



Lions Pride

March 2023

Volume 50



March 2023

“SERVICE, LIONS LENDING A HELPING HAND”

District 4-C5 Lions, Leos and members of the community supported MD-4’s February Service Challenge—Hunger—in a big way by devoting the morning of the Sacramento Region Cabinet Meeting to packaging meals in conjunction with Rise Against Hunger. On Saturday, February 4, 2023, 8000 meals were packaged at the Army Depot Conference Center at 8215 Ferguson Avenue, Sacramento.

Live music and entertainment during the service project was provided by Ron Matthews. Complimentary pancake and sausage breakfast was provided by NCLSA and Elk Grove Lions. Motivational speaker and author Mike Murphy inspired his audience with his keynote address. The delicious taco bar luncheon was provided by District 4-C5 volunteers and Pride of Laguna Creek Lions Club. Todd Morgan entertained the lunch crowd with his lively song stylings.

Special thanks to Sacramento Region Chair Brent Showalter, who was instrumental in raising funds for and organizing the service project.



8000 Meal



Photo Credits: PDG James Fong



DISTRICT 4-C5 LIONS SACRAMENTO REGION CABINET MEETING

ONE STEP CLOSER TO A WORLD WITHOUT HUNGER

We're on the trail to end hunger, aligned with the United Nations Sustainable Goal #2 of Zero Hunger. From the implementation of sustainable business development projects to our meal packaging program that harnesses the passion of local volunteers, we strive to make an impact on hunger and hunger-related malnutrition and empowerment in communities worldwide.

Volunteer for Our Meal Packaging Event

Name: _____ Phone Number: _____

Email Address: _____

Organization or Lions Club Affiliation if Applicable: _____

School Affiliation if Applicable: _____

Current Age if Under 25 Years Old: _____

BREAKFAST AND LUNCH IS FREE IF YOU VOLUNTEER AND ARE UNDER 25 YEARS OLD!

*PLEASE PRINT AND FILL OUT FORM AND EMAIL TO: RISH@WALSHINFORMATION.COM

QUESTIONS? TEXT OR CALL REGION CHAIR BRENT SHOWALTER AT 916-228-9129

ALL AGES EVENT

ADVANCE TICKETS \$15 includes Full Lunch and Breakfast Buffets

RESERVATIONS REQUIRED
(Limited Seating (Details Coming Soon))

WHEN
Saturday February - 4th 2023
8am - 1:30pm
(Liquor Closing Soon)

WHERE
Dinet Conference Center
8215 Ferguson Avenue
Sacramento, CA 95829

KEYNOTE SPEAKER
Best Selling Author
Mike Murphy

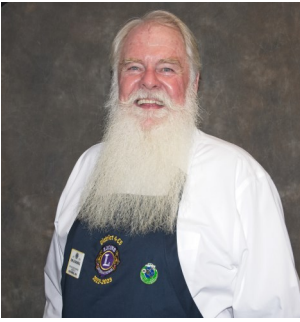
PERFORMERS
Todd Morgan
and Ron Matthews



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DG Tim Luckinbill presents IPDG Donna with a Certificate of Accomplishment from Lions Clubs International while RC Brent Showalter looks on.



DG TIM LUCKINBILL

“SERVICE, LIONS LENDING A HELPING HAND”

Happy St. Patrick's Day to All!

As I'm sitting here writing to you it is snowing again this afternoon. It is always fun to watch it snow and make beautiful snow scenes we enjoy. The next few days should make many great photo opportunities for us to take and share.

This month I would like to recap our District Cabinet Meetings. There have been a few changes made to the lunch price and menu. There was an increase in the cost for lunch from \$10.00 to \$15.00, but we have had quality lunches served to us. Thank you to the clubs that did a great job on the meals.

The Cabinet Meeting locations were also top notch and low cost for the district.

Dos Ríos Region Chair Jeremy Price had the first meeting and forums of the year at the Wyndham Hotel. It was a great location and low cost to rent for the day. RC Jeremy put together a great lunch for about 100+ members.

Next was Washoe Region Chair Kitty Kramer's Cabinet Meeting. She picked the Folsom Community Center, which was another great location for our meeting and forums with a great meal served to the Lions. The Center was at \$0.00 rent for the day and the lunch for 100+ Lions was done by several clubs working together and making it a fundraiser for the district.

