



Lions Pride

DISTRICT 4-C5 *DG Donna Prince*

Sept. 5, 2021
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Issue 3

As Caldor Fire Threatens, District 4C5 Lions Mobilize to Provide Disaster Relief with Aid from LCIF



INSIDE THIS ISSUE

District Governor Donna's Message2

1VDG/2VDG Messages...5, 7

Membership News.....9

New Members10

Leadership.....13

Cabinet Meeting14

Cabinet Officers.....17

Caldor Fire Relief.....19

Lions Pride Throughout the District.....22

District and Club Events and Calendar.....31

Editors' Notes.....35



District Lions provided evacuees at the Cameron Park Community Center with clothes, pillows, blankets, cleaning wipes, and towels. [Left to right, CS Evelyn Butler, 2VDG Zenny Yagen, Disaster Relief Chair PDG Mike Retzlaff, RC Josephine Fong, DG Donna Prince and Lion Bing Ventura]



DG DONNA PRINCE

“SERVING TOGETHER FOR THE GREATER GOOD”

Dear Lions and Leos,
So much has taken place this month I barely know where to start, so I will begin with the first week in August.



Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you. ~ Diana, Princess of Wales



Lions Clubs International Foundation's Emergency Grants provide up to US\$10,000 for districts impacted by a natural disaster. Lions' district governors may apply for Emergency Grants to help meet immediate needs such as food, water, clothing, and medical supplies. LCIF awards nearly US\$2 million in emergency grant funding each year.

The Council of Governor's Meeting was held in Irvine, CA, August 5-8th. VDGs Tim Luckinbill, Zenny Yagen and I spent the weekend at various meetings and caucus sessions addressing MD-4 business. One agenda item was selecting the Student Speaker Contests topic: "How Can Kindness Reunite Our Country?" Our District Chair is 2VDG Zenny and she is urging all clubs to order their kit from the MD4 before October 1st (after that date there is a charge).

Just before we left for Irvine, the River Fire started in the Colfax area. 1VDG Tim and Mary Ann were evacuated from their home, but were able to return. We were updated often on the fire status and the relief efforts. The community stepped up and provided shelter, food and other items the evacuees needed, so much so that the shelters closed after just a few days. While more than 100 structures were destroyed, this fire could have been much worse.

Sadly, on August 14, the Caldor Fire ignited in El Dorado County. As of this writing, over 219,000 acres have burned and the fire is only 19% contained. The number of structure destroyed is over 1,000 with many more threatened. The day after the fire start, more and more people were evacuated and the number of shelters grew quickly, from two to five, with four more faith-based shelters established.

On August 19 at 11pm, I decided to apply for an Emergency Disaster Grant for \$10,000 from Lions Clubs International Foundation (LCIF) to purchase basic necessities for the evacuees (blankets, clothing, toiletries, etc.). Within 11 hours, the grant was approved. Our Cabinet Secretary Evelyn Butler, who lives in El Dorado Hills, was already busy



coordinating with the El Dorado County Community Foundation, who coordinated with the American Red Cross and the faith-based shelters,

tracking the locations and needs of evacuees. She started a master list of requested items and began contacting our Lions for donations. The response was immediate, proving again, ***“Where There’s a Need, There’s a Lion”***.

Our Global Action Team Coordinators, Jeri “JT” Retzlaff, Jeri Wartena and PDG Andy Anderson immediately went to work as soon as our District Disaster Chair PDG Mike and Lion Sheri Retzlaff offered their warehouse as the collection and distribution point. JT volunteered to serve as the intake manager and began the cataloging of items.

Our clubs quickly acted when notified of the urgent need for towels, washcloths and pillows. LCIF grants are quite restrictive regarding what items the funds may purchase and the Governor is asked to specify what the money will purchase. In a nutshell, the grant covers basic necessities to benefit people (such as food, water, clothing, toiletries, first aid items, flashlights, bedding). Since the shelters had not requested towels and pillows when I applied for the grant I did not include them. Our Team was concerned LCIF would deny the items, thus our Lions were asked to help.

On August 25, our Disaster trailer driven by PDG Mike, delivered items to three evacuation sites assisted by many of our Lions. Tables were set up and the evacuees could receive what they needed. I helped at two sites and it was a very emotional experience. To see people who had no idea if their home was still standing, thank you profusely for a blanket and pillow or a sweatshirt is very humbling.

As I write this message our individual members

and Clubs have donated nearly \$8000 in cash and goods for this relief project. Unfortunately as the fire rages on, the need will grow. The evacuation area is expanding and as people who have been staying in hotels exhaust their funds they are expected to enter shelters.

As news of the Caldor Fire spread, I received an email from Past Council Chair Bob Stewart, who is the President of the California Lions Foundation (CLF). He informed me that CLF has disaster grants available and indicated I could apply for one if our need to assist continues. Our Disaster Team will evaluate our donations and the situation at the shelters and the decision will be made whether to apply for the CLF grant.

Both the LCIF and CLF grants are available to Districts because of the donations our members and clubs make to both foundations. Thank you for supporting both.

Our first District Cabinet Meeting at William Land Park sponsored by the Sacramento on August 21st was fabulous! Region Chair Josephine Fong put in a special order for cooler weather and Mother Nature heard her! Zone Chairs Jack Edwards and Brent Showalter along with all the clubs in their Zones stepped up and delivered a fun-filled day that started with a Continental breakfast and great forums and ended with Bingo and a nice sack lunch. I sat with PDG John Lynch and Gloria and it was fun to see them pull the treats out of their bags. PDG John wanted to swap his chocolate chip cookies for Gloria’s fudge cookies but she didn’t go for it! ***Thank you for all your hard work Sacramento Region, the Cabinet Meeting was perfectly wonderful!***

In the past two months I have truly enjoyed the visits to your clubs with our Cabinet Members. The opportunity to meet our amazing Lions and to see the enthusiasm you have for serving others is



very inspiring. And it is very exciting to see our Pride grow every week! I love presenting my purple District Governor pin to new Lions and you their Sponsors. Please keep sharing the joy service as a Lion brings to you by inviting others into our family.

In closing, I want to say that I am so proud and honored to serve as your District Governor. C5 has the most dedicated Lions in all of California and beyond, and I brag about you to my fellow District Governors every time we meet!

Sincerely,

DG Donna and Lion Brad Prince

“Serving Together for the Greater



Driven by Disaster Relief Chair PDG Mike Retzlaff, District 4-C5's Disaster Trailer transports emergency equipment and relief supplies.



CS Evelyn Butler and DG Donna Prince filled three shopping carts with blankets and clothes.



Lions Kendra and Mark Bambas, GLT JT and Lion Lynn Ventura helped deliver and sort items.

2VDG Zenny Yagen, RC Josephine and PDG James Fong helped pack the donations from Camellia Lions.



District Governor Donna's Focal Foundations



Lions Club International Foundation: Our mission is to empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding.

<https://www.lionsclubs.org/en/discover-our-foundation/mission>



California Lions Foundation: California Lions Foundation (CLF) is a California, non-profit, tax-exempt, 501(c)(3) corporation with the sole purpose of providing designated and matching grants to California Lions Clubs and California Lions Districts. <https://californialionsfoundation.org/>



GREETINGS FROM 1VDG TIM

LEADERSHIP ON THE HORIZON

It is a good day to be a Lion.



