



Lions Pride

November 2023

Volume 54



November 2023

“SERVE WITH PASSION”



LIONS OF DISTRICT 4-C5 AT USA CANADA LEADERSHIP FORUM IN RENO, NV

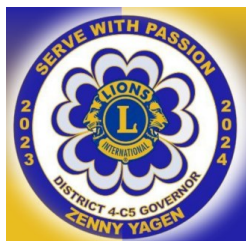
Lions of District 4-C5 presented, moderated and entertained in Reno at the USA Canada Leadership Forum on September 21—24, 2023.

PDG Cat Gon, Immediate Past International President Brian Sheehan and DG Zenny Yagen mixed and mingled. Lions Eddie Aducayen and Sheri Retzlaff wowed the crowd with their fabulous song stylings. There was time for exercise too with the Strides Walk.



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Moderators and Presenters at the Forum.

Can you spot the Lions of District 4-C5?





DG ZENNY YAGEN

“SERVE WITH PASSION”

Hello Fellow Lions!

Fall is in the air – don’t you love it? It’s my favorite season because of the changing of colors, the autumn leaves and of course the cooler weather. For me, it’s a time of comfort – more relaxation – the weather is neither hot nor cold.

It has been a perfect time for me to conduct my club visitations, especially up in the Donner Region. As Lions, it’s our nature to be very welcoming and hospitable, so it was no surprise during my visits that every Lion and their guests were just so NICE! I appreciate the clubs’ efforts to make my visits so welcoming and gratifying. I’ve met Lions I would never have met if not being a District Governor. Meeting new Lions and listening to them talk about their activities is one of the best perks of being in this position.

While I truly enjoy visiting Lions Clubs in the Donner Region, I must admit, as a flat-lander, I haven’t had that much experience driving up and down curvy hills. I am overcoming the anxiety of driving on those types of roads – especially when it’s dark. Some have suggested that I travel with someone, but honestly, I have found that I prefer to travel solo because maneuvering those curvy hills at night allows me to concentrate on the dark roads much better – I can be easily distracted. And driving there when it’s not yet dark, I can multitask – return phone calls, talk with my children and grandchildren, and catch up with my girlfriends. While I won’t be a racecar driver, I am feeling much better at becoming a hill driver (if that’s such a term).



For the upcoming Pride articles, I will list the clubs I’ve visited and share what I’ve learned.



Nevada City Lions – What can I say about these Lions except to say they are certainly carrying on the legacy of the late PDG Doug Wight in serving their community well. And they have a young and very energetic president – Lion Jamie Beer. Their famous tacos they serve at the Nevada County Fair are just that – Famous and Delicious!

Photo credit: Nevada City Lions Club Facebook page.



DG ZENNY YAGEN

“SERVE WITH PASSION”

Grass Valley Gold Country Lions – It was wonderful seeing Lion Tom Parilo again and finally meeting Michael Straight in person. I was honored to receive one of their club pins, a friendship banner and a bag of their “Fine Carmel Corn.” It’s one of those things you can’t just eat a handful of, although I still have some more since it is a gallon-size baggie and I have had it only less than a week. When I checked on MyLion for their activities I was amazed how much money they raised by selling caramel corn at the fair. They are collaborating with Penn Valley Lions to help them with their caramel corn booth as they need all the help they can get. I suggested that they place a want ad on the District’s Constant Contact to get other Lions to help during the fair. While the actual making of the caramel corn is not easy, perhaps some can help with the bagging or other jobs that do not need extensive training.



Forest Hill Lions Club – I was fortunate to attend their 75th Anniversary Celebration. They displayed memorabilia that was amazing. They showed a video that captured their 75 years of Lionism. It was great to see photos of younger PDG Carl Burson, PCC Dave Johnson and PDG Erv Gon.

This past week I did my official DG visitation to the club, and I felt like I have known the members longer than just having met them a month ago at their anniversary dinner. Among their projects, they are active with both elementary and high schools. Currently for the elementary school, they are finishing painting a designated area where a teacher or an aide can take a student outside when a student is feeling overwhelmed. On the first day of the school year, they greet the kindergarteners. They also provide scholarships to high school students at the end of the year. Additionally, they do many things in their community.

Auburn 49ers Lions Club – This club meets at 7 a.m. and since I am not an early-to-rise person, it was a challenge to get up at 5:30, but I met the challenge – I was there at 6:40. As you know this is the home club of PCC/ZC Dave Johnson and RC Dana Johnson and they both encouraged me to arrive a little early so I could order and eat breakfast. I am so glad I did – not so much the breakfast but it gave me an opportunity to meet and chat with everyone personally. When I mentioned that this club meets at 7 a.m., it is precisely that – 7 a.m. the president called the meeting to order. Their activity reports are made very succinctly, and while 1st VDG Vicky, RC Dana and I were given sufficient time to speak, the meeting was conducted within the hour. I was really impressed. This is something I need to bring back to my own club.



DG Zenny presents President Tony Ferrari with her pin. Photo credit: Lion Valerie Buonincontri.



Camellia Lions Club – These women Lions are always on the go. They provide breakfast for the children at Mustard Seed School and had a booth at My Sister’s House Run for a Safe Haven. During my visit, I was honored to welcome new Associate Member Lion Bruce Eastley. PDG Erv Gon is also a new Associate Member but was not present to receive his award as he and PDG Cat were having too much fun cruising Amsterdam and the Netherlands. A new Honorary Member, Daniel Lam, usually attends their meetings when his Lion wife cannot attend.

The above clubs were ones I visited in October. The following are the ones I visited in July and August. I apologize for not mentioning them in the previous Pride article as I only decided to share this information now. Having said that, these are the other clubs I’ve visited:

Downieville Lions Club – This is the first club I visited testing my anxiety level driving on curvy and dark roads, but I did it! These Lions do so much for their small community. It’s a beautiful town with the river running by and looks like the small American towns depicted on the Lifetime Channel. They have a great a Facebook page. If you are interested in getting a glimmer of what they are doing, I suggest checking out their Facebook page.

Valley Hi Lions Club – I was thrilled and honored to be their installation and inducting officer. I inducted 13 new members. Way To Go Valley Hi Lions! They just had their golf tournament which is their biggest fundraiser. Several of the golfers had become Lions.