Our last Cabinet Meeting was done by Sacramento Region Chair Brent Showalter. He was able to get the old Officer Club at the Sacramento Army Depot at no cost for rent. A couple of clubs put on another tasty lunch for 120 Lions. It was a great meeting location but there were no forums this time. We changed it up and made it a working service project. Lions and other volunteers packaged 10,000+ meals to go overseas to help feed the countries with starving families. The Company that supplied the food and packaging was Rise Against Hunger, a non-profit that helps needy folks get a cheap, but healthy meal.

I would like to THANK the clubs and individuals that made a donation to purchase the food being packaged. The month of February was picked to help with hunger in many ways, at home, in the community, around the world 🌍 and any other way Lions could come up with. I would also like to thank all the people behind the scenes of each Cabinet Meeting. Too many to name them all but I truly appreciate them just as much as my Region Chairs. THANK YOU!





DG TIM LUCKINBILL

“SERVICE, LIONS LENDING A HELPING HAND”

Lions, what is happening in April? The District 4-C5 Convention, that’s what.

Everyone should be getting their registration and meal packets in to Housing Chair Jeri Wartena. To register for Thursday Bowling, contact Lion Mitzi Stockel for details. To sign up for a food both at the Food Faire on Friday mid-day contact IPDG Donna Prince for details.

Along with the Food Faire there is a “Cruise In” in the back parking lot. Dust off that collectible car 🚗 and get it registered with PDG Mike Retzlaff.

Check out the outside back cover of your directory and plan on attending the best convention in years. The theme is 1950-60’s with good food, dancing 🕺 and many other activities throughout the weekend.

Be there or be square. Hope to see many of you at the party 🎉.

DG Tim

Welcome New Members!

District 4-C5 Newest Members for February 2023

Name	Club Name	Zone	Region
Brown, Ali	Rio Linda	Wolfskill	Dos Rios
Hernandez, Kassandra	Rio Linda	Wolfskill	Dos Rios
Joseph, Casey	Galt	Sutter	Sacramento
Joseph, Kaylee	Galt	Sutter	Sacramento
Martinez, Erika	Davis Aggies	Gordon	Dos Rios
Matcham, Jed	Foresthill	Foothill	Donner
Rathbun, Alex	Rio Linda	Wolfskill	Dos Rios
Talley, Dennis	Sac Antelope	Wolfskill	Dos Rios

District 4-C5 Reinstated or Transferred Members for February 2023

Name	Club Name	Zone	Region
Chong, Helen	Sac Camellia	Crocker	Sacramento
Evans, Allison	Sac Camellia	Crocker	Sacramento
Hsu, Magdalene	Sac Camellia	Crocker	Sacramento
Lim, Cathy	Sac Camellia	Crocker	Sacramento
Liu, Megan	Sac Camellia	Crocker	Sacramento
Si, Susan	Sac Camellia	Crocker	Sacramento
Wong, Michelle	Sac Camellia	Crocker	Sacramento
Xue, Quingzhu	Sac Camellia	Crocker	Sacramento
Yum, Crystal	Sac Camellia	Crocker	Sacramento



MD-4 PROUD LION AWARD

The following goals of the Proud Lion program must be successfully attained by the Protege Lion under the guidance of the mentoring Lion (sponsor) and qualify for the Proud Lion award.

Protege Lion

- Attend a club board meeting
- Participate in a club service or fund-raising activity — virtual meetings apply.
- Introduce a new prospective member to the club.
- Make a visit to another club and secure a visitation slip.
- Attend a zone, region, district or multiple district meeting and report back to the club.

The goals listed above must be attained with the specified six (6) month's period and the sponsor must accompany the Protege Lion to each of the five activities.

To apply, please visit md4lions.org and complete the fillable form for the award.

1VDG ZENNY YAGEN

INSIGHTS ALONG THE JOURNEY TO DG



Hello Fellow Lions!

I hope you are all doing well. Isn't this weather something? All the snow and rain at the end February! But then again, it is still winter. I do not remember it being this cold.

The month of February has really been a busy month for me. On February 6, 2023, I flew to Chicago for the First Vice District Governor / District Governor Elect ("FVDG/DGE") Seminar at the Q Center in St. Charles. The seminar was from February 6 through February 9. Then on February 21, I drove to San Jose for the Council of Governors and the MD4 Convention on February 24-27.

I want to share my experience at the FVDG/DGE Seminar. Since August 2022, FVDGs have had virtual interactive trainings/meetings with our Group Leader. My group consisted of FVDGs from the US (including two of my fellow MD4 FVDGs), Philippines, Canada, and Australia. We completed the Pre-assignments in the booklet, the online training, and prepared a PowerPoint presentation on one of the Global Causes, which would be presented in St. Charles.