Especially when you see all the activities that are going on like the disaster relief for the evacuees, due to the wildfires in Northern California. District 4C5 has pulled together and done some amazing things in the past month. **A BIG THANK YOU** to DG Donna for applying for the LCIF Grant, to CS Evelyn Butler for doing all the organizing and contacting the right people to get things done, to the Retzlaff family—PDG Mike, Lion Sheri and Lion JT—for pulling all the items together, and to all the Lions delivering them. I know there are many Lions helping, so thank you to all for your service, and a great job well done.

In the Donner Region, there has been a five-day long Annual Nevada County Fair. It is one of the best County Fairs in the state of California and has up held that title for many years. **A SPECIAL THANKS TO ALL THE VISITING LIONS FROM 4C5 THAT CAME TO THE FAIR AND MADE IT A SUCCESS** by giving your free time to help the local clubs (Nevada City Lions, Gold Country Lions, Foothill Lions, Grass Valley Host Lions) and to serve the public of the county.

Another area that could use our help is our very own Camp Ross Relles. The staff has opened the camp to campers this summer and they need help. Some of the cabins need some attention, they always need help in the kitchen, and drivers to get the kids to camp (don't

forget Youth Protection Policy when transporting youth).

Yes, it is time to get certified to be with youth younger than 18. California is one of the first and I think it will become Lion policy in the future. **THANK YOU ALL that work so hard at camp to make these young kids welcomed.** They truly love the week long camps.

We can't forget the pilots that fly the kids from all over California to Grass Valley and sometimes Auburn. Some of the planes will hold four to six people. If there is a child that needs to fly to Grass Valley from LA, the pilots are there and willing to take that child all the way here and all the way back home after a week at camp. And the Pilots love doing it.

Our International President, Douglas X. Alexander is a working Lion just like us at 4C5. If you haven't read his article in the Lions Magazine, please do.

Give us a project and we are off and running. **My wife, Mary Ann, and I have signed up to clean a stretch of Highway 174 near our home.** The reason being we drive it often



Photos courtesy of Mary Ann Luckinbill

and it looks like a dump. While we were working this weekend, I was thinking about how tough it is to keep the stretch of highway nice-looking. But, as I was going through a ton of recyclables after we got home, it really wasn't all that bad. Everything about a highway clean-up is a plus, we keep all the recyclables and the cash when it's turned in, which equals **donation money**. Recyclables also equal a lot of ***PULL TABS*** for Ronald MacDonal House.

We've even found tools that fell off of trucks—power tools and some hands tools. We've found cash, sometimes coin, and sometimes paper. Cell phones are sometimes lost off the back of a vehicle as people have forgotten they left them there. Cash rewards for a lost cell phone also equals more donation money. If you're looking for exercise, this effort will take you on a walk for two to four miles with each clean-up. But the best thing is how nice it will look, for awhile, when you drive to town and back. The first pick-up is always the hardest. I don't think our area has been cleaned in years. When we jumped in the truck at the end of our work, the truck bed was totally full. We find a easy turnout for Cal Trans, drop the trash bags and other debris, which they pick up at a later date. And this means—another good service project under our belts. If you're looking for a good workout, sign up for a highway clean-up!

Keep in touch and I'll see you at the next visitation!
Be safe and stay healthy, **1VDG TIM**



Just some of what was collected



Important Dates



October 1: Vision: Eyeglass Collection Project Begins

October 14: World Sight Day

October 24: United Nations Day



PEACE POSTER CONTEST

Lions Clubs sponsoring a Peace Poster Contest need to order their Contest Kits ASAP from LCI's online shop. Entries must be submitted at the November Cabinet Meeting. Contact Lion Robert Stoermer with any questions. rastoermer72@gmail.com

2VDG ZENNY YAGEN

INSIGHTS ALONG THE JOURNEY TO DG



Welcome to Autumn

This month has just flown by, and summer is nearly gone. My grandchildren have started school and it used to be that once the State Fair was over, Fall is coming and it's time to start planning an outing to Apple Hill. This is one of my family's favorite Fall outings. Just thinking about this is making me want to eat an apple pie or an apple fritter – all the delicious food fare at Apple Hill. But enough of that I'm getting hungry.

At the beginning of the month, I attended the MD-4's 2nd Vice District Governor's (VDG) leadership training in Irvine. I want to share my experience at this training because I thoroughly enjoyed it and I learned much. The three leadership trainers were wonderful and knowledgeable about their subjects. They made things interesting, enjoyable, interactive, and most of all, fun. In my mind those are the important aspects of an effective training session. In addition, I was able to get to know the members of my Council and meet some of the 1st VDGs who attended the training. It was a worthwhile training that will carry me through the leadership ladder.

Having said all that, I also feel that we are very fortunate in this District as we have great and effective trainers. They too are very knowledgeable with their subjects, and they make their sessions interesting and fun. During the last two years because of the Pandemic, the District Officers Trainings were conducted via Zoom, it seemed more club officers had taken advantage of the Zoom trainings. While I'm a huge proponent of having Zoom meetings and trainings because you can be an active participant without leaving the comfort of your home; conversely, in-person training provides opportunities such as team building exercises, one-on-one discussions, camaraderie, developing friendships and going out to lunch afterwards. Zoom and in-person



trainings are both effective and fits the needs when appropriate. Our District is fortunate to have leaders and trainers that are in the know.

To continue touting our District, wasn't the Cabinet Meeting in the park just wonderful? I want to applaud all the hard work and endeavors of Sacramento Region Chair Josephine Fong, Crocker Zone Chair Brent Showalter, Sutter Zone Chair Jack Edwards, and everyone who was involved in making our first Cabinet Meeting a success and unforgettable. While the weather was a little cooler for August, it was still very delightful being outside in the park – and without too much smoke. The venue was certainly unique – a novelty. This was something we needed after a year of the restrictions and limitations of the Pandemic. It was my first Cabinet Meeting as a 2nd VDG, and I truly enjoyed it; I believe everyone else did as well. We were able to accomplish what we needed to do and have a great time. This makes our District a leader in MD-4.

Until next time ...

Lion Jenny Yagen

2nd Vice District Governor



PCC Derek Ledda, RC Josephine Fong, District Chaplain Susan Giles, Lion Gail O'Brien assisted 300+ evacuees with blankets and clothing.



Lion Lynn Ventura and GST Jeri Wartena inventory towels.



Lion Bing Ventura, PDG James Fong, Lion Sheri Retzlaff and RC Josephine Fong filled this truck with towels, blankets, and pillows.



Lions Susan Giles and April Marskell have smiles from helping others.



PDG Andy Anderson is an expert with a pallet jack.

Cabinet Officer

PDG Andy Anderson,
GMT Coordinator

As of August 30, 2021, we have added 45 new, reinstated and transferred members to 20 clubs of our District. We lost a total of 17 members, giving us a net growth of 28 so far for this year.

Our District's current make up of members is as follows:

Total members – 1264

Total Females – 569 (45%)

Total Males – 695 (55%)

District Governor Donna's first goal is to have every club increase by 4 members. The clubs that have added 2 or more new members during the first quarter are:

Sacramento Camellia LC (7)

Sacramento Valley Hi LC (6)

Colfax LC (3)

Davis Aggies LC (3)

Downieville LC (3)

Penn Valley Hi-Graders LC (3)

Citrus Heights LC (2)

Country Club LC (2)

Folsom Lake LC (2)

Sacramento Malaya LC (2)

DG Donna's second membership goal is to have every club who has under 20 in membership increase to over 20 in membership. The following clubs started the year under 20 in membership and the information blue/red shows their increase or decrease in membership for this year.

