had worked

for them before. That contractor was not available, so Lion Al called fellow Foothill Lion, Ron Gaynor, for advice. Lion Ron offered to organize a crew from the Foothill Lions Club to build the ramp and get it done quickly so Rose could make it to her numerous doctor's appointments.



Lion Ron worked with Lion Al on the planning and ordered the materials. Foothill Lions Rob Shotwell, Bill Mitchell, Arnie Romanello, and President Art Ralli pitched in to help build the ramp. The ramp was functionally completed in two weeks, and the final details were completed two

weeks later. The team was able to match the look of the deck surrounding the house.

The project took 152 man-hours, and the club members were happy to have the opportunity to serve.



Where There is a Need...

Folsom Lake Lions reported as is the new normal, there is not a lot of activity going on. However, we are continuing to meet twice a month via Zoom. We also had 50% of our club participate in the virtual Cabinet meeting on August 8. We were all quite pleased with how well organized it was, and everything went so smoothly. Many thanks to the District Officers.

We are searching for charitable organizations who need and are willing to accept items that were made by the Placer County Correctional Facility in Roseville. This month we delivered 308 items to St. Johns Shelter for Women and Children. These items consisted of flannel blankets, shorts and tops for kids, "burp" cloths for babies, tote bags, pillow cases, backpacks with matching pillows and blankets. In addition, we included 10 facemasks. Please see the photo at the end of this article.



We are still trying to plan for a club retreat to work on our budget and project listing. It's possible that we can do this in September. And we are also planning to participate in the Folsom Community Services Day on Sept 19. At this time it looks like it will take place as scheduled. Several members of our club will sit at an outside table and receive fabric and yarn from members of the public. And we will wear our masks and maintain our distance. Will report on this next month.

Embarcadero Lions has a new service opportunity for Lions! An easy, safe way to serve with a *"Pet Food Drive for Meals on Wheels AniMeals Program."*

Throughout our area, home bound seniors receive nutritious meals from Meals on Wheels, whether in Sacramento, Placer, or Yolo County and beyond. Many of these seniors have pets that are an important part of their life, often the main source of comfort and companionship. Meals prepared are graciously given and received and meet the nutritional needs of our homebound seniors. These individuals regularly share their meal received from Meals on Wheels with their beloved pet since they have difficulty getting out and shopping for pet food. Accept the Challenge! YOU CAN MAKE A DIFFERENCE !



Quality CAT AND DOG pet food is preferred. Either canned or dry pet food is acceptable. We will supply 10 gallon plastic bags so their staff can divide it out at this time because of the virus.



Pet food can be delivered to Meals on Wheels @ 4527 Harlin Dr., Sacramento, 95826. Call ahead to Michelle Bustamante (916) 548-2057 to make arrangements, You can ship directly, or call Lion Mark Steffens to arrange for pickup. They will distribute the pet food as they distribute meals.

Can you imagine the Pets YOU can impact?

For more information, please contact Lion Mark Steffens, (916) 214-8650, steffens.mark@gmail.com

Meals on Wheels is a non-profit organization serving seniors 60 years of age and better. Meals on Wheels helps keep seniors in their homes and communities by providing nutritious meals, safety net services, social contact, community resource information, and much more!

Where There is a Need...

The Woodland Lions (**Woodland Host, Woodland High School Leos, Reveille, and Yolo Sunset**) with the aid of the Salvation Army, conducts an annual Child Spree in August. However, the Child Spree was canceled this year for safety reasons due to the pandemic.

The Salvation Army delivered 80 backpacks filled with everything needed for students that have been screened by the Salvation Army. Between Woodland Host Lions club members, Woodland High School Leo's (who spent over \$400), Reveille and Yolo Sunset Lions clubs cash donations, the clubs were able to satisfy their request as follows: (82) 2" binders, (73) composition books, (84) 24-count crayons, (22) eraser 2-packs, (10) erasers pencil toppers (10 pack), (71) folder 2 pocket, (58) folder 2 pocket w/prongs, (14) glue sticks (packs of 2), (8) markers classic colored (10 pack), (61) note book college rule, (18 packs) paper college rule, (80) pencil (20 pack), (15) pencil bag/box,



(4) pencil colored (10 pack), (9) pens black ink (10 pack) and (80) rulers.

