



Lions Pride

January 2023

Volume 49

January 2023



“SERVICE, LIONS LENDING A HELPING HAND”



DG Tim and 1st Lady Mary Ann & the Maharlika Singers

District 4-C5 had its Holiday Party at Roseville Host Club House on December 10, 2022. Those who braved the storm enjoyed the camaraderie of fellow Lions, musical cheer by Maharlika Lions and delicious gourmet appetizers.



District Governor Tim and First Lady Mary Ann Luckinbill



Santa's Helpers



Lion Sheri & PDG Mike Retzlaff

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2VDG Vicky & Lion Mickey Wartena

Photo credits: Chaplain Susan Giles



DG TIM LUCKINBILL

“SERVICE, LIONS LENDING A HELPING HAND”

MERRY CHRISTMAS and a HAPPY NEW YEAR 4C5 LIONS

I hope you all had as good a Christmas as I did! What a fun time of the year - cold brisk days and nights and wearing your favorite Christmas clothes and looking your best when visiting Santa. Another fun thing to do during the holidays is to drive around and look at the decorations in the neighborhood.

Roseville Host did a very nice job decorating their Clubhouse for my Christmas Party, thank you very much! We are enjoying the Christmas Wreath, which was a gift from the Maharlika Christmas Choir, who sang at the District Governor’s Christmas Party. Good food and drink and a full house of Lionism for the afternoon. Thank you all for coming and making it a success.



I wanted to share some of the Club projects that I have been invited to attend and work recently. Besides the normal visitations to the clubs in November and December I was able to do a back-to-back Thanksgiving Dinner for 2 communities, my Colfax Lions Club Annual Community Thanksgiving Turkey Dinner and the People-to-People Thanksgiving Turkey Dinner for the Pride of the Laguna Creek Lions. Both dinners are old time service projects with the People-to-People Dinner for over 25 years and the Colfax Turkey Dinner for over 55 years of service to those communities at Thanksgiving. What great pride in helping individuals or complete families by serving them a top-notch dinner for the Holiday.

Other very rewarding service is helping seniors that don’t drive anymore by delivering dinners to closed in seniors this Christmas, Christmas Food Baskets, care of Placer County Food Bank. Many organizations worked together to make the food delivery possible. Nearly



DG TIM LUCKINBILL

800 families were served on the Saturday before Christmas weekend. Just to name a few of the clubs that were there all day working on filling boxes up with food and then delivering to homes were Roseville Host Lions, Roseville Sunrise Lions, Colfax Lions and many other organizations, school clubs, and tons of volunteers of all age groups working endlessly all day to get the food out to the needy.



We can't leave out the Avalon Hearing Aid Center and their work with several Lions receiving hearing aids from the 12 Days of Christmas Project that PDG Erv Gon and Avalon Hearing Center put together. Working together to make it happen for several Lions in need of hearing aids. **Well done PDG Erv!**

Just a reminder to the clubs that are planning projects and fund raisers in the coming months that one of my goals this year is to do as much club service as possible. Don't forget to invite the Governor to get the clubs back to working in their side with my District Clubs, **SO PLEASE INVITE ME!** at luckinbillt@yahoo.com. My main goal is communities and I love to work side by

In the coming months I'm going to try to finish my **DG Visitations**, but I need your help. Please **contact CS Josephine ASAP** so we can get the visits on the calendar. I still have about 15 clubs that I need to visit, CS Josie Fong - joisehfong@gmail.com

Let's have a great start to the New Year. Stay healthy and safe. See you in the coming weeks. Thank you for all your support and do Invite me to your work projects.

DG Tim

Publishing deadlines for The Pride for service year 2022-2023!!

The Pride is published every other month. Please continue to submit your articles to 4c5bulletin@gmail.com by the following dates:

2023: Feb. 25, April 25, June 25

**DISTRICT
4-C5 LIONS
LIVE YOUR LIFE ON PURPOSE
SACRAMENTO
REGION CABINET MEETING**

See the flyer on page 23 for details!

1VDG ZENNY YAGEN

INSIGHTS ALONG THE JOURNEY TO DG



Hello Fellow Lions!

I hope this Holiday Season has brought you and your families much love, joy, and happiness – and of course the usual cookies, candies and all those goodies we all love to indulge in during this time of the year. We have so much more to celebrate and be thankful for this holiday season – so different from the last two seasons with the COVID scare.

During the holiday season, we wish one another a Merry Christmas, Happy Hanukkah, Happy Kwanzaa, and of course, Happy New Year – such a joyous time of the year that we share with one another. Thank goodness for holiday cards - they have such great sentiments and what an easy way to say HAPPY HOLIDAYS!

As I'm writing this, I am reflecting on our family's Christmas Day gathering and I am smiling as I can still see the delighted and excited expressions of my grandchildren, grandnieces and grandnephews as they open their gifts. I continually think of how fortunate and blessed I am and hope that others throughout also feel fortunate and blessed. The holiday season is a season to reflect on the on our blessings and to seek out ways to make life better for those around us. It's also a season to celebrate our values, our traditions, our families and friends, and a time to show our gratitude.

