

District 4 C5

Lions Pride



LIONS PRIDE—VOLUME 38, ISSUE 6

December 2020

Galt Lions

New Member Inductions



DG Cat's Official Visitation on November 13, 2020, to the Galt Lions Club included the honor of inducting 12 (of 18) new members in attendance --- "Just Ask"!

In this edition:

Governor and VDG Messages	CA Lions Foundation Message	MD-4 Leadership Summit & Hearing Aid Donations	GMT Report	LCIF Report	PDG Doug Wight Teaches at Lions University	Youth Exchange Report	Where There is a Need...	New Members & Other Info	& More...
Pages 2-4	Page 5	Page 6	Page 7	Page 8	Page 9	Page 10	Page 12	Page 18	Page 19

District Governor Cat Gon's Message



*Merry Christmas
and Happy Holidays!*

Seasons' Greetings to all during this most festive time of the year. I hope that each of you enjoyed a very special Veterans' Day and a blessed Thanksgiving celebration.

Once again, I would like to express my thankfulness and appreciation to all of our members and families for your support, especially during these trying times.

November was a quiet month as preparations for the Veteran's Day celebrations were reduced to small gatherings, adornment of our fallen heroes' gravesites with flags, the Sacramento Region Blood Drive in Rancho Cordova, and Drive-thru prepared meal fundraisers. The advancement of COVID-19 into most every county in the state has curtailed many events and fundraisers. Distribution of food helped to provide a holiday feast for many of the less fortunate by organizing a Food Drive. Giving the gift of life is possible for many of us and the need for this gift is never-ending. Please donate blood if you are able, the life you save may be a loved one, a friend, or someone with no other recourse. **"Save a Life!"**

Due to the upgraded Coronavirus health tiers throughout the state, our traditional Holiday Gathering has been cancelled. In lieu of the customary fundraisers and events, I have asked that each of you who are able to venture out safely to devote yourselves to performing random acts of kindnesses amongst the general public and our communities at large. It is at this time of the year that need is most keenly felt. This year the pangs of need are more apparent than in years past. This pandemic has placed a serious hardship on all: from the average wage earner to the local businesses. Many of our hard-working families are hard pressed not only to put food on the table but also to purchase holiday gifts for the family.

Our local businesses who in the past have been the source of many of our donations to our fundraisers

are experiencing hardships as well. Please be sure to patronize these businesses and show them your support.

This Lions' Year will be regarded as the year of social distancing and countless challenges. We have taken many steps forward only to be thwarted again by the resurgence of this pandemic. At the same time, we have met each challenge with innovation and enthusiasm. Our Lions cannot be kept at bay where there is a need that demands to be satisfied.

Our Lions are resilient and have shown that they are able to **"Roll with the Punches"** and have made every effort to be proactive, meeting every obstacle with an open mind and willing hands. No other District has Lions with such caring hearts and willingness to assist their fellow man. Not only are we serving our communities, but we are also growing in numbers with new members and more hands to help us in our endeavors.

This Pandemic will not go on forever as the prospects of a vaccine is on the horizon. We will weather this storm and emerge stronger and more prepared to serve. Until such time, please remember to stay safe, take care of your families, and find new ways to serve...safely and with purpose. Our thoughts go out to all to enjoy a blessed Holiday Season and a Prosperous New Year.

*Best Wishes for a Merry Christmas
and a Prosperous New Year!*



*Lion Cat, PDG Eric Gon
And Family*

1st Vice District Governor Donna Prince's Message



Season's Greetings Lions,

December is here! It is hard to believe we are nearly halfway through this Lion's year and entered the month when people around the world celebrate many winter holidays including Christmas, Hanukkah, Kwanzaa, Omisoka, Boxing Day and New Year's Eve.

District Governor Cat Gon's theme "Believe in the Power of Service" is especially meaningful right now. This year has been difficult for everyone, but we as Lions can do so much this holiday season to bring a little joy and happiness to people in our communities. So, let's all work to make this season brighter for people of every age. So how do we do that? I'm glad you asked!

- **Christmas Cards and gifts for the elderly** – Contact a local retirement or convalescent hospital or your Meals on Wheels and ask if they would accept signed holiday cards for their residents or clients. Be sure to include a cheery message and include your Lions Club name. Deliver them to the facility for distribution. This can be done all month long. Ask about donating small gifts items too like socks, knitted hats, gloves, toiletries, paperback, coloring or puzzle books, etc.
- **Donate Toys** - There are so many agencies where one can donate toys for needy children of all ages, just Google for a location near you. I checked and immediately found sites for Toys for Tots, the Boys & Girls Clubs, Salvation Army Angel Tree and more.
- **Support Food Banks** – Our food banks are overwhelmed by people needing help right now. Donate non-perishable food items or even better yet mail a check to your local food bank and avoid the shopping trip and delivering the goods.
- **Donate to Animal Shelters** – Let's not forget the fur babies out there! Call you local shelter and ask what is needed. They might request canned or dry dog and cat food, pet beds, toys, blankets

or towels or cash donations. Last year I found the perfect way to use up all the fleece fabric I was hoarding by making blankets of all sizes. The shelter told me the brighter colors are best as they draw the attention of humans and these animals are adopted quicker than the ones with less colorful surroundings.