Woodland Host President Tim Leathers would like to thank Lion Susan Vogelesang for being our contact person with the Woodland Salvation Army and pulling all of us together with our resources to make this happen.

Pictured shopping for supplies (above) are Woodland High School Leo adviser Tom Hudspeth and his wife Jamie Hudspeth (right) along with Woodland High School Leo students Krysta Solorio, Connor Green, Leslie Perez, Stephanie Loza Canchola, Frida Meléndez, Alejandra Ruvalcaba and Grecia Aguiniga.

Delivering all of the backpack supplies to Salvation Army are Woodland Host Lions Wes and Sally Nelson.

The **Placerville Lions Club** had a great month in August and each meeting we are learning how to improve the quality of our virtual zoom meetings. Our DG "Cat" Gon honored us with her visitation to our Club meeting along with our Regional and Zone Chairs, IPDG Sarah Enloe, 1st DVP Donna Prince, and Andy Anderson our PDG, District LCIF Coordinator. It was an uplifting meeting for us all making us all proud of our District 4-C5 team.

At our next meeting we again welcomed DG Cat who officiated in bringing a new member in to our Club. For our program we learned about the City of Hope and the Lions Diabetes Campaign to fight back against the diabetes epidemic. This was especially informative to our newer members. While our major community fundraisers are on hold, we are encouraging members to continue to donate toward this and other programs. Together we can make the make a difference as we unite to serve one life at a time.



Where There is a Need...

The **Downieville Lions** Club tried an "outdoor" meeting with masks and social distancing; however, only seven members attended. At that meeting the following awards were presented by President Bernie Stringer:

- Mindy Strine received a Membership Pin for sponsoring two new Lions;
- Karen Galan received her 10-Year Membership chevron
- Mike Galan received a Melvin Jones Award

Downieville Lion Receives Prestigious Award (article for local newspaper submitted by Lion Karen Galan)

Downieville Lions Club President, Bernie Stringer (L) presented Club Member, Michael Galan with the Lions Club's Melvin Jones Fellowship Award on August 17th. Named for Melvin Jones, the founder of Lions Clubs International, the fellowship program has been able to meet humanitarian needs in communities around the world with emphasis on preventing blindness and restoring and maintaining sight.

Lion Mike was selected to receive this honor because of his many areas of community service which include not only Lions Club, but also the Downieville Volunteer Fire Department as an advanced EMT, firefighter, and ambulance driver. He also serves on the boards of the Downieville Fire Protection District, Downieville Improvement Group, and Western Sierra Chamber of Commerce. Mike joins the ranks of the following current and past Downieville Lions who have also received a



Lion Mike Galan with his Melvin Jones Fellowship award with club president Bernie Stringer

Melvin Jones Fellowship Award: Frank Lang, Ross Gordon, Dorris Pratti, Peter Huebner, and Paul Brandon.

Loomis Lions Club President Henry Schneider liked the idea of the club giving out free face masks and asked Lion Jack Morris if he would volunteer for the new club project.



Loomis Lion Sharon O'Donnell greets Lion Jack Morris holding a box of new masks.

Lion Jack picked up 100 masks and stood near the doors of the town post office. It was experimental and he agreed to do 2-hours the morning of August 6th.

Lion Jack said he received a mixture of opinions with most of them favorable toward the club. Several said they didn't think masks were necessary.

Morris said the majority of visitors were wearing masks as they passed by. "I gave out 43 masks to people who thanked me for what the club was doing."

President Henry expects the club will give away free masks in the future based on the community acceptance Lion Jack



President Henry Schneider stands with Lion Jack Morris during 'free mask' delivery.

Welcome New Club Members—July/August 2020



Name	Club Name	Zone	Region	Month
Bamba, Kendra	Sac Maharlika	Sutter	Sacramento	Jul 2020
Glover-Win, Beverly	Roseville Sunrise	Eureka	Washoe	Aug 2020
Schwenger, James	Esparto	Gordon	Dos Rios	Aug 2020
Vidales, Sophia	Esparto	Gordon	Dos Rios	Aug 2020

DG Cat's Recent In-Person Visitations



Must be the fresh air creating a most refreshing **Penn Valley Club**, truly serving wherever there's a need!



