January 2024

Volume 55





"SERVE WITH PASSION"

LIONS OF DISTRICT 4-C5

District 4-C5 Lions Clubs made the holidays a little brighter and warmer for those in need. Whether it was providing warm clothing, hot meals, toys or food for Thanksgiving and Christmas dinners, Lions showed their communities that they cared.

One shining example is Roseville Host Lions Club, whose members once again spearheaded the *Christmas Food Basket Program*. Working with many volunteers from other organizations, they packaged and delivered over 400 Food Baskets to those in need.

Photo credits: Roseville Host Lions Club Facebook Page.











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DG ZENNY YAGEN

"SERVE WITH PASSION"

Hello Fellow Lions!

I hope everyone had a wonderful and joyous Holiday Season. As many of you know, Christmas is my favorite time of the year. It begins with Thanksgiving that brings festivities with families and friends together. The holiday season is celebrated with the different cultural traditions as well as different religious beliefs.

This holiday season has truly been so inspirational because of two events I was invited to attend. There are many rewards of serving as the District Governor. The two events I attended during the week of December 20, gave me the feeling of an overpowering gratitude and memorable pride of being a Lion. The first event was the "12 Days of Christmas of Hearing Mission" at the Avalon Hearing Aid Center in Sacramento. At this event, twelve individuals were given the gift of hearing by receiving hearing aids



at Avalon Hearing Center. As many of you know, PDG Erv Gon was instrumental in starting the "Hope of Hearing Program" four years ago. He has worked tirelessly with referrals from Lions who have significant hearing and financial issues. Since the inception of the District's collaboration with the Avalon Hearing Aid Center, he has worked diligently, never missing a month without a referral.



At the 12 Days of Christmas of Hearing Mission, PDG Erv Gon, PDG Cat Gon, PDG Mike Retzlaff (Santa) and I were part celebration to witness Avalon owner Betty Voster-Kemp give a very generous and one-of-a-kind gift to the twelve individuals. Six of the twelve were referred by PDG Erv. As excited and happy as we were to be part of this Christmas celebration, you can imagine how excited they were to receive such a gift – to be able to enjoy the everyday sounds that many of us take for granted. One of the highlights was meeting the oldest of the twelve gift recipients – she was a delightful 109 year-old woman who looked amazingly well for being 109 years old. The youngest was an 18-year-old who did not want to wear a hearing aid as a young child, until now, to help him with school and everyday life.



DG ZENNY YAGEN

"SERVE WITH PASSION"

I left the event feeling extremely happy, not only for me because I was part of the celebration but for those twelve people and their families.



On December 20, PDG Don Ring, who is the Chair of the Folsom Project for the Visually Impaired, invited me to attend a Melvin Jones Award ceremony at Folsom Prison. Along with PDG Carol Ring, PDG Andy Anderson, Lions Dusty Harrison and Dee Farmer, we witnessed

this incredibly unique Melvin Jones Award ceremony as it was being awarded to an inmate who is in charge of the Braille transcribers. Lyale Shellman, the Melvin Jones recipient, was so moved that he cried. He had never imagined he would receive such a prestigious award.



We were introduced to each of the Braille Transcribers and those training to be a transcriber. It was clear that each one of them valued the education and took pride in the work they are doing. Some said they feel the work they are doing is

Santa (PDG Mike Retzlaff) and Lion Fay Young share the holiday cheer.

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giving back to society. To be a certified transcriber, they must pass several exams to show their proficiency in both transcription and proofreading – no easy task. Another thing I learned was the difference between printing and embossing. As we all know, when we want to copy something, it is called "printing," but in the world of braille publishing, it is called "embossing." The person who ran the embossing section explained that "printing" is one dimensional, but "embossing" is a raised image on special paper. Special bindings are



placed on the completed text; and the number of pages is certainly much more than a regular textbook. It was just incredible to learn what it takes to be a braille transcriber and the embossing processes. I was awed by what I learned that day. I also visited another and just as important project for our District - the recycled eyeglasses room where the used eyeglasses are sorted, cleaned, and inspected to determine if they are usable.

Attending these two events in one week gave me the significant feeling that I could not be prouder of being a Lion. I want to thank Past District Governor Erv Gon as the Hearing Chair in helping people who have challenges with hearing. And a thank you to Past District Governor Don Ring who had insight for creating the Folsom Project for the Visually Impaired.

DG ZENNY YAGEN

"SERVE WITH PASSION"

Lastly, I was notified that our District won the Peace Poster Contest, and the poster would represent MD4 at the LCI Convention in June 2024 in Melbourne, Australia. Higgins Diggins Lions Club submitted the winning poster created by a 13-year-old student, Nicole Tyra. Congratulations to all!