There are endless other ways to make this season brighter including donating to the many Foundations in our own District. One that benefits our fellow Lions in need is the Lions Medical Emergency Assistance Fund (LMEAF). This fund was founded to help Lions in our District who may need some financial assistance due to health or other emergencies. All funds must come from Lions as they are granted to Lions. If your club has been passing around a container collecting LMEAF money, but hasn't sent it in yet this is the perfect time to do so. If you want to make a donation, please make the check out to "District 4-C5" and note that it is for "LMEAF" and mail to our Cabinet Treasurer Zenny Yagen 8779 Corbally Ct., Elk Grove, CA 95624 If you would like more info on LMEAF, contact District Chair Becky Bell (530) 672-1892.

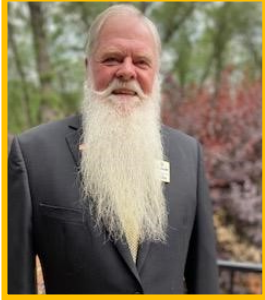
Whatever you to provide assistance this season, please do it fast! Many organizations have deadlines in place to give them time to distribute the goods. As my dear mom often advised, "Don't Dilly Dally around!"

From our home to yours we wish you good health, peace, and a New Year filled with hope for better days ahead!

1st VDG Donna, Lion Brad and family



2nd Vice District Governor Tim Luckinbill's Message



HAPPY HOLIDAYS 4-C5 Lions,

What a great time of the year, three Holidays in two months. As a Lion in each of your areas remember that there are many ways to help those in need around the holidays. What has your Club done, is currently doing or planning to help those in need in your communities? Yes, the COVID virus has put a damper on many events, but as Lions we always find a need to be fulfilled and a way to make it happen.

Veterans Day, a day to remember our friends and family that gave their all for our freedom. There is not much that is as beautiful as a well-groomed cemetery with the fall colors and hundreds of American flags at the Veteran's grave sites. When I'm putting out the flags, it really makes me reflect on what we have had to do to keep our freedom.

Thanksgiving Day, another day of giving and sharing with friends and family. This holiday is all about the food and the family gathering. Although this year our gatherings may be smaller or not at all we can still help our communities. One thing the Lions do is to make sure that everyone has a meal on Thanksgiving. They are either cooking and serving many or working the local food banks to make sure folks have food for their holiday meal. Some Lions will even deliver a meal to the closed in seniors.

Christmas, this holiday is all about the kids. Lions do a great job giving toys, warm clothes, blankets, firewood, and of course, food for a Christmas dinner.

So keep up the good work during this holiday season. It is definitely a time of giving to the many that need help. Thanks to all the hardworking Lions in all our clubs.

I wanted to mention a few things coming in the new year. My club has just received our Student Speakers Contest Packet so for those clubs that participate, be

watching for your packet. Make sure to check the due dates for the different contests. With the COVID virus, things are open for change, much like what we had to do last year in the middle of the contest. I'm sure there will be instructions down the road of how to put on your contest around the virus guidelines.

Peace Poster Contest, see Yolo Sunset Lion Robert Stoermer for more information. Lion Robert has all the details and knows where to deliver the posters so they can get judged. What a bunch of talented artists we have had in the past. If you have never seen all the posters on display, you are missing out on a real treat.

Just a few things to remember about your Service and Club reporting. Please, please, report your activities. This is history being reported, donation dollars being reported, numbers of Lion hours being reported, numbers of people being helped getting reported. OK you got the message REPORT, REPORT, REPORT.

Don't forget to keep those pull tabs coming to myself and PDG Erv Gon. We didn't get to deliver them this year because of the virus, but there will be a truck full to deliver next year. Thank you to all that collect and keep them coming.

Other things to collect are used glasses and used hearing aids. Educate the public on White Cane Day about our used glasses program. Now DG Cat has gotten a hearing aid company, Avalon Hearing Aids in Sacramento, to do hearing aid repairs and distribution to the needy. Contact Lion Arnie Romanello at (530) 274-2274 for hearing aid collection.

I hope you all have a great time during the holiday season, be safe and keep giving.

Where There's a Need There's a Lion

2VDG Tim Luckinbill





Where There's a Need, There's a LION!

GIVING TUESDAY

Fellow Lions,

For most people Thanksgiving and the Holiday Season is about food and family sitting around a table with the one we love enjoying turkey, mashed potatoes, casserole, and pie.

However, as you know, our fellow Californians have been hit by devastating fires, and the COVID-19 pandemic, which are forcing large numbers to go without this Holiday season. Many of our neighbors are looking to their local Lions to help them during this dire time of need. Food banks and community service organizations are seeking our help. We cannot stand by while this devastating suffering afflicts so many among us. We Lions never have, and we never will!

In the past year [California Lions Foundation](#) (CLF) has given out a record number of grants to local Lions Clubs with projects including: a new freezer to the Delta Christian Community Food Pantry, distributing canned food to 150 shut-in seniors and 250 needy families through a partnership with Community's Child food pantry, providing 750 meals per day for those most affected by the Slater/Devil fires, and much more.

We at the California Lions Foundation are counting on each of our Lions Family to come forward this Giving Tuesday, with contributions to help ease the suffering occurring this year. Please help ease the suffering which has hit so many of our California neighbors by making a generous contribution to your California Lions Foundation.

Yours in Service.

A handwritten signature in blue ink that reads "Robt C. Manning".