"Al Fresco" **Meadow Vista Lions Club** visitation.

Effective, informal---all nicely packaged in a Club loaded with Leadership fueling a continuous flow of services to their community!



Poverty and Hunger Make Girls Desperate

By Lion Jack Morris

From an article in 'NEPAL'S CHILDREN'

"Before I quit school, I studied in school and did household chores and farming jobs. I had never heard about girls being trafficked to Delhi. I learned about this later. Now I know," a trafficked girl said.

In one situation, a neighbor in a village created a fake 'marriage.' But rather than marrying the girl, the 'groom' sold her to a Delhi brothel house. She asked the woman there, "Where are the people who brought me here?" The woman replied, "They left you here because they sold you to us."

About 20 years ago a girl named Ruth was drugged and sold by traffickers to a brothel in Mumbai, India. At the time, Ruth was the mother of a baby boy. "Many friends in my village insisted that I go abroad as many other women were already there. I agreed and got a passport," she shared. "The human trafficking broker made the visa to allow me to go to any country. At 12 pm, I was sent to go to work. A few men looked at me oddly. I knew they had bad intentions. I screamed and tried to run upstairs to my room but the madam hit me saying, 'Why did you come upstairs?' Not only me. Many other sisters also



where she was physically and mentally abused.

Brokers are the people who sell people's sisters, mothers, and brothers by enticing them with promises of good jobs and money. Nowadays human trafficking has become a very critical issue. Victims of human trafficking lose their freedom, become slaves, and are then exploited and often die in bondage. Why do they go? They are trying to escape gender discrimination in the workplace. They have little if any money and are socially backward and uneducated. They are typically victims of violence in their homes or villages. They also are generally uninformed about what could happen to them. We find that many are sold into slavery by people they know; even family members. They trust that these people are helping them to find a better life or a more comfortable life. Many Nepalese are at risk of human trafficking and are illegally being taken abroad. In Nepal, sadly, many citizens see human trafficking as entertainment. Many of these girls start their jobs in a restaurant, and later on, they are forced into hard labor or forced to sell their bodies.

According to Nepal's Women Children and Social Welfare Ministry, there are more than 30,000 girls and women working as prostitutes in Nepal.



have been beaten. Their lives are miserable."

Sarah went to Malaysia with hopes of working in a hotel or a school, but after arriving at the Malaysian airport she knew that the broker had lied to her. She was taken and forced to work as a domestic worker

Helping Hands for HotlinePOST

By L. "Rico" Ozaki, Sacramento Metropolitan Lions Club

The Sacramento Metropolitan Lions Club ("Metropolitan") started the year with great plans for an expanded HotlinePOST campaign. We were hoping to hold HotlinePOST Community Days of Action in Sacramento, Yolo and El Dorado Counties. Metropolitan successfully worked with the Placerville Lions Club to organize an EldoPOST Community Day of Action in early March. As part of the Sacramento HotlinePOST organizers, Metropolitan then turned to finalizing preparations for a late March Sacramento HotlinePOST. A few days later, we realized that due to COVID-19 and for the safety of our volunteers, we had to postpone the Sacramento event.

Let me pause here to explain what HotlinePOST is, so that you can understand our dilemma. HotlinePOST is a human trafficking awareness project based on California Civil Code section 52.6. Among other things, that law requires certain categories of businesses to post a notice about human trafficking and the phone number for the National Human Trafficking Hotline. During a HotlinePOST Community Day of

Action, community members receive a training on human trafficking, California's human trafficking hotline posting law, and HotlinePOST outreach. They then visit pre-assigned businesses with HotlinePOST poster packets, to talk about the posting law and to encourage businesses to post the notice.

With in-person visits to businesses on hold, we wondered what we could do to continue the HotlinePOST campaign. We know that during this period of "stay-at-home" orders, human trafficking survivors have been trapped at home with their traffickers. This leaves them vulnerable to more abuse. With this in mind, we could not wait for the pandemic to pass to resume the

HotlinePOST campaign.