For me, the month of December is always a wonderful time of the year as I love – love this holiday season, being with family and friends; celebrating the wonderfulness of Christmas is all I need. But this last December, what I learned and participated in gave me a more powerful meaning of giving. While I did not personally give per se, I experienced the feeling of what we Lions do to make things better for our community. It was truly a memorable time for me, and as International President Dr. Patti Hill's slogan, *Changing the World*, and we Lions in District 4-C5 are certainly doing that.

DG Zenny Yagen

District Governor Zenny Yagen





1VDG VICKY BRADY

INSIGHTS ALONG THE JOURNEY TO DG

Happy New Year, District 4C5 Lions! It's hard to believe that it's already 2024. I hope you and yours had a wonderful holiday season! I have enjoyed all of the visitations and fun Lions events that I attended these past few months, and I am looking forward to the next District Cabinet meeting on Sunday, February 11. In case you haven't heard, it's Super Bowl Sunday and District Governor Zenny Yagen has planned a fun event for all of us.

For this cabinet meeting, the theme is "SPORTS!" and the dress code is anything sports-related. So show your fan side and wear your favorite jersey, helmet, cleats, cheerleading outfit, hat or foam finger to show who you support.

In addition to "casual cabinet meeting day", we will be having special guests - three leaders from our own Multiple District 4 who are running as International Director candidates. This is a great opportunity to meet and get to know them and ask questions!

Also, since it is Super Bowl Sunday, we will be having a special agenda which includes a brunch instead of a breakfast and lunch. This will ensure that the meeting will conclude with lots of time to get home and enjoy the game. So I hope to see you at the cabinet meeting!

Happy New Year!

1VDG Vicky Brady

1VDG Vicky Brady





SPORTS!

SUNDAY,

2VDG BRENT SHOWALTER

LEADERSHIP ON THE HORIZON

Happy New Year Amazing District 4-C5 Lions,

Are you ready for 2024 and being part of the greatest Lions District anywhere!

As I have mentioned before, I like to keep these messages short so I will continue that pattern with this message. That doesn't mean that there isn't a wealth of information out there at your fingertips and I encourage you all to visit <u>https://www.lionsclubs.org/</u> and just click through the site and just see what you can learn from it. You might be surprised by what you find. Some of you may have never visited the site and that's okay but maybe you didn't even know about it and that's why I am bringing it to the forefront in this message. I could put all sorts of information about grants and leadership etc. in this message but I believe if you learn on your own you will grow as a person and a Lion. Where else can you get an education for free? Lions provide you with those opportunities.

I do want to focus on leadership in this message just a little bit. First, every one of you is a leader in your own way already. Now you may be asking yourself what do I mean by that statement? Every time you flip a hamburger that is being cooked for a Veteran or someone less fortunate or you show up at 6:00am somewhere to volunteer for a fundraiser that supports a cause that you believe in you are leading. All of you do

so much for your clubs and your communities and work so hard that you probably don't even realize that you are actually ready to go to the next level in Lions. That might scare many of you but fear is powerful. Don't let fear stop you from enriching your life. Don't be afraid to go for it because the rewards outweigh the fear factor. I will talk more about this in the next newsletter.

Don't let fear stop you from enriching your life.

A little bit about me for those of you that don't know me or don't know much about me. I joined this organization in 2017, which means I have only been a member now going on seven years. What a ride it has been. I have met hundreds and hundreds of people, maybe even over a thousand people during that brief time that I would have never met if it wasn't for Lions. Where else can you do that? The connections I have made have changed my life and I believe that these connections have also changed the lives of others. What a powerful opportunity I have been given thanks to Lions. Anytime I have an idea or need a pick me up I just pick up the phone and call a Lion or I tell a random stranger about Lions and I get energized. So go to the next level and don't be scared to embrace change and opportunities.





With that said, Zone Chair, Region Chair, Vice District Governor etc. - those are scary terms and I believe many would agree with that statement. But the rewards outweigh the challenges. Just reach out and just ask questions about what it takes to take on those roles and you might be surprised to find out that you are already doing many of those roles. So just ask! Go after it and your life will change and you will be glad you did it. I speak from experience. Was it scary? Yes, it was but I have never looked back. Believe in yourself and take the Lion's road to the next level.

I said I like to keep these messages short and end with a quote and a fun video, but this message went a little longer. Enjoy the video and I will see you all very soon.

BELIEVE IN CHANGE!

"The horse is here to stay, but the automobile is only a novelty – a fad."

~ President of the Michigan Savings Bank, advising Horace Rackham (Henry Ford's lawyer) not to invest in the Ford Motor Company, 1903.

