



Lions Pride

July 2022

Volume 46

July 2022

District Governor Tim Gets Dunked



Photo Credit: Nevada City Lion Jackie Wapp

It was a beautiful day for a dunk in the pool. The tradition of the Governor's Dunk continued at the home of Grass Valley Host Lion Ginger Jackson. A Lion lends a helping hand to DG Tim.

“SERVICE, LIONS LENDING A HELPING HAND”



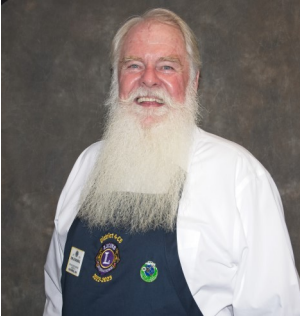
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International President Brian Sheehan's Theme: Together We Can



Each of us can do so much good on our own, but Together We Can make the impossible, possible. Because to accomplish big things, we all need to roll up our sleeves and do our part. And together, we can make our communities—and the world—a better place for all people.



DG TIM LUCKINBILL

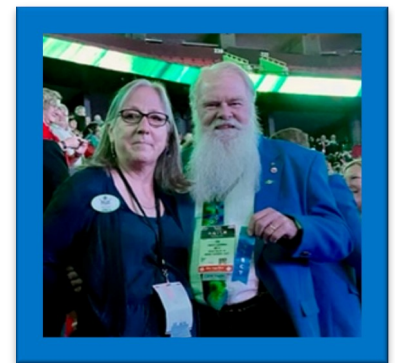
“SERVICE, LIONS LENDING A HELPING HAND”

Happy 4th of July District 4C5!

It is June 30th and DG Donna isn't counting down the days anymore, she is counting hours and minutes until she is our IPDG. What a feeling it must be.

Much appreciations goes out to DG Donna and her Cabinet for doing a bang up job this past year. She has met all her goals and/or exceeded them. Donna has worked hard with her Council of Governors to keep MD-4 on the straight and narrow for the Lions of California. My hat is off to you, Governor. You can start getting back to some normal activities in the coming weeks and months. THANK YOU 🙏 Donna for a great year.

I just got back from the International Convention in Montreal Canada. What an experience! If you haven't attended an LCI Convention in the past please do in the future. It is an outstanding event to attend - Educational classes, live entertainment, events where the world leaders of Lions meet and greet other Lions from around the world 🌐. Great speakers will motivate you to be a better Lion for your club, community and district. The conventions are always held at beautiful cities around the world with great sites to visit. It was a great experience to be in Montreal and be installed as your next District Governor.



Our new International President Brian Sheehan from Bird Island, Minnesota is a Lions' Lion. He is working very hard on the coming year to make Lionism fun with lots of new service projects to do in our communities. So get fired up! SERVICE is going to be the word next year. We have done very well coming out of the COVID years with fundraisers and service projects. The goal is to increase service and have fun doing it. Help our communities be even better to live in. WHERE THERE IS A NEED, THERE IS A LION. International President Brian has a outstanding motto, “ TOGETHER WE CAN.” So let's make it happen!

I'm looking forward to my visits to the clubs or even better - being invited to work at your club's service projects. We'll have the new District Directory out very soon so please keep me on your speed dial for any service project coming up in the future. Names and numbers in the directory will be current for the coming year. A special thanks goes out to Lion of the Year Jeri Retzlaff for her HARD WORK getting the directory ready for printing.

See you all down the road very soon.

DG Tim Luckinbill

“SERVICE, LIONS LENDING A HELPING HAND”



1VDG ZENNY YAGEN

INSIGHTS ALONG THE JOURNEY TO DG



Hello Fellow Lions!

Happy New Lions Year! I cannot believe this is already July, the past year has come and gone. As a Lion I always look forward to this time of the year. It's the time where clubs celebrate their incoming officers and the success of their outgoing officers by conducting the Installation of Officers. I enjoy going to these events as each club installation is different – each club is unique with their celebration. As a District officer, I truly appreciate attending these events even more to just see and meet the new officers and club members. I love seeing the proud and happy faces of the outgoing and incoming officers; and of course, the support they receive from everyone in attendance.