Golden State Lions Club – Under the helm of Club President/Region Chair Eddie Aducayen, this club is also gaining new members that I had the pleasure and honor to induct. I was also their installation officer. Their Signature Project “Soles for Humanity” is not only helping countries that cannot afford shoes but it’s another way of recycling. They also provide groceries for seniors who cannot afford them or cannot go to the grocery store.

Mabuhay Lions Club – This club is exercising the “Club Your Way” and it is working. How? Their club president and club treasurer are living out-of-state and conduct their meetings via Zoom. They do travel back to Sacramento when they are needed for their hands-on projects. At my visit President Klint Robins and Treasurer Maria Robins were in town to conduct the meeting. They are planning their Christmas party at the beginning of December, and they have an agreement with a local Grocery Outlet to pick up food for their hunger project.

These clubs’ visitations are truly important to do because it’s an opportunity to not only learn about their activities, meet new Lions but also to learn from new things and/or practices from each club. I love that about serving as a District Governor. International President Dr. Patti Hill’s slogan is “Changing the World,” We are changing our world one day at a time through the kindness we give to one another.

DG Zenny Yagen

DG Zenny Yagen





1VDG VICKY BRADY

INSIGHTS ALONG THE JOURNEY TO DG

“SO YOU WANT TO BE A ZONE CHAIR?” That was going to be the subject of our workshop at the November District Cabinet meeting. 2nd VDG Brent Showalter and I were looking forward to presenting that topic, but ultimately we couldn't because there are so many other great topics to explore. Instead, I thought I would write a little bit about it now - the benefits, requirements, and expectations for Zone Chairs. I hope you enjoy it, and if you have any questions or are interested in becoming a Zone Chair, Region Chair, Coordinator, or any other District Cabinet position please feel free to email me at Lionvictoriabrady@gmail.com or call or text me at (916) 439-6487. I'd love to hear from you!

There are many benefits to being a Zone Chair!

First, being a Zone Chair is fun! I really enjoyed myself the year I was Zone Chair. It was the first time I met a lot of Lions outside of my club and I made some good friends that year. It also really develops your organizational and leadership skills and helped me to understand the structure of the district. I learned a lot about the Lions organization, and gained important mentors who guided and helped me. As a Zone Chair, you will also become a mentor to the Club Presidents and Officers, whom you will guide and help in return. And the Zone Chair position is a required one by LCI. It's an extremely important and necessary position. There are eight Zones in our District MD4C5, with two Zones assigned under each of the four Regions.

**... I met a lot of Lions
outside of my club and I
made some good friends
that year .**

Next, the requirements of Zone Chair are: You must have served or will have served at the time of taking office as club President for a full term (or major portion), and as a member of the club board of directors for no less than two years. In addition, you can only serve as a Zone Chair for 3 years during your Lions career.



Finally, the duties of the position are to be Chair of the District Governor's Advisory Committee. The other members of the committee are the President, Vice-Presidents, and Secretaries of the clubs in your Zone. You should be prepared to attend District Governor visitation meetings in your zone, three District cabinet meetings, and hold Zone meetings before the cabinet meetings. A great idea is to hold a joint Zone meeting! This year, Zone Chairs Peggy Kwong (Crocker Zone) and Murray Navarro (Sutter Zone), with their Region Chair Eddie Aducayen (Sacramento Region), have been holding their Zone meetings together. Everyone has been enjoying coming together to learn and share success stories and help each other while eating lots of yummy food.

There are many resources to help you through your Zone Chair year. First, of course, is your Region Chair, District Governor, other Zone Chairs and Cabinet. You will be working closely with them. Second, there will be Zone Chair training and Lions International has many resources, including the Zone Chair manual, planning calendar and PowerPoint presentations. In addition, each Zone meeting already has an assigned topic for you, so you don't need to worry about what to talk about. In my Zone meetings, most of the agenda was dedicated to listening to the club President and officers talk about their completed and upcoming projects and that was always exciting and fun. As my mentor, Region Chair Mark Steffens, said he wished he'd stayed for one more year as Zone Chair because by the time you have everything figured out, the year is over! And both he and I really enjoyed our stints as Zone Chairs for the Crocker Zone.



So, I hope I have given you some ideas and encouragement to see how vital and important the Zone Chair position is. I appreciate every Lion who has served in this position, and hope that you aspire to serve (or re-serve!) as a Zone Chair at some time during your Lions career. If that time is now, or in the next few years, please reach out to me or 2nd VDG Brent Showalter and let us know.

Happy Autumn!

1VDG Vicky Brady

1VDG Vicky Brady



4C5BULLETIN@GMAIL.COM

2VDG BRENT SHOWALTER

LEADERSHIP ON THE HORIZON



It is a GREAT DAY District 4-C5 Lions,

I wake up every morning knowing that career, bills, family, faith, friends, challenges, and all the things that make my life keep moving forward are not going away. I also know that LIONS will be there for those in need and when I say that to myself, I get energized, and I go after whatever challenge is in front of me knowing that this amazing foundation supports me and others to lead each and every day.

We have so much going on in District 4-C5 these next couple months including our District Cabinet meeting on November 4th, 2023 so please RSVP because it is going to be an amazing event with great food, great forums, and of course great people. Do not miss out.

I always like to keep these messages short and end with a quote and a fun video so enjoy.

“The one who follows the crowd will usually go no further than the crowd. The one who walks alone is likely to find themselves in places no one has ever been before.” ~ Albert Einstein

Fun video below so just click the link.

<https://youtu.be/XubM62q9nlw?si=KW7AJ09aJjz6lduc>

Remember that you can call, text, or email me anytime and I look forward to seeing all of you soon.

2VDG Brent Showalter

Brent Showalter 2nd Vice District Governor

“Born to Be Wild”

M: 916-228-9129 / Email: Bshowalrh@yahoo.com



GMT NEWS

SUBMITTED BY PDG ANDY ANDERSON

As of September 2023, we have added 63 new, transferred and reinstated members to 22 clubs in our District. We lost a total of 30, giving us a net growth of +33 members so far for this year. We are now back over the 1400 mark for membership.

Loses for this year are for Death – 8, Moved – 2, Non-Payment of Dues – 6, Non-Payment or attendance – 5, Good Standing – 4, Transfers – 1, Other - 4

Our District has the following current make up of members (September 2023):

Total members – 1400 Total Females – 658 (47%) Total Males – 742 (53%)

Clubs on the move: Sacramento BeauVita Lions Club has added 14 new members.
Sacramento Valley-Hi Lions Club has added 12 new members.
Sacramento Golden State Lions Club has added 5 new members.