As Lions we serve those who are less fortunate that we are, and not only during the holiday season but throughout the year. To me, the meaning of service is not just providing food, warm coats, toys, and anything else that our community needs, but it's also about sharing our feelings of hopefulness, our joy, gratitude, and encouragement that all is good. When we are out in our communities serving, we are happy, we are smiling, we are cheerful, we are compassionate, we are animated, we are fun, and all those other adjectives that show how happy to be out there. Even when we encounter someone who is grumpy, we do not let that take away our feelings of positivity. We empathize with them, we are understanding, we are caring – after all **WE ARE LIONS!**

I am truly looking forward to the new year and continue serving with all of you. Wishing you and your families a Happy New Year and happiness all through the year.



1VDG Zenny Yagen



2VDG VICKY BRADY

LEADERSHIP ON THE HORIZON

Happy 2023, Everyone!

I hope you had a great holiday season as I did. It was pretty crazy busy but rewarding. I attended the Faculty Development Institute (FDI) developed by Lions Clubs International (LCI), and it was terrific! LCI started standardizing training so that everyone receives the same information. Most training is online at the LCI website, and there are 3 in-person institutes to give a deeper understanding of Lions and to encourage and train leadership: Emerging Lions Leadership Institute (ELLI), Regional Lions Leadership Institute (RLLI), and Advanced Lions Leadership Institute (ALLI).

The ELLI is designed for Lions who have not been club president, RLLI is for Lions who wish to broaden service through their district and/or multiple district, and ALLI is for Lions who have served as club president but not yet as 1st vice district governor. These are 3-day institutes designed to provide information and encouragement before you commit, and I guarantee that they even though they can't cover everything in 3 days, it's much easier than learning through trial and error! I've attended RLLI and ALLI and discovered new ideas and tools that I can use in service. They made such an impression on me that I applied for the FDI so that I can eventually be an instructor for these institutes. The program is starting up again after being paused by the pandemic and it may take awhile to have more classes, but I encourage you to consider it and contact me if you are interested or have questions!

One of the other things I did was take the advice of my mentors and get an email address just for my Lions stuff—Lionvictoriabrady@gmail.com. Please add it in your contact list. And just for fun, the first three people who email me at my new address will receive a \$10 See's candies gift card. I'm checking to see who actually reads the whole article. If you win, I will email you right back and send your gift card to you. If you don't win, I won't email you but at least you have my new address (hahaha). I will announce the winners in the next Pride. So please enjoy the New Year and look forward to a healthy and happy 2023!

2VDG Vicky Brady





SANTA ROSA REGIONAL LIONS LEADERSHIP INSTITUTE



8 AM Saturday, January 28th thru 1 PM Monday, January 30th

Interactive and Team-Building Training!

Leadership for Success!

This 3-day Institute focuses on:

**Working in Teams, Public Speaking, Diversity,
Motivating Club Members, Time Management, and more...**

This Institute will prepare Lions for Leadership positions at "All" levels. You may be a member thinking of moving into a leadership role in your club or district. You could be a current club leader or district leader looking to hone or add to your skill set. All would benefit from attending and familiarizing themselves with leadership skills and a deeper understanding of how to better serve their clubs, district, and community. Participants are not only provided the necessary information but the tools and resources needed to help your clubs and district strive and succeed in today's current environment. Fostering **"Team Building Skills"** with your fellow Lion is also a crucial component of this Institute. In a nutshell, this Institute focuses on enhancing leadership and management skills and expanding participants' knowledge of Lions Club International.

Lodging and Meals

The fee of \$400.00 (no refunds after January 13, 2023) covers the Institute, food, and lodging from **8 AM Saturday, January 28th through 1 PM Monday, January 30th**. If you plan on arriving on Friday, January 27th, you will be required to pay for that night's lodging at the rate of \$169.00 plus fees and taxes when you check-in at the hotel. A credit card will be required by **"ALL"** at check in. All meals during the Institute are provided at the Institute location. Continental breakfast on Saturday, Sunday, and Monday. Lunch on, Saturday, Sunday, and Monday. Dinner on Saturday and Sunday. Beverages provided at each meal.

DAMAGE, SMOKING & CLEANING FEE

If you cause damage to your hotel room or smoke in your hotel room, whether found during your stay or found after check-out, YOU shall be responsible for all fees associated with repairing said damage. The hotel is a non-smoking hotel, and a fee will be incurred by YOU if smoking takes place in your room or in the hotel, along with any excessive cleaning needed.

Location of Institute and Lodging

**The Institute will be held at the Earle Baum Center, 4539 Occidental Road, Santa Rosa.
Lodging will be at the Courtyard by Marriott, 175 Railroad Street, Santa Rosa.**

TO REGISTER AND PAY FOR THE INSTITUTE - CLICK ON THE LINK BELOW

<https://californialionsmd4.ticketspice.com/2023-regional-lions-leadership-institute-santa-rosa>

Any questions can be directed to PDG Norm McDaniel

805-653-6676 (office)

805-340-4849 (mobile)

lionnormthegovernator@gmail.com

GMT NEWS

GMT COORDINATOR PDG ANDY ANDERSON



As of December 31, 2022, we have added 52 new members to 20 clubs of our District for a 40% increase. We lost a total of 77, giving us a net growth of -25. We now below 1,300 in membership. Losses for this year are for Death – 9, Moved – 17, Non-Payment of Dues – 8, Non-Payment or attendance – 3, Good Standing – 38, Transfers - 2.