The past two years – The Pandemic – have categorically changed our lives. But as Lions, regardless of the challenges, we are diligent and dedicated to serve those in need – WE ARE HERE and THERE. We celebrated those achievements – and we will continue celebrating one another. Things are looking brighter and brighter - we are all optimistic about moving forward to the new normal. Last year we began moving forward, becoming social again, going places, eating in restaurants, but still being cautious to protect ourselves, our families, and friends. We will continue to practice caution as the virus is still around us, and this is the new normal. Coronavirus changed our lives and we found ways to adapt, to learn new skills, i.e., Zoom, and learn to appreciate our everyday lives – quieter lives. We will continue improve and explore more ways to be more effective and efficient to connect with others and allow us to serve more people. We will continue celebrating!

Indeed, I love being a Lion.

1VDG Zenny Yagen

New publishing timing for The Pride for service year 2022- 2023!!

The Pride will now be published every other month, as approved at the 2022 district convention. Please continue to submit your stories to :
4c5bulletin@gmail.com

Articles and stories must be submitted by the following dates:

2022: August 25; Oct. 25, Dec. 25

Project Care 2022-2023 Youth

August 2022
Youth Day
Youth focus including Leos in Service Activities
Leo participating at COG





2VDG VICKY BRADY

LEADERSHIP ON THE HORIZON

Greetings, MD4C5 Lions!

I am so excited to be a part of the coming year as your 2nd Vice District Governor. Thank you for your support and words of advice!

I am really looking forward to meeting with all the District officers and club members, and I'm excited to hear about your projects!

District Governor Tim is working hard to set up the calendar for the next several months. Cabinet Secretary Josie is scheduling club visitations, club events, 4-C5 events, monthly executive cabinet meetings and quarterly District cabinet meetings. You are always invited, so please plan to attend when you can.

In addition, MD-4 is starting to plan the USA/Canada Forum for next year (September 21-23, 2023) in Reno, Nevada. California is hosting, so we will be looking for volunteers to help plan, set up and greet our guests from around the US and Canada. There will be lots of interesting forums for you to attend and we want our volunteers to take advantage of them also. It's going to be a really fun time and a great adventure for us.

If you are interested in signing up as a volunteer for the USA/Canada forum, please email your name, club, District, email and phone number to PDG Linda Griffin at pdglindagriffin@sbcglobal.net.

I look forward to meeting with you this year!

2VDG Vicky Brady



Volunteers are needed to help plan, set up and greet our guests at the USA/Canada Forum, September 21-23, 2023.

Lions Clubs International Foundation (LCIF) Report

PDG Andy Anderson



As of June 30, 2022, I submit the following report on the District actions in reference to LCIF.

Total funds donated to LCIF - \$69,013.85 – DG Donna’s goal was \$39,000.

100% completed

The following is how we stand as a District in completing DG Donna’s LCIF goals that she has set for her year:

To be a 100% District in donations – We are at **100%**

To be a 100% District in Club-LCIF Coordinators – We have **100%** compliance

To have seven clubs become a 100% Club – We are **100%**

Folsom Lake LC, Grass Valley Foothill LC, Higgins Diggins LC, Nevada City LC, Woodland Host LC, Woodland Reveille and Woodland Yolo Sunset

To have one club become a 100/100 Club – We are **100%**

Folsom Lake LC

To have one club become a Model Club – We are **100%**.

Grass Valley Foothill LC

To conduct two District wide fundraising events for LCIF – We are at **100%**

This year we held several District, club and individuals fundraisers:

All donations from the LCIF boards have been turned in;

Three clubs held fundraisers for LCIF; and

PDG Sarah Enloe cut her hair for LCIF.

So far, 23 clubs have donated \$17,128.36 to the LCIF Ukraine Relief Fund.

If a club would like to have more information about LCIF 100% Club, 100/100 Club or Model Club, **Please ask.**

PDG Andy Anderson
District LCIF Coordinator



GMT NEWS

GMT COORDINATOR PDG ANDY ANDERSON



As of the last day of Lion Donna Prince as our Governor, out of 50 clubs, we have added 233 new, reinstated and transferred members to 42 clubs. We lost a total of 170 in 33 clubs, giving us a net growth of **63** for this year!

District 4-C5 would like to welcome **Rio Linda Elverta Country Lions Club**. They were chartered on June 27, 2022 with 25 new members and 6 transfer members for a total of 31 members.