GV Foothill	19 members	Lincoln Hills	18 members
Lincoln Host	18 members	Sac Fort Sutter	18 members
Sac Mabuhay	20 members (+1)	Placerville	17 members
Rocklin	17 members	Sac Nepalese	18 members (+1)
Gold Country	16 members	Grass Valley Host	17 members (+1)
Penn Valley	19 members (+3)	Country Club	17 members (+2)
Nevada City	16 members (+1)	Woodland Reveille	15 members
Winters	14 members	Sac Golden State	13 members
Sac Midtown	13 members	Woodland Yolo	13 members
Folsom Lake	13 members (+2)	Newcastle GS	10 members
Sac Metropolitan	9 members	Citrus Heights	10 members (+2)
Davis Aggies	10 members (+3)(-1)	Delta	7 members (-1)

Now for the numbers:

17 of 50 (34%) Clubs have been visited about Membership
20 of 50 (40%) Clubs have inducted a new, reinstated or transfer member
4 of 8 (50%) Zones have been visited about the Membership



Welcome

District 4-C5's Newest Members for August 2021

Name	Club Name	Zone	Region	Month
Aguilar, Maria	Sac Valley-Hi	Sutter	Sacramento	Aug 21
Antipuesto, Josefina	Sac Valley-Hi	Sutter	Sacramento	Aug 21
Behlke, Judi	Downieville	Sierra	Donner	Aug 21
Campbell, David	Downieville	Sierra	Donner	Aug 21
Campbell, Karen	Downieville	Sierra	Donner	Aug 21
Castel, Lyn	Sac Valley-Hi	Sutter	Sacramento	Aug 21
Fortis, Sylvia	Sac Valley-Hi	Sutter	Sacramento	Aug 21
Harkin, Glinda	Colfax	Foothill	Donner	Aug 21
Jones, Michael	Mabuhay	Crocker	Sacramento	Aug 21
Khandka, Prakash	Sac Nepalese	Gordon	Dos Rios	Aug 21
Liao, Bixian	Sac Camellia	Crocker	Sacramento	Aug 21
Llenas-Rossi, Francisca	Sac Embarcadero	Crocker	Sacramento	Aug 21
Madariaga, Leticia	Sac Valley-Hi	Sutter	Sacramento	Aug 21
Mazorra, Dan	Penn Valley	Sierra	Donner	Aug 21
Mazorra, Debbie	Penn Valley	Sierra	Donner	Aug 21
Pancho, Aurora	Sac Malaya	Crocker	Sacramento	Aug 21
Phillips, Ryan	Pride of Laguna Cr	Sutter	Sacramento	Aug 21
Rogers, Jeremy	Colfax	Foothill	Donner	Aug 21
Rushing, Audrey	Davis Aggies	Gordon	Dos Rios	Aug 21
Sapigao, Megan	Sac Malaya	Crocker	Sacramento	Aug 21
Song, Wendong	Davis Aggies	Gordon	Dos Rios	Aug 21
Swanson, Mark	Penn Valley	Sierra	Donner	Aug 21
Triebess, Douglas	Rio Linda	Wolfskill	Dos Rios	Aug 21
Ubungen, Cleo	Sac Valley-Hi	Sutter	Sacramento	Aug 21
Vo, Christina	Davis Aggies	Gordon	Dos Rios	Aug 21
Yin, Kelly	Sac Camellia	Crocker	Sacramento	Aug 21
Yun, Crystal	Sac Camellia	Crocker	Sacramento	Aug 21

IN MEMORIAM



Lions Gone, and Never Forgotten *August 2021*

Name	Club
Mark K. Stone	Pride of Laguna Creek
Ophelia E. Riego	Sacramento Valley Hi



Afterglow

*I'd like the memory of me to be a happy one.
I'd like to leave an afterglow of smiles when life
is done.
I'd like to leave an echo whispering softly down
the ways,
Of happy times and laughing times and bright
and sunny days.
I'd like the tears of those who grieve, to dry
before the sun;
Of happy memories that I leave when life is
done.*

~Helen Lowrie Marshall



FUNDRAISERS FOR LIONS CLUBS INTERNATIONAL FOUNDATION (LCIF)

PDG Andy Anderson



The following are the District 4-C5 fundraisers for Lions Clubs International Foundation (LCIF) for 2021-2022 that have been approved by District Governor Donna Prince.

Bowling Tournament will be held when the bowling lanes are open for business. The total net profit will be split between LCIF/CLF (California Lions Foundation). Tentative date is February 26, 2022.

LCIF Board: A board with 100 squares will be sold for a Melvin Jones Fellowship (LCIF) or a Kay K. Fukushima Award (CLF). The first number drawn will have a choice of awards.

Each Zone Chair has been given a board with 50 squares on it; the cost is \$20 per square. We hope to present a Melvin Jones Fellowship in each Zone to be given out during the District Convention.

Other fundraisers that will be conducted by Lions and/or clubs in our District:

Individual fundraisers for LCIF/CLF will be done by **Lion Sheri Retzlaff and Lion Eddie Aducayen**, who will be producing a **record/CD** with songs that they will be singing. The record/CD will be for donations only.

Individual fundraiser for **LCIF Childhood Cancer** will be held by **PDG Sarah Enloe**, her two daughters-in-laws and her granddaughter. They will be cutting their hair for Childhood Cancer.

Individual fundraiser for LCIF/CLF will be made by **PDG Mike Retzlaff and 1VDG Tim Luckinbill**. They will start the ground work for the **Lions Car Show**. More information will follow.



GLOBAL LEADERSHIP TEAM ("GLT") NEWS

GLT Coordinator
Jeri "JT" Retzlaff



Guiding Lion Program

This Fall we will be revitalizing our Guiding Lion Program. What is the Guiding Lion Program? The Guiding Lion Program is a twofold program – on one hand, the Guiding Lions are there to help new clubs master the steps to be a successful club; on the other hand it is a program to help clubs that are struggling – whether that struggle is membership, setting goals or finding your focus. Guiding Lions are assigned for a two-year term by the district governor in consultation with the sponsoring or established club president.

Guiding Lions assist a club to:

- Be successful in its first two years of operation
- Orient and train club officers and members
- Motivate and support club growth and development
- Locate resources available to assist the club

If you think you'd like to help support a new club or assist a club that needs some help – let me know. If you are a club that would like some help – let me know.

As a District, we are only as strong as our weakest club. Guiding Lions can help in lots of ways – they can be mentors to club officers, helping them with questions they have about the position. They can be facilitators that can help a club through the Club Assessment process and set goals. They can be cheerleaders as clubs grow and develop.

District Governor Donna's theme is "Serving Together for the Greater Good." The Lions of District 4-C5 do this better than anyone I know. We serve our Clubs, our District and our Communities. We are a Pride of Great Lions willing to help everyone that needs a hand.

Please Contact:
Jeri 'JT' Retzlaff
Email: jeri.retzlaff8331@gmail.com
Cell: (916) 206-3678

Guiding Lions are mentors,
facilitators and cheerleaders.

District 4-C5 Cabinet Meeting Hosted by the Sacramento Region

Lions Summer Fun in the Park

Saturday, August 21, 2021 from 8:30 a.m. to 1:00 p.m.

William Land Park Picnic Areas 8 and 9

Corner of 17th Ave and Land Park Dr

District 4-C5's First Cabinet Meeting Submitted by RC Josephine Fong



Had you ever thought of needing to wear a jacket in the middle of summer in Sacramento? Well, that was exactly what happened on August 21, 2021. On that day, District 4-C5 had its first Cabinet Meeting. It was hosted by the Sacramento Region, which consists of the clubs in the Crocker and Sutter Zones. Surprisingly, the weather that day was exceptionally cool!