Davis Aggies Lions, Folsom Lake Lions and Valley Hi Lions have all increased in membership.

15 of 49 (30.6%) Clubs have been visited about Membership either by Lion Dave Pevny or myself.

22 of 49 (44.9%) Clubs have inducted a new, reinstated or transfer members.

8 of 8 (100%) Zones have been visited about the Membership

PDG Andy Anderson

Assistant to District GMT



District 4-C5 New Lions Members for September 2023

Welcome New Members!

Name	Club Name	Zone	Region
Ashimi, Luz	Sac Golden State	Sutter	Sacramento
Austria, Cliff	Sac Malaya	Crocker	Sacramento
Bhullar, Gaganjeet	Sac Valley-Hi	Sutter	Sacramento
Leavens, John	Rio Linda	Wolfskill	Dos Rios
Morales, Abraham	Davis Aggies	Gordon	Dos Rios
Reeves, Michelle	Rio Linda	Wolfskill	Dos Rios
Rogers, Barbara	Roseville Host	Eureka	Washoe
Rogers, Mona	Sac Malaya	Crocker	Sacramento

District 4-C5 Reinstated or Transferred Members for September 2023

Name	Club Name	Zone	Region
Ferrell, Maureen – R	Rio Linda Elverta	Gordon	Dos Rios
Woods, George - R	Foothill	Sierra	Donner

TOP CLUB CONTEST

The deadline to submit forms for March to October 2023 for the Top Club Contest has been extended from October 7 to November 15, 2023. Please send your submissions to 4c5contests@gmail.com.

There are three categories for the Top Club Contest this year:

- Small Club 1 – 20 members
- Medium Club 21-40 members
- Large Club 41+ members

The Top Club Contest ends on **February 29, 2024**. The February 2024 report must be submitted by **March 15, 2024** to be included in the calculations. Please contact AA Gayle Kono at gayle_kono@yahoo.com or (916) 754-6210 if you have any questions.

GLT NEWS

GLT COORDINATOR JERI RETZLAFF



Update on Lions Portal

We have gotten notice that the roll-out of the Lions Portal has been pushed back to **January 2024**. As soon as we get more information, training sessions will be rescheduled.

Please continue to file your Monthly Membership Reports on MyLCI & your service activities in MyLion.

Thank you for your patience and understanding.

Jeri Retzlaff

District 4-C5 Global Leadership Team (GLT) Coordinator.

PEACE POSTER CONTEST

DISTRICT LEVEL

Attention Clubs: If you have a submission for the Peace Poster Contest, please submit it by November 14, 2023 to Lion Robert Stoermer, District Peace Poster Chair, rastoermer72@gmail.com; (719) 208-9152. Please read all the rules to ensure that your club's submission complies. The posters will be judged and a winner will be announced.

Good luck!



LCIF NEWS



LCIF COORDINATOR NATALEE PRICE

At the Cabinet Meeting on August 26, 2023, PDG Andy Anderson presented Progressive Melvin Jones Fellowship Awards to Washoe Region Chair and Folsom Lake Lion Evelyn Butler and to Global Membership Team Coordinator and Capitol Lion Dave Pevny. Congratulations and kudos to you both!

PDG Andy Anderson and Lion Natalee Price have visited 7 of the 8 zones and have presented District Governor Zenny Yagen's goal to increase club 100% donor and individual donors District-wide.

LCIF has a new Presidential Supporter Program. A qualifying donation of \$50-\$99.99 earns a bronze pin, a donation between \$100-\$199.99 earns a silver pin, and a donation of \$200 or above earns a gold presidential supporter pin.



LCIF Coordinator Natalee Price challenged clubs to pick a cause for fundraising at the club level.

The first LCIF fundraising board was completed and the Melvin Jones Fellowship winner was Larry Shields of Penryn, a friend of Lions.

Natalee Price

LCIF Coordinator



DISTRICT NEWS

District 4-C5 held its first Cabinet Meeting on August 26, 2023 at Cottage Hill School in Grass Valley. Organized by Donner Region Chair Dana Johnson and with the help of District Cabinet Officers and many Clubs and Lions, the meeting was a success. A continental breakfast was provided by various clubs. A Boy Scout Troop started the meeting off with the color guard. Our guest speaker was Daniel Wesp, Supervising District Attorney of, who prosecuted distributors of deadly fentanyl.

The forums were interesting and informative. GLT Jeri Retzlaff, GST Jeri Wartena and CT Carle Enloe led Club Officer Refresher Forums. Lion Jack Morris led a forum on “What you can do about Fentanyl.” PDG Nick Nichol presented a slide show of the grounds, cabins, halls and campers at Lions Wilderness Camp. Lion Dr. Laura Balangue presented a comprehensive Power Point presentation on childhood cancer. The PDGs held their meeting.



A deluxe, delicious, healthy lunch—croissanwiches, chips, pasta salad, and a cookie—was provided by Higgins Diggins Lions Club.

Thank you to everyone who attended and who helped make this a worthwhile Cabinet Meeting!



Pretty in Pink: Kitty Kramer provided information about the Strides Against Breast Cancer Walk

PDG James Fong and IPCS Josie Fong provided information about California Lions Foundation.



Photo credits: Sutter Zone Chair Dr. Murray Saturnino Fernando Navarro.



**District 4-C5 Governor
Zenny Yagen**

District 4-C5 Cabinet Meeting
Hosted by Dos Rios Region

*Forums
Leos Forum! LCIF!
Diabetes! Student Speaker!
Starting a Branch Club!
New Member Orientation!*

Nov. 4th – 8 AM – 3 PM

*Taco Bar!
Breakfast at 8:00 by
Reveille*

Magic Yarn Service Project

Woodland Community College
2300 E Gibson Rd, Woodland, CA 95776

Lunch reservation Deadline Oct. 27

Reservations Treasurer Carl Enloe
730 Crow Creek Circle, Galt, Ca 95632
cnenloe@comcast.net

916-801-8802

For More Info Contact Jeff Walton:
waltonjh@gmail.com, (530) 312-9895

NCLSA UPDATE

Submitted by Zone Chair Mark Bamba

Northern California Lions Sight Association, Inc. (NCLSA) is a 501(c)3 non-profit corporation which provides assistance to local communities in providing vision related service to residents within the District 4-C5 area through medical services, education, and through the use of its Sight Van as well as its many Plus Optics Vision Screening units.