Our District's current make up of members as of June, 2022 is:

Total members – 1297 Total Females – 603 (46.5%) Total Males – 694 (53.5%)

IPDG Donna's first goal was to have every club bring in 4 members. The clubs that have added 4 or more new members are:

Sacramento Golden State LC (20)	Rio Linda LC (12)	Davis Aggies Campus LC (12)
Sacramento Camellia LC (11)	Higgins Diggins LC (10)	Sacramento Malaya LC (9)
Roseville Host LC (8)	Penn Valley LC (8)	Sacramento Antelope LC (8)
Loomis LC (7)	Foresthill LC (7)	Sacramento Maharlika LC (7)
Elk Grove LC (6)	Folsom Lake LC (6)	Sacramento Mabuhay LC (6)
Sacramento Valley Hi LC (6)	Galt (5)	Colfax LC (4)
Downieville LC (4)		

The following clubs have added 3 members:

Auburn 49ers LC (3)	Country Club LC (3)	Mother Lode LC (3)
Sacramento Midtown LC (3)	Sacramento Nepalese LC (3)	Woodland Host LC (3)

IPDG Donna's second membership goal was to have every club that has under 20 in membership increase to over 20 in membership. Out of 24 clubs starting under 20, 11 clubs have added a new member for 45.8% and 4 clubs have gone over 20 in membership.

Sac Mabuhay LC	19/23 members (+4)	Lincoln Hills LC	18/20 members (+2)
Sac Fort Sutter LC	18/19 members (+1)	Penn Valley LC	16/24 members (+8)
GV Gold Country	16/17 members (+1)	Country Club LC	15/18 members (+3)
Sac Golden State LC	13/31 members (+18)	Sac Midtown LC	13/15 members (+2)

Lion Sheri Retzlaff will continue instructing the New Member Orientation. Please keep your ears open for more information to be sent out by Lion Sheri. If you would like to have Lion Sheri visit your club, please contact her to set this up.

PDG Andy Anderson
District GMT/GMA Coordinator

TIME TO SAY GOODBYE

Lion of the Year Jeri Retzlaff, a volunteer Breeder / Caretaker for Canine Companions, recently said goodbye to nine of her charges. Rumor's puppies, who will now be cared for by Puppy Raisers, will attend obedience classes and receive socialization and training to become future service dogs. Service dogs partner with adults with physical disabilities to assist them with daily tasks and increase their independence.

Thank you, LOY Jeri for caring for these little Miracles in the Making!





Welcome New Members!

District 4-C5 Newest Members for June 2022

Name	Club Name	Zone	Region
Melander, Binns	Auburn 49ers	Foothill	Donner
Pbari, Akanksha	Davis	Gordon	Dos Rios
Crough, Brian	Elk Grove	Sutter	Sacramento
Hick, Richard	Galt	Sutter	Sacramento
Hicks, Kim	Galt	Sutter	Sacramento
Mason, Ed	Galt	Sutter	Sacramento
Southall, Lisa	Grass Valley Gold Cty	Sierra	Donner
Landon, Wayne	Higgins Diggins	Sierra	Donner
Shrader, Jackson	Higgins Diggins	Sierra	Donner
Lynch, Beverly	Newcastle	Eureka	Washoe
Meyer, Betty	Pen-Valley	Sierra	Donner
Meyer, Michael	Pen-Valley	Sierra	Donner
Motta, Cynthia	Pen-Valley	Sierra	Donner
Gonzalez, Al	Roseville Host	Eureka	Washoe
Arcuri, Sean	Sac Antelope	Wolfskill	Dos Rios
La, Wendi	Sac Antelope	Wolfskill	Dos Rios
McCarthy, Shannon	Sac Antelope	Wolfskill	Dos Rios
Blazer, James	Sac Golden State	Sutter	Sacramento
Hassan, Maryjoyce	Sac Golden State	Sutter	Sacramento
Ines, Mita	Sac Golden State	Sutter	Sacramento
Inouye, Evelyn	Sac Golden State	Sutter	Sacramento
Inouye, Grant	Sac Golden State	Sutter	Sacramento
Juan, Johnny	Sac Golden State	Sutter	Sacramento
Juan, Lilia	Sac Golden State	Sutter	Sacramento
Lozada, Marygrace	Sac Golden State	Sutter	Sacramento
Miguel, Avelina	Sac Golden State	Sutter	Sacramento
Miguel, Felipe	Sac Golden State	Sutter	Sacramento
Miguel, Ramon	Sac Golden State	Sutter	Sacramento
Miguel, Teresita	Sac Golden State	Sutter	Sacramento
Seid, Leslie	Sac Golden State	Sutter	Sacramento