This Cabinet Meeting took place outdoors in the park. This was the first time this has occurred due to COVID-19 health concerns about having meetings with a large congregation of people indoors. The location was a picnic area in William Land Park adjacent

to Fairytale Town and across the street from the Sacramento Zoo. The entire area was shaded by a canopy of trees. It was spacious and easily accommodated a hundred people with many picnic tables and benches throughout. There was space for Foundations and Causes to display information, including the District Service Activity: the collection of expired or unused medication by Lion Lynn Ventura.

We anticipated it to be a hot day since it was the middle of August and rightly so because the week before temperatures ranged in the 100's. So the Meeting was designed to be short and sweet. The agenda followed those of past Cabinet Meetings with slight modifications. A continental breakfast hosted by the Sutter Zone clubs was served before the Meeting. The Meeting began with the usual flag salute and song, followed by reports from the various District Committee Chairs and a special report by Lion Dr. Ernie Takahashi on the University of California, Davis Eye Center Grant.

*Photos courtesy of
PDG James Fong*



After a short break, Lions attended a Forum of their choice. Three Forums were offered. The first Forum was presented by PCC Derek Ledda and Torin Dunnivant about the Tree Foundation and New Clubs and Marketing. Presenters of the second Forum were Lions Kendra and Mark Bamba on Families with Special Needs; they invited speakers from Autism Speaks and GiGi's Playhouse. The third Forum was a Lions Roundtable Discussion presented by the Global Action Team consisting of GLT JT Retzlaff, GMT PDG Andy



Anderson, and GST Jeri Wartena. All forums were informative and well attended. After the Forums, attendees played bingo and won prizes. We enjoyed a bagged lunch, which except for the sandwich, was supplied by the Embarcadero Lions Club of the Crocker Zone. After lunch, IPDG Cat Gon presented the 100% Awards for 2020-2021. Next, Cabinet Secretary Evelyn Butler read the Resolutions. Then it was time for District Governor Donna Prince to make her Closing Remarks. Before the Meeting adjourned, we had drawings for



(Above) The lunch crew, led by Embarcadero Lion Joyce Eng, prepares the bagged lunches.



(Above) Cabinet Treasurer PDG Doug Wight reads the lucky number for a door prize held by RC Josephine Fong. DG Donna Prince, CS Evelyn Butler, Sutter Zone Chair Jack Edwards and Crocker Zone Chair Brent Showalter look for the winner.



(Left) DG Donna Prince, CS Evelyn Butler, RC Josephine Fong, Pride of Laguna Creek Lion Sheri Retzlaff and ZC Jack Edwards having fun at the park.

door prizes. There were many lucky winners of fabulous prizes. With Chaplain Susan Giles's Blessing, we all went home. A good time was had by all.

As with any event, it took many dedicated Lions to make it all come together. I owe a debt of gratitude to all the Lions who helped me pull off staging the Cabinet Meeting in the park. A big thank you goes to each of the following:



- DG Donna Prince and 1VDG Tim Luckinbill, your support came in many forms and was very helpful.
- Cabinet Secretary Evelyn Butler who patiently and meticulously created the beautiful flyer for the Cabinet Meeting and the Agenda.
- Cabinet Treasurer PDG Doug Wight and First Sister Diana Beer who kept accurate records of the lunch count and other finances and checked-in Lions and guests on the day of the event.
- Admin. Assistant Gayle Kono who organized and kept track of all the bingo and door prizes, who also came early to help with set up and with assembling the lunches.
- Sutter Zone Chair Jack Edwards and Crocker Zone Chair Brent Showalter, who worked diligently with their respective clubs to ensure breakfast/lunch and other things were in place; who gave freely of their time to plan with me either via Zoom or in-person meetings and then followed through.
- PDG Mike and Lion Sheri Retzlaff whose audio system allowed us to hear one another.
- PDG Andy Anderson who came through at last minute's notice to haul the portable tables and chairs from the Higgins Diggins Lions Club House to the park and back. He also called the bingo games.
- GLT JT Retzlaff who single-handedly made new sign-in sheets and District folders.
- Senator Lions Gary and Jennie Allen, Dr. Ernie and Jenny Takahashi, Shirley Kato who all came early and helped set up and then helped in other ways throughout.
- Embarcadero Lion Joyce Eng who purchased all the lunch goodies (except the sandwich) and organized the assembling of the lunches.
- Dos Rios Region Chair Jim Fuller and Gordon Zone Chair Tim Leathers both of whom also came early and helped, cordoning off the park area with yellow tape to define our space making it more private.
- All the clubs for your generous donations of gift certificates and door prizes and to the individuals who made generous personal donations such as Wolfskill Zone Chair Jeremy Price and Golden State Lions Club President Cecille Presley.

To one and all, THANK YOU! THANK YOU! There are many more Lions for me to thank; please forgive me if I did not acknowledge you by name. Know that you are appreciated and I thank you!

Josephine Fong
Sacramento Region Chair





**Executive Cabinet
2021-2022**

Donna Prince, District Governor

Tim Luckinbill

First Vice District Governor

Zenny Yagen

Second Vice District Governor

Evelyn M. Butler

Cabinet Secretary

PDG Doug Wight

Cabinet Treasurer

Jeri "JT" Retzlaff

Global Leadership

PDG Andy Anderson

Global Membership, LCIF, GMA

Jeri Wartena

Global Service

Gayle Kono

Administrative Assistant

Dave Pevny

District Statistician

Susan Giles

District Chaplain

Region Chairs:

Laura Barhydt, Donner

Jim Fuller, Dos Rios

Josephine Fong, Sacramento

Tony Santos, Washoe

Zone Chairs:

Helene Smith, Foothill

Tom Parilo, Sierra

Tim Leathers, Gordon

Jeremy Price, Wolfskill

Brent Showalter, Crocker

Jack Edwards, Sutter

Suzi Mortensen, Eureka

Jill Santos, Marshall

CABINET PROFILES

Getting to know your Cabinet Officers



Sacramento Region Chair Josephine Fong

Lion Josephine has been a member of the Sacramento Senator Lions Club since 2008 and currently serves her club as Director and Club LCIF Chair.

Over the years, Lion Josephine has participated in numerous club projects, district and multiple-district activities, and along with her husband PDG James has attended many international conventions and USA/Canada Forums. In the Multiple, Lion Josephine is now serving her 2nd year of a 4-year term as a member of the International Convention Hospitality Committee. Lion Josephine is also a graduate of the Regional Lions Leadership Institute in Santa Rosa, Class of 2019.

Lion Josephine met her spouse, PDG James Fong, at the University of California at Berkeley where she received her Bachelor and Masters degrees and was a candidate for the Ed.D. program. She is now a retired school administrator who splits her time between her own family which includes five grandchildren and her extended Lions family.



Cabinet Officer Profiles

Global Membership Team PDG James “Andy” Anderson

Andy was born in Louisiana and raised in Texas. Andy was married to his wife Jane for 33 years before he lost her to cancer. He has two sons, James Jr. and Thomas. His pride and joy are his four grandchildren Loretta, Luke, Eli and Emmett.

Andy spent 25 years in the United States Air Force. While in the service he graduated from Troy State University with a Master's Degree in Organizational Management. Upon retiring, Andy and his family moved to Elk Grove, CA in 1993 and built their home in Wilton. He worked for Folsom Lake College as the Receiving Clerk until his retirement in 2013.