CLICK BELOW!

https://youtu.be/ss1eQRROw4o?si=T8EDWVoHjrAsbW7W

Remember that you can call, text, or email me anytime.

2VDG Brent Showalter

Brent Showalter - 2nd Vice District Governor "Born to Be Wild" M: 916-228-9129 / Email: Bshowalrhn@yahoo.com





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GMT NEWS



GMT COORDINATOR DAVE PEVNY

As of November 30, 2023, we have added 79 new, transferred and reinstated members to 22 clubs of our District. We lost a total of 44, giving us a net growth of +35 so far for this year. We have 1403 Lions in our District.

District Total for November: 1396 + 14 - 7 = 1403

By Region, Cumulative for the Year 2023-2024: (these numbers will accumulate each month)

*Donner---plus 13 minus 12

*Dos Rios---plus 15 minus 10

*Sacramento---plus 42 minus 5

*Washoe---plus 9 minus 17

Losses for this year are for Death – 10, Moved – 3, Non-Payment of Dues – 7, Non-Payment or attendance – 7, Good Standing – 11, Transfers – 1, Other - 5.

Clubs on the move:

Sacramento BeauVita Lions Club has added 14 new members. Sacramento Valley-Hi Lions Club has added 12 new members. Sacramento Mabuhay Lions Club has added 9 new members. Sacramento Golden State Lions Club has added 5 new members.

Davis Aggies Lions, Folsom Lake Lions and Valley Hi Lions have all increased in membership.

16 of 49 (32.7%) Clubs have been visited by the Global Membership Team;22 of 49 (44.9%) Clubs have inducted a new, reinstated or transfer member;8 of 8 (100%) Zones have been visited by the Global Membership Team.

GMT Dave Pevny PDG Andy Anderson



GMT NEWS

GMT COORDINATOR DAVE PEVNY

AVOIDING "MEMBERSHIP DROPS" IN DECEMBER (and JUNE)

By now, we all know that our clubs will be billed by Lions International for our semi-annual per capita dues based upon the membership on January 1st and July 1st each year. Therefore, if any of our members are to be dropped, that action must occur by December 31st and June 30th, or the club will be billed for those members for the ensuing six months.

So--- the question becomes, "How do we avoid membership drops in December and June?" The answer relates to improving retention year-round. The following thoughts and ideas were distributed by MD4 Membership Coordinator PDG Juanita Nichols, as compiled by 4-L4 Council Chair PDG Craig Durand.

MAKE BEING A LION FUN IN YOUR CLUB!!!

Kindness, Relationship Building

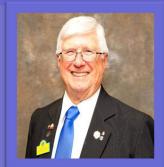
- Camaraderie and personal contact
- Be Kind to Everyone
- Invite members to social events
- Plan a social event in January like Wine Tasting!
- Provide and invite them to a Christmas gathering and a small gift
- Check in with Members who have not been active
- Extend the Christmas party invitations to past members and prospective members

Communication

- Call them and invite them and email them
- Send out a newsletter
- Listen to Everyone
- Recognize issues and deal with them
- Bulletin
- Survey the members and find out what they would like to change, drop or add
- Establish a calling committee

- Embrace and Include Members
- Listen to Everyone
- Invite members to bring a guest







Projects, Projects, Projects

- Involvement! Keep Members busy
- Look for and incorporate members special skills
- Assign them to specific projects and jobs
- Help local small nonprofits succeed
- Listen to their ideas for projects and fundraisers
- Live events
- Ask members to co-chair an event

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- Reduce dues to be more cost effective
- Pay for them to go to district meetings
- Provide transportation for elderly or infirm
- Make funds available for special projects

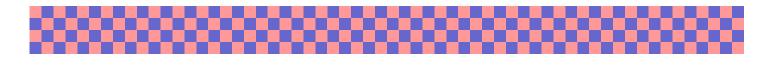
Meetings

- Inclusive meetings Virtual and In person
- (1) social meeting a Month- Meal & Speaker
- (1) Business meeting a month no charge and no food
- Keep meetings under 1 Hour

GMT Dave Pevny

GMT Dave Pevny







District 4-C5's Newest Members for November 2023

Welcome New Lions!