Lion PCC Rob Manning, President
California Lions Foundation

Or to donate by mail please send your check to:

California Lions Foundation
c/o MD4 Lions Office
129 Los Aquajes Ave.
Santa Barbara, CA, 93101

The California Lions Foundation is a fully tax exempt charitable 501(c)(3) entity, ID #81-2850129

MD-4 Lions Leadership Summit



- "SAVE THE DATE" - MD-4 LIONS LEADERSHIP SUMMIT JANUARY 9, 2021 8:30AM-12:30PM (PST) ONLINE EVENT

Hello California Lions and Beyond! The Multiple District 4 Global Leadership Team is proud to present this, the second in our series of the "MD-4 Lions Leadership Summits" to all California Lions. It is the goal of the Global Leadership Team to provide California Lions with the leadership tools they need to succeed in the current world climate. To Pre-Register for this event simply click on the link below.

<https://us02web.zoom.us/meeting/register/tZMtf-GhqzosE9eS5L3H-T3X9zVk9sLkstT2>

TOPICS:

"Do We Really Want To Do That? Being Relevant and Meaningful" Presented by Lion Jama Wahl from MD1

Click here to get a sneak peek at this topic — <https://youtu.be/rj36RVRkIHM>

Member Retention - "Hakuna Matata" - "What does it mean to you?" Presented by Lion Brian Sheehan, 2nd Intl VP

Click here to get a sneak peek at this topic — <https://youtu.be/49xITLfhWWs>

"A Little Bit Service - A Little Bit Rock and Roll" Presented by Lion Anne Smarsh from MD-19

Click here to get a sneak peek at this topic — <https://youtu.be/RQAxMMKkb20>



For more information and to be placed on the mailing list for this Summit and future Leadership Events and Programs in MD-4

email: norm@lionsleadershipforum.com

or visit our FB page <https://www.facebook.com/MD4LLS>

Thank you for your time...



The Hearing Foundation

A gentle reminder that if anyone has used hearing aids that they would like to donate, they can send them to the Hearing Foundation in Clovis, CA.

It will be greatly appreciated that prior to mailing the hearing aids to the Hearing Foundation, please remove the old batteries to preclude the batteries from corroding.

Please be advised that whoever donates the hearing aids is responsible for the postage for mailing them into the foundation.

Please mail the hearing aids to:

The Hearing Foundation
850 San Jose Avenue, Suite 115
Clovis, CA 93612

Sincerely in Lionism,
RC/LOY Helene Smith

LIONS PRIDE—VOLUME 38—ISSUE 6



Global Membership Team Report

As of November 30, 2020, we have added 63 new, reinstated and transferred members to 20 clubs of our District for a 40%. Our net progress for this year is -9.

Our District is starting off with the following make up of members:

7/1 Total members – 1320	Total Females – 566 (42.88%)	Total Males – 754 (57.12%)
10/1 Current members – 1312	Total Females – 567 (43.2%)	Total Males – 745 (56.8%)

The clubs that have added 2 or more new/reinstated/transfer members during the first half of the year

Esparto Lions	Roseville Host Lions	Sacramento Nepalese Lions
Sacramento Maharlika Lions	Sacramento Malaya Lions	Roseville Sunrise Lions
Galt Lions	Sacramento Mabuhay Lions	Higgins Diggins Lions

DG Cat's second membership goal is to have every club who has under 20 in membership increase to over 20 in membership. Since the starting of the year five clubs has increased to 20 or more. At the same time three clubs has dropped below the 20 member mark:

Colfax	21 members (-1)	Country Club	20 members (-1)
G V Foothill	21 members (-2)	Lincoln Hills	20 members (-2)
Esparto	19 members (+2)	Lincoln Host	19 members (+1)
Penn Valley	19 members (+1)	Rocklin	19 members (-1)
Sac Antelope	19 members (+1)	Davis Aggies	18 members (-8)
Gold Country	18 members	Grass Valley Host	18 members (-1)
Placerville	18 members	Sac Fort Sutter	18 members
Sac Mabuhay	18 members	Nevada City	16 members
Sac Golden State	16 members	Woodland Reveille	16 members
Roseville Host	15 members (+10)	Sac Midtown	15 members (-1)
Winters	15 members (-1)	Newcastle GS	14 members
Sac Nepalese	13 members (+6)	Sac Metropolitan	12 members (-1)
Woodland Yolo	12 members	Delta	10 members
Folsom Lake	10 members (-1)	Citrus Heights	8 members

34 of 50 (68%) Clubs have been visited about Membership

20 of 50 (40%) Clubs have inducted a new, reinstated or transfer member

8 of 8 (100%) Zones have been visited about the Membership

87 Lions attended the New Member Orientation Class

PDG Andy Anderson

District GMT Coordinator/NAMI Champion

Lions Clubs International Foundation (LCIF)

As of today, November 30, 2020, I submit the following report on the District actions in reference to the LCIF.

We are ahead of last year's donations at this time. Total donations reported on LCIF Report for this year 2021-2020 is \$16,666.50. This is 47.6% of Governor Cat's goal of \$35,000.

- ◆ **Total number of clubs donated to LCIF: 50 of 50 (100%)**
- ◆ **Total number of Zones visited: 8 of 8 (100%)**
- ◆ Total number of clubs visited: 35 of 50 (36%)
- ◆ Total number of clubs with a Club LCIF Coordinator: 48 of 50 (96%)
- ◆ Total number of club/district fundraisers conducted for LCIF: 2
- ◆ Total number of 100% Clubs: 0 – Woodland Yolo is submitting their paperwork.