District 4-C5 Newest Members for June 2022 (continued)

Spangenburg, Marilou	Sac Golden State	Sutter	Sacramento
Tabios, Hermacia	Sac Golden State	Sutter	Sacramento
Llamas, Elmaly	Sac Maharlika	Crocker	Sacramento
Yoon, Grace	Sac Maharlika	Sutter	Sacramento
Cuaresma, Maribel	Sac Malaya	Crocker	Sacramento
Fong, Christina	Sac Malaya	Crocker	Sacramento
Fong, Malacino	Sac Malaya	Crocker	Sacramento
Ingargiola, Sofia	Sac Malaya	Crocker	Sacramento
Jumamoy, Merle	Sac Malaya	Crocker	Sacramento
Lunbang, Daniel	Sac Malaya	Crocker	Sacramento
Yapdiangco, Danilo	Sac Malaya	Crocker	Sacramento
O'Brien, Shannon	Sac Midtown	Wolfskill	Dos Rios



WANTED!!!

The 86th Multiple District 4
Student Speakers Contest

TOPIC SUGGESTIONS

**PLEASE EMAIL YOUR
TOPIC SUGGESTIONS
to Past Council Chair Dave Johnson
District 4-C5 Student Speaker Foundation
Chairman
pccliondave@gmail.com**

by AUGUST 10, 2022

or

any other questions you might have about the
Student Speakers Contest.

Thank You





GLT NEWS

GLT COORDINATOR JERI RETZLAFF

Taking the Lead in District 4-C5

Happy New Year, and congratulations to all the Lions in our District that have stepped into Leadership roles for their clubs. Your service to your community is noted and appreciated. I know it was not an easy decision for leadership takes time and a commitment. So no matter if this is your 1st time in a leadership role – or your 2nd, 3rd, or ---- , your commitment is recognized and appreciated.

The District is happy to announce the schedule of Club Officer Training for 2022-23. I have listed the most current schedule below – so if you have other dates, please update your calendars now. All Club officers are expected to attend training each year they serve.

Club President, & Vice Presidents – July 9th @ 9am and August 13th @ 11 am
Club Secretaries & Club Administrators – July 9th @ 11am and August 13th @ 9am
Club Treasurer – July 9th @ 1pm & August 13th @ 1pm.
Membership Chair – July 30th @ 9am
Marketing Chair – July 30th @10:30am
Service Chair – July 30th @ 1pm

All of these trainings will be offered by Zoom. All officers that have been listed on your Club's Officer list should have gotten an invitation with the Zoom information and support materials.

If you want to attend and did not receive the Zoom link, please reach out to me at (916) 206-3678 or email me at jeri.retzlaff8331@gmail.com and I will get you the link.

For Officers that are repeating in an office, we will be having a “refresher” course at the District Cabinet Meeting scheduled for August 6th. If you want to attend the session, please let me know so I can put you on the list.

In September our district will be offering A Certified Guiding Lion Training session on September 24th. Look for more information about this in the next edition of the Pride.



DISTRICT 4-C5 TRAINING

2022 - 2023

UPDATE 7/24/22

It's time for Club Officer Training. Check out the schedule below, and contact GLT Jeri Retzlaff to Reserve your space. All training will be by zoom - so you can complete it in the comfort of your own home. Zoom Link will be sent out as reservations are received. All club officers are expected to attend training each year. *If you are repeating a position, a 'Refresher Training' will be held at the August Cabinet Meeting.*

Club Secretary & Club Administrator Training - Presenter - GST Jeri Wartena

Saturday, August 13, 2022 9:00 am - 10:30 am -

Club President & Vice President Training - Presenter PDG Nick McNicholas

Saturday, August 13, 2022 11:00 am - 12:30 pm

Club Treasurer Training - Presenter - PCT Sheri Retzlaff

Saturday, August 13, 2022 1:00 pm - 2:30 pm

NEW TRAININGS THIS YEAR! All trainings presented by GLT Jeri Retzlaff

Membership Chair	Saturday, July 30, 2022	9:00 am - 10:00 am
Marketing Chair	Saturday, July 30, 2022	10:30 am - 11:30 am
Service Chair	Saturday, July 30, 2022	1:00 pm - 2:00 pm

Mark your calendars for a training that is returning to District 4-C5 this year!

