



Lions Pride

December 2021/
January 2022
Volume 41

January 5, 2022

Five Generations of Service

At her visit to her home club, on November 18, 2021, District Governor Donna Prince had the honor of inducting Higgins Diggins Lions Club's newest and youngest Lion, Emily Craven.

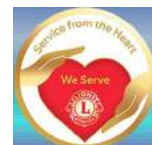
Lion Emily is DG Donna and Lion Brad's granddaughter and the daughter of Higgins Diggins Lions Club President Dann Craven and Lion Nikki Craven. She is the fifth generation in the Spencer family to serve as a Lion.

Congratulations and Welcome, Lion Emily!



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DG DONNA PRINCE

“SERVING TOGETHER FOR THE GREATER GOOD”

Happy New Year Lions and Leos!

The year 2022 has arrived and we are in the second half of our Lions year, so this is the perfect time to re-energize our clubs by making plans for service projects and fund-raising events to benefit our communities. There are many exciting and fun events planned throughout our District in the next six months so be sure to mark your calendars to join in and reserve your place by making reservations and/or buying tickets well in advance. We Lions tend to sit back and wait until deadlines are upon us. As someone who has been the Chair for many events, I know this causes grayer hair and dreaded nail-biting for our committees, so please spare them the anxiety that comes with those last-minute RSVPs!

Our third District Cabinet Meeting is Saturday, February 5th in Woodland and our Cabinet Treasurer PDG Doug Wight is taking reservations now. Dos Rios Region Chair Jim Fuller and Zone Chairs Jeremy Price and Tim Leathers are busy making plans for an informative and fun day. See the flyer for more details.

Our District Convention Committee is meeting regularly and planning an amazing weekend at the San Ramon Marriott from April 8-10th. For those who want to go a day early Lion Mitzi Stockel is hosting the bowling tournament on the 7th. This is our time to celebrate and spend time with our fellow Lions in a relaxing atmosphere, so if you haven't completed and paid for your registration, please put it at the top of your To Do list. And don't forget to contact the hotel to make your room reservation. The Convention packet is available on our website. Please contact our Housing Chair GLT Jeri "JT" Retzlaff if you have questions: jeri.retzlaff8331@gmail.com.

The Multiple District Four Convention will be held in beautiful San Diego February 25-27. If you wish to attend and meet Lions from all over California, go to the MD4 website for more info: md4lions.org. Our District has nominees in all 7 award categories, so best of luck to all!

One signature project of MD4 is the Student Speakers Contest. All clubs should have received their packets by now if they ordered them. If you have any questions about the contest, contact our District Chair, 2VDG Zenny Yagen: zennyvagen@yahoo.com. I am looking forward to hearing the great presentations on the topic this year – How Can Kindness Reunite Our Country?



The annual Lions Education Foundation (LEF) Soup & Salad Fundraiser has been rescheduled from January 28 to March 26 at Roseville Host Clubhouse at 5:30pm. For \$20 you may sample a wide variety of delicious soups and salads prepared by the LEF Board, PDGs, PCCs and other extraordinary Lion Chefs in our District. Tickets are available from any Board member including me!



Lions in our District have high hopes that two other events will take place this year that were postponed due to COVID. On April 2nd the 5th Robert G. Smith Cancel Out Parkinson's (COP) Walk will be held in Roseville. The Embarcadero Lions Club founded this event to honor Past International Director Robert "Bob" Smith whom we all admired and loved.

The second District-wide event is Special Kid's Day, planned for May 14th. Sadly in recent years, this project was cancelled due to weather and COVID, so hopefully this year it will be back stronger and even better with more clubs participating. More information will be forthcoming.



We have an exceptional District when it comes to Membership, Leadership and Service. In the area of Membership, I am very happy to report our District is at plus 41 (this reflects the number of new Lions minus the dropped Lions to date). December and June are our difficult months when it comes to drops, so please stay in touch with all your members and do your part to keep them engaged and participating in your projects and events. What we do as Lions truly makes a difference in this world, so never forget you are improving the lives of people you might see and many more that you will never meet.

On to Leadership – this is the time of year when clubs begin the process of nominations for next year's slate of officers. If you have never served on the board before, volunteer to do so this year! Get involved! Clubs benefit from new Lions (and officers) who may bring exciting new projects and fundraising ideas to the membership. And to those of us who have been Lions for a while, try your best to be open-minded with new proposals. If they are doable, support them in any way you can and you may just find a one-of-a-kind event is born that may be copied by other clubs far and wide.

And this brings us to Service. Our District excels in this area by providing services and financial support in all five global causes of Lions Clubs International: diabetes, hunger, vision, the environment, and childhood cancer. But we don't stop there; our members reach beyond these areas and serve thousands of people every year in the "Other" category on MyLion. That is what is so great about serving as Lion. If you have a cause that is close to your heart and you have an idea for a project, take it to your club. Offer to serve as the Chair and organize and run with it if it is approved! And then be sure to enter it in MyLion to share the success with our 1.4 million other members.

Stay well and safe in this New Year and we look forward to seeing you soon!



DG Donna and Lion Brad Prince



GREETINGS FROM 1VDG TIM LUCKINBILL

LEADERSHIP ON THE HORIZON

Happy Holidays Lions!

It is true we are halfway through the year. Not only the weeks, but the months are flying by. Before you know it, it will be Easter and Spring will be here. Winter is a great time for service. Lots of yard work we can help with, getting the wood in for the winter needs, Christmas shopping for yourself or others that can't get out. Oh my gosh, the Christmas Cards coming and going. Sometimes that is the only contact we have with folks that live out of town or out of state. Always a pleasure to hear from friends and family at Christmas.