Name	Club Name	Zone	Region
Abaya, Fermina	Sac Mabuhay	Wolfskill	Dos Rios
Bond, Marchia	Sac Mabuhay	Wolfskill	Dos Rios
Dorfman, Steven	Sac Mabuhay	Wolfskill	Dos Rios
Enriquez, Gwendelyn	Sac Mabuhay	Wolfskill	Dos Rios
Hines, Dolores	Sac Mabuhay	Wolfskill	Dos Rios
Long, Lori	Higgins Diggins	Sierra	Donner
Long, Sean	Higgins Diggins	Sierra	Donner
Lynch, Della	Sac Mabuhay	Wolfskill	Dos Rios
Lynch, Joy	Sac Mabuhay	Wolfskill	Dos Rios
Mark, Mitchell	Placerville	Marshall	Wolfskill
Ramirez, Jose	Sac Mabuhay	Wolfskill	Dos Rios
Sintel, Robert	Meadow Vista	Foothill	Donner
Sparks, Debra	Roseville Sunrise	Eureka	Washoe

Reinstated or Transferred Members for November 2023

Name	Club Name	Zone	Region
Hines, Dolores - R	Sac Mabuhay	Wolfskill	Dos Rios



GST NEWS



GST COORDINATOR JERI WARTENA

November proved to be an excellent month for service in our district. Twenty-six (26) clubs shared 229 service activities in November, improving the lives of over 22,200 people. There were eighteen (18) hunger projects, 9 vision projects, 4 environmental projects, 5 for childhood cancer, 1 for diabetes, and of course all others at 192! To date, District 4-C5 has reported on 1,584 service activities that have enriched 146,700 lives!

The second Quarter CA Cares initiative revolves around Hunger, Military, and First Responders. The following clubs submitted information in MyLion regarding CA Cares as of mid-December:

Auburn 49ers	Roseville Host	Sacramento Camellia
Colfax	Roseville Sunrise	Sacramento Embarcadero
Folsom Lake	Rio Linda	Sacramento Mabuhay
Higgins Diggins	Rio Linda Elverta Country	Sacramento Maharlika
Penn Valley Hi Graders	Sacramento Antelope	Sacramento Senator
Pride of Laguna Creek	Sacramento BeauVita	Woodland Host

Information is still coming in and reflects service to over 13,000 people in a wide variety of projects. It appears there are at least 90 service projects in our selected categories, with 1,724 hours of volunteer service, and more than \$20,000 in funds donated!

Most of our clubs continue to enter Monthly Membership Reports in MyLCI. Thank you to Lion Jeri Retzlaff for assisting with entering club reports.

The next CA Cares initiative for the 3rd quarter is anything to do Youth and Vision. Here's looking at seeing new and innovative ways to serve our communities!

Take care, and Together, We Serve!

Lion Jeri A. Wartena

District 4-C5 Global Service Team Coordinator

DISTRICT NEWS

The Dos Rios Region Cabinet Meeting was held on November 4, 2023 at a new venue, Woodland Community College. Scout Troop 6 presented the flag. PDG Mike Retzlaff, PDG Andy Anderson and Lion Robert Stoermer draped the POW/MIA Memorial. The meeting's theme was Honoring Veterans.

After a patriotic song led by Lion Sheri Retzlaff, the invocation by Chaplain Sereena Delacuesta, the introduction of dignitaries and the head table, and the Cabinet Secretary's and Cabinet Treasurers reports, we were treated to a keynote speech by Xochitl Rodriguez Murillo, Deputy Secretary of the Minority Veterans Division of the California Department of Veterans Affairs. Ms. Rodriguez Murillo recognized the sacrifice and dedication of our country's veterans and personally thanked those in the audience who served our country.

PDG Linda Griffin of MD4-C3 thanked the many District 4-C5 volunteers for making the USA/Canada Leadership Forum in Reno, Nevada a success. IPDG Linda Barbara of MD4-C3 informed us of the origins of the Magic Yarn Project, which provides wigs to children undergoing cancer treatments.

Session 1 Presenter(s) LCIF **Natalee Price** New Member Orientation Sheri Retzlaff Magic Yarn IPDG Linda Barbara - 8 AM - 3 PM Session 2 Presenter(s) PDG Meeting PDG James Fong w Creek Circle, Galt, Cal Diabetes Lynn Ventura Geri Retzlaff and Dave Pevny Starting a Branch Club Student Speaker DG Zenny Yagen

One hundred twenty people attended the Cabinet Meeting. The forums were well attended.







In the afternoon, Committee and Foundation reports were presented. PCC Derek Ledda and NCLSA President Sheri Retzlaff presented PDG Doug Wight Legacy Awards to PDG Mike Retzlaff and Jeri Retzlaff. LCIF Chairperson Natalee Price, PDG Andy Anderson and DG Zenny Yagen presented a Progressive Melvin Jones Fellowship Award to PDG Mike Retzlaff.





Visiting 1st VDG Stan Weitzman of District MD4-C6 and Visiting 2nd VDG Marco Martinez District of MD4-A2 were generous in their praise of District 4-C5.