Guiding Lion Training - Presenters - GLT Jeri Retzlaff, PDG Nick McNicholas

Saturday, September 24, 2022 9:00 am - 1:00 pm

For more information please contact GLT Jeri Retzlaff by phone (916) 206-3678 or by email (jeri.retzlaff8331@gmail.com). Club officers that are identified on PU101 lists will be forwarded the e-book for each position. Please take a few minutes to review this material prior to the training. Call GLT Jeri Retzlaff for other training opportunities if you are unable to attend any of these training sessions.

NEWS FROM FOLSOM LAKE LIONS CLUB

Submitted by Lion Dee Farmer

Here it is already, the last month of this fiscal year. And so it is my last article for Pride; Evelyn Butler will be doing these for this next year.

We had a busy month. Our biggest event was our annual Installation of Officers. Guests were welcome, and we had 20 attendees. We celebrated by going to Mimi's in Folsom for dinner. PDG Carol and PDG Don Ring were the Installing Officers. Gail O'Brien will be our President, Dee Farmer will be Secretary, and Rita Withers will be Treasurer. All of the other positions are also filled, and we're all looking forward to this next year.



Folsom Lake Lions and guests, 2022 Installation of Officers



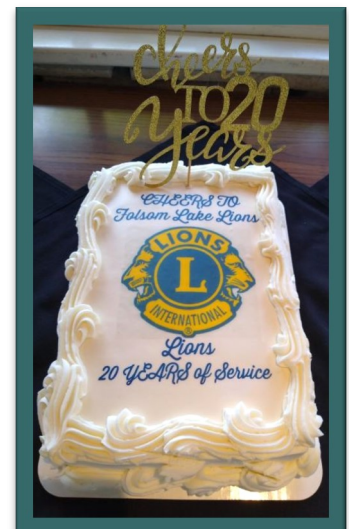
IPCS Evelyn Butler, PDG Don Ring, Melvin Jones Fellow Rita Withers, and President Gail O'Brien

We also had two other exciting events that same evening. The first one was the presentation of a Melvin Jones Fellowship plaque to Lion Rita Withers in recognition of her service to Folsom Lake Lions and to the community at large. Rita has been a Lion since Feb 2018, and has been Club Treasurer for two years. She has collected and processed the eyeglasses for Folsom and El Dorado Hills for several years. In addition, she has worked on many club projects and has collected donations from the community for our fundraisers. Thank you Rita for all you have done for Folsom Lake Lions!

The other exciting event that we all celebrated that night was Folsom Lake Lions 20th birthday!! The Club was chartered in June of 2002 as Folsom City Lioness Lions Club. In July of 2006 the name was changed to Folsom Lake Lions. We had a beautiful birthday cake, and ice cream of course! A wonderful time was had by all.



Folsom City Lioness Lions Club, June 2002



Celebrating 20 years of Service, Folsom Lake Lions



Some of our members also attended the Celebration of Life for PDG Doug Wight. It was a wonderful celebration. Doug will be greatly missed by all. One of the items displayed was the quilt made for PDG Doug by our own Bernadette DeCuir. The quilt illustrates PDG Doug's theme "Ride The Gold Road of Lionism."



PDG Doug was renown for his clam dip. Here is his recipe.

PDG Doug's Clam Dip

Submitted by Dee Farmer and Diana Beer

- Package Cream Cheese, cubed
- Lemon Juice (small amount)
- Worcestershire Sauce (a few drops)
- Garlic Salt to taste
- White Pepper to taste
- Sour Cream (about a level teaspoon or less)
- Clam Juice (small amount to start)
- Minced Clams (one can)

In food processor put cubed chunks of cream cheese, a squeeze of lemon juice (can be plastic squeeze lemon), some drops of Worcestershire sauce, garlic salt, white pepper, about a teaspoon or less of sour cream and a small amount of the clam juice out of a can of minced clams, set the clams aside (I usually drain off the can of minced clams into a measuring cup and set the can of drained clams aside).

Run the food processor until well blended. Always start off with a little of the clam juice and add more after blending if it is too thick. If you put too much of the clam juice in the mix before blending, it's too runny and you wind up having to put another chunk of cream cheese in the mix. Also don't go heavy handed, but limit the addition of seasonings, lemon juice and Worcestershire sauce and clam juice to taste as you blend it. There's no science to the amount of ingredients – rather just taste it as you blend it together.