When preparing for the in-person seminar in St. Charles, I had no preconceived notions of what it would be like. The first night, we had our first meeting, and it was announced that there were about 755 FVDGs/DGEs from all over the world meeting in one location. This, I thought, was amazing. The Q Center where the seminar took place was an incredible venue. I was told there are 1,000 rooms and the entire building was huge. It seems we were always eating – breakfast, lunch, and dinner were buffets. There were large selections of several types of food so that everyone could eat according to their dietary requirements. Good thing there was a lot of walking and walking up and down the stairs – this compensated for all the food I ate.



The classroom interactive sessions were interesting, informative, and I learned much. We shared ideas regarding problem solving, team building, membership retention, action planning, and others. We were openminded and worked together cohesively in a mutually respected environment. Isn't that Lionism? We had the opportunity to meet with 1st Vice President Dr. Patti Hill and each of us had a photo with her. We toured LCI's headquarters and met LCI staff. There was excitement, fellowship, and fun.

During our first dinner, there was talk about the earthquake in Turkey. The next day, February 7, it was announced that LCIF provided \$200,000 to Turkey. On Wednesday, during one of the general sessions, a FVDG from Turkey was on the stage and spoke about her country. She said her flight had just left before the devastating earthquake happened. There was also a slide show showing the Lions and Leos managing



Our Group Leader announced making personal donations to LCIF for Turkey. Subsequently, one of the FVDGs at my table challenged all of us to make a donation and if we donated \$5,000, he would jump into the pond. Remember it snows in Chicago and the grounds are covered with snow. The first donation was \$1,000 and the momentum carried throughout the day and the next. By Thursday, the total donations reached over \$10,000. The challenger kept his word and went out to the pond, and while he couldn't jump in, he walked in and laid down on the icy water. We were his cheerleaders. It is amazing what we Lions would and can do to serve.

While we were busy learning to be effective leaders, we also took the time to serve those who are in need the most. I was so impressed with everything that happened during my four-day seminar at the Q – it was truly memorable. I am looking forward to seeing my incredible fellow DGEs in Boston. And I can sincerely say that I am excited and ready to serve as the District Governor in our magnificent District.

1VDG Zenny



2024 Lions International Rose Parade Float
“Changing the World Through Music”



This is the 1st rendering of the 2024 Lions International Rose Parade Float, "Changing the World Through Music." The theme for next year's parade is "Celebrating a World of Music: The Universal Language".

*Drawing courtesy of California Lions Clubs
 “OFFICIAL” Facebook page.*



Publishing deadlines for The Pride for service year 2022-2023!

The Pride will now be published every other month, as approved at the 2022 District Convention. Please continue to submit your articles to: 4c5bulletin@gmail.com by the following dates:

2023: April 20, June 20



2VDG VICKY BRADY

LEADERSHIP ON THE HORIZON

Happy March, everyone! I've been enjoying seeing you all at visitations. It's hard to believe but the District convention is coming up soon and I hope to see you there!

In the last Pride, I mentioned my new Lions email address, Lionvictoriabrady@gmail.com and asked you to please put it in your contact list. And just for fun, I offered See's candies gift cards to the first three people who emailed me at my new address. They are Lions IPDG Donna Prince, Vickie Smith, and Mitzi Stockel. Thank you for your quick responses and enjoy your sweets!

I wanted to let you know that the USA/Canada Leadership Forum is going to be right up the road in Reno September 21-23. This is going to be really fun and there are already over 80 classes you can take! Check out lionsforum.org for an idea of the kinds of classes that will be available for this year. There really is something for everyone, and this is the closest that the Leadership Forum has been to our District. The next ones will be in Louisville, Atlantic City and Memphis.

MD4 is hosting the Forum, so all California Lions should be very proud of that. Because we are hosting the Forum, we need to get 400 volunteers to assist our guests from the other 49 US states and Canada. We are expecting over 2,000 Forum guests and we need to have California volunteers to greet, check in, guide and transport our guests and work in the Forum store. Ideally we would like to have everyone just volunteer one shift so that you can enjoy the seminars also!

The Forum hotels are called "the Row"- Circus Circus, Silver Legacy and El Dorado. Our general sessions and seminars will be held at the Silver Legacy and the Reno Convention Center, which is across the street from the Silver Legacy. Everything is so close that it will be very convenient and easy to get around.

I encourage you to look at the lionsforum.org website to sign up for the Forum, sign up to volunteer, and check out all of the activities going on. There will be a Strides Walk fundraiser to raise diabetes awareness, and lots of opportunities to meet new Lions from all over our nation and Canada. The website also has a video for first timers to let you know what to expect. It's going to be an amazing Leadership Forum and I hope you join me there!