All year long there is always highway clean up - a very good activity for the environment. Colfax Lions do a 2 mile stretch of Highway 174. We always have 4-6 Lions and about 2-3 hours of work and it is looking like a million bucks. The neighbors on that part of the road love us. The best thing happening now is that the state will pay the pickers \$250.00 per picking 6 times a year. There's some paper work that is needed each time we pick, but think of the funds that will be coming in each year from our hard work. Definitely something to think about.

A little business to take care of: District 4-C5 Convention is just around the corner.

Clubs - don't forget to put an ad in the convention program. Contact PDG Sarah Enloe with the ad and send your payment to PDG Doug Wight. 1/4 page is \$25, 1/2 page is \$50, and a full page is \$100.00. Thank you for your contribution. Take advantage of the early registration and save a few bucks. Save the date: April 8-10, 2022 at the beautiful hotel San Ramon Marriott, a great place that really takes care of Lions and their activities. New Lions (FIRST TIMERS), this is a great way to learn about Lions and rub elbows with all sorts of leadership and it is just plain fun. Don't forget to get signed up as a club delegate, a duty your club officers should help you with. One delegate for every 10 club members in your club. If you're going, you are likely to be a delegate and can vote on District items and the incoming District Leadership. Do take part in the activities; it is a great way to learn what Lionism is all about.



I would like to share some of my Christmas activities with you. As you can see in the pictures I do Santa for a few organizations in my area. A big shout out to others that do Santa's in the district —PDG Mike Retzlaff and PCC Dave Johnson. Always a job well done. Thanks to both of you.

We have a Christmas activity in Grass Valley that is called Cornish Christmas. I'm asked every year for Santa to make a visit to Cornish Christmas. This year I had an "Aha" moment with a few special needs children. Those kids are so loving and wanted to

Save the Date:
 April 8-10, 2022
 District 4-C5
 Convention
 Reserve a space in the
 program for your ad

know all about Santa that it brings tears to my eyes when I think about them. The biggest hugs that I have ever gotten, with the biggest smiles when they left and their parents love the interaction with and Santa. Those kind of feelings make it all worth while.

I truly hope everyone has a great Christmas and a safe and healthy New Years.

NDG Tim



Welcome New Members!

District 4-C5 Newest Members for November 2021

Name	Club Name	Zone	Region	Month
Chris, Noel	Roseville Host	Eureka	Washoe	Nov 21
Craven, Emily	Higgins Diggins	Sierra	Donner	Nov 21
Goodson, Pattie	Higgins Diggins	Sierra	Donner	Nov 21
Gorman, Cassandra	Davis Aggies	Gordon	Dos Rios	Nov 21
Hartford, J Lynn	Foresthill	Foothill	Donner	Nov 21
Murugesan, Anirudh	Davis Aggies	Gordon	Dos Rios	Nov 21
Rivera, Samantha	Davis Aggies	Gordon	Dos Rios	Nov 21
Rodriguez, Deborah	Foresthill	Foothill	Donner	Nov 21
Salve, Lana	Davis Aggies	Gordon	Dos Rios	Nov 21
Serpa, James	Mother Lode	Marshall	Washoe	Nov 21
Serpa, Pamela	Mother Lode	Marshall	Washoe	Nov 21
Viera, Peggy	Woodland Reveille	Gordon	Dos Rios	Nov 21

2VDG ZENNY YAGEN

INSIGHTS ALONG THE JOURNEY TO DG



Happy New Year, Everyone! I hope your holidays were wonderful! It was truly a fabulous Christmas for our family since we were able to celebrate Christmas together – our usual pre-2020 COVID – gathering of my children, grandchildren, and extended family. Christmas is my most loved holiday – the decorations, music, food, being with family and friends, just all the festivities during this holiday season.

Now, it is a new year. Do you make New Year's Resolutions? I think about this (operative word is "think") and in the past, I have written down a couple of New Year's Resolutions. My resolutions have been the usual – easy to attain – such as lose weight, exercise more, and be more organized – and while I am diligent in following them at first – it does not last. We make resolutions to improve areas of our lives. This year, I am again thinking of my usual resolutions, exercise more, eat healthier, and focus on my organizational skills; and on this fourth of day of the year – so far so good.

Given that I have my 2022 resolutions, I wanted to find out how New Year's Resolutions started. It has been an interesting read that I want to share with you.

One article I found stated that the "New Year's Resolutions were already recorded by the Babylonians over 4,000 years ago..." It was believed that what you do the first day of the year affects your entire year. This is truly what my mother instilled in my brothers and me when we were children – what we did on January 1st would be how we would be acting throughout the year. I remember her telling my two brothers when they started to argue/fight with each other that this is what they will be doing throughout the year. Well, that must be true because they always argued and fought each other throughout the year and subsequent years.

What you do on the first day of the year affects your entire year.

I thought this must be one of those Filipino superstitions – of course not realizing until now that the Babylonians thought this way. I remember one of my coworkers who was in law school telling me his plans for New Year's Eve was to have one of his law books in his hands at the stroke of midnight. I thought to myself – well, that does not seem like fun – no wonder he does not have a girlfriend! But what did I know? And he was not Filipino.

As I continue to google why we make New Year's Resolutions, another article stated that making resolutions actually "began during the reign of Caesar." According to this article, the written resolutions were "of moral nature, such as being kind to others." It also listed some options to consider in being kind such as, "volunteer in a church, synagogue or animal rescue organization." This is what we do – we volunteer to serve our communities, and we are kind to one another without making resolutions to do so – it is in our moral nature.