Our District has the following make up of members:

Total members – 1316 Total Females – 615 (46.7%) Total Males – 701 (53.2%)

District Governor Tim’s membership first goal is to have every club increase by 4 members. The clubs that have added 2 or more new members are: Sacramento Malaya Lions Club + 10, Sacramento Capitol Lions Clubs +9, Elk Grove Lions Club and Winters Lions Club + 4; Roseville Sunrise Lions Club +3 and Higgins Diggins, Penn Valley, Placerville, Rio Linda Elverta Country and Pride of Laguna Creek +2.

DG Tim’s second membership goal is to have every club who has under 20 in membership increase to over 20 in membership. The following clubs are starting off the year under 20 in membership and the information blue/red shows their increase or decrease in membership for this year.

Downieville	20 members (+1)	Esparto	19 members
Sac Fort Sutter	19 members	Country Club	18 members
Davis Aggies	9 members (-9)	Lincoln Host	18 members
Folsom Lake	18 members (+1)	Gold Country	17 members
Rocklin	17 members	Placerville	14 members (-2)
Sac Midtown	15 members	Sac Nepalese	13 members (-2)
Nevada City	15 members (+1)	Winters	14 members
Woodland Reveille	14 members	Grass Valley Host	13 members
Woodland Yolo	13 members	Newcastle GS	12 members
GV Foothill	12 members	Sac Metropolitan	9 members
Delta	7 members		

GMT report continued

29 of 50 (58%) Clubs have been visited about Membership
20 of 50 (40%) Clubs have inducted a new, reinstated or transfer member
5 of 8 (62.5%) Zones have been visited about the Membership

PDG Andy Anderson

District GMT/GMA Coordinator

Lions Clubs International Foundation (LCIF) Report



As of today, December 31, 2022, total donations to LCIF by District 4-C5 for this year 2022-2023 is \$16,320.59. This is 41.8% of Governor Tim's goal of \$39,000.

- * Total number of clubs donated to LCIF: 30 of 50 (60%)
- * Total number of Zones visited: 5 of 8 (62.5%)
- * Total number of clubs visited: 26 of 50 (52%)
- * Total number of clubs with a Club LCIF Coordinator: 50 of 50 (100%)
- * Total number of District fundraisers conducted for LCIF: 0 (goal is two)
- * Total number of 100% Clubs for this year: 0 (goal is five)

This year we have several District, club and individual fundraisers for LCIF:

* March 18, 2023: a joint fundraiser with California Lions Foundation, which will be held at "The Lanes" in Elk Grove.

I have sent each Region and Zone Chair a donation report on how their Regions and Zones are doing. We have plenty of time to meet DG Tim's LCIF goal of \$39,000.

I am challenging the remaining 20 clubs to match my \$20 donation to LCIF. This will make us a 100% District for the fifth year in a row.

PDG Andy Anderson

District LCIF Coordinator

NEW MEMBERS FOR NOVEMBER 2022

Name	Club Name	Zone	Region
Chan, Ying	Pride of Laguna Creek	Sutter	Sacramento
Myers, Jacob	Pride of Laguna Creek	Sutter	Sacramento
Siegenthaler, Julie	Penn Valley LC	Sierra	Donner

Welcome New Members!

MD-4 PROUD LION AWARD

The following must be successfully attained by the Protege Lion under the guidance of the mentoring Lion (sponsor) to qualify for the Proud Lion award.

Protege Lion

- Attend a club board meeting
- Participate in a club service or fund-raising activity — virtual meetings apply.
- Introduce a new prospective member to the club.
- Make a visit to another club and secure a visitation slip.
- Attend a zone, region, district or multiple district meeting and report back to the club.

The goals listed above must be attained with the specified six (6) month's period and the sponsor must accompany the Protege Lion to each of the five activities.

To apply, please visit md4lions.org and complete the fillable form for the award.

Welcome New Members!

District 4-C5 Newest Members for December 2022

Name	Club Name	Zone	Region
Reyes, Mercedes	Davis Aggies	Gordon	Dos Rios
Aung-Lam, Cynthia	Sacramento Capitol	Crocker	Sacramento
Chen, Xinyu	Sacramento Capitol	Crocker	Sacramento
Choi, Fai	Sacramento Capitol	Crocker	Sacramento
Choi, Mel	Sacramento Capitol	Crocker	Sacramento
Lam, Jonathan	Sacramento Capitol	Crocker	Sacramento
Leong, Mun	Sacramento Capitol	Crocker	Sacramento
Xian, Mei	Sacramento Capitol	Crocker	Sacramento

District 4-C5 Reinstated or Transferred Members for December 2022

Name	Club Name	Zone	Region
Archuleta, Pamela	Higgins Diggins	Sierra	Donner
Barnhurst, Maryrose	Higgins Diggins	Sierra	Donner



*REMINDER *

District 4-C5 is now collecting the Jan-June 2023 dues for both MD-4 and 4-C5! Invoices have been sent out by e-mail to Club Treasurers. Please look for those!