The Sacramento HotlinePOST organizers decided to mail posters to two categories of businesses that remain open in Sacramento County - urgent care centers and emergency rooms. These businesses are subject to the posting requirements of the human trafficking hotline posting law. In each envelope, we included a HotlinePOST poster, a letter that explained the posting law and its requirements, a copy of the law and a HotlinePOST overview flyer. In August, we mailed 51 envelopes to those establishments.



Like many things affected by COVID-19, we did not start the year expecting to mail the posters, so did not budget for the additional costs associated with a mailing. In July, we asked for donations to help cover these unanticipated costs. A group of supporters came through for us, providing funds that more than covered the projected additional costs associated with the mailing. The excess will be used for a mailing to Yolo County emergency rooms and urgent care centers, with the remaining balance earmarked

for future HotlinePOST activities.

The HotlinePOST campaign has always been a grass-roots effort to help human trafficking survivors. Sacramento Metropolitan Lions Club appreciates the collaboration with other Sacramento HotlinePOST organizers such as the National Council of Jewish Women Sacramento Section, La Voce Project and Sacramento Friends Committee (Quakers), as well as our loyal HotlinePOST outreach volunteers.

If you or your club would like to get involved with the HotlinePOST campaign, please contact Lion L. "Rico" Ozaki of the Sacramento Metropolitan Lions Club. She can be reached at rico.ozaki@gmail.com.

Global Membership Team

As of Aug 28, 2020

As of today, we have added 29 new, reinstated and transferred members to 12 clubs of our District for a 24%. Our net growth for this year is negative five (-5)..

Our District is starting off with the following make up of members:

7/1 Total members – 1320	Total Females – 566 (42.88%)	Total Males – 754 (57.12%)
8/1 Current members – 1321	Total Females – 574 (43.5%)	Total Males – 747 (56.5%)

The clubs that have added two or more new member during the first two months are:

Esparto Lions	Roseville Host Lions	Sacramento Nepalese Lions
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DG Cat's second membership goal is to have every club who has under 20 in membership increase to over 20 in membership. The following clubs are starting off the year under 20 in membership and the information red/blue shows their increase or decrease in membership.

Esparto	19 members (+2)	Lincoln Host	19 members (+1)
Penn Valley	19 members	Rocklin	19 members (-1)
Sac Antelope	19 members	Davis Aggies	18 members
Gold Country	18 members	Grass Valley Host	18 members (-1)
Placerville	18 members	Sac Fort Sutter	18 members
Sac Mabuhay	18 members (-1)	Nevada City	16 members
Sac Golden State	16 members	Woodland Reveille	16 members
Roseville Host	15 members (+8)	Sac Midtown	15 members (-1)
Winters	15 members (-1)	Newcastle GS	14 members
Sac Nepalese	13 members (+3)	Sac Metropolitan	12 members
Woodland Yolo	12 members	Delta	10 members
Folsom Lake	10 members	Citrus Heights	8 members

Now for the numbers:

17 of 50 (34%) Clubs have been visited about Membership
12 of 50 (24%) Clubs have inducted a new, reinstated or transfer member
7 of 8 (87.5%) Zones have been visited about the Membership
78 Lions attended the New Member Orientation Class

PDG Andy Anderson
District GMT Coordinator
District NAMI Champion

Continued on next page

Lions Clubs International Foundation (LCIF) Report

To the District Executive Board; August 30, 2020

As of Aug 30, 2020, I submit the following report on the District actions in reference to the LCIF.

Total donations reported on LCIF Report for this year 2021-2020 is \$1,410. LCIF is 30 days behind in processing and posting donations to our clubs accounts.