Making New Year’s Resolutions – setting our personal or work goals - traditionally begins on January 1, however, our Lions New Year begins July 1 and new District Governors and Club Presidents set their goals for their upcoming year. Can we say the District’s and Clubs’ goals can be the District’s New Year’s Resolutions? While we set our own personal goals – or resolutions – and more often we, or I should say I **always** forget about them and continue on my merry way. But the District goals are not just for personal reasons, but for the betterment of our District and the communities we serve. Therefore these goals are taken very seriously and adhered to by the District Governor and his or her Cabinet. It is a commitment of what they want to accomplish during their year; and accomplishing those goals makes us better Lions at the end of the year (in June).

Please stay safe and healthy. **Happy New Year!**

Yours Truly,

2VDG Zenny Yagen



LIONS OF DISTRICT 4-C5 WAS THE LARGEST TEAM AT RUN FOR A SAFE HAVEN



On October 23, 2021, Lions of District 4-C5 came out in force at William Land Park for Run for a Safe Haven, benefitting My Sister’s House (“MSH”). MSH supports Asian, Pacific Islander and other underserved women and children impacted by domestic violence, sexual assault and human trafficking, by providing a safe haven, job training and community service. **Thank you** to the following clubs and individuals, who supported this cause:



Camellia Lions Club: Sasha Eastley, Sandy Lim, Jenny Fong, Mei Lai, Jackie Liao;

El Dorado Hills Legacy LEOS: Samantha Butler and Sanya Murdeshwar (left);

Folsom Lake Lions Club: Evelyn Butler, PDG Carol Ring;

Folsom Host Lions Club: PDG Don Ring;

Maharlika Lions Club: PCC Derek Ledda, Ryan Reyes, Trish Uy Lane, Mark Bamba, Kendra Bamba, Lynne Ventura, Frank Zabal, PDG Sarah Enloe, Myrna Agbunag, Tony Bush, Bobby Felix, Siri Felix;

Midtown Lions Club: Ann Alvarez;

Metropolitan Lions Club: Lio Saephan, Jeff Locke, Cha Vang, Kaying Vang, Kasoua Vang, Yer Vang;

Senator Lions Club: Gloria Inaba, Stacy Matsunami, Irene Nabeta-Yee, Dr. Ernie Takahashi, Shirley Kato, Gayle Kono, Elaine Yoshikawa, John Yoshikawa, Melody Kasick.



Lions Clubs International Foundation (LCIF) Report

PDG Andy Anderson



As of November 30, 2021, District 4-C5's contributions to LCIF and activities on behalf of LCIF are as follows:

Total donations reported on LCIF Report for this year 2021-2022 are \$17,856.17.

Total number of clubs that have donated to LCIF: 47 of 50 (94%)

Total number of Zones visited: 7 of 8 (87.5%)

Total number of clubs visited: 37 of 50 (74%)

Total number of clubs with a Club LCIF Coordinator: 47 of 50 (94%)

Total number of club fundraisers conducted for LCIF: 3 completed and 1 in process.

This year we have several District, club and individual fundraisers set up for LCIF:

Eight Donation Boards have been given out to our Zone Chairs.

So far three Zone Chairs have completed their boards, two more are almost completed and the rest are having some success but they need help from the clubs in their Zones to complete their boards.

We have come to the end of our LCIF Emergency Disaster Grant for \$10,000 that our District Governor requested and received for the fires in our District. Our final report has been written, sent to LCIF, and approved.

We received another LCIF Matching Grant for \$100,000 to be used for purchasing Diabetic Retinopathy equipment to be used by the UC Davis Eye Center outlying offices. Lion Dr. Ernie Takahashi is the chair for this grant.

If a club would like to have more information about LCIF 100% Club, 100/100 Club or Model Club, **please ask**. Currently Higgins Diggins Lions have completed all of the requirements to become a LCIF 100% Club and Folsom Lake Lions are working on becoming both a 100% Club and a 100/100 Club for LCIF.

Club Presidents—even though we are just about to finish one half of the year, please start thinking about whether you want to present your members with a Melvin Jones Fellowship this year. During the MD4 Convention, International President Douglas Alexander will be our guest. He will be presenting Melvin Jones Fellowships during the Sunday morning breakfast. It would be a great honor to have him present the MJF to one of your members. If not, then DG Donna Prince would love to present several Melvin Jones Fellowships.

PDG Andy Anderson
District LCIF Coordinator



GLOBAL MEMBERSHIP TEAM NEWS

GMT Coordinator

DISTRICT 4-C5

PDG Andy Anderson

December 2021 GMT Report for District 4-C5

As of November 30, 2021, we have added 83 new, reinstated and transferred members to 33 clubs of our District for a 66% gain. We lost a total of 33, giving us a net growth of **50** so far for this year.

WE HAVE REACHED 1300 IN MEMBERSHIP – CONGRATULATIONS TO EVERYONE!

Our District's current make up of members is as follows:

Total members – 1297 Total Females – 594 (45.8%) Total Males – 703 (54.2%)

DG Donna's first goal is to have every club to have a net increase of 4 members. The clubs that have added 4 or more new member during the first four months are:

Sacramento Camellia LC (9) Davis Aggies Campus LC (5) Sacramento Valley Hi LC (4)
Sacramento Mabuhay LC (4)

The following clubs that have a net increase of 3 members are:

Colfax LC (3) Country Club LC (3) Downieville LC (3)
Foresthill LC (3) Higgins Diggins LC (3) Penn Valley Hi-Graders LC (3)

DG Donna's second membership goal is to have every club who has under 20 in membership increase to over 20 in membership. The following clubs started under twenty and you can see how they are doing with increasing new members. Out of 24 clubs starting under 20, 9 clubs has added a new member for 37.5%.