Please contact CT Dennis Kramer with any questions at (530) 312-3896 or wischixen1@aol.com

Mail checks to:

**CT Dennis Kramer
560 Pajaro Court
Sacramento, CA 95864**



GST NEWS

GST COORDINATOR JERI WARTENA

Hello District 4-C5:

The California Cares - Happy Holidays / First Responders and Military was the most recent initiative for MD4. Antelope, Capitol, and Higgins Diggins provided support (food), resulting in assistance to 80 firefighters and military veterans.

Thank you to Lion Jeri Retzlaff for assisting a few clubs with entering their information in MyLCI, resulting in 100% reporting. Community Service continues to be a success in our district. 24 clubs performed 258 service activities in the month of December, improving the lives of 30,838. We are still leading MD4 in service, with 2,133 assisting 217,846 people. Even more astounding, we have donated over \$292,000 in our efforts to assist others!

Our next CA Cares Initiative is “Hunger” and is scheduled for February. This should be easy for everyone to do! Any club donating funds or assisting with the “Rise Against Hunger” community service activity at the February Cabinet meeting will be fulfilling February’s challenge. Contact me for information—916-217-9486 or Wartena@comcast.com

Lion Jeri A. Wartena

Global Service Team Coordinator

Convention Delegates!

Completed club delegate certification forms must be returned by April 9 to District Coordinator Lion Dave Pevny. Contact him with any questions by phone at 916-383-6878 or dpevny@gmail.com.

Forms can be sent to:

Lion Dave Pevny
8409 Citadel Way
Sacramento, CA 95826-3005



FEBRUARY

Help community hunger by performing a service project, donating funds, and / or assisting with the District hunger project at the Cabinet Meeting!

DISTRICT NEWS

~ PEOPLE TO PEOPLE THANKSGIVING DINNER ~

Lions of District 4-C5 made the world a little brighter and warmer for many families by hosting the People to People Thanksgiving event at Sam and Bonnie Pannell Community Center in Sacramento. For Lion Laurie Dapelo O'Brien of Pride of Laguna Creek Lions Club, it was Year 26 of organizing this event. When it first began in 1996, there were five organizers. This year, Lion Laurie was the last of the original organizers.

Thanks in part to a grant from California Lions Foundation, many generous donors and volunteers, many were able to enjoy a delicious dinner and the kindness of strangers. Others were able to experience the magic of volunteering.

Thank you, Lions!



Photo Credits: PDG James Fong



DISTRICT 4-C5 OFFICERS

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GST Coordinator Jeri Wartena	Wartena@comcast.net	916-217-9486
Donner Region Chair		
Foothill ZC Dana Johnson	johnson.dana.k@gmail.com	916-704-9709
Sierra ZC Tom Parilo	taparilo@sbcglobal.net	530-263-2115
Dos Rios RC Jeremy Price	tuscanypizza@gmail.com	916-267-9350
Gordon ZC John Newlin	jnewlin2000@gmail.com	530-301-5692
Wolfskill ZC Natalee Price	mibellasmiles@gmail.com	916-727-7055
Sacramento RC Brent Showalter	bshowalrh@ yahoo.com	916-228-9129
Crocker ZC Eva Zhou	eva.k.zhou@gmail.com	916-717-6295
Sutter ZC Theresa Lane	theresapascua219@gmail.com	916-945-6209
Washoe RC Kitty Kramer	denandkitk@aol.com	530-312-3898
Eureka ZC		
Marshall ZC Gail O'Brien	gobrien@pacbell.net	916-365-5429

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DISTRICT 4-C5 PEACE POSTER CONTEST

The winner of the District's Peace Poster contest is Nicole T. from Magnolia Intermediate School in Grass Valley. Higgins Diggins Lions Club sponsored the contest and submitted the winning poster. Nicole's poster has been entered in the MD-4 contest, which will be judged at the MD-4 Convention in February 2023 in San Jose.

The 2022-2023 theme is "Lead with Compassion." For over three decades, Lions clubs around the world have sponsored this very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity.

Congratulations to Nicole and Higgins Diggins Lions Club!





NORTHERN CALIFORNIA LIONS SIGHT ASSOCIATION, INC.

BOARD OF DIRECTORS

SPECIAL REQUEST!

January 5, 2023

The Board is requesting any and all nominations for candidates to join the NCLSA Board of Directors.

Nominations should be sent to:

Lion Peter Gilbert @ PETER-GILBERT@SBCGLOBAL.NET

before January 30, 2023.

If you have any questions, please contact me at: 650 759 5584.