Andy joined the Elk Grove Lions Club in 1997 and has 24 years of perfect attendance. He has held the club offices of Director, Membership Chairman, Tail Twister, Lion Tamer, 3rd, 2nd and 1st Vice-President and President. He served as FFA & 4H Project Coordinator and Community Organization Representative to Troop 59 and Pack 179. In 2002, Andy was selected as the club's Lion of the Year.

Andy got involved in District activities by serving as the District Scouting Coordinator for seven years. He was instrumental in creating the Lions Scouting Service Award for Lions Clubs International. He has been Sutter Zone Chair, Sacramento Region Chair, 2nd & 1st Vice-District Governor and then District Governor in 2013 – 2014. He has filled many District roles including his current membership role, and as the 4-C5 Lions Clubs International Foundation (LCIF) Coordinator, Pin Trader, and as a board member of Lions Education Foundation (LEF) and the Northern California Lions Sight Association (NCLSA), where he was President in 2008-2009.

At the Multiple District level, Andy was on the Student Speaker Contest Committee for three years and the Student Speaker Foundation Board as a Trustee for District 4-C5 for four years. He served as the Master of Ceremonies for the MD-4 Academy Awards Program.

Lion Andy has attended 17 USA/Canada Forums and 13 International Conventions and attended the LCI Senior Leadership School (2011) and LCI Faculty Development Institute (2016).

Andy has received several awards from the Student Speaker Foundation, NCLSA), and LEF, two International President Medals, two International President Leadership Awards, six International President Certificates, the MD4 Leadership Excellence Award. He was selected as Sacramento Region Lion of the Year in 2004 and 2006, District 4-C5 Lion of the Year in 2007 and MD4 Lion of the Year in 2010. Andy is a progressive Melvin Jones Fellow Recipient.



DISTRICT 4-C5 ANGELS IN SERVICE TO THE CALDOR FIRE VICTIMS



Our District 4-C5 leaders and Lions were quick to live up to our motto "We Serve" by acting quickly during the past week to provide desperately needed relief to the Caldor fire victims who were forced to evacuate to relief centers in Cameron Park and Placerville. Supported in part by an emergency grant of \$10,000 from the Lions Clubs International Foundation, with additional donations of more than \$7500 from clubs and individual members, District Governor Donna Prince, Cabinet Secretary Evelyn Butler and District Global Leadership Team Coordinator Jeri Retzlaff were masterful in planning and coordinating the collection and distribution of critical emergency supplies. These included clothing, blankets, towels, pillows and pillowcases, hygiene products, hand sanitizers and cleaning products. With Covid-19 and other health safety concerns in mind, our Lions purchased all the collected items brand new.

After receiving the urgent request for help, District 4-C5 immediately acted on Monday, August 23, 2021, collecting and organizing the needed supplies. This was done at the District's designated relief staging center at Total Service Logistics in the Army Depot, which is owned and so generously made available by District Disaster Preparedness Chair PDG Mike Retzlaff and Lion Sheri Retzlaff.





The next day, our Lions delivered the supplies to about 130 evacuees at the Rolling Hills Church in El Dorado Hills, the Evelyn Bishop Hall in Ione and the Cameron Park Community Center. On the following Thursday and Friday, Lions responded to a request from the Bayside Church shelter in Placerville and delivered 400 rolls of toilet paper and 22 containers of insect repellent for the 100 evacuees living in RV's, tents or in the church hall.

The District continued to collect supplies in preparation for what was to be the Lions' most significant relief effort, which took place last Tuesday at the Green Valley Community Church in Placerville where over 300 evacuees are sheltered, with more arriving every day who have no alternatives for housing. Most of the 15 dedicated Lions who worked that day were there for 9 hours, working to the point of exhaustion but with spirits soaring. There were endless "aha" moments from serving people and families that desperately needed our help and who were so grateful to receive it.

The Lions are joined in the collaborative relief effort by the Sacramento Volunteer Organizations Active on Disasters, The El Dorado Community Foundation, the American Red Cross and Hands-On Sacramento, which is the lead coordinator of the volunteer organizations. With the fires still spreading, the evacuees need all the help they can get. Our work is not done. The Lions will continue to serve the fire victims because that's what we do - we serve the community wherever there is a need. With tears of gratitude and comforting hugs, evacuees at the distribution sites were calling the Lions their angels, which certainly fits with the Lions' spirit of caring and mission of service.

If you or your club would like to volunteer for the next relief effort, please let Cabinet Secretary Evelyn Butler know by sending her an email at lionevelyn916@gmail.com. If you would like to make a monetary donation to the District's Disaster Relief Fund, please forward your contribution to District Treasurer PDG Doug Wight.

Lion PCC Derek Ledda
District Marketing and Public Relations Chair
(916) 205-4185





*Thank you, First Responders,
Donors and Volunteers!*



Mother Lode Lions

Helping Evacuees of the Caldor Fire

The thought of fire burning its way across the country side is scary enough, but when you not only can smell it and you can see it, then people that you know are told to evacuate, you realize that you may be next in line to leave everything behind and take only what you can pack in the car in the next fifteen minutes. When the Caldor Fire broke out, that was what affected the members of the Mother Lode Lions. By the time the worst was over, eight to ten of our members had to evacuate along with several hundred other people and others suddenly found themselves next in line list. Fortunately, when the smoke cleared and the firefighters started moving off to other fires burning across California, those of our members, who had been evacuated and were permitted to return home, faced only the task of getting rid of the lingering smoke.

What did the Mother Lode Lions do during the time of evacuation? Chris Didlot found out that the Salvation Army had set up shop at the Cameron Park Community Center and knowing that facility was small, she contacted the Salvation Army and asked if they would



Mother Lode Lions opened their parking lot to evacuees in the early days of the fire disaster.

like to use our kitchen, which had just been cleaned and upgraded, to expand their operation. The Salvation Army came up and looked at our kitchen and hall and the next day a team from Santa Rosa moved in and set up shop. The tables in the hall were soon stacked with bags and boxes of groceries to be used in preparing those meals. They began preparing breakfasts, lunches, and dinners to be delivered to the various evacuation centers. Most went to the evacuees who had taken refuge at the Green Valley Church. The team was preparing six hundred meals a day. The team from Santa Rosa worked for a week or so and then were replaced by a team from Yuba City.

The Mother Lode Lions parking lot was also put to use, not only for the various cars, vans, and trucks from the Salvation Army, but with eight or nine RV's with people who had been evacuated.

The Mother Lode Lions received donations from the Roseville-Sunrise Lions and several Lions and was asked to put those funds to use where they would help the most. There were a number of good ideas



Mother Lode opened their clubhouse hall to provide assistance to the evacuees, including meals from the Salvation Army.

put forth and in the end the Mother Lode Lions matched those funds and donated them to the Salvation Army to help purchase the groceries to make meals for the evacuees.

Most everyone has left now that the fire has moved on or been put out, there is still the smell of smoke as a reminder of the Caldor fire. Other fires in California linger on and some people have lost everything but the clothes on their back and so the work of Lions goes on.

Photos and story provided by Mother Lode Lion and Secretary Neil Pfafman



Lions Pride throughout the District



PDG Don Ring and PDG Carol Ring inducted three new members, Lion Alegra Schmidt, sponsored by President Gail O'Brien, Lions Lori Palmero and Calvin Butler, sponsored by CS Evelyn Butler.

Folsom Lake Lions

Six members of the club attended the Marshall Zone meeting on August 9, led by Zone Chair and club member Jill Santos. We met at Mimi's Restaurant in Folsom, and was well attended by all the clubs in the zone, including a few Lions who joined via Zoom.