Lincoln Hills	19 members (+1)	Sac Mabuhay	23 members (+4)
Sac Nepalese	18 members (+1)	Davis Aggies	13 members (+5)
Penn Valley	19 members (+3)	Country Club	18 members (+3)
Nevada City	16 members (+1)	Folsom Lake	13 members (+2)
Citrus Heights	10 members (+2)		

To all Club Presidents and Club Membership Chairs, the International Board of Directors met and has extended the NO New Member Fees until June 30, 2022. Now we have more time to bring in those possible new members that you have been working on for the past 6 months.

Next, Lion Sheri Retzlaff has scheduled a **New Member Orientation** session to be conducted by Zoom on January 8, 2022 at 10 AM. District Governor Donna Prince has opened the **Proud Lion Award** to anyone who has never received it before. The New Member Orientation was added to the requirements in order to receive the Proud Lion Award.

If your club is going to have a membership drive, please let me know so that I can get all of the LCI brochures and pamphlets to you for your event.

PDG Andy Anderson
District GMT/GMA Coordinator



Lions Clubs International

Membership Division
Lions Clubs International
300 W 22ND ST
Oak Brook IL 60523-8842 USA
www.lionsclubs.org
Email: membership@lionsclubs.org
Phone: 630.203.3846

Welcome New Members!

District 4-C5 Newest Members for December 2021

Name	Club Name	Zone	Region
Walker, Nancy	Lincoln Hills	Eureka	Washoe
Waller, Stacey	Woodland Host	Gordon	Dos Rios
Xue, Judie	Sac Camellia	Crocker	Sacramento
Neil, Gregory	Elk Grove	Sutter	Sacramento
Yeung, Daryl	Davis Campus	Gordon	Dos Rios

District 4-C5 Reinstated or Transferred Members for December 2021

Name	Club Name	Zone	Region
Ferguson, Claudia	Folsom Lake	Marshall	Washoe
Harmon, Sandra	Folsom Lake	Marshall	Washoe
Higginbotham, Ann	Elk Grove	Sutter	Sacramento
Higginbotham, Ron	Elk Grove	Sutter	Sacramento
Kalagara, Kumar	Higgins Diggins	Sierra	Dos Rios
Santos, Tony	Folsom Lake	Marshall	Washoe



Multiple District Four Proud Lions Award

District Governor Lion Donna Prince has opened the MD-4 Proud Lion Award to anyone (new or old Lion) in our District. This action must be completed during her year. Below is the form Lions can use to apply for this award.



Lion's Name: _____

Club's Name: _____

The following requirements of the Proud Lion program have been successfully attained by the Lion listed above and under the guidance of the Club President or Sponsor and qualify for the Proud Lion Award.

Attend a club board meeting (Date: _____)

Participate in a club service or fund-raising activity (Event: _____)

Introduce a new prospective member to the club (Name: _____)

Make a visit to another club and secure a visitation slip (Club: _____)

Attend a Zone, Region, district or multiple district meeting and report back to the club
(Date: _____)

Attend the New Member Orientation held at the District Cabinet Meeting (Date: _____)

Name of the Club President: _____

If a new member: Sponsor's name: _____

Club Secretary Signature: _____

Upon completion, please submit the form to PDG Andy Anderson for processing.

Email: andersj@frontiernet.net

We will send out notifications when the New Member Orientations will be held. If your club would like to have one during your meeting, please call Lion Sheri Retzlaff (916-225-0126) or email her at sheriretzlaff@sbcglobal.net.

GLOBAL MEMBERSHIP TEAM NEWS

GMT Coordinator

DISTRICT 4-C5

PDG Andy Anderson

January 2022 GMT Report for District 4-C5

As of December 31, 2021, we have added 94 new, reinstated and transferred members to 34 clubs of our District for a 68% increase in membership. We lost a total of 53, giving us a net growth of **41** for this year. After several years of struggling to keep the club active, Citrus Heights Lions Club has turned in its charter. The good news is that 9 of the 10 members are transferring to other clubs within our District.

Our District's current make up of members as of December 31, 2021 is:

Total members – 1305

Total Females – 600 (46%)

Total Males – 705 (54%)

DG Donna's first goal is to have every club have a net increase by 4 members. The clubs that have added 4 or more new members during the first six months are:

Sacramento Camellia LC (10)

Davis Aggies Campus LC (6)

Folsom Lake LC (5)

Higgins Diggins LC (4)

Sacramento Valley Hi LC (4)

Sacramento Mabuhay LC (4)

The following clubs have a net increase of 3 members are:

Colfax LC (3)

Country Club LC (3)

Foresthill LC (3)

Penn Valley Hi-Graders LC (3)

DG Donna's second membership goal is to have every club who has under 20 in membership increase to over 20 in membership. The following clubs started under twenty and you can see how they are doing with increasing new members. Out of 24 clubs starting under 20, 9 clubs has added a new member for a 37.5% increase.

Lincoln Hills 20 members (+2)

Sac Mabuhay 23 members (+4)

Sac Nepalese 18 members (+1)

Davis Aggies 14 members (+6)

Penn Valley 19 members (+3)

Country Club 18 members (+3)

Nevada City 16 members (+1)

Folsom Lake 16 members (+5)

To all Club Presidents and Club Membership Chairs, the International Board of Directors meet and has extended the NO New Member Fees until June 30, 2022. Now we have more time to bring in those possible new members that you have been working on for the past 6 months.

Lion Sheri Retzlaff has scheduled a **New Member Orientation** session to be conducted by Zoom on January 8, 2022 at 10AM. District Governor Donna Prince has open the **Proud Lion Award** to anyone who has never received it before. The New Member Orientation was added to the requirements in order to receive the Proud Lion Award.



If your club is going to have a membership drive, please let me know so that I can get all of the brochures and pamphlets from LCI for your event that talks about Lions.

PDG Andy Anderson
District GMT/GMA Coordinator



Lions Clubs International Foundation (LCIF) Report

January 2022

PDG Andy Anderson



As of December 31, 2021, I submit the following report on the LCIF activities in the District:.