- ◆ Total number of clubs donated to LCIF: 17 of 50 (34%)
- ◆ Total number of Zones visited: 7 of 8 (87.5%)
- ◆ Total number of clubs visited: 17 of 50 (34%)
- ◆ Total number of clubs with a Club LCIF Coordinator: 49 of 50 (96%)
- ◆ Total number of club/district fundraisers conducted for LCIF: 1
- ◆ Total number of 100% Clubs: 0

This year we have four District fundraisers setup for this year:

- ◆ Operation "Clip Cat" has been completed. In total, Governor Cat was able to raise a little over \$7,000 for Childhood Cancer. As soon as the final commitment is received by the CT Lion Zenny, a check will be sent to LCIF.
- ◆ LCIF will receive a portion of the net proceeds received during the LEF Golf Tournament which will be held on Sept 26th at Woodcreek Golf Course. Currently the tournament is still a go and we have 76 golfers who has indicated that they will be participating in the tournament. PCC Roger Powel will be our guest.
- ◆ Joint Bowling Tournament with the CLF splitting the proceeds which will be held on Feb 26th. The current bowling lanes have been closed since the Corona Virus started.
- ◆ A new Operation "Clip Sarah" will start during the second half of the year.
- ◆ I will continue to match \$20 from every club in our District and will present a Melvin Jones Fellowship to someone in our District.

PDG Andy Anderson
District LCIF Coordinator

Upcoming EVENTS

<p>Ends September 5, 2020 Citrus Heights Lions Club Care Packages for Homeless Women</p>	<p>Including feminine hygiene products (unopened box) Contact Citrus Heights Lions Club for more details!</p>
<p>September 19, 2020 Capay Valley Leos Club-Fire Victims Car Wash El Toro Carnecieria/Market on Yolo Ave. Esparto, CA</p>	<p>Donations appreciated 10 am—4 pm</p>
<p>September 26, 2020 Lions Education Foundation Golf Tournament Woodcreek Golf Course 5880 Woodcreek Oak Blvd. Roseville, CA</p>	<p>\$125 per golfer and sponsorships available Includes range balls, green fees, contests, and lunch Contact: PDG Andy Anderson @ (916) 687-8133</p>
<p>October 17, 2020 IPDG Sarah’s District Convention Sacramento Hilton</p>	<p>SAVE the DATE More details to follow</p>
<p>October 18, 2020 Auburn Host Lions Golf Tournament The Ridge</p>	<p>Contact: Lion Kevin Casey, sierraforester@gmail.com or (530) 305-6446</p>
<p>November 19, 2020 Lions Blood Bank Vitalant Headquarters 10536 Peter A McCuen Blvd. Mather</p>	<p>SAVE THE DATE 1 pm—5 pm More details to follow</p>

Don't forget to advertise your club events! See Page 22 for details!!

MAKE A DONATION TO THE CALIFORNIA LIONS FOUNDATION | YOUR DONATION DIRECTLY HELPS FIRE DISASTER VICTIMS

CALIFORNIA LIONS FOUNDATION HOME SUCCESS STORIES GRANT APPLICATION DESIGNATED FUND RECOGNITION SPONSORS ABOUT CONTACT **DONATE**

California Lions Foundation Wildfire Disaster Relief


California has recently experienced nearly 11,000 lightning strikes in the last 72 hours and record heat temperatures. California firefighters are reportedly battling over 350 known fires.

California Lions clubs are working with their local communities to serve and assist as they can. California Lions Foundation is ready to support our California Lions clubs as they serve!

These donations are to support Fire Disaster Victims, especially those victims that have been impacted so hard throughout the areas where the wildfires have destroyed their communities. These wildfires have the potential of being among the most destructive fires in the history of California.

As a fully tax exempt charitable 501(c)(3) entity, ID#81-2850129 the California Lions Foundation is here to provide you with the opportunity to help those in need.