On August 12 the club held their regular club meeting, welcoming the District City of Hope chair, Lion Dave Pevny of Capitol Lions as the guest speaker. Lion Dave gave a very good overview of the City of Hope, and provided a history of their many projects. He told us that Folsom Lake is on the list of the top 10 donors .

PDG Carol Ring and PDG Don Ring inducted three new members—Lion Dolores (Lori) Palmero, Leo Lion Calvin Butler, and Lion Alegra Schmidt. Each was presented with a Membership Card, Certificate, and Lions pin. They were then each greeted and welcomed individually into the Club. We then enjoyed dessert provided by President Lion Gail O'Brien. The evening ended with Tail Twister Becky Bell asking each one question on U.S History.

On August 20th our club, with the Roseville Host club, supported the annual Governor's Roast, where Lions roasted both PDG Sarah Enloe and IPDG Cat Gon, while enjoying a great steak dinner. Thanks to all who attended and made this a successful event.

We held our Board meeting on the 26th, and on the 28th, gathered at the home of our President Gail for our annual "retreat" to develop our project list and budget for the service year. Our Lions have directly supported the Caldor Fire relief efforts with service and over \$3,000 in donations of items and funds.

Placerville Lions

When disaster strikes, Lions respond and we respond fast. When our community was suddenly threatened by the flames of the Caldor fire, our District and our Club responded as did many of our Clubs. On August 17, our Club designated money to help the victims of Caldor and posted a fundraiser on social media to assist evacuees. Since then, our Club has provided gift cards of over \$1,000 in aid, doubling the amount the Club initially



budgeted. Meanwhile, our primary fundraiser for community projects was scheduled for August 19 – just after the Caldor Fire ignited— our annual evening Car Show in Placerville, which was postponed three times due to the fire, smoke and need to assure safe evacuation in case the fire shifted. It is now scheduled for the evening of October 7. The Club is excited to host this project since the pandemic caused it to be cancelled last year. We will also celebrate our Placerville and Lions communities, “Serving Together for The Greater Good.”



Loomis Lions Club

*Reprinted LLC Newspaper
Editor Lion Jack Morris, MJF*



TROOP 12's LATEST EAGLE IS RECOGNIZED - LION FRANK BAILEY REPRESENTS CLUB

Longtime Scout Jack Whitaker is Loomis' Troop 12 latest Eagle.

The Whitaker parents are proud of their son's dedication to completing all and more of the requirements for attaining the difficult title. Very few Scouts are successful in this effort.

Jack Whitaker's Eagle Project was building a highly needed sand volleyball court at Penryn Park near I-80 and Penryn Road.

Eagle Jack recently graduated from Del Oro high school. His future goals were not made known to this newspaper.

Loomis Lions Club Past President Frank Bailey, himself an Eagle Scout from within the same Troop, represented the club at the brief ceremony and presented Jack with his \$1,000 Lions scholarship award.



President Henry Schneider congratulates Lion Bud Nobili on his Campaign 100 letter and pin. It was presented humorously as Bud's 100 years of membership.

Penn Valley Hi-Graders Lions' DG Visitation

DG Donna and several members of the Cabinet visited the Penn Valley club in August. DG Donna and PDG Andy installed new Lions during their visitation. Meet Lion Mark Swanson with his sponsor, Lion Louie Osterude along with Lions Dan & Debbie Mazorra, with their sponsor, Lion Chris Megenity. Below is President Lion JB Becker, VP/Secretary Lion Amor

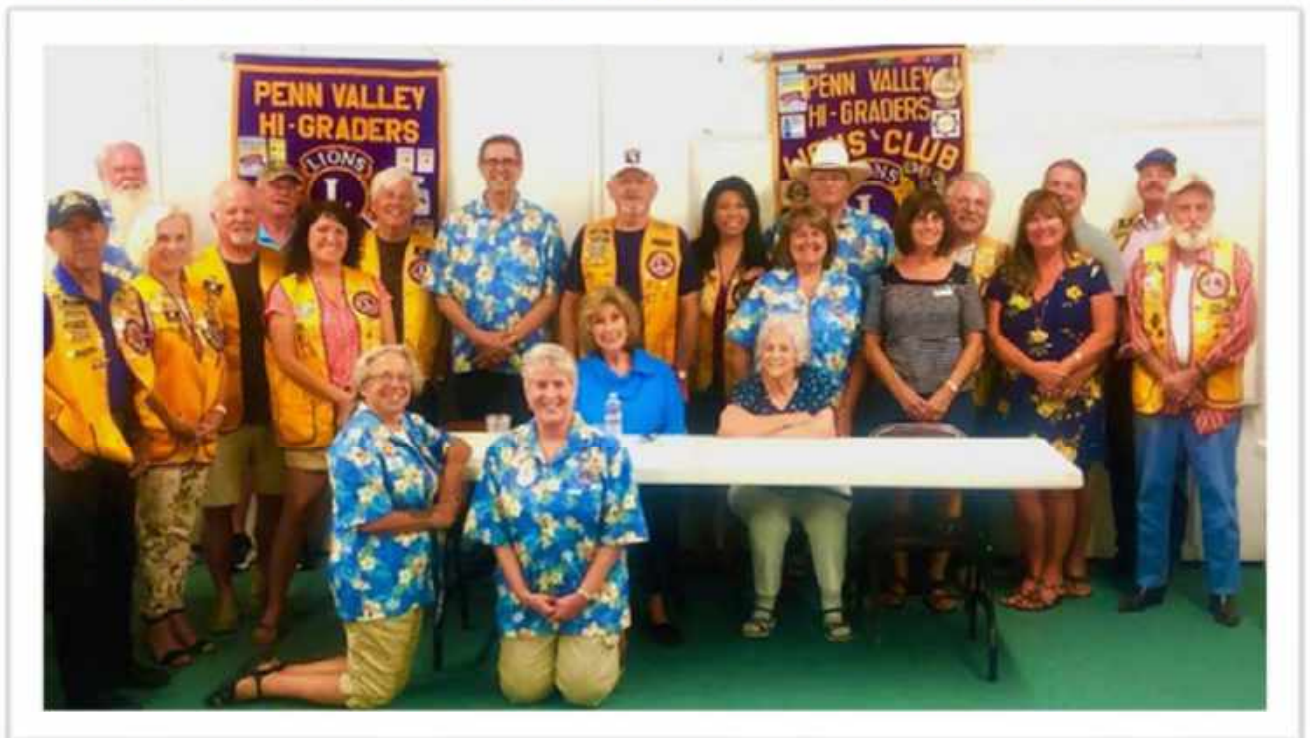


Traceski with DG Donna.

The club was generous during the visitation, donating funds to the Lions Clubs International Foundation and to the District's Disaster Relief Fund, which is currently assisting in disaster relief efforts of the Caldor Fire. Sincere thanks to the club!

What a GREAT looking Pride of Lions!