Special thanks to Woodland Reveille Lions Club for providing the continental breakfast, Woodland Host Lions Club for organizing the taco lunch, Dos Rios Region clubs and Dos Rios Region Chair Jeff Walton for making this a successful and enjoyable Cabinet Meeting.





FOLSOM STATE PRISON BRAILLE PROJECT

On December 20, 2023, a small group of District 4C5 Lions accompanied PDG Don Ring to the Folsom State Prison. We were there to present a Melvin Jones Fellowship award to an inmate by the name of Lyale Shellman. Lyale is a member of a group of 18 inmates who work in the Braille project. PDG Lion Don Ring started the Braille transcription project in 2002.

The prison's Braille program is recognized by the American Printing House for the Blind as one of the best Braille groups in the country. The project started with inmates recording books on tape for the visually impaired. As it evolved, the program began to benefit inmates whose new job skills were helpful at parole board hearings. Braille is one of the best-known aids for



people who are blind or have low vision. It is a code to translate any language into a series of raised dots that can be read by running one's fingers across these raised dots.

Transcription into Braille is a very labor-intensive task. It takes years for the members of this group to master the tasks demanded of them within the vision project. Individuals who participate in this program must complete certifications through the Library of Congress and the National Braille Association. Each certification takes time – between 250-700 hours of learning and studying. In fact, there are only twelve (12) individuals in the world who can claim to hold all three of the Library of Congress's certifications, and three of those people are presently incarcerated at Folsom Prison. Some of the transcriptions are extremely difficult. For example, a one page map might become 20 pages of Braille.

Literary books, academic books, mathematical equations, scientific formulas, and even music books are translated into Braille. Inmates also make Braille evacuation maps for buildings.

The Braille program's recidivism rate is outstanding - close to 100 graduates have left the Braille program and only one has come back. Due to the specialized products that are produced, coupled with the demand for them, the inmates have jobs waiting for them when they are paroled.



Lyale Shellman has received all of his certifications in Braille, even in Math and Music. There are approximately only 20 individuals certified throughout North America who hold all certifications. Shellman emphasizes all the guys in the program are making a positive difference in people's lives. He says it's simple. The program offers a life -changing experience, and It provides a career and a means to contribute to the community.



Lyale achieved six separate Braille certifications in six years. Braille has now become his passion and life's work. Books, maps, and services provided by this group are utilized by the California Department of Education, Clearinghouse for Specialized Media and Technology, as well as other agencies.

Lyale is the inmate supervisor of the group, and provides enthusiasm for the project. Lion Don and others agreed that this program would not have been as successful as it is without the leadership provided by Lyale.

We had the opportunity to meet many of the other transcribers, and they all exhibited a deep satisfaction with what they are doing. Congratulations to Lyale on receiving the Melvin Jones Fellow plaque for his "Dedicated Humanitarian Services"!

Lions Clubs across the state raise money to fund reading rooms, equipment and other project needs at Folsom Prison. If any District 4C5 Lions would like to tour this program, please call Lion Don Ring at (916) 988-3491.



The Fellowship of Lions



- There are more than 476,000 Melvin Jones Fellowship recipients worldwide
- There are more than 100,000 Progressive Melvin Jones Fellowship recipients worldwide



The Melvin Jones Fellowship (MJF) is the backbone of Lions Clubs International Foundation. Presented to those who donate US\$1,000 to LCIF or to people for whom a donation was made by others, it's a tremendous contribution to humanity and to the legacy of our founder, Melvin Jones.

The topic for 2024 Student Speakers Contest is:

FOR A BETTER WORLD, WHAT WOULD YOU CHANGE?

The DEADLINE FOR ORDERING THE "STUDENT SPEAKERS PACKETS" IS OCTOBER 01, 2023

Contest Dates for the 2024 Student Speakers Contest are:

I ast date to hold the Club Level Contest: February 26, 2024

Last date to hold the Zone Level Contest: March 18, 2024

Last Date to hold Region Level Contest: April 15, 2024

Last date to hold the District Level Contest: May 06, 2024

Last date to hold the Area Level Contest: May 20, 2024

Final Contest at MD4 Convention (Sacramento): June 15, 2024

FINALCONTEST will be in Sacramento at the Council of Governors Meeting



CLUB NEWS

EMBARCADERO LIONS CLUB

Embarcadero Lions Club had a busy holiday season. The Club began collecting food and monetary donations months in advance for Western Service Workers Association's Thanksgiving distribution so that families could enjoy a Thanksgiving dinner.

In November, the club held its Poinsettia Fundraiser.



On November 18, 2023, Embarcadero Lions Club celebrated its 50 Years of Service at Doubletree Hotel with a special roast of Past District Governor Dr. Carl E. Burson, Jr.