LCIF Helping Hands Award recognizes Lions who promote greater awareness of and support for LCIF at the club, zone, region, district or multiple district level. To be eligible for the award, Lions must promote LCIF either by:

- 1) Making presentations on LCIF at Lions' functions and meetings,
- 2) Writing or placing at least one article on LCIF to local Lions newsletters or websites,
- 3) Sending regular communications about LCIF to clubs members via emails or mail and
- 4) Promoting LCIF giving in other visible manners to Lions or the public.

Any Lion can nominate someone to the District LCIF Coordinator or District Governor for the award. Also everyone in the District is eligible for the award who assist with a Lions fundraiser for the District.

Coming up will be "Operation Clip Sarah," IPDG Lion Sarah will be cutting her hair for LCIF Youth Diabetes. Stay tuned for more information on this fundraiser.

I will continue to match \$20 from every club in our District and will present a Melvin Jones Fellowship to someone in our District.

PDG Andy Anderson
District LCIF Coordinator



Lions Clubs International
FOUNDATION

Lions University Course 124

Submitted by PDG Doug Wight

On Tuesday, November 24, 2020, a new kid on the block joined Lions University as a brand new faculty member under the guidance of the Dean of Bachelors PDG Mike Retzlaff. The new kid on the block was PDG Doug Wight who gave his first performance as a participant instructor of Lions University Course 124, Membership Committee.

But to back track, the idea was presented to me by PDG Mike Retzlaff several months ago to think about joining the faculty for some future course yet to be announced.

PDG Mike kept at me from time to time to prepare for the course and then all of sudden, several months ago he told me the subject would be on a new committee, "Membership Committee." He suggested to me that I should go to Lions Club International's website and review the topic of Membership Chair and I did just that.

The position on club rosters of a Membership Chair has been around for some time and the position carries a lot of

responsibility placed on that committee chair to grow membership and retain those members already on the roster. The membership chair reports to the club officers and board of directors to keep them apprised of membership growth and retention as well as keeping clubs informed on any new orientation ideas shared from the district cabinet.

It became obvious to not only PDG Mike but others that the responsibilities of a committee chair is pretty heavy so why not create a membership committee as the job and responsibilities of membership growth and retention can be accomplished much easier with a full committee doing so.

With that in mind, I was able to take the information described by Lions Clubs International for the position of committee chair and expand on the information provided in order to create a webinar on the subject of membership committee.



PDGs Doug Wight and Mike Retzlaff

I worked with PDG Mike putting together slides for the Lions University Course and he in turn worked with members on the faculty to fine tune and approve the course to be presented by yours truly. Several months ago, PDG Mike advised me that my course has been scheduled for November 24, 2020, and that I should hunker down and get ready for the presentation.

It was an exciting time for me and with several months to work on the slides, time quickly slipped away and all of a sudden, the date was upon me. Usually the participants

access the course remotely via their personal internet access. With my own personal internet access interrupted due to a recent move into a new home, I had very little internet strength at the time of the presentation so I drove to PDG Mike and Lion Sheri's business in South Sacramento and joined them using their internet access to the Lions University courses.

At precisely 5 pm, Pacific Standard Time, PDG Mike introduced partici-

pants to the course and then introduced me and off we went. The course lasted exactly an hour and I was able to read and comment from the slides of the course within the hour's allotted time frame.

The course is heard nationally and I thought I would be nervous but with PDG Mike across the room giving me support and Lion Sheri holding up a sign at the beginning of my reading of the slides to "Slow Down" I got into a slower rhythm and finished the presentation within my allotted hour time slot.

It is now behind me and I want to give my special thanks to PDG Mike for encouraging me to "Step up to the Plate" and going forward with this enjoyable experience.

Once the course was at its end, we were able to debrief and all commented that it went well.

Again, thanks PDG Mike for being there for me!

2021 Youth Exchange Program

Greetings Lions!

We are starting to plan for the next year's Youth Exchange program with hopes of smoother sailing in 2021.

All incoming international students will meet in Camp Pacifica near Yosemite for 6 days from July 6 to July 11 and then have a two-week host family stay. This year we are also inviting our Leos to join the international students at camp so they can learn about the program, become friends with and introduce their guests to the American way of life. In return, our Leos will learn about differences in countries and cultures and also how similar we all are in many ways. NOTE: Japan will not be sending or accepting students in 2021.

We need Lion volunteers to drive the students from San Francisco International Airport to Camp Pacifica, and to assist at camp during the week. Please let me know if you can help!

After camp we will need host families for approximately 40 students. This year the host families are invited to join the campers on the last day of camp, have dinner and stay in cabins overnight so the driving is easier the next day. As always, we encourage you to host two students so they can help each other learn about America.

We are also taking applications for students who want to go abroad. They must be between 16-21 for most countries. Of course, we will be monitoring the COVID restrictions carefully.

Currently the cost of the program is \$100, with the students making their own transportation and insurance arrangements. The fee covers orientation, uniform, backpack, training materials, banners and pins.

Most countries have a host family visit of 1-2 weeks.

In addition, most countries set up their own camp which usually are weeklong and include all the other international students. The fee is set by the hosting country, but the average camp fee is between \$400-600.

Also, MD4 has created a new website for youth exchange under their main website. It contains all the applications and information about the program and replaces the retired website Studenttrips.org. To access the new website, visit LionsMD4.org and select "Resources" in the top menu. The link is on the right side of the page under "Youth Programs."