2VDG Vicky Brady

GMT NEWS

GMT COORDINATOR PDG ANDY ANDERSON



As of February 28, 2023, we have added 82 new members to 26 clubs of our District for a 52% increase. We lost a total of 103, giving us a net decrease of 21 for this year. We are closing back on 1,300 in membership. Losses for this year are for Death – 12, Moved – 19, Non-Payment of Dues – 20, Non-Payment or attendance – 3, Good Standing – 45, Transfers – 2, Other – 2.

Our District has the following current make up of members (January 2023):

Total members – 1287 Total Females – 590 (45.8%) Total Males – 697 (54.2%)

DG Tim's first goal is to have every club increase by 4 members. The clubs that have added 2 or more new members are: Sacramento Camellia +11, Sacramento Capitol and Sacramento Malaya + 10, Davis Aggies +6, Foresthill +5, Elk Grove, Rio Linda and Winters + 4; Roseville Sunrise +3 and Higgins Diggins, Penn Valley, Placerville, Rio Linda Elverta Country, Pride of Laguna Creek and Sacramento Antelope +2.

DG Tim's second membership goal is to have every club that has under 20 in membership increase to over 20 in membership. The following clubs that started off the year under 20 in membership and the information blue/red shows their increase or decrease in membership for this year.

Downieville	20 members (+1)	Esparto	19 members
Sac Fort Sutter	19 members	Country Club	18 members
Davis Aggies	12 members (-6)	Lincoln Host	18 members
Folsom Lake	18 members (+1)	Gold Country	17 members
Rocklin	17 members	Placerville	14 members (-2)
Sac Midtown	15 members	Sac Nepalese	13 members (-2)
Nevada City	15 members (+1)	Winters	14 members
Woodland Reveille	14 members	Grass Valley Host	13 members
Woodland Yolo	13 members	Newcastle GS	12 members
GV Foothill	12 members	Sac Metropolitan	9 members
Delta	7 members		

Thirty-two (32) of 50 Clubs (64%) have been visited about Membership; 26 of 50 (52%) Clubs have inducted a new, reinstated or transfer member; 7 of 8 (87.5%) Zones have been visited about Membership.

The District would like to welcome our newest club (which will soon be chartered) Sacramento Beau Vita Lions Club with 47+ members. Charter President is Crocker Zone Chair Lion Eva Zhou.

PDG Andy Anderson

Lions Clubs International Foundation (LCIF) Report

PDG Andy Anderson



As of February 28, 2023, donations reported on the LCIF Report for District 4-C5 for 2022-2023 total \$26,634.59. This is 68.3% of Governor Tim's goal of \$39,000.

Total number of clubs donated to LCIF: 34 of 50 (68%)

Total number of Zones visited: 7 of 8 (87.5%)

Total number of clubs visited: 32 of 50 (64%)

Total number of clubs with a Club LCIF Coordinator: 50 of 50 (100%)

Total number of District fundraisers conducted for LCIF: 0 (goal is two)

Total number of 100% Clubs for this year: 0 The following clubs are working on their 100% status: Higgins Diggins, Woodland Host, Woodland Reveille and Woodland Yolo.

This year with the major earthquake in Turkey and Syria, our District has donated as of this date \$16,200 for Disaster Relief. Most of these donations have not been processed by LCIF.

Governor Tim is thinking about having a donation to LCIF to enter the Car Show during the District Convention.

I have sent each Region and Zone Chair a donation report on how their Regions and Zones are doing. We have plenty of time to meet DG Tim's LCIF goal of \$39,000.

I am challenging the remaining 16 clubs to match my \$20 donation to LCIF. This will make us a 100% District for the fifth year in a row. The following clubs have not yet matched my challenge:

Auburn Host	Country Club	Davis Aggies	Foresthill
Galt	Lincoln Hills	Lincoln Host	Loomis
Placerville	RL Elverta Country	Rocklin	Fort Sutter
Sac Metro	Sac Nepalese	Winters	Woodland Yolo

PDG Andy Anderson
District LCIF Coordinator

DISTRICT NEWS

LIONS EDUCATION FOUNDATION SOUP AND SALAD FUNDRAISER

Lions Education Foundation had another successful Soup and Salad Fundraiser on Saturday, January 28, 2023 at Roseville Host Clubhouse. Thanks to those who contributed a dish, there was a variety of tasty, healthy food to enjoy. No one went home hungry. Opportunity prize drawings, a silent auction and a live auction benefitted LEF's Matching Grant Requests and youth programs.