On December 15, the Club held its 20th Annual Dinner with Santa at the Rizal Community Center in South Sacramento. Three hundred people were treated to a deluxe dinner, gifts and a special visit by Santa.

The Club meets on Wednesdays at 7:30 a.m. at Denny's, 4441 Commerce Way, North Natomas.





CLUB NEWS

GRASS VALLEY FOOTHILL LIONS CLUB

FOOTHILL LIONS CLUB CONTRIBUTES CLOTHING AND FUNDS TO CHILD ADVOCATES OF NEVADA COUNTY

Members of the Grass Valley Foothill Lions Club met recently with Nicole McNeely, the Executive Director of Child Advocates of Nevada County, to develop a deeper understanding of their mission and importance in supporting children in our community. The Lions were impressed with Child Advocates three focused programs of Healthy Babies, Child Safety Puppeteers and CASA (Court Appointed Special Advocates). CASA serves children who are challenged because of abuse or neglect. With the cold winter approaching, the Foothill Lions pursued gathering warm clothing for the CASA children. Foothill Lions Art & Pam Ralli gathered the clothing, working closely with Hospice of the Foothills Gift & Thrift among other sources.

Foothill Lions President Rob Shotwell, along with Lions Art & Pam Ralli, made a presentation of 43 jackets and coats, 4 puffy vests, 3 infant snowsuits, 4 blankets, and various other items in addition to a \$1,000 contribution to CASA. President Shotwell made the presentation stating that, "we serve because we care."

The Foothill Lions Club raises funds to infuse back into the community by operating the arena beer booth at the Nevada County Fairgrounds. The Foothill Lions contributes to other valuable community organiza-



tions such as Hospice of the Foothills, Hospitality House, Interfaith Food Ministry, Nevada County Food Bank, Sierra Nevada Memorial Hospital Foundation, Nevada County Fairgrounds, the Junior Livestock Auction youth exhibitors, Sierra Services for the Blind as well as providing eye exams and glasses to those in need. The club meets at noon on the second and fourth Wednesday of the month at the Scout Lodge in Grass Valley's Memorial Park. New members are always welcomed.

For more information, please contact Rob Shotwell, President, Foothill Lions Club at (530) 263-2602, <u>Robshotwell99@gmail.com</u>





FOOTHILL LIONS CLUB CONTRIBUTES TO BUILDING A COMMUNITY OF READERS

Recently the Grass Valley Foothill Lions Club donated \$1,500 to Scotten School's "One School, One Book" project, which was organized by the school librarian, Roxanne Lunsford. Lions Bill and Karen Mitchell, both retired teachers, coordinated the project with Scotten. The school used the funds to purchase 375 hardcover copies of "Elephant and Piggy, Waiting is Not Easy" which were distributed to the students.

Much to the delight of the Scotten School students, the book's characters "Elephant" and "Piggy" showed up, along with the books. Elephant and Piggy attended the school's evening book fair for the students and their parents. The characters' final appearance was at an assembly where every student received a book.

The "One School, One Book" project's essential strategy includes encouraging the students to read at home as a family. At school the students are encouraged to explore

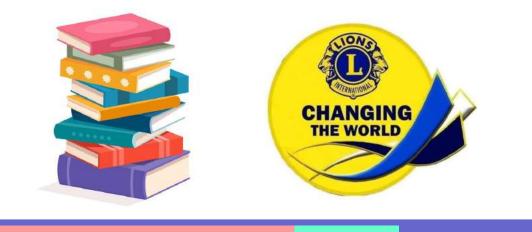


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their books with their classmates. Reading a book together brings the joy of building and expanding a sense of community among students, parents, teachers, and staff. This strategy reinforces increased parental involvement, bridges the home-school connection, and builds a community of readers.

The highlight of the program, other than the appearances by Elephant and Piggy, was the whole school did a choral reading of the book together, which teachers expressed was inspiring!

The Foothill Lions Club raises funds to infuse back into the community, with a special interest in supporting Nevada County youth and education. The club has a lunch meeting at noon on the second and fourth Wednesday of the month at the Scout Lodge in Grass Valley's Memorial Park. New members are always welcomed.



Sacramento Mabuhay Lions Club

Sacramento Mabuhay Lions Club ("SMLC") held its Christmas Party and Fundraiser on December 2, 2023 at the VFW Hall in Antelope. Members and guests enjoyed a delicious dinner of tri tip, chicken teriyaki, pancit, lumpia, rice, vegetables, salad and dessert. Proceeds benefitted the SMLC Water Project, which strives to provide clean, potable water to those in need. 768 million people lack access to sufficient drinking water. Ten million people die of water-borne diseases each year. SMLC is dedicated to ensure this vital necessity is available to those who need it most.