NCLSA owns a Sight Van fully equipped with Vision Screening equipment which can be used in medical fairs where people can take advantage of free vision screening to look for signs of eye diseases such as Glaucoma or vision corrections. Lions Clubs located within the 4-C5 region can reserve the van so it can be used as part of their community outreach projects. Once reserved, NCLSA will provide the driver along with the van and the Lion Club reserving will need to provide the optometrists.

NCLSA also works with VSP through 4-C5's Folsom Project where VSP provides us a supply of certificates which can cover most of the cost of getting a pair of glasses. These certificates have helped a tremendous amount of people who are experiencing financial difficulties

NCLSA is also now working with its partner Plus Optics to help develop a process to make it easier to do vision screening for kids with Down Syndrome.

Currently, NCLSA also has an opening for 2 more directors so any Lion in good standing within the 4-C5 district can join the wonderful team of this organization. Please contact Secretary Joe Bowers at evoc504@gmail.com or President Derek Ledda at lion_dll@yahoo.com if you are interested.

If your club is interested in reserving the Sight Van, email the reservation form to NCLSA Vision Screening Unit, c/o Joe Bowers at evoc504@gmail.com. The Reservation Form is available on the NCLSA website at www.nclsa.com under Vision Screening. Currently the fees to use the Sight Van are being waved but please confirm with Joe if that is still the case. Do not hesitate to reserve the van since the calendar can fill up fast at certain times of the year. VIP clubs may reserve the unit 12 months in advance.



The topic for 2024 Student Speakers Contest is:

FOR A BETTER WORLD, WHAT WOULD YOU CHANGE?

The DEADLINE FOR ORDERING
THE "STUDENT SPEAKERS PACKETS" IS **OCTOBER 01,
2023**

**Contest Dates for the
2024 Student Speakers Contest are:**

Last date to hold the
Club Level Contest: February 26, 2024

Last date to hold the
Zone Level Contest: March 18, 2024

Last Date to hold
Region Level Contest: April 15, 2024

Last date to hold the
District Level Contest: May 06, 2024

Last date to hold the
Area Level Contest: May 20, 2024

Final Contest at MD4 Convention
(Sacramento): June 15, 2024

* * * *

FINAL CONTEST will be in Sacramento at the Council of Governors
Meeting



LIONS EDUCATION FOUNDATION

Lions Education Foundation held another successful golf tournament on Saturday, September 16, 2023. This year, the fundraiser was held at a new venue, Wildhorse Golf Course in Davis. Volunteers, golfers, sponsors and LEF Board and committee members helped raise approximately \$10,000 for projects that support and benefit youth. District 4-C5 clubs can apply for LEF matching grants for projects benefitting youths. All projects must satisfy humanitarian needs in harmony with the objectives of Lions International. Lions Programs include LEOs, Quest, Education/Scholarships, Youth Activities, Youth Exchange, Specialized Camps, and other related activities approved by the District Cabinet.

 2023 DISTRICT 4-C5 LIONS EDUCATION FOUNDATION GOLF TOURNAMENT 	
WHEN: Saturday, September 16, 2023 WHERE: Wildhorse Golf Course 2323 Rockwell Drive Davis, CA 95618 TIME: REGISTRATION 7:00 am SHOT GUN START: 8:00 am COST: \$125 TICKET INCLUDES: Lunch, green fees, range balls, and carts. Closest to the Pin and Longest Drive	SPONSORSHIP OPPORTUNITIES \$1,000 Gold Sponsor - includes a round of 4 \$500 Full Team Sponsor \$250 Green Sponsor \$125 Tee Box Sponsor FOR MORE INFORMATION ABOUT SPONSORSHIP OPPORTUNITIES, PLEASE CONTACT PEG ANDY ANDERSON @ 916.687.8133



Photo credits: Lion Antonio Santos.



The next LEF fundraiser is the Soup and Salad Fundraiser on January 27, 2024 at 4:00 p.m. at Roseville Club house, 107 Sutter Avenue, Roseville. Tickets are \$20 and can be purchased from any LEF Board member.



CLUB NEWS

COLFAX LIONS CLUB

Congratulations to Colfax Lions Club for its service project being featured in the **September 2023** issue of Lion Magazine (page 52). Lions Clubs International really does read your submissions to MyLion. Increase your chances of your service activity being mentioned in Lions Magazine by attaching a photo. But please be mindful of the privacy rights of the individuals and minors you are photographing.

The **Colfax Lions Club** in **California** teamed up with Colfax Elementary School staff to recognize students who exceeded school goals for growth in reading as measured by standardized testing. Colfax Lions gave each student a Kindle, responding to Lions' call to action for clubs to plan projects and activities that stress the importance of reading.

ROSEVILLE HOST LIONS CLUB



Roseville Host Lions Club held a successful "Sip and Paint" event on Sunday, October 1, 2023 to raise funds in support of "Making Strides Against Breast Cancer," a movement uniting communities to end breast cancer. Funds are used for lifesaving breast cancer research and to advance health equity through essential programs and services. There are now over 4 million survivors of breast cancer thanks to donors and organizers of fundraisers.



Photo Credits: Lion Jan Windsor

CLUB NEWS

CAMELLIA LIONS CLUB

Camellia Lions Club members made Garcia Bend Park in Sacramento a little more festive with their lantern booth at the Autumn Moon Festival on September 16, 2023.

Autumn Moon or Mid-Autumn Festival is a tradition that is thousands of years old. Celebrated in many Asian countries and the United States, the night of the full moon signals a time of completeness and abundance. Children carry colorful lanterns as their families go outside to moon-gaze.



Moon cakes are one of the oldest traditional ways to celebrate the festival. Other traditional foods for a Chinese Mid-Autumn feast are red — for good luck. Lobster and salmon are favorites along with apples, pomegranates, and roasted chestnuts.

Photo credits: Camellia Lions Club Facebook page



On September 9, 2023 Camellia Lions Club participated in the 11th annual Elk Grove Multicultural Festival that showcased many diverse cultures. There were two stages for entertainment, including cultural displays of dance and music. The festival also featured an art show by local artists, food at the International Food Court and over 60 vendors.