Thank you to all who participated and supported this event.



Photo Credits: Natalee Price





Lions Project for Canine Companions

Submitted by Lion Mark Steffens



Many of you may not know who I am. My name is Lion Mark Steffens, Area Director of Lion Project for Canine Companions. I am a member of the Embarcadero Lions. It's been a long time, even before the pandemic, that I had an opportunity to come out and visit clubs that belong to the Lion Project for Canine Companions. I have now visited 11 Lion clubs since November with my puppy in training Ace.

Here are some facts about the Lion Project for Canine Companions which was formally founded in 1983.

- Consists of an all-volunteer board of directors and approximately 60 volunteer representatives across the country.
- Project volunteer representative provide presentations to Lions Clubs meetings, district meetings, conventions, and other service organizations to increase public awareness of Canine Companions and gain financial support.
- Your clubs help support the Lion Project through your club membership, Life and Family Life memberships, Distinguished Service Awards, and various sponsorships and fundraisers.
- Currently we have two puppy raisers within our district: Jeri Retzlaff, who also is a breeder caretaker, and myself. We're both available to spread the word about the Lions Project for Canine Companion program.
- We have clubs in 26 states across the nation that support and donate to the Lions Project.
- So far \$4.6 million have been donated to Canine Companions.
- We'll be celebrating the 40th anniversary on May 18th, 2023.



Lion Mark Steffens and Ace visit Grass Valley Host Lions Club

If your club doesn't have time for a presentation (demo), Ace and I would like just to come out to do a meet and greet at your meeting since it's a terrific learning opportunity for Ace.

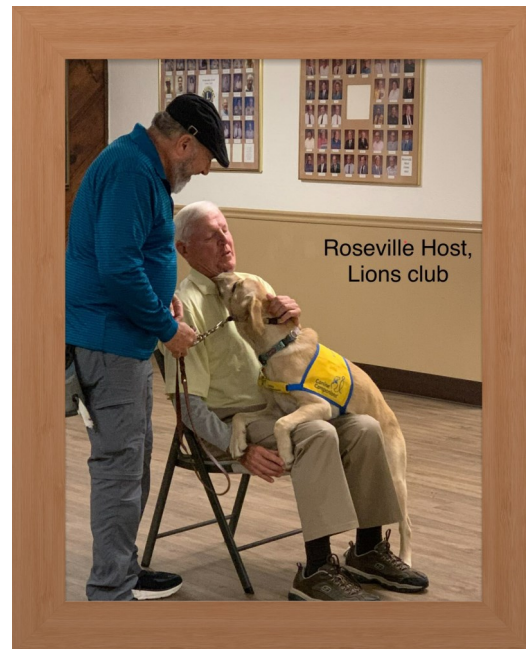
Thank you again and I'm looking forward to hearing from you and visiting.

Lion Mark Steffens






Camellia Lions Club



Mark Steffens

 (916) 214-8650

 steffens.mark@outlook.com

 Sacramento Embarcadero Lions

Proposal 1

Definition of “Good Standing”

Status Quo:

Sec. 1. All clubs in good standing within the District shall have and hold membership in this organization, subject to the Constitution and By-Laws of the International Association of Lions Clubs. A club in good standing is defined as a club which is current with the payment of its per-capita taxes to Lions International and Multiple District Four and with no indebtedness in this District.

Proposed Change:

Sec. 1. All clubs in good standing within the District shall have and hold membership in this organization, subject to the Constitution and By-Laws of the International Association of Lions Clubs. A club in good standing is defined as a club which is current with the payment of its per-capita taxes to Lions International and Multiple District Four and with no indebtedness in this District **and all the following, Secretary of State Filing, Franchise Tax Board Filing, Internal Revenue Filing, and Attorney General Filing.**

Rationale.

Brings the definition up to date, assists Cabinet Officers ability to enforce same as needed.



Proposal 2

“Librarian”

Status Quo:

Sec. 1. There shall be a Budget and Finance Committee consisting of the Immediate Past Cabinet Treasurer as Chair, the Cabinet Treasurer, the Vice District Governors, the Immediate Past District Governor, the sitting Governor, the Compliance Committee Chair, and two appointed members. Of the appointed members, each shall be a member of a club in a different Region, but no more than one Past District Governor in addition to the Immediate Past District Governor shall serve on the Committee in any fiscal year. The term of office of appointed members shall be two years or until a successor is appointed. No member shall be appointed to succeed him/herself in the next consecutive term except in instances when the committee member has been appointed to serve for the last six months or less of an unexpired term. The incumbent District Governor’s Cabinet shall fill interim vacancies and, before the end of its tenure, appoint a new member to the Committee for the two ensuing years from the Region with the lowest representation at the time of appointment.