When it is blended to desired consistency without being runny, add the minced clams. Hit the food processor a few times to meld in the clams without mincing them any further than how they come out of the can. Enjoy sampling while making it! You can always do a double batch with two packages of cream cheese and have leftovers.

Enjoy!





DISTRICT 4-C5 LIONS PROVIDE ASSISTANCE AT THE SACRAMENTO COUNTY FAIR

Submitted by PDG Andy Anderson

After being cancelled due to COVID in 2020 and 2021, this year’s Sacramento County Fair was held from May 26-30, 2022 at Cal Expo. Twenty-three Lions from three Sutter Zone clubs—Elk Grove Lions Club, Delta Lions Club and Pride of Laguna Creek Lions Club — assisted with cooking and serving breakfast to volunteers, buyers and runners.

Delta Lions, who assisted with the serving of the breakfast, were:

- Lion John Hawck
- Lion Ernest Moreno

Pride of Laguna Creek Lions, who cooked and served the breakfast, were:

- | | |
|-------------------|---------------------|
| PDG Mike Retzlaff | Lion Sheri Retzlaff |
| Lion Tom Smith | Lion Don Lange |

The following Elk Grove Lions assisted with the cooking of the breakfast and assisted volunteers and buyers during the fair:

- | | |
|---------------------|---------------------|
| Lion Tom Anderson | Lion Warren Weaver |
| Lion Brad Dano | Lion David King |
| Lion Taka Blackburn | Lion Bob Shipley |
| Lion Marv Nell | Lion Greg Neil |
| Lion Dan Pearson | Lion Lorene Fuhs |
| Lion Brian Crough | Lion Jey Strong |
| Lion Jack Edwards | Lion Jim Switzgable |
| Lion Dan Quiggle | Lion Jason Springer |
| PDG Andy Anderson | |



District 4-C5

Governor's Roast

Featuring the Roasting of
Past District Governor Donna Prince



**Opportunity
Drawing**

**No Host
Bar**

Grilled Steak Dinner Friday, August 5, 2022

Roseville Host Lions Clubhouse
107 Sutter Avenue, Roseville 95678

\$35.00 per person	Social: 6:00–6:45 pm
Limited seating	Dinner: 6:45 pm
No tickets at door!	Roast: 7:30 pm

—Hosted by Roseville Host Lions and Folsom Lake Lions—

Make checks payable to: Roseville Host Lions Club
Send reservation and payment to: PDG Carol Ring, 10291 Davis Road, Wilton, CA 95693.
For more information contact PDG Carol Ring, 916.955.4531 or caroljring1@frontiernet.net

District 4-C5

Cabinet

Meeting

August 6, 2022
9 AM



Doors Open at 8am

Hosted by the Dos Rios Region

Wyndham Sacramento Hotel | 5321 Date Ave, Sacramento CA, 95841

Continental Breakfast | BBQ Chicken & Ribs Lunch \$15 per person

*
* Lunch must be reserved in advance.
Please send check (payable to District 4-C5)
to CT Dennis Kramer at
560 Pajaro Ct, Sacramento CA, 95864



Project Care
2022-2023
Vision
• October 2022
• World Vision Day
• Sight focus including glasses
collection and eye screening



MAHARLIKA MEMORIAL GOLF TOURNAMENT

in memory of Lions Dr. Bing Ventura
Rey DeJesus, Bert Melliza and Dr. Dionisio Tonel

Saturday, September. 3, 2022
Blue Rock Golf Course



Benefiting the Sacramento Community and Beyond



SATURDAY, SEPT. 3, 2022 - SHOTGUN START** - 8:00 AM
BLUE ROCK SPRINGS GOLF COURSE - VALLEJO

\$120 per Player

Breakfast Goody Bags, Luncheon and Much More!!

PLEASE EMAIL OR CALL US BELOW

Mark Bamba 916-872-3477 - email: mark@netsysinc.net

Tony Bush 916-254-2122 email: tonbush@hotmail.com

Bobby Felix 209-993-9542 email: siribobfamily@gmail.com

PLEASE VENMO OR MAKE CHECKS PAYABLE TO:
SACRAMENTO MAHARLIKA LIONS FOUNDATION
6933 RADIANCE CIRCLE
CITRUS HTS. CA 95621

Sacramento Maharlika Lions Foundation is a 501(c)(3) tax- exempt charitable organization



2022 DISTRICT 4-C5 LIONS EDUCATION FOUNDATION GOLF TOURNAMENT



WHEN: Friday, September 30, 2022

WHERE: Lake of the Pines Golf Course,
11665 Lakeshore N., Auburn, CA 95602

TIME: REGISTRATION 12:00 pm
SHOT GUN START 1:00 pm

COST: \$125

TICKET INCLUDES:
Dinner, green fees, range balls, and carts. Closest to the Pin and Longest Drive Contests are also included.