I am available for Zoom meetings to talk about the Youth Exchange Program and would love to make a club visit! Please contact me by email at Victoriabradly@sbcglobal.net, or call/text me at (916) 439-6487.





Lions Clubs International

November 16, 2020

Dear Friends,

During this time of year The Placerville Lions are usually in the community collecting donations for our White Cane Fund. The money in this fund is given directly back to community members for sight related services.

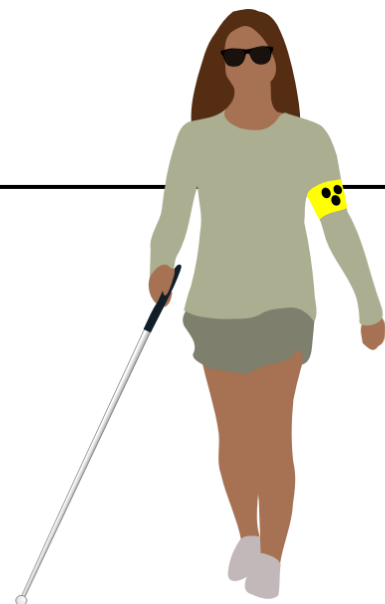
This year due to COVID-19 we will not be able to collect funds in the usual face to face manner. We have many members of our community that are not able to afford eye exams and glasses. Historically, the Placerville Lions have sponsored many community members to cover these expenses to enable them to see properly for school, a job, and everyday life. We are now asking for donations for the White Cane Fund to continue our serves to the community for this valuable and necessary service.

Please send your donations to:
Placerville Lions
P.O. BOX 346
Placerville, CA 95667

Or you can donate on Go Fund Me:
<https://www.gofundme.com/placerville-lions-white-cane-fund>

If you have any questions please contact Gene Tabb III, Chairman of Placerville Lions Club White Cane for 2020 at 530-677-4975

Thank you for your contribution,
The Placerville Lions
96 years of Service for the Placerville Community

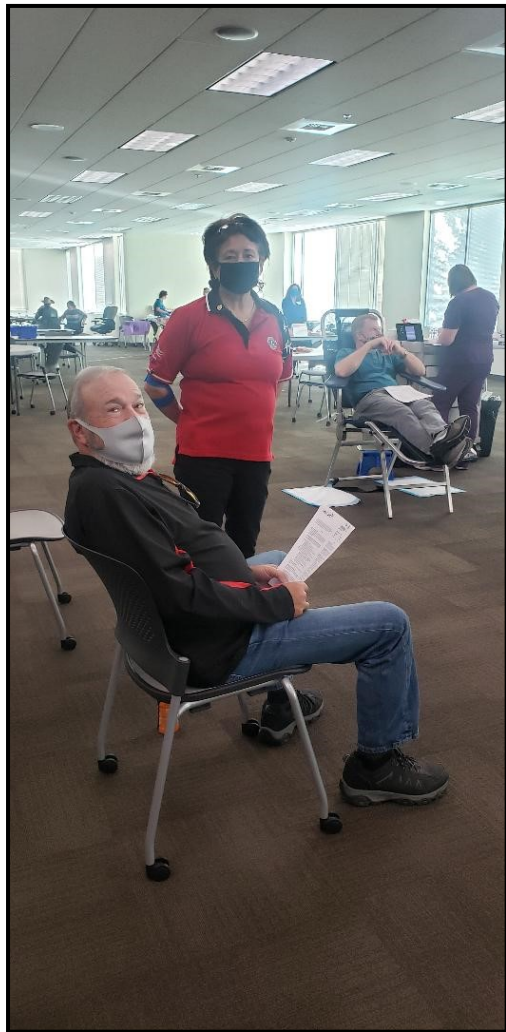


Example for other clubs to use during for the annual White Cane Days Fundraiser in lieu of in person solicitations!



Where There is a Need...

2VDG Tim Luckinbill and Partner in Service brother Char, worked a pile of wood at the Interfaith Church in Applegate. The church had the tree taken down because of a power line clean up. 2VDG Tim asked the church fathers if they would like the wood split up for the needy that come to the food bank at the church. They were very pleased to get the wood split at no cost for their visitors on distribution days. So far three loads have gone to someone who really needs it. When we finish splitting all the wood it will be roughly 4-5 cords and 16 hours of service.



Per PDG Erv Gon, one of the Embarcadero Club members wanted to know how she could get hold of my "fancy" PopTabs collection system. "Cracked" her up when she saw it was a simple used plastic drink cup with a magnetic clip to the side of our refrigerator! It works as alternative although it takes us a year to fill that cup, so many of us participating help create over \$6,700 (about 191 room nights) last year for Families to stay at the Ronald McDonald House Sacramento while their kids are receiving medical procedures at one of the hospitals/medical facilities in the Greater Sacramento Metropolitan Area.



District Governor Cat, Embarcadero Lions Club President Mark Steffens and Club Treasurer Darren Simonds donating to ensure a safe blood supply for our community.

Where There is a Need...



Colfax Lions Club had a late day scheduled on November 13 this year due-to many things going on in the area. For a one-day White Cane affair in the rain, I think the Colfax Lions did pretty good.