Proposal:

Sec. 1. There shall be a Budget and Finance Committee consisting of the Immediate Past Cabinet Treasurer as Chair, the Cabinet Treasurer, the Vice District Governors, the Immediate Past District Governor, the sitting Governor, the Compliance Committee Chair, **The Committee Librarian, and** two appointed members. Of the appointed members, each shall be a member of a club in a different Region, but no more than one Past District Governor in addition to the Immediate Past District Governor shall serve on the Committee in any fiscal year. The term of office of appointed members shall be two years or until a successor is appointed. No member shall be appointed to succeed him/herself in the next consecutive term except in instances when the committee member has been appointed to serve for the last six months or less of an unexpired term. The incumbent District Governor’s Cabinet shall fill interim vacancies and, before the end of its tenure, appoint a new member to the Committee for the two ensuing years from the Region with the lowest representation at the time of appointment.

A description of the Librarian position should appear in the By-Laws

Rationale.

Appoints a specific position dedicated to the preservation of financial records thus allowing for greater detail in preparing Budgets and insuring Districts Financial “Health”.

Financial Impact.

Although there is no direct cost of implementing this proposal the information collected is vital to the financial management of the District and may also be helpful in avoiding any unnecessary dues increases.

REVENUES	2021-2022	2022-2023	2023-2024
	<i>Approved</i>	<i>Approved</i>	<i>Proposed</i>
ADMINISTRATION INCOME			
MD4 Per Capita Dues (\$10.00/Member)	\$ 13,000.00	\$ 13,000.00	\$ 13,000.00
Student Speaker Dues (\$1.00/Mbr.)	\$ 2,600.00	\$ 2,600.00	\$ 2,600.00
DG Pin Sales	\$ 1,000.00	\$ 1,000.00	\$ 1,000.00
Revolving Fund	\$ 4,000.00	\$ 4,000.00	\$ 4,000.00
SUBTOTAL	\$ 20,600.00	\$ 20,600.00	\$ 20,600.00
COMMUNICATIONS INCOME			
Directory Ads	\$ 3,000.00	\$ 3,000.00	\$ 3,000.00
SUBTOTAL	\$ 3,000.00	\$ 3,000.00	\$ 3,000.00
DISTRICT EVENTS INCOME			
Cabinet Meeting Lunches	\$ 4,500.00	\$ 4,500.00	\$ 4,500.00
Cabinet Meeting Raffle/Silent Auction	\$ 1,930.00	\$ 1,930.00	\$ 2,430.00
Cabinet Installation Dinner	\$ 4,000.00	\$ 4,000.00	\$ 4,000.00
Cabinet Appreciation	\$ 500.00	\$ 500.00	\$ 500.00
New Member Dinner Receipts	\$ 1,500.00	\$ 1,500.00	\$ 1,500.00
SUBTOTAL	\$ 12,430.00	\$ 12,430.00	\$ 12,930.00
TOTAL INCOME	\$ 36,030.00	\$ 36,030.00	\$ 36,530.00