SPONSORSHIP OPPORTUNITIES

\$5000	Eagle Sponsor
\$2,500	Platinum Sponsor
\$1,000	Gold Sponsor
\$750	Silver Sponsor
\$500	Bronze Sponsor
\$250	Green Sponsor
\$125	Tee Box Sponsor

FOR MORE INFORMATION ABOUT SPONSORSHIP OPPORTUNITIES, PLEASE CONTACT PDG ANDY ANDERSON @ 916.687.8133

Proceeds of this event will benefit the Lion's Education Foundation (LEF) District 4-C5 Lions Education Fund, Inc. is a local 501(c)3 non-profit organization, incorporated in 1989 by Lions of District 4-C5. The Foundation's primary mission is to encourage and further positive youth development by helping young people deal with the challenges of our changing world.

REGISTRATION FORM

TEAM NAME _____

CONTACT PERSON _____ **PHONE** _____

GOLFER'S NAMES

1. _____ 2. _____

3. _____ 4. _____

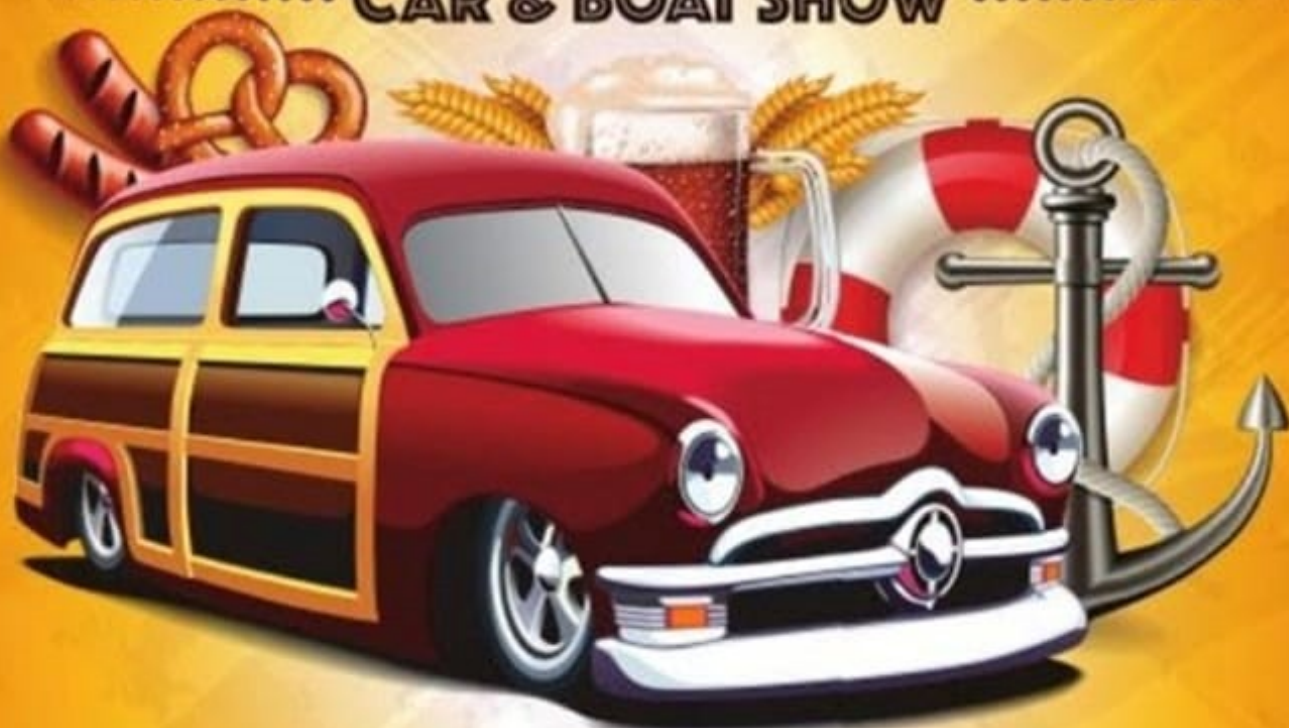
Cost per golfer \$125 x _____ Golfers = _____ Total Enclosed

Make check payable to LEF (Lions Education Foundation)
Mail check & registration form to:
District 4-C5 c/o PDG Andy Anderson
12695 Apricot Lane
Wilton, CA 95693

SAVE
THE DATE!