Lion Peter Gilbert

2023 Caravelle Court

Lincoln, CA 95648

Peter-gilbert@sbcglobal.net

Lion Helene gets the #1 Flag at LEF Golf Tournament

At the Fall LEF Golf Tournament, District AA Gayle Kono presented Lion Helene Smith of Higgins Diggins, with a flag from the LEF 1st hole for all her great work as Club Secretary and on the Top Club Award submittals.



* NEWS FROM DISTRICT 4-C5 CLUBS *

Roseville Lions Help Local Kids Share Holiday Cheer

The Roseville Host Lions volunteered for the Tommy Apostolos Kid's Shopping Day at Kohl's in Roseville.

On December 3, starting at 5:30 am, hundreds of children were escorted and helped to select new shoes and clothes valued at \$150.00 thanks to the Tommy Apostolos Fund. Two adults per child and a list of items needed with sizes were provided to ensure the children got what they needed. We were happy to participate, and then we went on to support the pancake breakfast fundraiser at Firehouse 7 in Roseville.



Photo credits: Chaplain Susan Giles



Marshall Zone Meeting

Tuesday, Jan. 24
at 6 pm

Marshall Zone Chair Gail O'Brien will convene the Zone's next meeting on Tuesday, Jan. 24 at Mimi's Bistro & Café in Folsom. Join us at 6 pm for a no-host dinner from their menu, then at 6:45 pm the meeting opens. We'll discuss club projects and enjoy some Lions' camaraderie!

RSVP required to ZC Gail to ensure room set-up accommodations with the restaurant. Contact her at 916-989-1044 (home) or by email at gobrien@pacbell.net

NEWS FROM HIGGINS DIGGINS

SUBMITTED BY IPDG DONNA PRINCE



December was a busy month for Higgins Diggins Lions!

We opened our See's Candy trailer from Dec. 2nd—24th, and sales were brisk! This is the club's largest fundraiser with all proceeds benefiting their Project account. Thanks to the support of residents and the many club members who vol-

unteered, the club will have funds to donate to those in need. The trailer will be open prior to Valentine's Day and Easter.

On Dec. 7th the club held a "To-Go "Pasta Dinner & Baked Goods Sale to raise funds for a local couple in need. All proceeds and donations were to help with expenses for the husband's Stage 4 cancer treatment - over \$2000 was raised! At the club's November meeting Lion Sandy Smith announced he and his wife, President Helene would match up to \$500 of additional donations made by club members. Thanks to their generosity and the Lions who took up this challenge, \$1000 was additionally donated to the couple. Thank you to the Smiths!

To meet the challenge of MD-4's Project Care for December, Higgins invited local First Responders to pick up complimentary dinners. Several club members donated funds to pay for the dinners. This was a great all-around event and those who worked had a great time

getting into the holiday spirit of Giving.

When the local newspaper reported vandals destroyed many of the holiday decorations on site of Santa's North Pole location in Grass Valley, members of Higgins and Gold Country Lions combined efforts and presented



Santa with a check for \$500 to help cover the costs. Charlie Williams (AKA Santa) and his family have provided a mesmerizing experience for kids of all ages since 2011. Santa hands out candy canes while children visit with him and have their photos taken. Hot Chocolate is offered to everyone, and everything is complimentary.



Sierra Zone Chair (and President of Gold Country) Tom Parilo joined IPDG Donna Prince, Lions Janet Proctor and Linda Jasper for the presentation. Santa was also given a box of See's Candy. Fun fact—When Charlie was a teenager, he worked with PDG Donna at her family's restaurant.

The spirit of volunteerism and generosity was abundant by the members of Higgins Diggins as 2022 came to an end and will certainly continue in 2023.

RIO LINDA LIONS



Year number 69 of Ruby's Christmas Basket Program!

Many of our club members are supporting our gallant event called Ruby's Baskets Christmas Program. We collected the donations from the schools on the 8th and 9th. We have asked one of our local Charter schools to allow students to volunteer with sorting out all of our donations and start loading up the boxes for the local recipients. We have generous donations from the schools, but no where enough to provide a decent box to all those who need it. A group of us went grocery shopping to pick up basic needs for a full-blown dinner, plus some fringe pleasures. It was a trip to Winco, and after a few words with an assistant manager, we got the shopping all approved and a special arrangement for checkout! We delivered it to the church and laid it out for those who will be helping distribute the goods!

Excerpted from the Lions Line Bulletin, December 2023, Lion Gene Kypke



We Serve



Capitol Lions Club 70th Anniversary Celebration

On Sunday evening, January 15, 2023, our Club celebrated its 70th anniversary at Rice Bowl Restaurant on Florin Road. Approximately 430 people attended the event, filling the restaurant. We were honored to have District Governor Tim Luckinbill and his wife Mary Ann in attendance, and a special part of the evening was the induction of 10 new members by DG Tim. It was an evening filled with great food, wonderful entertainment, and great camaraderie. Kudos to President Keely and her committee for their extraordinary efforts in planning such a memorable event.



DG Tim Luckinbill Inducting New Members



Attendees Filled the Entire Restaurant



A Very Large Birthday Cake!