EXPENSES	2021-2022	2022-2023	2023-2024
	<i>Proposed</i>	<i>Proposed</i>	<i>Proposed</i>
ADMINISTRATIVE EXPENSES			
Review/Audit/Bookkeeping Expenses	\$ 3,000.00	\$ 3,000.00	\$ 3,000.00
Bank Charges for three (3) Accounts	\$ 60.00	\$ 60.00	\$ 60.00
Cab Off Name Tags/Patches/Other Banner s/Shipping	\$ 1,200.00	\$ 1,200.00	\$ 1,200.00
Copying/Printing	\$ 350.00	\$ 350.00	\$ 550.00
District Awards	\$ 2,500.00	\$ 2,500.00	\$ 2,500.00
Historian Fee	\$ 200.00	\$ 200.00	
Postage	\$ 260.00	\$ 260.00	\$ 100.00
Stationary and Supplies	\$ 250.00	\$ 250.00	\$ 250.00
Training/Trng Mtg (Off Trng, New Memb Orient)	\$ 350.00	\$ 170.00	\$ 200.00
Revolving Fund - (Available after 4C5 Convention)	\$ 4,000.00	\$ 4,000.00	\$ 4,000.00
SUBTOTAL	\$ 12,170.00	\$ 11,990.00	\$ 11,860.00
COMMUNICATIONS EXPENSES			
Directory Printing	\$ 3,500.00	\$ 3,500.00	\$ 3,500.00
Web site Hosting (including webinars)	\$ 230.00	\$ 230.00	\$ 300.00
Public Relations and Media	\$ 500.00	\$ 500.00	\$ 560.00
SUBTOTAL	\$ 4,230.00	\$ 4,230.00	\$ 4,360.00
DISTRICT EVENTS EXPENSES			
Cabinet Meeting/Facilities Rent Expense	\$ 2,100.00	\$ 2,100.00	\$ 2,100.00
Cabinet Meeting Lunch	\$ 2,500.00	\$ 2,500.00	\$ 2,700.00
Visiting DG Expenses	\$ 750.00	\$ 750.00	\$ 750.00
Visiting VDG1 Expenses	\$ 500.00	\$ 500.00	\$ 500.00
Visiting VDG2 Expenses	\$ 350.00	\$ 350.00	\$ 500.00
Student Speaker Awards	\$ 2,820.00	\$ 2,200.00	\$ 2,200.00
Cabinet Installation Dinner	\$ 4,000.00	\$ 4,000.00	\$ 4,000.00
New Member Dinner	\$ 1,500.00	\$ 1,500.00	\$ 1,500.00
Cabinet Appreciation	\$ 500.00	\$ 500.00	\$ 500.00
SUBTOTAL	\$ 15,020.00	\$ 14,400.00	\$ 14,750.00
GOVERNOR EXPENSES			
DG Pins	\$ 1,300.00	\$ 1,300.00	\$ 1,500.00
DG Mini Banner	\$ 1,200.00	\$ 1,200.00	\$ 1,200.00
District Scrapbook			
DG Home Club Banner	\$ 400.00	\$ 400.00	\$ 350.00
DG Gift	\$ 300.00	\$ 300.00	\$ 300.00
DG Discretion		\$ 300.00	\$ 300.00
SUBTOTAL	\$ 3,200.00	\$ 3,500.00	\$ 3,650.00
MISCELLANEOUS EXPENSES			
Advance Leadership Training (DG)	\$ 350.00	\$ 350.00	\$ 350.00
Advanced Leadership Training (VDG1)	\$ 750.00	\$ 750.00	\$ 750.00
Advanced Leadership Training (VDG2)	\$ 350.00	\$ 350.00	\$ 350.00
Cabinet Secretary Honorarium	\$ 360.00	\$ 360.00	\$ 360.00
State of California	\$ 100.00	\$ 100.00	\$ 100.00
SUBTOTAL	\$ 1,910.00	\$ 1,910.00	\$ 1,910.00
TOTAL EXPENSES	\$ 36,530.00	\$ 36,030.00	\$ 36,530.00



CLUB NEWS FROM ROSEVILLE HOST



Roseville Host Lions made 400 lunches for the Very Inspirational People Basketball tournament on February 19, 2023. Very Inspirational People (“VIP”) is a non-profit organization whose purpose is to provide individuals with developmental disabilities the opportunity to participate in competitive athletic, social and recreational activities, such as floor hockey, swimming, bocce and basketball.

VIP was established in 2002 by parents, athletes and coaches of Special Olympics in the Sacramento area and creates rewarding experiences for inspirational athletes, volunteers, sponsors and families.



Photo Credits: Cathy Galligan Messier



VIP Basketball Tournament

Designed especially for athletes with disabilities who enjoy competitive basketball

Co-Sponsored By:
 • VIP (Very Inspirational People)
 • County of Sacramento, TRS Services

When: Sunday, February 19, 2023

Where: La Sierra Community Center
 5325 Engle Rd, Carmichael, 95608
 (Big and Small Gyms)
 Team hang-out and tournament headquarters are in John Smith Hall across from the gyms

Time: 9:00am - 4:00pm
 (may change depending on # of teams entered)
 Official schedule will be sent to each team the week before the tourney
 Team check-in @ 8:00am

*Lunch will be provided to registered athletes, coaches, & volunteers.

Snack bar will be available for those that want a bit to eat.



SACRAMENTO COUNTY

If you have any questions, please either email TRS at TRS@saccounty.gov or call 916-484-2044.



We Serve





JOIN US FOR A

Special Event

Honoring

Past District Governor

Dr. Carl E. Burson, Jr.