Photo credits: Camellia Lions Club Facebook Page



MAHARLIKA LIONS CLUB

SUMBITTED BY LION KENDRA BAMBA

On Sunday, September 24, 2023, the Sacramento Maharlika Lions Club held their annual Golf tournament at Blue Rock Springs Golf West Course in Vallejo, California. This would not have been possible without our fearless leader Chairman Lion Vice President Tony Bush and the dedicated work of all the club members. The club was able to procure 38 sponsors and nine (9) major sponsors! All the money we raised will go towards our many campaigns not the least of which is our 2025 medical mission to the Philippines.



WOODLAND HOST LIONS CLUB

SUBMITTED BY RC JEFF WALTON

Woodland Host Lions Dedicate The California Lions Foundation Native Plants Garden at the Woodland Boy Scout Cabin

On Saturday October 7, 2023, The California Lions Native Plants Garden at the Woodland Boy Scout Cabin was dedicated during Woodland's Stroll Through History. Woodland Host Lions obtained a \$1,000 grant from the California Lions Foundation from the CLF environmental grant program. The Garden was installed by members of Woodland Host Lions, Scouts from Troops 69 (Woodland), 139 (Davis), and 152 (Dixon), and scout parents. In addition to enhancing the environment around the Boy Scout Cabin, the native plants garden will help the scouts fulfill one of their advancement requirements – be able to identify 10 native plants.

Plants

Ceanothus cuneatus-buck brush (1)	Trident Maple acer buergerianum (1)
Ceanothus frosty blue-wild lilac (6)	Yarrow moonshine (9)
Ceanothus point sierra-maritimus (5)	Yarrow pink (2)
Oregon Grape berberis aquifolium (4)	Manzanita arctaphylos (3)
Coyote Bush-baccharis pilularis (1)	Buddleia glass slipper (2)
Buddleia violet cascade (1)	Coreopsis sunswirl (1)
St. Catherine's Lace erigonium gigantum (3)	Lavender spanish (2)
Deer Grass muhlenbergia rigens (3)	Cornflower mahonia (1)
White Sage salvia apiana (1)	Valley Oak (1)
Western Redbud cercis occidentalis (3)	Tower of Jewels (1)
Oregon Grape berberis aquifolium (4)	Echium (1)

California
LIONS FOUNDATION
Native Plants Garden
At The Woodland Boy Scout Cabin

In addition, a valley oak donated by the Woodland Tree Foundation was planted to complement the existing redwood. When the Trees mature, they will provide some much-needed shade in the back of the Scout Cabin.

The Woodland Host Lions maintains the Scout Cabin through their 501(c)(3) – Scouting Associates, who funded the balance of the cost of the garden. Garden Tours can be arranged by appointment. Contact Jeff Walton, (530) 312-9895 or waltonjh@gmail.com



SAVE THE DATE

Celebrating
HOLLYWOOD
On the Red Carpet



DISTRICT 4-C5 CONVENTION

MAY 2 - 5, 2024

Arden West Hilton

**Reservations are Being
Taken NOW!**

Contact: Lion Jeri Wartena
wartena@comcast.net

The last day to get the Early Bird Registration Fee is November 11, 2023.

After that, the Registration Fee will increase.



Hollywood



Official Convention Registration Form

Please complete one form for each participant

PLEASE PRINT ALL INFORMATION

REGISTRATION: Print NAME preferred on the Convention Badge (<u>Title</u> below will be printed under the name on each badge) ALL REGISTRATION FEES ARE NON REFUNDABLE!		
Check: <input type="checkbox"/> Lion <input type="checkbox"/> LEO <input type="checkbox"/> Guest	Is this your 1st Time attending the District 4-C5 Convention? <input type="checkbox"/> YES <input type="checkbox"/> NO	
CLUB:		
LAST Name:	First Name:	
Phone – Home #:	Phone – Cell #:	
Address:	Email:	
City:	State:	Zip:
Print TITLE preferred on the Convention Badge:		

MEAL OPTIONS: Indicate what meals you will be purchasing - Meal choices & costs are not confirmed yet.		
FRIDAY Dinner		
<input type="checkbox"/>		
SATURDAY Breakfast		
<input type="checkbox"/>		
SATURDAY Lunch		
<input type="checkbox"/>		
SATURDAY Dinner		
<input type="checkbox"/>		
SUNDAY Breakfast Buffet		
<input type="checkbox"/>		
Special Dietary Needs		
CIRCLE ONE PLEASE: Diabetic Vegetarian Vegan No Beef No Chicken		
Other: _____		

Hotel Information – Please provide information regarding your hotel reservation, so I may confirm it with the hotel.

What Name is the Hotel Reservation made under?

Who will be sharing the room? (maximum of 4 occupants per room)

Occupant # 1 _____ **Occupant #3** _____

Occupant # 2 _____ **Occupant #4** _____

We will be arriving on: (choose 1) _____ Thu, 5/2/24 _____ Fri, 5/3/24 _____ Sat, 5/4/24

We will be leaving on: (choose 1) _____ Sat, 5/4/24 _____ Sun, 5/5/24 _____ Mon, 5/6/24

Total Room Nights: _____

REGISTRATION FEES				
		Cost:	Quantity:	Total:
EARLY BIRD Registration Fee *	Received on or before November 11, 2023	\$20 per person		\$
Regular Registration Fee	November 12– February Cabinet meeting, 2024	\$40 per person		\$
Late Registration Fee	February 15 – March 31, 2024	\$75 per person		\$
Post Late Registration	April 1 - April 30, 2024	\$100 per person		\$
Leo Registration	MUST REGISTER BY MARCH 30, 2024	NO Charge	N/A	
MEAL PACKAGE				
<i>Make sure to indicate your meal choices</i>		Cost:	Quantity:	Total:
5 Meals – F Din, Sat B, Sat L, Sat D, Sun B	Meal choices & costs are not confirmed yet.	\$100 deposit per person is due with registration		\$
ALL MEAL SELECTIONS AND PAYMENTS MUST BE MADE BY MONDAY, APRIL 22, 2024				
ALA CARTE MEALS ONLY – not available yet.				
Individual Meals			Quantity:	Total:
Friday Dinner	ADULT			\$
Saturday Breakfast	ADULT			\$
Saturday Lunch	ADULT			\$
Saturday Dinner	ADULT			\$
Sunday Breakfast Buffet	ADULT			\$
Check here if using District Layaway Payment Plan. Final payment must be received by April 22, 2024. Meal refunds are available up to April 22, 2024.		TOTAL COST:		\$
		DEPOSIT:		\$
		BALANCE DUE:		\$