Photo credits: Sacramento Mabuhay Lions Club Facebook page.





Accamento Mabuhay Lions Club De Partnerskip with Maria & Joseph's Ministry to the Poors Pooldy Presents Pasko Ng Pamilya (Family Christmas) Saturday, December 2, 2023 VFW 4647 HALL 300 J Street, Antelope, CA 95643 Dors open at 5pm Dinner served at 800 pm PORESERVITIONS CALL: Emily Burns -916-213-6359 Lerie Robins -916-947-3342 Vora Ross Jones - 916-835-7853 Cheryl Hutchins 916-370-216

Great Food: Tri-Tip, Teriyaki Chicken, Panot, Lumpia, Rice, Veggies, Salad, Dessert, Coffee & Tea Music by KJ Kil'z Spootz

> Donation: \$45 per person Proceeds will do to support SMLC Water project.

All the Staff and Directors of Satnamento Mabuhay Lions Club would be to wish you all Maligayang Posko at Maxigong Rogang Taon. Salamat Pol



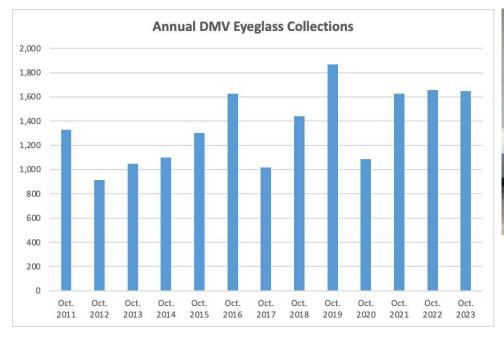
Annual Department of Motor Vehicles Eyeglass Collection

SUMBITTED BY LION KITTY KRAMER

In 2011, Lion Kitty Kramer, Roseville Host Lion and retired DMV manager, started an annual eyeglass collection throughout all Department of Motor Vehicles (DMV) offices in California. This has proven to be a popular event during the month of October. Some offices even decorate boxes/displays to collect the donations.

This year, Lion Kitty transitioned the program over to another DMV employee and fellow Lion, Ying Chan Qui Kham, with Pride of Laguna Creek Lions (Lion Kitty is her sponsor). She quickly picked up the project and did a marvelous job with notifications and collecting the boxes forwarded from the offices. Lion Ying turned the boxes over to Lion Kitty to count and rebox into larger boxes.

This year a total of 1,649 eyeglasses were collected with 17,659 being collected since the program at DMV began. I've known DMV employees to be very generous givers, not only with this project, but many more throughout the year. Next time you stop into an office, please remember their generosity as well.





Pictured are employees at the San Clemente DMV office with their collection display area. I think it's pretty darn cute!







CAMELLIA LIONS CLUB

Camellia Lions and other community organizations such as Asian Resources, Inc. ("ARI"), OCA, Sacramento, and CA Lions Foundation, joined forces to serve dinner to community members at "Feed Our Family Dinner" on November 17, 2023. Attendees were treated to a movie as well. The event was held ARI Headquarters at 6260 Elder Creek Road, Sacramento.





Photo credits: Camellia Lions Club Facebook page.







A couple of days later on November 19, 2023, Camellia Lions Club assisted C.A.F.F.E. (Clothing and Food for Everyone) with distributing food and knit wear to the unhoused community at Caeser Chavez Plaza in downtown Sacramento. The Club purchased beanies and mittens and packaged them with snacks. Members also provided refreshments.

C.A.F.F.E is a volunteer-based group whose purpose and mission is to provide the basic necessities to the less fortunate and homeless in our community.



HIGGINS DIGGINS LIONS CLUB

SPONSOR OF DISTRICT 4-C5 AND MD-4 WINNING PEACE POSTER

Congratulations to talented artist Nicole Tyra, who won District 4-C5's Peace Poster Contest, and to Higgins Diggins Lions Club, who sponsored her! Below is Miss Tyra's artwork and District Governor Zenny Yagen's congratulatory message to Higgins Diggins Lions Club. Both are reprinted from the December 2023 edition of the Pick and Shovel with the permission of editor Lion Pat Tavare.

Miss Tyra's artwork went on to win the MD-4 Contest. The next round of judging will be at the International level. Winners will be notified on or before February 1, 2024. We will be rooting for Nicole!

For over three decades, the Lions Peace Poster Contest has given children all around the world the opportunity to express their visions of peace and inspire the world through art and creativity.



Nicole Tyra's Poster for the 2023-2024 Peace Poster Contest

Theme: "Dare to Dream"

Hello Club President Laura and PDG Donna!