Total funds donated to LCIF - \$23,931.18

The following is how we stand as a District in completing DG Donna's LCIF goals that she has set for her year:

To be a 100% District in donations – Currently we are at **94%**.

To have five clubs become a 100% Club – Currently we are at **20%**.

To have one club become a 100/100 Club – Currently we are at **0%** and we have one club that is very close to completing the requirement to become a 100/100 Club.

To have one club become a Model Club – Currently we are at **0%**. We have two clubs trying to complete this requirement.

To be a 100% District in Club-LCIF Coordinators – We have **100%** compliance.

To conduct two District wide fundraising events for LCIF – Currently we are at **45%**

This year we have several District, club and individual fundraisers setup for this year for LCIF.

We received the funds for LCIF Matching Grant for \$100,000 to be used to purchase Diabetic Retinopathy equipment for the UC Davis Eye Center outlying offices.

If a club would like to have more information about LCIF 100% Club, 100/100 Club or Model Club, **please ask**.

Club Presidents, we have completed one half of the year, please start considering members of your club for a Melvin Jones Fellowship this year. During our District Convention, DG Donna Prince would love to present several Melvin Jones Fellowships.

PDG Andy Anderson

District LCIF Coordinator



For First Responders of Bennett and River Fires:

A Very Special Show of Appreciation by Sierra Zone and District 4C5 Lions Clubs

Submitted by Lion Amor Traceski

When the Bennett and River Wildfires threatened our communities this past August, first responders throughout Nevada County joined forces to protect us all from harm and further devastation. Since then, the six Western Nevada County Lions Clubs of the Sierra Zone and District 4-C5 wanted to do more to express their gratitude. On November 20th, they delivered over 230 hot lunches to the first responders and, on December 7th, they presented special Plaques of Appreciation to the various fire chiefs and law enforcement heads at the Western Nevada County Fire Chief's meeting held at Tofanelli's Gold Country Bistro in Grass Valley.



Sierra Zone and District 4-C5 Lions pose with the Nevada County fire chiefs and law enforcement agency heads at Tofanelli's.

(photo credit: Amor Traceski)



Above: Sierra Zone Chair Tom Parilo addresses Fire and Law Enforcement Leaders
(photo credit: Amor Traceski)

Left: Lions 4-C5 District Governor Donna Prince presents a Plaque of Appreciation to Sam Goodspeed, Nevada City Fire Chief

(photo credit: Amor Traceski)

FOLSOM PROJECT FOR THE VISUALLY IMPAIRED

Submitted by Lion Dee Farmer

The Folsom Project for the Visually Impaired was established as a community service program in 1989 by the Folsom City Host Lions, as a non-profit, tax-exempt organization located within the granite walls of Folsom State Prison. The program is still operated by Folsom Prison staff and inmates and is supported by the eyeglass collection program conducted by many of the Clubs within District 4-C5.

The project also established a close working relationship with the Vision Service Plan (VSP) organization. The VSP Vision Care is a vision care health insurance company operating in Australia, Canada, Ireland, the United Kingdom, and the United States. The headquarters is located in Rancho Cordova. VSP provides the Lions with certificates, which provide free examinations and free glasses to many of those who cannot afford to buy them.

PDG Lion Don Ring, a member of Folsom City Host, has been instrumental in leading this project since it was established. He has also been a Board member of FPVI since the beginning of the project. On December 1, 2021, VSP Vice President Ken Stellmacher attended the Folsom City Host Club meeting and presented a plaque to Don in recognition of his many years of service and his "hard work and dedication to help people in need see." In his introductory comments Ken said that VSP has 4 core values, the first one being "We Care." And, he continued, Don cares for us, the inmates, all Lions, and all those for which vision is an issue. Under Don's direction, the FPVI Project has distributed close to 7 MILLION pairs of eyeglasses to people throughout the world.



**CONGRATULATIONS
PDG DON RING**
on this well-deserved recognition!

Don Ring: Thank you for your hard work and dedication to help people in need see.

Sacramento Region People-to-People Thanksgiving Project

Thanksgiving Day, November 25, 2021

By Sacramento Region Chair Lion Josephine Fong

Mention Thanksgiving and that will invariably bring to mind a picture of cheerful people gathered together seated at a large table enjoying a feast of good food. Specific to the occasion would be first and foremost turkey, and an array of side dishes such as stuffing, mashed potatoes, cranberry sauce, vegetables, bread, desserts of pumpkin pie and other sweets and drinks.

On Thanksgiving Day, November 25, 2021, the Lions clubs in the Sacramento Region of District 4-C5 along with the Sacramento Community hosted such a dinner and served people who were less fortunate at the Pannell Meadowview Community Center, 2450 Meadowview Road, Sacramento, from 11:00AM – 2:00PM. An estimated 300 people were served a free hot and delicious Thanksgiving meal of turkey and all the “fixings” as mentioned above.

The Lions in the Sacramento Region took on this service project because one of the three originators of the People-to-People Project in the Sacramento community, Lion Laurie Dapelo O’Brien, was tasked with continuing this legacy after the other two, both of whom moved out of the state. Lion Laurie had been an

integral part of this project continuously for the last 24 years. It was canceled only once in 2020 due to the Covid-19 pandemic. With health guidelines being less restrictive in 2021 and the need to feed the hungry even more pressing, Lion Laurie asked if other Lions in the region would be willing to step in to fill the gap created by the two people who had left. After hearing the call for assistance, Lion Josephine Fong, Sacramento Region Chair, with the support and cooperation of the Zone Chairs, Lion Jack Edwards of the Sutter Zone and Lion Brent Showalter of the Crocker Zone decided to take

on hosting and serving the Thanksgiving meal on Thanksgiving Day making it a Sacramento Region Service Project.