Make all checks payable to District 4-C5

Mail all have any

Registration Forms and payment to Lion Jeri Wartena at the address below. If you questions, please contact:



Jeri Wartena, Housing & Registration Chair
7865 Lakeport Circle, Elverta, CA 95626
Cell Phone: (916) 217-9486

Email: wartena@comcast.net

FOR OFFICE ONLY:			
Name:	Date Received:	Amount:	
	Check #:	Balance Due:	



MDA



PROJECT CARE

OCTOBER
NOVEMBER
DECEMBER

Clubs are encouraged to host community projects in the following areas :



✓ Hunger



✓ First Responders



✓ Military



Report Services projects to MYLION
by January 12, 2024

“Deck the Halls with Boughs of Pull Tabs”

During this, the *“Most Wonderful Time of the Year”* need is just as



Ronald McDonald House PULL-TAB COMMITTEE at work!

prevalent as the other times of the year. While enjoying the Season with Family and Friends remember to save those Pop pull tabs, those unique pull tabs you snap off of beverages, soups, even pet and food cans are making a difference in keeping families together staying at one of Ronald McDonald House Sacramento (RMHS) fully equipped apartments while their children are going through various medical procedures at the local nearby hospitals. Children tend to recover at a faster and more positive rate knowing their families are nearby,

while offering their parents refuge from the hospital.

Recently our “District Pull Tab Committee” took your Pop Tab collections to RMHS. Another opportunity to donate those Pull Tabs is at the November 4, 2023 Cabinet Meeting. It’s time again to gather up those stockpiled Pop Tabs to benefit RMHS. Please bring them to the Cabinet Meeting or arrange for a pick-up if you live up in the hills by contacting Colfax Lions Club IPDG Tim Luckinbill at (530) 272-7131 or for those residing in the flatlands, contact Sacramento Embarcadero Lions Club, Alex Eng at (916) 424-1374 or PDG Erv Gon at (916) 427-5747.



**Every Contribution,
no matter how small
can make a huge
difference in the life
of a family in Crisis!**



Ronald McDonald
House Charities®
Northern California

Sacramento Maharlika Lions Club Holiday Fundraising



22 INCHES NOBLE FIR WREATH

Fresh, fragrant noble fir wreath in a traditional arrangement. Includes a red velvet water repellent bow and snowy pine cones for easy attaching

CHRISTMAS WREATHS SALE

ORDER NOW TILL NOV. 6TH

Delivery after Thanksgiving

FOR MORE INFORMATION PLEASE CALL

MARK BAMBA (916) 872-3477

KENDRA BAMBA (916) 995-1220



Embarcadero Lions Holiday Poinsettia



Charity Fundraiser

NOTHING SAYS "CHRISTMAS" LIKE A BEAUTIFUL POINSETTIA

Exquisite, locally grown, high quality plants make a welcomed holiday gift for Family, Friends, and Work Associates

Available in Three colors (6" Pots, 15"-17" tall)

~ RED ~ WHITE ~ CRYSTAL ICE ~

\$15.00 EACH

OR

\$12.00 EACH WHEN YOU PURCHASE 3 PLANTS OR MORE

Order Date: By November 10, 2023

Sorry, no late orders can be accepted

Distribution Date: December 8, 2023

Payment is due at time of order. Please make checks payable to
EMBARCADERO LIONS ~ Mail to: 4400 Capri Way, Sacto 95822

For more information contact Lion Steve Quist
(916) 541-1144 ~ Email: stephenquist@hotmail.com

NAME		
PHONE #/EMAIL	()	
PLANT COLOR	NUMBER OF PLANTS	UNIT PRICE: 1=\$15 ea, 3 or more=\$12 ea
RED		
WHITE		
CRYSTAL ICE		
TOTALS		

All funds collected will be distributed to benefit our local Lions charities.

19th Annual
ALL SEASON'S CRAFT BOUTIQUE

LOCAL ARTISANS SELLING HANDMADE TREASURES

November 3rd, 4th, & 5th

NEW
LOCATION

HIGGINS LION'S
COMMUNITY CENTER

22490 E. Hacienda Dr.
Grass Valley CA 95949

Just Past Bear River HS



Annual
COLFAX LIONS CLUB
CRAB FEED
AT THE SIERRA VISTA COMMUNITY CENTER IN COLFAX

SAT. JAN 13



CALIFORNIA
LIONS
FOUNDATION



WE'RE
HERE
FOR YOU

Matching CLF Grant Applications are now being approved by CLF for up to \$5,000. in support of projects up to \$10,000.00

CLF is a California, non-profit, tax-exempt, corporation with the sole purpose to provide matching financial grants to California Lions Clubs. CLF matching grants are provided to enable California Lions clubs to provide even greater service to their local communities.

100% grants up to \$ 1,000.

Member and Club Opportunities are available:

- *Kay K. Fukushima Fellowship for a donation of \$1,000.*
- *Reginald C. Harris Fellowship for a donation of \$2,500.*

Grant Requests and Donations may be sent to:

Name James Fong MD4-C5 District Chair
Cell 916-531-5050 - Email: JFong1944@gmail.com
www.CaliforniaLionsFoundation.org/grants

SACRAMENTO EMBARCADERO LIONS CLUB



Saturday, November 18, 2023

DOUBLETREE HOTEL

2001 Point West Way, Sacramento, CA

5:00 pm Social; 6:00 pm Dinner

As we proudly roast

Past District Governor Carl E. Burson Jr.