PRESENTED BY
RIO LINDA - ELVERTA
LIONS CLUB PRESENTS

OKTOBERFEST
CAR & BOAT SHOW



October 1, 2022 9-2 pm

DRY CREEK RANCH HOUSE

6852 Dry Creek Rd, Rio Linda, CA 95673

\$25 early bird, \$30 per entry registration.

Top 15 entrants awards @ 1:30PM | 50/50 Raffle

Regular raffle | **CAKLEFEST** at 12 noon

Live music and dance floor, German/Bavarian theme...

Sausage, sauerkraut, Apple slaw and Oktoberfest beer!

Proceeds to be used to fund Ruby's Baskets Christmas Baskets
for underprivileged families.

Avalon Hearing Aid Centers Present:

THE HOPE & HEARING PROGRAMS

LOCAL LIONS CLUBS AND AVALON HEARING RESTORING HOPE AND HEARING

*Nobody really wants to wear hearing aids AND
Nobody knows what to do with hearing aids, no longer in use.*

Nobody with hearing loss should be left behind in a quiet and muffled world. That's why Avalon Hearing Aid Centers in Sacramento and local Lions Clubs have **partnered to create the Hope and Hearing Programs**. Could you either benefit from OR contribute to one of these Programs?

Hearing Aid Recycle Program

If you have hearing aids that are no longer in use, consider donating them to Avalon. If possible, we'll have them refurbished and make them available to people who simply cannot afford hearing aids. What is sitting in your drawer, may provide someone with the gift of better hearing. It may even restore hope.



Monthly Hope and Hearing Programs

If financial hardship is keeping you from getting the hearing help you need, contact your local Lions Club. Ask to be nominated for the Monthly Hope & Hearing Program. Lions members have already donated dozens of quality hearing aids. In turn, Avalon staff will donate their expertise and time for the test, fitting, and follow-up care needed to get you hearing and connected to life.

\$250 GIFT for you & \$250 GIFT for your Club

If you are experiencing hearing loss, schedule a Free EDUCATIONAL Hearing Test & Consultation with Avalon. Be sure to mention that the Lions sent you. You'll receive a \$250 Gift towards your purchase of hearing instruments PLUS \$250 will be donated to the Lions Club of your choice.



Need a Speaker for your Club?

If you're ready for a fun and informative talk, book Betty Vosters Kemp to do a presentation for your club, in person or via Zoom. Betty can even talk about how the Lions and Avalon, together, can make an even greater difference in our community!

For more information on the **HOPE & HEARING Programs**,
go to AvalonHearing.com/Lions-club or call (916) 483-9064

DISTRICT 4~C5 HEARING SERVICES COORDINATOR
PDG ERY GON

Email: gonfishing32@sbcglobal.net ~ Phone: (916) 612-5747



JOIN OUR TEAM!

District 4C5 Lions



MAKE A DIFFERENCE. MAKE HISTORY.
MAKE STRIDES.



More than \$76 Million are currently invested in breast cancer research grants.



We respond to more than 1.4 million requests for cancer information through our helpline and chat services, and more than 134 million visitors looked to our website for cancer information.



Through a secure mobile app, we connect those facing breast cancer with trained breast cancer survivors to support them during their journey – anywhere in the country.

Join our ***District 4C5 Lions*** (Team Name) at
2022 Making Strides Against Breast Cancer-Sacramento
and start fundraising now!

The Walk is at the State Capitol on **Sunday, October 16th, 2022**, at 9:00 am or if you can't make it downtown, start your own 5K walk in your area!

The District 4C5 Lions goal is \$5,000 to become a Top Team!

You or your club can also donate online (look for District 4C5 Team) or mail a check made payable to the American Cancer Society (ACS) to:

Lion Kitty Kramer
560 Pajaro Ct.
Sacramento, CA 95864

Contact: Lion Kitty Kramer, Team Captain at (530) 312-3898 or denandkitk@aol.com