The scope of the project seemed daunting. However, we were not deterred. We met at Lion Laurie’s house and mapped out what needed to get done and divided the work among the four of us. The bulk of the work, however, was still shouldered by Lion Laurie who had to order the food, organize the prepping and cooking of it all.



DG Donna Prince, RC Josephine Fong and Lion Laurie Dapelo O’Brien take a breather on Thanksgiving Day.

Next, word needed to go out to the community that they were invited to the Thanksgiving Day meal. Sutter Zone Chair Jack organized the distribution of notices, which were hand-delivered to schools in the Sacramento area. Lions and others were informed of this project and were invited to donate money to purchase supplies and turkeys and to volunteer at the event.

As always, Lions were very generous with their money and food donations. Some Lions not only contributed money but also gave of their time and effort to volunteer on the day of the event. 2VDG Zenny Yagen's association with public figures procured a \$1,000 donation from Sacramento Councilperson Mai Vang's office and 20 turkeys from California Assemblyperson Jim Cooper. Much thanks also go to the clubs in the Crocker and Sutter Zones and individual Lions within and outside the Zones for their generous donations of money, turkeys and effort. Lions truly live up to the motto, "We Serve."



On the day of the event, 56 volunteers, some Lions including PCC Derek Ledda and PDG James Fong and many non-Lions from the community came and served guests in a restaurant-like setting at the Pannell Meadowview Center. Early that morning, at 5:00AM, a dozen Lions from Pride of Laguna Creek Lions Club and Elk Grove Lions Club, including PDG Mike Retzlaff and PDG Andy Anderson, roasted some 60 turkeys. Included in the kitchen crew was our very own District Governor Donna Prince who felt right at home in the kitchen as her family had owned a restaurant in Grass Valley for the past 35 years! The entire event had a festive mood because Crocker Zone Chair Brent, with his awesome interpersonal skills, was able to bring in a jazz band to entertain gratis for several hours. The two-person band was amazing and their music was enjoyed by all.

Thanks to the collective efforts of everyone, the event was a success, which was a wonderful way to cap off the 25th year of the People-to-People Project. With the help of Lions in 2022, we hope to make this service project even better. It would be greatly appreciated if clubs could set aside money in any amount of their choosing in their budget to help support and sustain this very worthwhile project. Your donations, whether by the clubs or by individuals are very important for this project to continue.

As always, thank you to ALL for your support and commitment to Lionism!



Washoe Region District Cabinet Meeting

Sunday, November 21, 2021

Folsom Community Center

At the District Cabinet Meeting on November 21, 2021, we honored Veterans and Lions Gone But Not Forgotten. Lions learned about Lions Quest (Lion Kathleen Daugherty), Student Speakers Contest (2VDG Zenny Yagen), Our Changing Climate, Problems and Solutions (PCC Derek Ledda and SMUD Board Member Dave Tamayo) and Coalition for Medical Professionals (GST Jeri Wartena and guest speaker). Special thanks to Region Chair Tony Santos, Zone Chairs Jill Santos and Suzi Mortensen, the Eureka and Marshall Zone Clubs, and all who made the meeting possible.



The El Dorado Hills Legacy Leos collected items for Crisis Nursery.



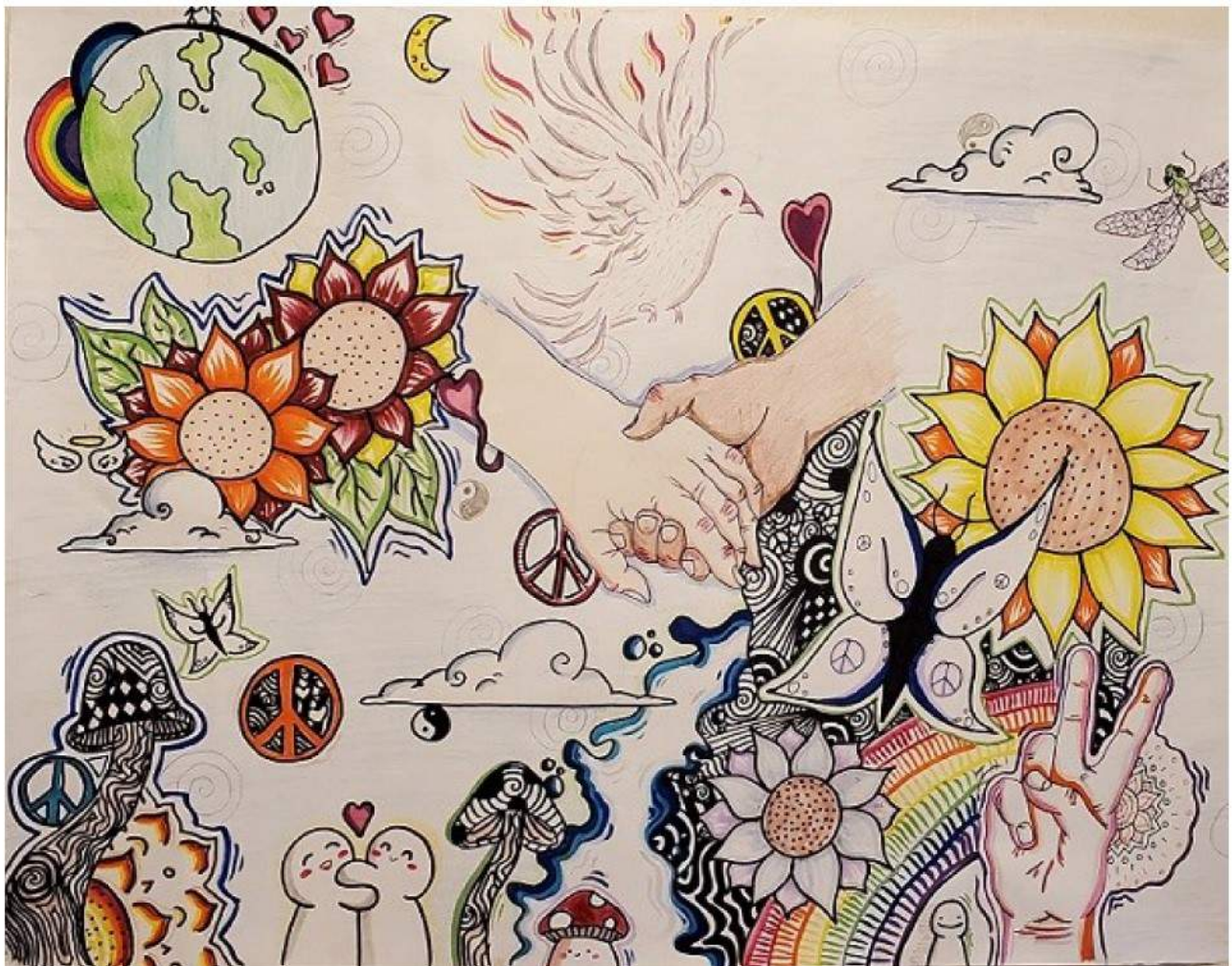
DISTRICT 4-C5'S INTERNATIONAL PEACE POSTER CONTEST