Entrée Choices:

- Chicken w/ Peach Bourbon Reduction
 - Grilled Salmon
 - Vegetarian Penne Pasta
-

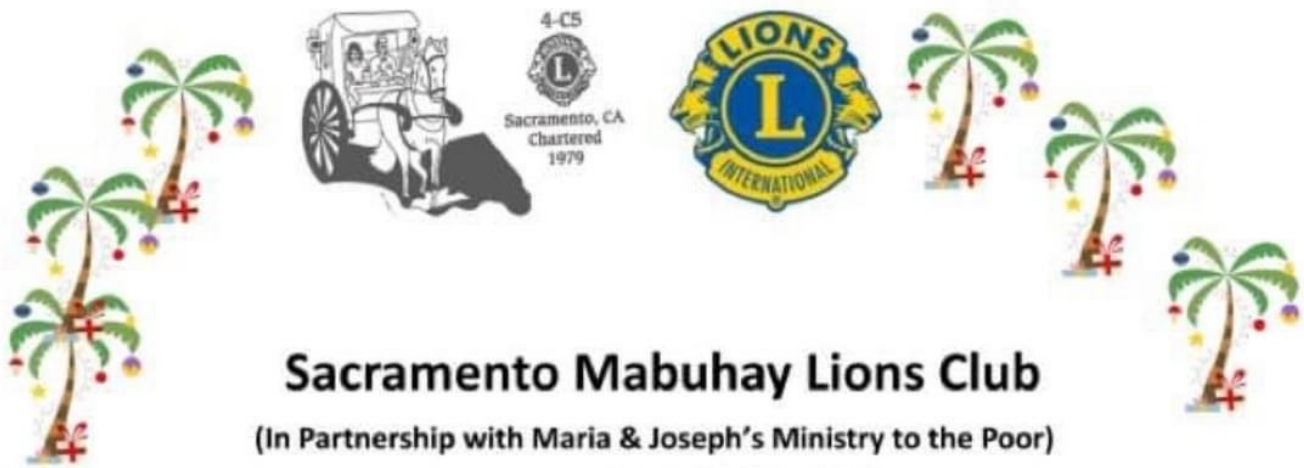
Tickets: \$70 /per person -- Table of 10: \$650

Please prepay by October 18, 2023 and provide & print clearly the names of guests, email addresses, and entrée selections

Make checks payable to Embarcadero Lions Club c/o Joyce Eng, 6880 Waterview Way, Sacramento, CA 95831

NO payments at the door
All RSVPs & Payments must be received by Nov. 1st

Persons wishing to participate in Roasting PDG Carl: please notify Lion Ernie Boone at (916) 548-0329, or email to ernieboone@comcast.net)



Sacramento Mabuhay Lions Club

(In Partnership with Maria & Joseph's Ministry to the Poor)

Proudly Presents

Pasko Ng Pamilya (Family Christmas)

Saturday, December 2, 2023



VFW 4647 HALL
3300 U Street, Antelope, CA 95843



Doors open at 5pm Dinner served at
6:00 pm

FOR RESERVATIONS CALL:

Emily Burns – 916-213-6539

Lenie Robins -- 916-947-3242 Nora Ross Jones -- 916-835-7853

Cheryl Hutchins 916-370-1821

**Great Food: Tri-Tip, Teriyaki Chicken, Pancit, Lumpia, Rice, Veggies,
Salad, Dessert, Coffee & Tea**
Music by KJ Kit'z Spootz

Donation: \$45 per person

Proceeds will go to support SMLC Water project.

All the Staff and Directors of Sacramento Mabuhay Lions Club would like to wish you all *Maligayang Pasko at Manigong Bagong Taon*. Salamat Po!

Sacramento Senator Lions Club Christmas Luncheon 2023



Event: Christmas Luncheon

When: 12/02/2023 1:00 pm Door Open & 1:30 pm Lunch. If you would like to participate in the

gift exchange, please bring a wrapped gift  valued at \$20.00. However participation in this gift exchange is optional.

Please bring non-perishable foods  or Toys  to the Luncheon for the Sierra Enterprise Elementary School Basket Project. Thank you!

Location: Lotus Fusion (Sushi Bar & Chinese Cuisine)

1620 W. El Camino AVE, Sacramento, Suite 148 CA 95833 Phone: 916 920-3300

Cost: \$50 for adults, Kids 10yrs under **\$20** (the price includes tips, tea and water). This is an administrative fundraiser, limited seating, and no tickets at the door. If you bring your own wine, the corkage fee will be **\$10 per bottle**.

All you can eat buffet menu includes:

1. Salt & Pepper Chicken Wings
2. Honey Walnut Shrimp
3. Broccoli Beef
4. String Bean with Hot Garlic Sauce
5. Sushi
6. Peking Pork
7. Vegetable Chow Mein
8. Steamed Rice
9. Fresh fruits/dessert will provide by member

Please RSVP to Lion Jennie C Allen by **November 17, 2023**

Cell # **916-284-2434** Email: jallen777@att.net

Make checks out to **Senator Lions Club** and bring it to **Karen Owyong** or mail it to

P. O. Box 22614 Sacramento, CA 95822



"Do You Hear What I Hear!"

Avalon Hearing Center is sponsoring their annual "12 Days of Hearing" event Monday, December 18, 2023.

Know of someone who would benefit from a complimentary hearing analysis & hearing aid? If so, refer them by December 1st, 2023 for screening & consideration for a positive change in their lives.

Avalon Hearing Center also accepts one referral monthly from our District Clubs for those who have individuals in need of hearing analysis & hearing aids.

For additional information, please contact PDG Erv Gon via email at golfishing32@sbcglobal.net or 916-612-5747 (cell) to make it happen!

Don't be an Elf on the Shelf

Make a major difference in an individual's life!



Avalon Hearing Aid Centers Present:

THE HOPE & HEARING PROGRAMS

LOCAL LIONS CLUBS AND AVALON HEARING RESTORING HOPE AND HEARING

*Nobody really wants to wear hearing aids AND
Nobody knows what to do with hearing aids, no longer in use.*

Nobody with hearing loss should be left behind in a quiet and muffled world. That's why Avalon Hearing Aid Centers in Sacramento and local Lions Clubs have **partnered to create the Hope and Hearing Programs**. Could you either benefit from OR contribute to one of these Programs?

Hearing Aid Recycle Program

If you have hearing aids that are no longer in use, consider donating them to Avalon. If possible, we'll have them refurbished and make them available to people who simply cannot afford hearing aids. What is sitting in your drawer, may provide someone with the gift of better hearing. It may even restore hope.



Monthly Hope and Hearing Programs

If financial hardship is keeping you from getting the hearing help you need, contact your local Lions Club. Ask to be nominated for the Monthly Hope & Hearing Program. Lions members have already donated dozens of quality hearing aids. In turn, Avalon staff will donate their expertise and time for the test, fitting, and follow-up care needed to get you hearing and connected to life.