***Sixty-Two Amazing Years
of Lions Service Since 1961***

Saturday, April 15, 2023

Roseville Host Clubhouse
107 Sutter Avenue
Roseville, CA

Social 11:30 am

Luncheon Served at 12 Noon

\$19.61 Per Person

Make check Payable to: Embarcadero Lions

RSVP by Friday, April 7, 2023

Questions? Contact :

PDG Erv Gon at: (916) 612-5747 or golfishing32@sbcglobal.net

PDG Gary C Wong at (510) 219-9384 or servicegarycwong@gmail.com

Luncheon Catered by Vince's Ristorante



SPRING CLEAN UP

at CAMP ROSS RELLES



Help the Deaf, Scouts, less fortunate children and others have a great camp experience.

A **FUN** and rewarding HANDS-ON SERVICE PROJECT

for you or your club – something for everyone:
(From **choppin' to moppin'** we need carpenters, cooks, rakers and sweepers, painters, plumbers, pruners, and "go-fers", ETC.)



Come for a day or the week-end.



MEALS PROVIDED (Please **RSVP: (916) 965 – 3898**)

MAY 19-20 & JUNE 9-11

ENJOY:

The fresh, clean mountain air, cozy fireplace in the Lodge, bright stars, wildlife, fellowship and rewarding satisfaction.
Overnight stays welcome: Stay in cabins (bring sleeping bag or your RV).

If you have adopted a cabin, now is your chance to spruce it up.
~ Several venues are available for your adoption. Call for details. ~



www.camprossrelles.org

GOLD COUNTRY LIONS' CAMP
Camp Ross Relles
~Handicapped Accessible~

Manager Nick Nichol (916) 965-3898



www.lionswildcamp.org

(For directions see web site. DO NOT use GPS or Mapquest)

Next door to Malakoff Diggins State Historical Park

Auburn Host Lions



Join us for our 28th annual charity golf tournament at Turkey Creek Golf Course, Friday, May 19, 2023. All proceeds benefit LOCAL charities. Fun for all!



Shotgun/Scramble Format, T-time is 9 am. 4 person teams.

Includes: Green Fees, Tee Prizes, Golf Carts, Breakfast, Lunch. Prizes for lowest Team score, Men and Women, Closest to Pin on Par 3's, Accuracy Drive, Long Drive (Men and Women). Raffle, Silent Auction.

Register on-line:

<http://charitygolftoday.com/auburnhostlions>

Cost: \$150 per player.

Early Bird rate: \$125

Register before 4/19

Auburn Host Lions Club

P.O. Box 4724

Auburn, CA 95604

Make checks payable to:

Player Name	Phone Number	Email Address

Questions? Contact Kevin Casey 530-305-6446 or email: sierraforester@gmail.com

Avalon Hearing Aid Centers Present:

THE HOPE & HEARING PROGRAMS

LOCAL LIONS CLUBS AND AVALON HEARING RESTORING HOPE AND HEARING

*Nobody really wants to wear hearing aids AND
Nobody knows what to do with hearing aids, no longer in use.*

Nobody with hearing loss should be left behind in a quiet and muffled world. That's why Avalon Hearing Aid Centers in Sacramento and local Lions Clubs have **partnered to create the Hope and Hearing Programs**. Could you either benefit from OR contribute to one of these Programs?

Hearing Aid Recycle Program

If you have hearing aids that are no longer in use, consider donating them to Avalon. If possible, we'll have them refurbished and make them available to people who simply cannot afford hearing aids. What is sitting in your drawer, may provide someone with the gift of better hearing. It may even restore hope.



Monthly Hope and Hearing Programs

If financial hardship is keeping you from getting the hearing help you need, contact your local Lions Club. Ask to be nominated for the Monthly Hope & Hearing Program. Lions members have already donated dozens of quality hearing aids. In turn, Avalon staff will donate their expertise and time for the test, fitting, and follow-up care needed to get you hearing and connected to life.

\$250 GIFT for you & \$250 GIFT for your Club

If you are experiencing hearing loss, schedule a Free EDUCATIONAL Hearing Test & Consultation with Avalon. Be sure to mention that the Lions sent you. You'll receive a \$250 Gift towards your purchase of hearing instruments PLUS \$250 will be donated to the Lions Club of your choice.



Need a Speaker for your Club?

If you're ready for a fun and informative talk, book Betty Vosters Kemp to do a presentation for your club, in person or via Zoom. Betty can even talk about how the Lions and Avalon, together, can make an even greater difference in our community!

For more information on the **HOPE & HEARING Programs**,
go to AvalonHearing.com/Lions-club or call (916) 483-9064

DISTRICT 4~C5 HEARING SERVICES COORDINATOR
PDG ERY GON

Email: golfishing32@sbcglobal.net ~ Phone: (916) 612-5747

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