Excerpted from the Capitol Lions Club Bulletin, December 2023, Lion Dave Pevny

2023 Fort Sutter Lions Crab Feed



Saturday January 21, 2023

KNIGHTS OF COLUMBUS HALL
5961 Newman Court, Sacramento
(Across from the main entrance to Sacramento State)

Tickets \$65.00*
Bar Opens 6 pm — Beer, Wine, Cocktails available for purchase
 BYOB - you can bring your own bottle too
Dinner 7 pm

Dinner includes antipasti, salad, pasta, crab and for those who prefer something other than crab, tri-tip

Exciting Raffle prizes-tickets \$1.00 each or 25 for \$20.00
Dancing follows Dinner

Please contact President Andy Thielen at (916) 230-3778 or
*Contact the Fort Sutter Lions for Purchase by scanning the QR
Code picture and it will take you to their Facebook page.



Monthly Player... bring your whole group!

NEVER Played ...We will teach you!



Come out for an afternoon of Dice and Laughter – Help us raise funds for our Community Projects this year.



**When – Saturday, January 21, 2023
2:00 p.m. – 4:00p. m.**

How Much? – Tickets are \$25.00 and we are limited to 48 Players, 12 tables of 4 with social distancing. Masks are dependent on the current local government requirements. Please reserve your spot...Lion Karen (916) 718-8942 or Lion Suzi (916) 207-8683

Where- Roseville Sunrise Lions Clubhouse 1203 Gabrielli Drive, Roseville CA 95661

What's happening

- Hot & cold appetizers plated for you
- The bar will be open for purchasing your choice of beverages: sodas or adult beverages
- Raffle prizes to try for: (tickets will be \$1. for 1, \$5. for 7, \$10 for 15, \$20. for a wing span) You may deposit your tickets in the bags for each prize you like best
- Dice will be provided and travel with you for the evening,(then collected and sanitized for the next event).

If you need more information call Lion Karen (916) 718-8942 or Lion Suzi (916) 207-8683, or email us at rosevillesunriselionsevents@gmail.com





LIONS EDUCATION FOUNDATION

Annual Soup & Salad Fundraiser Saturday, January 28, 2023



Social: 4:00 PM

Dinner: 4:30 PM

\$20 per Person (includes Door Prize entry)

**Roseville Host Clubhouse
107 Sutter Ave. Roseville, CA**

Fun ... Food ... Friendship ... Prizes ... Silent Auction

All proceeds to benefit Lions District 4-C5 Clubs matching grant requests and youth programs

BE ONE OF OUR PROMINENT CHEFS!

or

FOR TICKETS CONTACT:

Lion Cathy Messier or Lion Cat Gon
cathymessier@aol.com catgon@att.net

916-698-7100

916-427-5747

Or Any LEF Board Member

Lions Education Foundation is a California Non-profit 501(c)3 Organization

DISTRICT 4-C5 LIONS SACRAMENTO REGION CABINET MEETING



Rise
AGAINST HUNGER



ONE STEP CLOSER TO A WORLD WITHOUT HUNGER

We're on the road to end hunger, aligned with the United Nations Sustainable Goal #2 of Zero Hunger. From the implementation of sustainable community development projects to our meal packaging program that harnesses the passion of local volunteers, we strive to make an impact on hunger by building resilience, self-sufficiency and empowerment in communities worldwide.

Volunteer for Our Meal Packaging Event

Name: _____ Phone Number: _____

Email Address: _____

Organization or Lions Club Affiliation if Applicable: _____

School Affiliation if Applicable: _____

Current Age if Under 25 Years Old: _____

(BREAKFAST AND LUNCH IS FREE IF YOU VOLUNTEER AND ARE UNDER 25 YEARS OLD!)

*PLEASE PRINT AND FILL OUT FORM AND

EMAIL TO BSHOWALRHN@YAHOO.COM

QUESTIONS? TEXT OR CALL REGION CHAIR BRENT SHOWALTER AT 916-228-9129

**ALL AGES
EVENT**

**ADVANCE
TICKETS**

**\$15 Includes Full
Lunch and Breakfast
Buffets**

**RESERVATIONS
REQUIRED**

**Limited Seating
(Details Coming Soon)**

WHEN

**Saturday February - 4th
2023**

8am - 1:30pm

(Agenda Coming Soon)

WHERE

Depot Conference Center

8215 Ferguson Avenue

Sacramento, CA 95828

**KEYNOTE
SPEAKER**

Best Selling Author

Mike Murphy

PERFORMERS

Todd Morgan

And Ron Matthews

Gordon Zone Meeting

Dinner and a Meeting



When?

February 7th
Dinner at 6:30 pm
Meeting at 7:00 pm

Where?

Yolo County Fairgrounds
Maravirov Hall

RSVP

Lion Ernie Roncoroni
530-207-7345

Join us for a
fabulous dinner
(\$10)
and a fun and
informative meeting!
Hosted by
Yolo Sunset Lions
Club





CALLING ALL DISTRICT LIONS AND CLUBS!

**YOUR AD FOR THE 2023 DISTRICT 4-C5
CONVENTION PROGRAM BEING TAKEN NOW!**

Don't be left out

Get your Convention Ads in Today!