District 4C5 Governor Donna Prince & her visiting Cabinet officers with the Penn Valley Hi-Graders Lions Club



(kneeling L-R): Global Service Action Team Coordinator Lion Jeri Wartena, Foothill Zone Chair Helene Smith
(standing L-R): Faustino Cardona, 4C5 1st Vice District Governor Tim Luckinbill, Chris Megenity, Dave Becker, Sheila Becker, PDG Steve Brown, 4C5 Cabinet Treasurer PDG Doug Wight, Louie Osterude, Amor Traceski, 4C5 District Governor Donna Prince, 4C5 Global Membership Coordinator PDG Andy Anderson, Sheila Becker, President JB Becker, Debbie Mazorra, Dan Mazorra, Larry Martin, and Tom Motta
(sitting, L-R): Joyce Osterude, Cynthia Motta

FILIPINO CHICKEN ADOBO

INGREDIENTS

For Chicken & Marinade

- 1.5 lbs Chicken Thighs (I use bone-in for juicier meats)
- 3 Garlic Cloves, minced
- 1/3 cup Soy Sauce
- 1/3 cup + 2 Tbsp White Vinegar
- 3 Bay Leaves, dried

For Cooking

- 2 Tbsp Oil (1 Tbsp added into the pan 2 separate times)
- 3 Garlic Cloves, minced
- 1 small Onion, diced
- 1 ½ cup Water
- 2 Tbsp Brown Sugar
- 2 tsp pepper

For Serving

- 2 Green Onions, sliced (for garnish)



INSTRUCTIONS

1. Combine Chicken and Marinade ingredients in a bowl. Marinate for 20 minutes or up to overnight.
2. Heat one (1) Tbsp Oil in a skillet over high heat.
3. Remove Chicken from marinade (set marinade aside) and place chicken in the pan.
4. Sear both sides until brown: 2.5 to 3 minutes each side. **DO NOT** cook Chicken all the way through.
5. Remove Chicken from the skillet and set aside.
6. Heat the 2nd Tbsp of Oil in the skillet. Add Garlic and Onion and saute for 1½ minutes.
7. Add the reserved Marinade + water, sugar and black pepper.
8. Bring mixture to a boil and then turn heat down from high to medium high. Let cook for 5 minutes.
9. Add Chicken smooth side down.
10. Simmer uncovered for 20 – 25 minutes (no need to stir).
11. After 15 minutes, turn Chicken in the pan. The sauce should reduce down to a thick, jam-like syrup.
12. If the sauce isn't thick enough, remove Chicken and place onto a plate. Let the pan simmer by itself; it will thicken much quicker.
13. Return the Chicken to the skillet to coat in the glaze.
14. Sprinkle the sliced Green Onions on top of the Chicken for garnish. Serve hot and ENJOY!



Woodland Lions Clubs

Working Together for Major Community Impact

CHILDREN'S SHOPPING SPREE AND BREAKFAST A HUGE SUCCESS

Reveille Lions participating in the annual "Kid's Shopping Spree" were President Jon Durst, , IPCS Mike Horgan, PDG John Lynch, (coffee pourer), tail twister Don Pixton, and PDG Frank Dunn who purchased the food and chaired the event for Reveille. Woodland Host had a lair of Lions helping with school shopping, the sight van and wherever needed and Yolo Sunset was there to furnish the tables and help where needed. The Kiwanis cooked the breakfast and provided the cooking grill. The Woodland PD and Fire Dept. were on hand for support. It was definitely a community event to assist children in need. Thank you all!



Kiwanis Members



The SALVATION ARMY had back packs for the children with school supplies inside that our local Lions helped to fill.



Prior to breakfast the children formed small groups to enter Penney's to shop for school clothes.



Our thanks to PDG Rich DeCuir for bringing the Sight Van for the children; most of them had exams. Woodland Host members are registering the children for exams. Lions Lucinda, Jeff and PDG John poured drinks, coffee and orange juice, no hard stuff.



ED: That is PDG Frank standing in the shadows of the Lions Sight Van. He does more than his share to help make this event a success. (Ok, I am a tad bias.)

Reprinted from Woodland Reveille Lions Club's newsletter, "The Bugle", courtesy of Lion Marilee Dunn.





Nevada City Lions

Photos from *Tommyknockers Drift*, the newsletter of the Nevada City Lions, courtesy of Editor CT PDG Doug Wight

A Nevada County Fair would not be complete without tacos from the Nevada City Lions Taco Booth. And a fair would not be complete with some unforeseen situation coming up, but luckily these Lions are resourceful. The compressor for the booth's walk-in refrigerator decided it was time to retire and CT PDG Doug had to travel out to North Highlands to pick up a replacement for the repairman to install right away. Meanwhile, the refrigerated goods found a temporary home with the Grass Valley Host Lions' booth. The club was thankful for their help. Following that, five days of tacos ensued with much volunteer help from other Lions and clubs to keep those tacos flowing to the hungry fair crowds for five-days. Congratulations to the club on a successful fundraiser and feeding a lot of hungry people. Tacos anyone?



Dawn Patrol, L-R Verne, JB an Sheila and Mike. Front row is Helene.



DG Donna making sure those tacos are selling.



PDGs Rich DeCuir and Erv Gon from Embarcadero Lions worked a shift.

Much appreciation goes to President Lion Jackie Wapp, IPP Lion Diana Beer, and all the Nevada City Lions for all their hard work organizing, shopping, managing, fixing, stocking,

and everything else you can imagine is needed. Although they aren't all pictured here, their leadership and support was present every day.



Lion Jamie Beer runs a smooth shift while CS Evelyn Butler (below) makes tacos as quickly as she can.



PDG Mike Retzlaff and VDG Tim Luckinbill were also working a shift.



PDG Doug next to VDG Tim with Lion Sheri Retzlaff on the front counter waiting for tacos to sell.



District Governor's Visitation to Valley Hi Lions Club

District Governor Donna Prince and members of her Cabinet were pleased to visit Valley Hi Lions Club at their Installation Dinner on August 29, 2021. DG Donna encouraged and inspired Lions while sharing her goals (1). She presented a Melvin Jones Fellowship to Lion J. Christina A. Aulakh (2). 2VDG Zenny Yagen (far right) enjoys the company of Valley Hi Lions Club members (3). PDG Don Ring, PDG Carol Ring, Sutter Zone Chair Jack Edwards, Capitol Lion Dave Pevny and Sacramento Region Chair Josephine Fong enjoy the festivities (4). Lion Aurora Ramos receives the Outstanding Leadership Award from President Preet Aulakh (5).
Photos Courtesy of Valley Hi Lions Club.



CLUB NEWS FROM WOODLAND REVELLE LIONS CLUB

IT'S OFFICIAL, 2021-2022 OFFICERS AND BOARD MEMBERS ARE READY TO SERVE



President Jon Durst
The Pitcher



Secretary John Lynch
The Catcher

On July 1, 2021, the first day of the new Lion year, our Lion Jon Durst officially became the club's 2021-22 President. Congratulations to Lion Jon and the slate of officers and board members.

Attending on July 6, 2021 for the Opening Ceremonies were President Jon, Secretary PDG John Lynch, Tail Twister Don Pixton, Lions PDG Frank Dunn, Mike Horgan and LC Cunningham. The Pledge of Allegiance was led by LC, and the Song and Blessing were all PDG Frank.

The club voted to donate \$540 toward the LEF Golf Tournament. Golfers participating are Lions PDG Frank and John, President Jon and LC Cunningham.

The club cooked and served breakfast with the Kiwanis at the August 14th "Children's Shopping Spree." Lions Lynch and Dunn shopped for items to fill backpacks for the *Salvation Army* that sponsors the event in *Penney's* parking lot.



Lion Pixton continues to serve the community by driving the Community Care Van. Thank you!



All in their places with service-minded faces.

Meetings:











FIRST AND THIRD
TUESDAY:
BREAKFAST: 6:30 AM.
MEETING: 7: a.m.