DONATE TODAY



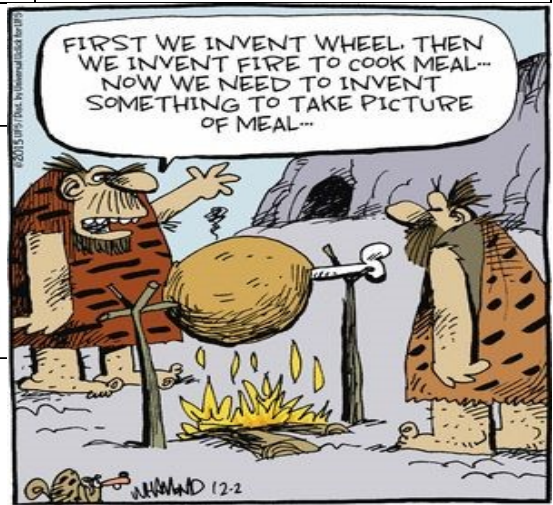
2019-2020 Cabinet Officer Contacts

CABINET OFFICERS	PHONE	EMAIL
Cat Gon, District Governor	(916) 427-5747 (hm) (916) 607-0556 (cell)	dg@district4c5.org
Donna Prince, 1st Vice District Governor	(530) 268-0906 (530) 305-8077 (cell)	1vdg@district4c5.org
Tim Luckinbill	(530) 272-7131	2vdg@district4c5.org
Dave Evans	(916) 267-8425	cs@district4c5.org
Zenny Yagen, Cabinet Secretary	(916) 599-6544 (cell)	ct@district4c5.org
PDG Carl Burson Jr., DG Advisor	(530) 346-9940	bristlecone@wildblue.net
PDG Rich DeCuir, DG Advisor	(916) 624-9210	rbdecur@sbcglobal.net
DONNER REGION	PHONE	EMAIL
Region Chair, Helene Smith	(530) 367-6583	donnerregion@district4c5.org
Foothill Zone Chair, Lindalee Talso	(530) 210-7465	foothillzone@district4c5.org
Sierra Zone, Laura Barhydt	(530) 913-6659	sierrazone@district4c5.org
DOS RIOS REGION	PHONE	EMAIL
Region Chair, Dave Stoermer	(530) 402-1818	dosriosregion@district4c5.org
Gordon Zone Chair, Carlos Carvajal	(530) 753-0980	gordonzone@district4c5.org
Wolfskill Zone Chair, Ann Alvarez	(916) 601-9895	wolfskillzone@district4c5.org
SACRAMENTO REGION	PHONE	EMAIL
Region Chair, Cecille Presley	(916) 397-6391	sacramentoregion@district4c5.org
Crocker Zone Chair, Josephine Fong	(916) 997-4427	crockerzone@district4c5.org
Sutter Zone Chair, Eddie Aducayen	(916) 690-5323	sutterzone@district4c5.org
WASHOE REGION	PHONE	EMAIL
Region Chair, Dusty Harrison	(916) 759-3759	washoeregion@district4c5.org
Eureka Zone Chair, Merita Sumovic	(916) 960-9133	eurekazone@district4c5.org
Marshall Zone Chair, Evelyn Butler	(916) 990-4826	marshallzone@district4c5.org

Continued on next page

2020-2021 Global Action Team and LCIF Coordinator

NAME	PHONE	EMAIL
PDG Nick McNicholas Global Leadership Team Coordinator	(530) 908-2048	glt@district4c5.org
PDG Andy Anderson Global Membership Team Coordinator	(916) 687-8133 (hm) (916) 955-3882 (cell)	gmt@district4c5.org
Lion Jeri Wartena Global Service Team Coordinator	(916) 217-9486	gst@district4c5.org
PDG Andy Anderson Lions Clubs International Foundation Chair	(916) 687-8133 (hm) (916) 955-3882 (cell)	lcif@district4c5.org
PDG Nick McNicholas MD-4 CA Lions Foundation Chair	(530) 908-2048	glt@district4c5.org



Share your club's event flyers to advertise throughout the district!!
Send information to the following:

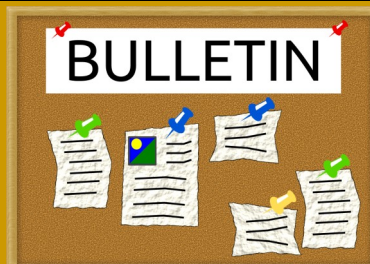
1. Email blast messages—sarahte@comcast.net (NEW)
2. Webmaster—webmaster@district4c5.org
3. Facebook—pr@district4c5.net
4. Pride Bulletin—denandkitk@aol.com



Pride Bulletin Editor:
Kitty Kramer
denandkitk@aol.com

Please forward all articles and photos

*(please identify who is in photos) by the **25th** each month!*



To Qualify for Club District 4-C5 Bulletin Contest:

Mail or email your club bulletins to:

1. Kitty Kramer, denandkitk@aol.com
2. DG Cat Gon, dg@district4c5.org
3. Cabinet Secretary Dave Evans, cs@district4c5.org