We had two locations in town. Location #1 was the Colfax Post Office and location #2 was the Sierra Market. We had 7 Lions manning the two locations with two of the Lions doing a double shift. Many thanks to all the Lions that worked that rainy Friday the 13th: Lions Alan, Gary, Rose, Ted, Tim, Earl, and Dan.

The club total was \$303 from both locations. The Colfax Post Office brought in twice the amount as the market did. A more giving crowd at the post office!

**Use A/C Code
80**

Coordinator
Dr. Dinesh Pokhrel (916-467-3033)
Sujuan Pokhrel (916-236-9702)

Coordinator
Rabindra Pandey (916-272-3600)
Dr. Durga Dahal (916-882-6091)

**EVERY
DROP
COUNTS**

<https://www.facebook.com/Sacramento-Nepalese-Lions-Club-105022254679570>

**BLOOD
DRIVE
2020**

Coordinator
Geeta Neupane (541-620-4240)
Dr. Peetambar Dahal (530-574-1409)
Anup Dahal (530-383-0131)
Puspa Bhattarai (951-756-5958)

Coordinator
Hira Gautam (916-708-3385)
Raj Shahi (916-670-3269)

Coordinator
Suman Shrestha (916-501-8950)
Tanka Bhattarai (530-867-5028)

Project Coordinator
Kishore Sherchand
(916-862-8288)

Vitalant
Fairoaks

Vitalant
Davis

Vitalant
Elk Grove

Vitalant
Sacramento
Midtown

Vitalant
Folsom

Vitalant
Roseville

SNLC's Blood Drive 2020

There is no known end date in this fight against COVID-19, and California needs the help of blood donors to meet the needs of patient care. Donating blood is essential and every drop counts to replenish the depleting stock. Furthermore, People who have recovered from corona could donate their plasma.

Like last year, **Sacramento Nepalese Lions Club (SNLC)** is calling all the generous donors to donate precious blood to this cause. Each donation is a life-saving donation.

It doesn't take time to donate and Vitalant, our partner organization, is

strictly following CDC guidelines to keep all the donors and staff safe. To donate both blood and plasma, on behalf of SNLC, either please contact your nearest Vitalant Centre and use account code 80, or please contact area coordinators for donating blood listed on the flyer.

Where There is a Need...



Elk Grove Lions Club members preparing Tri-Tip dinners to go for a fundraising activity.

Pictured right to left: Lions Stanley Pochop, Jr. Don Thompson, Charlie Brummer, Bob Shipley and Bob Brewer.



Elk Grove Lions Club completely sold out during these challenging times because of their creative ways for "Business as Usual" to enable their Club to continue Serving wherever there's a need! Fresh/Hot & OH so yummy! Pictured below are Lion Bob Brewer, PDG Erv Gon, and Lion Jack Edwards.



Elk Grove Lions Clubs drive-thru Tri-Tip dinner with the assistance of a local Boy Scout troop



Where There is a Need...

The month of November continues to be a busy time for the **Folsom Lake Lions**. We are still meeting (via Zoom) on our regular meeting nights of 2nd and 4th Thursdays. The 10/26 Zone meeting was attended by several of our members. And 6 of our 10 members attended the 11/7 District Cabinet meeting. Lion Evelyn Butler and Leo Samantha Butler participated in the virtual JDRF walk. They both started prior to the actual event, and they both walked 40 miles each! Congratulations to both of them for that big accomplishment.

The Twin Lakes Food Bank held their annual fundraising Gala auction, this year online. Our Club donated three gift cards which were sold at a slight profit at the auction. And our Club also purchased 12 Kindles on Prime Day to be used as prizes for the Spring reading contest at one of the local elementary schools.

The Folsom State Prison (FSP) was "shut down" due to the Covid virus. This means that the FPVI coordinator PDG Don Ring has not been allowed to deliver eyeglasses and the inmate participants in the Hooks and Needles project have not been working. Our Club's ongoing eyeglass recycling project is active; however, we are still collecting from our regular sites in Folsom. We recently had a large donation from the Flying Samaritans.

The EDH Legacy Leos Club (sponsored by Folsom Lake Lions) have accepted the job of sorting and counting the large backlog of eyeglasses that we have accumulated. Gail O'Brien, our Coordinator with the FSP Hooks and Needles project, has accumulated 20 bags of yarn, many donated to us at the Folsom Community Services Day. She is hoping to receive approval soon from FSP to deliver them.

Below is a photo of Gail and all her yarn in what used to be her living room:



Since we canceled our one fundraiser of the year - the annual January crab feed - we have been discussing various ideas for other fundraisers. One of our Members, Lion Gail, is sewing facemasks which the club will be selling for \$10 each.

Some other ideas were online sales and/or donations of miscellaneous items, participation with other club craft sales, yard sales, grants, etc. We were going to participate in the 11/7 Country Club garage sale, but it was canceled. We are now planning to participate in the May 2021 Serrano (EDH) Neighborhood Garage Sale. Our president Evelyn lives in Serrano.

We are hoping all of you Lions and Leos and your families had a great Thanksgiving.



Higgins Diggins Lion Linda Phelps was presented with the Student Speaker Foundation's Harry J. Aslan Award for serving as the Contest Chair for her club. The presentation was made by President and ZC Laura Barhydt and PDG Andy Anderson.



Where There is a Need...

Finding new ways to raise funds and serve, **Higgins Diggins Lions Club** held a drive-up pasta dinner on Saturday, November 21st at their hall. The profits from this event were donated to Lions Clubs International Foundation (LCIF) and California Lions Foundation (CLF).