Deadline is March 15, 2023

Advertise Your Club Fundraisers

Celebrate Your Club Successes

Honor Your Club Officers

Recognize Your New Members

The opportunities are endless!

Full page (5.5 x 8.5") - \$100

Half page (5.5 x 4.25") - \$50

Business Card (3.5 x 2.0") - \$25

(Printed in Black and White only)



Submit Ads in jpeg (*Preferred*), Microsoft Word, Publisher, or PDF format to:

zennyagen@yahoo.com, victoriabradysbcglobal.net



thank you
will be
recognition
norale
positive
stand out
social
appreciate
4.4
performanc
value
grateful
good
behavior
above and beyond
pleased
team
connected

Payment: (Checks payable **to District 4-C5**)
and a hard copy of your ad should be mailed to

1st VDG Zenny Yagen

8779 Corbally Court

Elk Grove, CA 95624



Please complete one form for each participant

CRUISE'N ON IN

Official Convention Registration Form
Please complete one form for each participant
PLEASE PRINT ALL INFORMATION

REGISTRATION: Print NAME preferred on the Convention Badge
(Title below will be printed under the name on each badge)

Check One: Lion LEO Guest Is this your 1st Time attending the District 4-C5 Convention? YES NO

CLUB: _____

LAST Name: _____ First Name: _____

Phone – Home #: _____ Phone – Cell #: _____

Address: _____ Email: _____

City: _____ State: _____ Zip: _____

Print TITLE preferred on the Convention Badge: _____

MEAL OPTIONS: FOR PURCHASE OF MEAL PACKAGE - CHOOSE 1 OPTION PER MEAL FOR ALA CARTE MEAL PURCHASE - CHOOSE ONLY FOR THE MEAL YOU SELECT

FRIDAY DINNER

Harvard Street Buffet

SATURDAY BREAKFAST

The Traditional Plated Breakfast

SATURDAY LUNCH (Choose One)

Chef's Special Half & Half Grilled Chicken Caesar Wrap Roast Turkey BLT Croissant

Grilled Vegetable Wrap

SATURDAY DINNER (Choose One)

Salmon Filet Angus Roast Beef Prime Rib Vegetable Napoleon

SUNDAY BREAKFAST BUFFET

The Forty Niner

Special Dietary Needs **PLEASE INDICATE:**
 Diabetic Vegetarian Vegan No Beef No Chicken Other: _____

ALA CARTE MEALS ONLY

Individual Meals			Quantity:	Total:
Friday Dinner	ADULT	\$ 79 per person	<input type="text"/>	\$ <input type="text"/>
Saturday Breakfast	ADULT	\$ 42 per person	<input type="text"/>	\$ <input type="text"/>
Saturday Lunch	ADULT	\$ 48 per person	<input type="text"/>	\$ <input type="text"/>
Saturday Dinner	ADULT	\$ 89 per person	<input type="text"/>	\$ <input type="text"/>
Sunday Breakfast Buffet	ADULT	\$ 50 per person	<input type="text"/>	\$ <input type="text"/>

Check here if using District Layaway Payment Plan. <input type="checkbox"/> Final payment must be received by March 15, 2023	TOTAL COST:	\$ <input type="text"/>
	DEPOSIT:	\$ <input type="text"/>
	BALANCE DUE:	\$ <input type="text"/>

REGISTRATION FEES				
		Cost:	Quantity:	Total: <input type="checkbox"/>
EARLY BIRD Registration Fee *	Received on or before December 31, 2022	\$20 per person	<input type="checkbox"/>	\$ <input type="text"/>
Regular Registration Fee	January 1 – February 28	\$35 per person	<input type="checkbox"/>	\$ <input type="text"/>
Late Registration	March 1 – March 15	\$50 per person	<input type="checkbox"/>	\$ <input type="text"/>
Post Late Registration	March 16 – April 23	\$100 per person	<input type="checkbox"/>	\$ <input type="text"/>
Leo Registration	MUST REGISTER BY MARCH 15, 2023	No Charge	N/A	
MEAL PACKAGE				
<i>Make sure to indicate your meal choices</i>		Cost:	Quantity:	Total: <input type="checkbox"/>
5 Meals – F Din, Sat B, Sat L, Sat D, Sun B	Meal Package \$300.00	\$100 deposit per person is due with registration	<input type="checkbox"/>	\$ <input type="text"/>
ALA CARTE MEALS ONLY				
			Quantity:	Total: <input type="checkbox"/>
Friday Dinner	ADULT	\$79 per person	<input type="checkbox"/>	\$ <input type="text"/>
Saturday Breakfast	ADULT	\$42 per person	<input type="checkbox"/>	\$ <input type="text"/>
Saturday Lunch	ADULT	\$48 per person	<input type="checkbox"/>	\$ <input type="text"/>
Saturday Dinner	ADULT	\$89 per person	<input type="checkbox"/>	\$ <input type="text"/>
Sunday Breakfast Buffet	ADULT	\$50 per person	<input type="checkbox"/>	\$ <input type="text"/>
Check here if using District Layaway Payment Plan. Final payment must be received by March 15, 2023 <input type="checkbox"/>		TOTAL COST:		\$ <input type="text"/>
		DEPOSIT:		\$ <input type="text"/>
		BALANCE DUE:		\$ <input type="text"/>