Country Waffles
Raley's
Shopping Center

"SERVING TOGETHER FOR THE GREATER GOOD"

Schedule of Events

- October 2 Wolfskill Zone Meeting
- October 2 Roseville Sunrise Bunco
- October 2 Woodland Host Craft Fair
- October 3 Sacramento Camellia Caldor Fire Fundraiser
- October 9 Putts 4 Pups
- October 10 Autism Speaks Walk
- October 17 Making Strides Against Breast Cancer Walk
- October 23, Run for a Safe Haven Run/Walk 2021
- October 24 Roseville Host Paint & Sip
- October 28 Gordon Zone Meeting
- October 30 Maharlika Spooktacular
- November 3 Sutter Zone Meeting

October 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 
3 	4	5	6	7	8	9 
10 	11	12	13	14	15	16
17 	18	19	20	21	22	23 
24 	25	26	27	28 	29	30 
31						



Sacramento Capitol Lions Summer August Activities



The Capitol Lions Club held its Summer Picnic at Garcia Bend Park in the Pocket neighborhood of Sacramento. With over 80 Lions, their families and friends in attendance, they enjoyed an afternoon of games, food and camaraderie. A successful event thanks to those that organized the event. *Photos courtesy of Lion Dave Pevny.*

Maharlika Lions Club



"Purses with a Purpose"



Do you have any used purses hanging around being ignored?

"Well, Maharlika is having a "Purses with a Purpose" project to benefit women. We need your donations. We will be donating these purses to a good home, stuffed with personal hygiene products, makeup, and other necessities provided by Maharlika. They will be distributed to Sister Nora's Place at Loaves & Fishes.

Please contact Lion Vickie Debord (916) 524 - 3452 so she can arrange to have it picked up before the end of September 2021.

Thank You!

Surf's Up

April 8-10, 2022

San Ramon Marriott



Aloha!

Join District Governor Donna Prince and the Lions of District 4-C5 at our 2022 District Convention in San Ramon. Fun will be the order of the day!

Activities will include:

Thursday, April 7, 2022

Bowling with the "Stars" – 11:00 am check-in

Early Bird Activities - Thursday evening

Friday, April 8, 2022

The Food Faire - 12:00 PM (noon) to 2:00 PM

First Timer's Contest Reception

Nominations, Acceptance Speeches & Costume Parade

Saturday, April 9, 2022

Breakfast with a Past District Governor

Celebration of Life

Parade of Presidents at Lunch

District Cabinet Meeting

District Cocktail Party, Past District Governor's March

Sunday, April 10, 2022

Delegate Voting and results

Convention Wrap-up

Registration forms are available on the District 4-C5 Website – www.district4c5.net

For more information contact:

Jeri Retzlaff, Convention Registration Chair

Email: jeri.retzlaff8331@gmail.com

Cell: (916) 206-3678



District 4-C5 Convention
 San Ramon Marriott, San Ramon, CA April 8 - 10, 2022



2022 FOOD FAIRE & GAMES
Friday, April 8th ~ 12 Noon to 2:00 PM

Tradition has it that the District Convention Food Faire is always a major highlight of our convention. What a great way to kick off the weekend of fun and camaraderie as we enjoy the CONVENTION THEME: **"SURF'S UP!"**

- 1) Booths and / or tables should be decorated in keeping with the convention theme
- 2) Booth width will be no more than (10) feet.
- 3) Non-Cash prizes will be awarded for the best:
 - a) Food Served and Booth Decoration
 - b) Most challenging and all-round fun game
- 4) Visiting dignitaries will act as judges
- 5) Food Faire will be held on the San Ramon Patio, adjacent to the pool
 (No cooking is allowed in any room.)
 - a) Cooking facilities are NOT available from the hotel. RESTRICTED open flames permitted
 - b) No Electricity is available
- 6) Booth space reservation must be received by: Friday, March 19, 2022
 - a) Space will be on a first come, first served basis so get your request in EARLY.



Please retain the upper portion of this flyer for rules and guidelines.

Mail the bottom portion of this form no later than March 19, 2022

TO: PDG Cat Gon – 32 Sunlit Circle, Sacramento, CA 95831

Questions? Contact PDG Cat at (916) 427-5747 or catgon@att.net



District 4-C5 Convention Food Faire Registration Form 2022			
CLUB:		ENTRY NAME:	
CONTACT:		PHONE NUMBER:	
TYPE OF FOOD OR GAME:			
ICE NEEDED?	YES? <input type="checkbox"/>	NO? <input type="checkbox"/>	<u>No Electricity Available</u>



Recommended Items to Include in a Basic Emergency Supply Kit:

- Water and non-perishable food for several days
- Extra cell phone battery or charger
- Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Non-sparking wrench or pliers to turn off utilities
- Can opener (if kit contains canned food)
- Local maps

FEMA's Ready Campaign

educates and empowers Americans to take some simple steps to prepare for and respond to potential emergencies, including those from natural hazards and man-made disasters. Ready asks individuals to do three key things: get an emergency supply kit, make a family-emergency plan, and be informed about the different types of emergencies that could occur and appropriate responses. Everyone should have some basic supplies on hand in order to survive several days if an emergency occurs. This list of emergency supply kit items is only a starting point. It is important that individuals review this list and consider the unique needs of their family, including pets, for items to include. Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.


Ready.



FEMA

Federal Emergency Management Agency
Washington, DC 20472



Additional Items to Consider Adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food, water and supplies for your pet
- Important family documents such as copies of insurance policies, identification and bank account records in a portable waterproof container
- Cash and change
- Emergency reference material such as a first aid book or information from www.ready.gov
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies, personal hygiene items and hand sanitizer
- Mess kits, Paper cups, plates and disposable utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children


Ready

Prepare. Plan. Stay Informed.®



Emergency Supply List



FEMA

www.ready.gov

Events and Fundraisers



To reduce the overall file size of the District Bulletin, we have bundled all flyers, events notices, meeting announcements, and other club-specific flyers into a separate packet.

Please continue to send your flyers to:

PDG Sarah Enloe

sarahte@comcast.net

The flyers will be shared via Constant Contact, our district-wide email distribution system. We will gather them from there to include in the new



For Questions about the Bulletin or other District information, please contact:

Cabinet Secretary
Evelyn Butler

Email:
lionevelyn916@gmail.com
Phone: 916-990-4826
Address:
1222 Villagio Dr.
El Dorado Hills, CA 95762

SEND US YOUR NEWS!

Please send us your stories, articles, and photos to the following email:

4c5bulletin@gmail.com

This allows both of us to access your messages and work on the bulletin more efficiently. If you send your articles to our personal emails, they are often bundled up with a lot of our other Lions or personal correspondence and could delay getting your great stories into the bulletin!

**Lions Pride Bulletin co-
editors,
CS Evelyn Butler and**



SAVE THE DATE!

Dear Potential Blood Donors and Blood Drive Supporters

Please save the date of Thursday, December 30, 2021, 1:00-5:00 PM, for our next Lions and Scout Troop 8 Community Blood Drive.

The location will be the same as for the previous three blood drives, the Vitalant Headquarters at Mather Business Park in Rancho Cordova.

Online registration is not yet available. I will send another email when the flyer and registration portal is available.

For anyone who would like to donate blood at our Blood Drive, and who also desires to donate blood prior to the blood drive, please make sure that you leave the mandatory 8 weeks (or 56 days) between donations of whole blood (blood donors prior to November 4th will be eligible to donate again at our Lions blood drive).

Thank you for your support!
Lion Dave Pevny
Capitol Lions Club and District Blood
Donation Coordinator