Just over 200 dinners were packaged and picked up from 3:30pm to 5pm in the parking lot. The menu included penne pasta with meat sauce, garden salad and dressing, French bread and butter, chocolate chip cookies, winter-green mints and See's suckers wrapped with ribbon by Lion Jackie Dickey. The meal was a great bargain at just \$10 a person.

her purchase of 12 tickets.

The club was very happy with the net results from this first-time venture. LCIF and CLF will each receive \$727.50. Compliments were quickly posted on Facebook by happy pasta eaters with many asking,



1VDG Donna Prince preparing the pasta



PDG Andy Anderson collected the pre-sale tickets from guests and handed out the dinners while Donner Region Chair and District Lion of the Year Helene Smith offered boxes of See's Candy for sale to customers waiting in the vehicles.

Sierra Zone Chair and Club President Laura Barhydt and Lion Michele LaGamma packaged the dinners prepared by the kitchen crew of 1st VDG Donna and Lion Brad Prince, Lion Linda Phelps and Lion Janet Proctor.

Nine happy first responders from Higgins Fire District and CalFire were the recipients of donated dinners courtesy of DG Cat and PDG Erv Gon, Lion Penny Lucas and RC Helene and Lion Sandy Smith.

The Club LCIF Chair Pat Tavare was the number one supporter of the dinner with

"When is the next dinner?"



ZC Laura Barhydt and another Lion prepping dinners



Where There is a Need...

Woodland Host Lion Kitty Kramer, has lead the Department of Motor Vehicles (DMV), eyeglass collection for the past 10 years!

DMV has many charitable causes they support and for which they raise funds, including:

- ◆ March for Babies
- ◆ Turkeys (for local food banks)
- ◆ Our Promise Campaign (donations to employee's choice)
- ◆ Sacramento Race to Feed the Hungry
- ◆ And others

Since the eyeglass donations is a matter of collecting used eyeglasses, this benefits the Folsom Project for the Visually Impaired.

Each October, Lion Kitty, with the approval of the DMV Director, solicits donations. The field offices, driver safety offices, and headquarters offices all send their donations to specific locations. The counts for each box are tallied and placed in larger paper boxes to reduce the number of boxes. Since there are approximately 176 offices, this could get crazy!

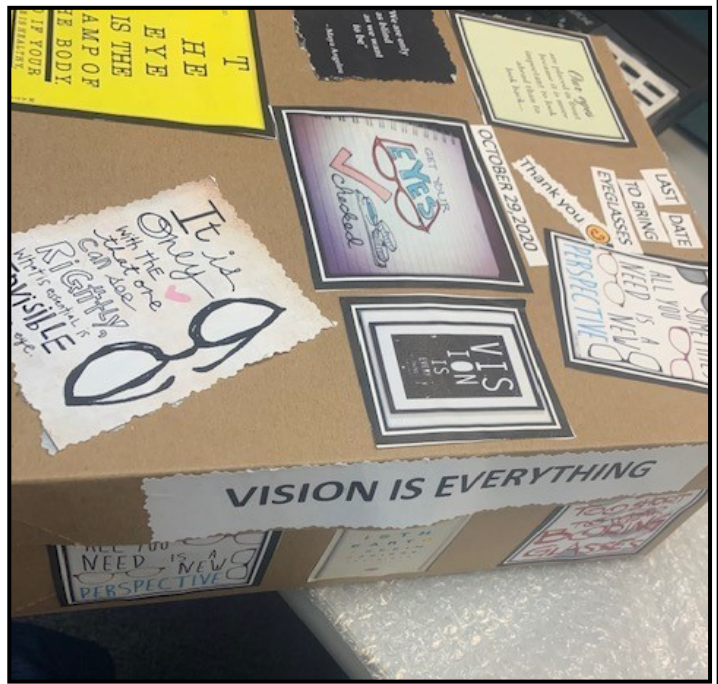
Tallies have been kept over these 10 years and 12,776 pairs of glasses have been donated! Lion Kitty stated she was surprised that 1,076 were collected this year since many headquarters staff work from home.

Lion Kitty encouraged offices to decorate their collection boxes. At right is one of many that she received!

Lions Kitty and Dennis Kramer delivered five paper boxes to PDGs Carol and Don Ring the week before Thanksgiving.

There were also a number of non-prescription sunglasses (a lot of customers forget to grab them before leaving) and will also be given to PDG Don Ring.

So, the next time you visit DMV, remember that these employees have heart and gladly donate to many fundraisers throughout the year!



Grass Valley Foothill Lions members hard at work prepping dinners.

The Nevada County Fair is in financial difficulty, since most of their revenue raising events in 2020 have been cancelled due to the pandemic. The **Grass Valley Foothill Lions** partnered with the Nevada County Fair Foundation to hold a fundraising event, selling holiday meals for pick up at the fairgrounds the Tuesday before Thanksgiving. The Lions prepared the food, consisting of pulled pork sandwiches, baked potatoes and coleslaw.

The task was to cook 300+ pounds of pork, 650 potatoes, and prepare 160 pounds of coleslaw. Fortunately, 11 Foothill Lions participated making the task go smoothly. This was a great turnout to achieve during the current pandemic situation. Over \$7,000 was raised (before expenses), all of which will go to support the Nevada County Fair. Great job, Foothill Lions!