\$250 GIFT for you & \$250 GIFT for your Club

If you are experiencing hearing loss, schedule a Free EDUCATIONAL Hearing Test & Consultation with Avalon. Be sure to mention that the Lions sent you. You'll receive a \$250 Gift towards your purchase of hearing instruments PLUS \$250 will be donated to the Lions Club of your choice.



Need a Speaker for your Club?

If you're ready for a fun and informative talk, book Betty Vosters Kemp to do a presentation for your club, in person or via Zoom. Betty can even talk about how the Lions and Avalon, together, can make an even greater difference in our community!

For more information on the **HOPE & HEARING Programs**,
go to AvalonHearing.com/Lions-club or call (916) 483-9064

DISTRICT 4~C5 HEARING SERVICES COORDINATOR
PDG ERY GON

Email: golfishing32@sbcglobal.net ~ Phone: (916) 612-5747

FOLSOM LAKE LIONS CLUB



Sunday, January 21, 2024

NO HOST COCKTAILS 5 PM • DINNER 6 PM

For tickets call:

**Carol 916-988-3491
916-955-4531**

**Rich 916-412-6350
Dee 916-988-2194**



TICKETS \$65

No tickets at the door

**MENU INCLUDES: Caesar salad, rolls & butter,
pasta, cracked crab, cocktail sauce and dessert.
We'll have bibs and plenty of napkins too!**

**Folsom Community Center 52 Natoma Street, Folsom
Proceeds benefit local charities**

LEF **LIONS EDUCATION FOUNDATION**

Annual Soup & Salad Fundraiser **SATURDAY, January 27, 2024**



Social: 4:00 PM ~ Dinner: 4:30 PM
\$20 per Person

Roseville Host Clubhouse
107 Sutter Ave. Roseville, CA

Fun ... Food ... Friendship ... Prizes ... Silent Auction

All proceeds to benefit Lions District 4-C5 Clubs matching grant requests and youth programs

FOR TICKETS CONTACT:

Lion Cathy Messier or Lion Cat Gon
cmg@mmproperties.com catgon@att.net
916-698-7100 916-427-5747

Or Any LEF Board Member

Lions Education Foundation is a California Non-profit 501(c)3 Organization



On Saturday, April 6, 2024

Sacramento Embarcadero Lions Club presents the

**7th Annual Robert G Smith Walk to
Cancel Out Parkinson's**

Maidu Regional Park 1550 Maidu Drive, Roseville, CA

Benefitting the Parkinson Association of Northern California (PANC)

Save The Date for Our 2024 Event

Please join us and support your local community in the fight against Parkinson's disease. All funds raised will stay in Northern California to help provide services and support for individuals or families dealing with Parkinson's. You can help by registering to walk as an individual or create a team and get your family, friends or co-workers involved in this fantastic event. If you cannot attend in person, you can make a donation or a pledge to a team or individual.



From 9 am to 1:00 pm Sponsor Booths and a Resource Fair will be open. There will also be a DJ, entertainment, food and prizes. Remember to get your passport cards validated for the drawing.

Tentative Event Schedule

	<u>Time</u>
Sponsors & Resource Fair Opens	9:00 AM
Walk Check-In & Registration Starts	9:00 AM
DJ & Entertainment Starts	9:30 AM
Walk Starts	10:30 AM
Lunch Available	11:00 AM
Walk Winners & Prizes Announced	12:00 PM
Sponsors & Fair Passport Drawing	12:30 PM
Event Closes	1:00 PM



For Current Event Info or for Sponsorship Information please email Event Chair at: dave@rgsmith.org

Our webpage will be available soon with information on online registering, donations, pledges and sponsorships.

www.rgsmith.org

The Parkinson Association of Northern California (PANC) is a 501(c)(3) organization.
All donations are tax deductible to the full extent of the law. Tax ID# 68-0372037

HIGGINS DIGGINS LIONS CLUB



CHARITY GOLF TOURNAMENT

LAKE OF THE PINES GOLF COURSE
11665 Lakeshore N, Auburn, CA 95602

All proceeds benefit Higgins Diggins Lions Club
various community projects.

SCRAMBLE FORMAT

Check-In: 8:00 AM / Shotgun: 9:00 AM

ENTRY FEE \$100

Green Fee, Golf Cart,
Lunch, Goodie Bags
and more.....

SATURDAY

27th

APRIL 2024

- * Great Prizes for the Top 3 Groups of Foursome
- * Longest Drive (Men & Women)
- * Closest to the Pin (Men & Women)
- * Putting Champ

Sign Up Now and Mail Your Entry Form!
Please name your check to: **HDLC**
Mail your "Check" and Entry Form" to:

MARYROSE BARNHURST
12445 Torrey Pines Dr.
Auburn, CA 95602

=====
***** SCRAMBLE FORMAT - ENTRY FORM *****

Name 1: _____ Contact#: _____

Name 2: _____ Contact#: _____

Name 3: _____ Contact#: _____

Name 4: _____ Contact#: _____

FOR TEE SPONSORSHIP - \$100 PER HOLE

(Please attach your Business Card, if Available)

For more information, contact:

Maryrose Barnhurst @ 916-607-9906

E-mail: ladylion_2016@yahoo.com



DISTRICT 4-C5 OFFICERS

District Governor Zenny Yagen	zennyyagen@yahoo.com	916-599-6544
1VDG Vicky Brady	lionvictoriabrady@gmail.com	916-439-6487
2VDG Brent Showalter	bshowalrhn@yahoo.com	916-228-9129
CS Susan Gall	riponsus@gmail.com	209-480-1676
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GMT Coordinator Dave Pevny	dpevny@gmail.com	916-383-6878
GST Coordinator Jeri Wartena	Wartena@comcast.net	916-217-9486
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Foothill ZC PCC Dave Johnson	pccliondave@gmail.com	916-207-5466
Sierra ZC		
Dos Rios RC Jeff Walton	waltonjh@gmail.com	530-312-9895
Gordon ZC Mark Bamba	mark@netsysinc.net	916-872-3477
Wolfskill ZC Gene Kypke	dgkypke@yahoo.com	916-769-2973
Sacramento RC Eddie Aducayen	GEddieBoyA@aol.com	916-690-5324
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