There were 18 clubs who submitted entries in District 4-C5's International Peace Poster Contest, held on November 21, 2021 at the District Cabinet Meeting in Folsom. Congratulations to Nicole Tyra, a 6th grader at Magnolia Intermediate School in Grass Valley! Nicole Tyra was sponsored by Higgins Diggins Lions Club. Nicole's poster will advance to the MD-4 Contest to be held at the MD-4 Convention in February 2022 in San Diego.

For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity.

This year's theme is "We Are All Connected."

Kits for next year's contest (2022—2023) will be available for purchase from January 15 to October 1, 2022.



LION FRANK WONG AND PDG HERBERT YEE ARE AWARDED THE CONGRESSIONAL GOLD MEDAL

Over the past 1 ½ years, the Capitol Lions Club lost its two remaining Charter Members, Lion Frank Wong and PDG Herbert Yee. Lion Frank passed away in June 2020 at age 95 and PDG Herb passed away in June 2021 at age 96. Both were recently honored posthumously for their service in World War II with the presentation of the Congressional Gold Medal to their families, along with the families and next of kin of over 100 other Chinese American World War II veterans, during a ceremony held on Saturday, October 30, 2021 at the Elks Lodge #6 in South Sacramento. Sadly, most of the Chinese American veterans of World War II have passed away; but their families filled the banquet hall at the Elks Lodge to receive the gold medals and the thanks of a grateful nation for their service. We are honored that two of our Capitol Lions were awarded the Congressional Gold Medal for their World War II service.

The Chinese American World War II Veteran Congressional Gold Medal Act was approved by Congress and signed by the President in 2018. The Congressional Gold Medal is the highest civilian honor awarded by Congress. The Chinese American WW II Veterans Recognition Project spearheaded the Congressional Gold Medal process, and the Chinese American Citizens Alliance, Sacramento Lodge, hosted the local event.



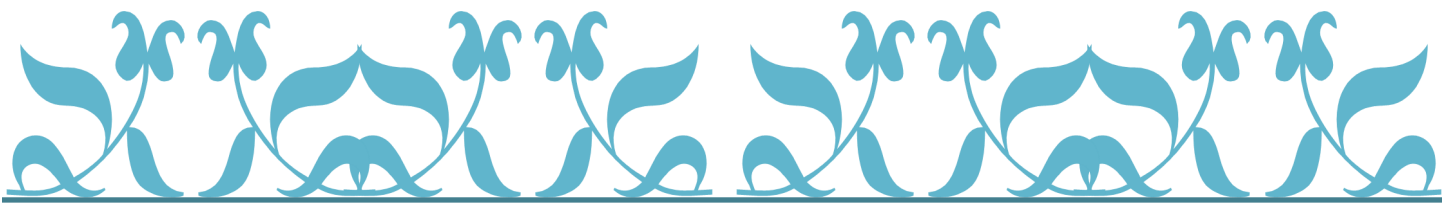
Setting Up for the Gold Medal Presentation



Frank Wong's Daughter Judi Accepting his Gold Medal



Congressional Gold Medal Honoring Chinese American WW II Veterans



Roseville Host Lions Club hosts a Successful Paint and Sip Fundraiser



Participants expressed their creativity while enjoying each others' company and sips at this Fundraiser on December 5, 2021.

LIONS IN THE NEWS

On January 3, 2022, Channel 13 reported that at the VFW Hall in Colfax people were making hot meals for those who lost power. The reporter didn't mention Lions, but that yellow shirt got DG Donna's attention!

Keep up the good work Colfax Lions!



News from Placerville Lions Club

Submitted by Joy and Rich Martin

This October 31st the youth once again came to our community's Halloween Party in Town Hall on Main Street. This is our club's annual event and all our games and decorations had to be dusted off since the party was cancelled last year. It was great to see over **260 children** come to the event in costume to have fun. We also had some youth from our high school help with the games. It was a great time to connect, laugh, and feel young again.

On October 19th we had the honor of welcoming our District Governor Donna Prince in for her visitation to our club. Lion Brad Prince accompanied her along with PDG "Andy" Anderson and Global Service Team Coordinator Jeri Wartena. The honor shifted suddenly when DG Donna and PDG Andy surprised us all in presenting a Melvin Jones Fellowship Award to **Lion Joy Martin**.