Gone, But Not Forgotten



Roy Kirkpatrick, Country Club Lions

L. A. Oliveira, Auburn Host Lions



Lion Alex Blanca Misses All His Lions Friends

Dear District 4-C5 Lions,

We would like to report that Past Lion of the Year Alex Blanca, Newcastle Golden Spike Lions Club, is now staying with his daughter, Stacy.

Her address and phone number are as follows:

1712 Oakview Drive
Roseville, CA 95661
(916) 768-8092

For those who wish to call and/or send him well wishes, here is his cell phone number: (916) 807-0790.

Let us keep Lion Alex and his family in our thoughts and prayers.

Sincerely Yours in Service,
Lion Cat Gon
District Governor



Welcome New Club Members—November 2020

HELLO



Name	Club Name	Zone	Region
Dix, Alison	Roseville Host	Eureka	Washoe
Garcia, David	Galt	Sutter	Sacramento
Holloway, Sean	Galt	Sutter	Sacramento
Kafle, Ravi	Sac Nepalese	Gordon	Dos Rios
McKenna, Coveney	Galt	Sutter	Sacramento
Mitchell, Samuel	Galt	Sutter	Sacramento
Romano, Shelly	Galt	Sutter	Sacramento
Snoe, Brian	Galt	Sutter	Sacramento

2019-2020 Cabinet Officer Contacts

CABINET OFFICERS	PHONE	EMAIL
Cat Gon, District Governor	(916) 427-5747 (hm) (916) 607-0556 (cell)	dg@district4c5.org
Donna Prince, 1st Vice District Governor	(530) 268-0906 (530) 305-8077 (cell)	1vdg@district4c5.org
Tim Luckinbill	(530) 272-7131	2vdg@district4c5.org
Dave Evans	(916) 267-8425	cs@district4c5.org
Zenny Yagen, Cabinet Secretary	(916) 599-6544 (cell)	ct@district4c5.org
PDG Carl Burson Jr., DG Advisor	(530) 346-9940	bristlecone@wildblue.net
PDG Rich DeCuir, DG Advisor	(916) 624-9210	rbdecur@sbcglobal.net
DONNER REGION	PHONE	EMAIL
Region Chair, Helene Smith	(530) 367-6583	donnerregion@district4c5.org
Foothill Zone Chair, Lindalee Talso	(530) 210-7465	foothillzone@district4c5.org
Sierra Zone, Laura Barhydt	(530) 913-6659	sierrazone@district4c5.org
DOS RIOS REGION	PHONE	EMAIL
Region Chair, Dave Stoermer	(530) 402-1818	dosriosregion@district4c5.org
Gordon Zone Chair, Carlos Carvajal	(530) 753-0980	gordonzone@district4c5.org
Wolfskill Zone Chair, Ann Alvarez	(916) 601-9895	wolfskillzone@district4c5.org
SACRAMENTO REGION	PHONE	EMAIL
Region Chair, Cecille Presley	(916) 397-6391	sacramentoregion@district4c5.org
Crocker Zone Chair, Josephine Fong	(916) 997-4427	crockerzone@district4c5.org
Sutter Zone Chair, Eddie Aducayen	(916) 690-5323	sutterzone@district4c5.org
WASHOE REGION	PHONE	EMAIL
Region Chair, Dusty Harrison	(916) 759-3759	washoeregion@district4c5.org
Eureka Zone Chair, Merita Sumovic	(916) 960-9133	eurekazone@district4c5.org
Marshall Zone Chair, Evelyn Butler	(916) 990-4826	marshallzone@district4c5.org

Continued on next page

2020-2021 Global Action Team and LCIF Coordinator

NAME	PHONE	EMAIL
PDG Nick McNicholas Global Leadership Team Coordinator	(530) 908-2048	glt@district4c5.org
PDG Andy Anderson Global Membership Team Coordinator	(916) 687-8133 (hm) (916) 955-3882 (cell)	gmt@district4c5.org
Lion Jeri Wartena Global Service Team Coordinator	(916) 217-9486	gst@district4c5.org
PDG Andy Anderson Lions Clubs International Foundation Chair	(916) 687-8133 (hm) (916) 955-3882 (cell)	lcif@district4c5.org
PDG Nick McNicholas MD-4 CA Lions Foundation Chair	(530) 908-2048	glt@district4c5.org



Share your club's event flyers to advertise throughout the district!!
Send information to the following:

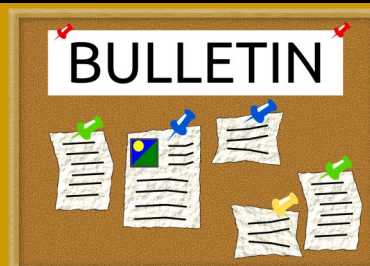
1. Email blast messages—sarahte@comcast.net (NEW)
2. Webmaster—webmaster@district4c5.org
3. Facebook—pr@district4c5.net
4. Pride Bulletin—denandkitk@aol.com



Pride Bulletin Editor:
Kitty Kramer
denandkitk@aol.com

Please forward all articles and photos

(please identify who is in photos) by the 25th each month!



To Qualify for Club District 4-C5 Bulletin Contest:

Mail or email your club bulletins to:

1. Kitty Kramer, denandkitk@aol.com
2. DG Cat Gon, dg@district4c5.org
3. Cabinet Secretary Dave Evans, cs@district4c5.org