Hotel Information – Please provide information regarding your hotel reservation, so we may confirm it with the hotel. Name the Hotel Reservation made under?
 Who will be sharing the room? (maximum of 4 occupants per room)

1 <input type="text"/>	2 <input type="text"/>
3 <input type="text"/>	4 <input type="text"/>

Arrival Date: (choose 1) Thu, 4/20/23 Fri, 4/21/23 Sat, 4/22/23
 Departure Date: (choose 1) Sat, 4/22/23 Sun, 4/23/23 Mon, 4/24/23



Make all checks payable to District 4-C5

Mail all Registration Forms and payment to Lion Jeri Wartena at the address below. If you have any questions, please contact:

Jeri Wartena, Housing & Registration Chair
 7865 Lakeport Circle, Elverta, CA 95626
 Cell Phone: (916) 217-9486
 Email: wartena@comcast.net

FOR REGISTRAR USE ONLY:			
Name:	Date Received:	Amount:	
	Check #:	Balance Due:	

2023 FOOD FAIRE & GAMES

Friday, April 21st, 12 Noon to 2:00 PM



Tradition has it that the District Convention Food Faire is always a major highlight of our convention. What a great way to kick off the weekend of fun and camaraderie as we enjoy the

CONVENTION THEME:

CRUISE'N ON IN!

- 1) Booths and / or tables should be decorated in keeping with the convention theme
- 2) Booth width will be no more than (10) feet.
- 3) Shade is limited, bring an E-Z-UP canopy for guaranteed shade coverage and protection
- 4) Non-Cash prizes will be awarded for the best:
 - a) Food Served and Booth Decoration
 - b) Most challenging and all-round fun game
- 5) Visiting dignitaries will act as judges
- 6) Food Faire will be held on the Hilton Terrace, adjacent to the pool
(No cooking is permitted in any room, limited cooking allowed in the Terrace)
 - a) Cooking facilities are NOT available from the hotel. RESTRICTED open flames permitted
 - b) No Electricity available
- 7) Booth space reservation must be received by: Friday, March 19, 2023
 - a) Premium Space will be on a first come, first served basis so get your request in **EARLY**.



Please retain the upper portion of this flyer for rules and guidelines.

To participate, Mail this form no later than March 19, 2023

TO: IPDG Donna Prince – 21014 Clivus Drive, Grass Valley, CA 95949

Questions? Contact IPDG Donna at (530) 305-8077 or liondprince@gmail.com

District 4-C5 Convention Food Faire Registration Form 2023

CLUB:		ENTRY NAME:	
CONTACT:		PHONE NUMBER:	
TYPE OF FOOD OR GAME:			
ICE NEEDED?	YES <input type="checkbox"/>	NO <input type="checkbox"/>	<u>NO Electricity Available</u>

Avalon Hearing Aid Centers Present:

THE HOPE & HEARING PROGRAMS

LOCAL LIONS CLUBS AND AVALON HEARING RESTORING HOPE AND HEARING

*Nobody really wants to wear hearing aids AND
Nobody knows what to do with hearing aids, no longer in use.*

Nobody with hearing loss should be left behind in a quiet and muffled world. That's why Avalon Hearing Aid Centers in Sacramento and local Lions Clubs have **partnered to create the Hope and Hearing Programs**. Could you either benefit from OR contribute to one of these Programs?

Hearing Aid Recycle Program

If you have hearing aids that are no longer in use, consider donating them to Avalon. If possible, we'll have them refurbished and make them available to people who simply cannot afford hearing aids. What is sitting in your drawer, may provide someone with the gift of better hearing. It may even restore hope.



Monthly Hope and Hearing Programs

If financial hardship is keeping you from getting the hearing help you need, contact your local Lions Club. Ask to be nominated for the Monthly Hope & Hearing Program. Lions members have already donated dozens of quality hearing aids. In turn, Avalon staff will donate their expertise and time for the test, fitting, and follow-up care needed to get you hearing and connected to life.

\$250 GIFT for you & \$250 GIFT for your Club

If you are experiencing hearing loss, schedule a Free EDUCATIONAL Hearing Test & Consultation with Avalon. Be sure to mention that the Lions sent you. You'll receive a \$250 Gift towards your purchase of hearing instruments PLUS \$250 will be donated to the Lions Club of your choice.



Need a Speaker for your Club?

If you're ready for a fun and informative talk, book Betty Vosters Kemp to do a presentation for your club, in person or via Zoom. Betty can even talk about how the Lions and Avalon, together, can make an even greater difference in our community!

For more information on the **HOPE & HEARING Programs**,
go to AvalonHearing.com/Lions-club or call (916) 483-9064

DISTRICT 4~C5 HEARING SERVICES COORDINATOR
PDG ERY GON

Email: gonfishing32@sbcglobal.net ~ Phone: (916) 612-5747