*Melvin Jones Fellow Joy Martin with DG Donna,
President Rich Martin and PDG Andy Anderson.*

In November, our speakers were Lions who recently had a trip to South Africa. We enjoyed their slides and stories, but also are proud of how they carried their Lion commitment to serve on their journey. When visiting one school they learned of a young person with serious eye problems. They immediately thought they had an answer to help. With the help of connections in our District, they are now making progress to connect with the Lions Club near to the student's school to hopefully provide the gift of sight. It is tremendous to belong to an organization that has international connections to expand services around the world.

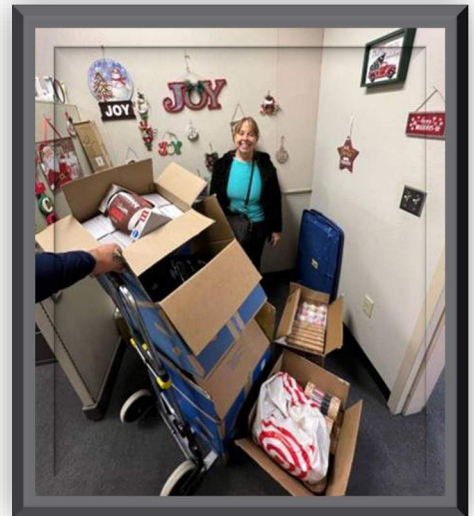
News from Folsom Lake Lions Club

Submitted by Lion Dee Farmer

FOLSOM LAKE LIONS WISHES THAT ALL OF YOU HAD A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR.

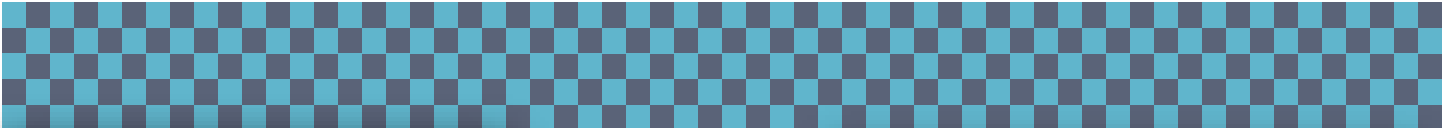
December was a fun month. It seemed like there were lots of Christmas celebrations. We started out the month with a visitation to Folsom City Host to honor PDG Don Ring and his contributions to the Folsom Project for the Visually Impaired. He was given a special award by the VSP organization for his many years of dedicated service.

Every year the Folsom Citizens Assisting Public Safety (CAPS), in partnership with the Folsom Police and Fire departments, collect items for the annual toy drive. The toys and gifts collected are delivered to Folsom families in need by police and fire personnel in the days before the holidays. The program helps hundreds of community members annually and is sponsored by the Folsom Police Foundation. Every year the Folsom Lake Lions budget \$500 to purchase gifts for teens, since there seems to never be enough for that age group. Lions Rita and Karen do the shopping and then deliver the items to the Police Department. Here's a photo of Lion Rita dropping off the items.



Then on Dec 9 we had our first semi-monthly meeting during which time we all packed Christmas gift bags to donate to Seniors in the Folsom community. Club members purchased a variety of items for the bags. We worked with the Powerhouse Ministries organization in Folsom, who handled the distribution to one of the local care homes. President Lion Gail delivered the bags to the Powerhouse Ministries and then was invited to be part of the distribution to the Seniors. All in all it was a great Club project.





On December 15 we all gathered at the home of our President Lion Gail for our annual Christmas potluck and gift exchange. Spouses were invited and we had a total of 14 attendees. This has become an annual tradition and is always greatly enjoyed by all of us.



District Christmas Party

December 12, 2021, Higgins Diggins Lions Clubhouse

All were invited to District Governor Donna’s Christmas Party on December 12, 2021. Santa (aka 1VDG Tim Luckinbill) made his jolly appearance. The Maharlika Singers provided the beautiful music and sing-a-longs. PDG Mike and Lion Sheri Retzlaff led the fun and games. Thanks to Higgins Diggins Lions Club, we enjoyed tasty food and gained a few pounds. Best of all, we enjoyed each others’ company.

May 2022 be filled with good health, prosperity, much laughter and love.





DISTRICT 4-C5 LIONS EDUCATION FUND, INC.

LEF Lions Education Foundation

YOUTH OUTREACH AND LEO REPORT DECEMBER 2021

Fellow Lions:

There are still 13 Leo Clubs listed as active in our District. We are slowly, slowly moving forward on improving reporting with LCI. Several Leo Clubs are updating their membership reports now.

Colfax High School Leo Club is going strong . They have a great Instagram Page they use to communicate with their members and outsiders.

Placer High School Leo Club completed a school required Constitution and By-Laws and a written budget. The general members voted to approve all of this at their last meeting. Placer Leos finished an eyeglasses drive and delivered hand-made Christmas cards for homebound clients of Auburn Interfaith Food Closet.



Placer High School LEOS deliver cards to Isabelle Gaultier of AIFC)



E.V. Cain Service Club Leos held their annual Hometown Heroes Luncheon on December 3rd for volunteer and paid leaders and service providers in Auburn. Those honored were from Lions, Kiwanis, Rotary, CalFire, Feed the Hungry of Auburn Leadership, Wreaths Across America, Placer County Supervisor Jim Holmes, CHP, Auburn Police Department, and WW II Army Veteran Everitt Butts.

Left: WWII Veteran Everitt Butts and LEO David Glen

I will be encouraging District 4-C5 Leos to participate in the upcoming MD-4 2022 Youth Exchange Program at Camp Teresita Pines.

- Lion Steve Murphy