Let me be the first to say Congratulations! Your student's beautiful and extraordinary peace poster is the District's winner. The judging was held tonight at Peace Poster Chair Robert Stoemer's club meeting, Yolo Sunset Lions Club. Your student competed with five other students. The second place winner was from Woodland Host.

Lion Robert will be sending the winning poster to MD4 Peace Poster Chair, Diane Quinlin.

I will be rooting for our District winner at the February COG/Convention.

Thank you again for the wonderful and generous reception you and your club members gave me. I truly enjoyed it enormously.

Wishing you both and your families a Happy Thanksgiving.

DG Zenny Yagen District 4-C5

SENATOR LIONS CLUB

Society for the Blind hosted an annual holiday party for participants of its Senior IMPACT Project (SIP). SIP clients, family members, and staff got into the holiday spirit all afternoon while enjoying good food, fantastic music, gifts, and dancing! The DeLeons provided the great music. Delegata Corporation donated funds to create party favor bags. Senator Lions Club members prepared the lunch.

S: CIETY F: R THE BLIND More than what you see

Several times a month, seniors in the Senior IMPACT Project participate in workshops that teach them how to cook, take care of their homes, manage their

medications, and do other activities of daily living using non-visual techniques and assistive devices and products.



Society for the Blind will turn 70 next year! The organization continues to explore new partnerships to expand its capacity to reach clients in northern California and Nevada.





FOLSOM LAKE LIONS

Folsom Lake Lions helped raise funds for the Salvation Army, which provides Christmas dinners and essential services for those in need. Pictured here are Lions Becky Bell and Dee Farmer.



Submit Ads in the Size/Price being purchased: Electronic versions ~ jpeg (*Preferred*), Microsoft Word, Publisher, or PDF format to:



victoriabrady@sbcglobal.net or bshowalrhn@yahoo.com



Payment (**Checks payable: <u>to District 4-C5</u>**) with an electronic version / hard copy of your ad should be included & mailed to - PDG Sarah Enloe 730 Crow Creek Circle, Galt, CA 95632

SAVE THE DATE



DISTRICT 4-C5 CONVENTION MAY 2 - 5, 2024 Arden West Hilton

Reservations are Being Taken NOW!

Contact: Lion Jeri Wartena <u>wartena@comcast.net</u> The last day to get the Early Bird Registration Fee is November 11, 2023.

After that, the Registration Fee will increase.



Official Convention Registration Form Please complete one form for each participant PLEASE PRINT ALL INFORMATION

REGISTRATION: Print NAME preferred on the Convention Badge				
(Title below will be printed under the name on each badge)				
ALL REGISTRATION F	EES ARE NON REFUNDABLE!			
Check:LionLEOGuest	Is this your 1 st Time attending the District 4-C5 Convention?YESNO			
CLUB:				
LAST Name:	First Name:			
Phone – Home #:	Phone – Cell #:			
Address:	Email:			
City:	State: Zip:			
Print TITLE preferred on the Convention Badge	e:			

	ONS: Indicate what mea			<u>4-</u>
Me	eal choices & costs are n	ot confirmed	yet.	
	FRIDAY Dinr	ner	-	
	SATURDAY Bre	akfast		
	SATURDAY Lu	inch		
	SATURDAY Di	nner		
	SUNDAY Breakfas	st Buffet		
Special Dietary Needs				
	Diabetic Vegetarian	Vegan	No Beef	No Chicken
Other:				

Hotel Information – Please provide information regarding your hotel reservation, so I may confirm it with the hotel.

What Name is the Hotel Reservation made under?

Who will be sharing the room? (maxin	num of 4 occupar	nts per room)		
Occupant # 1	Occup	Occupant #3 Occupant #4		
Occupant # 2	Occup			
We will be arriving on: (choose 1) We will be leaving on: (choose 1)	Thu, 5/2/24 Sat, 5/4/24	Fri, 5/3/24 Sun, 5/5/24	Sat, 5/4/24 Mon, 5/6/24	

Total Room Nights: _____

		Cost:	Quantity:	Total:
EARLY BIRD Registration Fee *	Received on or before November 11, 2023	\$20 per person		\$
Regular Registration Fee	November 12– February Cabinet meeting, 2024	\$40 per person		\$
Late Registration Fee	February 15 – March 31, 2024	\$75 per person		\$
Post Late Registration	April 1 - April 30, 2024	\$100 per person		\$
Leo Registration	MUST REGISTER BY MARCH 30, 2024	NO Charge	N/A	
MEAL PACKAGE				
Make sure to indicate	your meal choices	Cost:	Quantity:	Total:
5 Meals – F Din, Sat B, Sat L, Sat D, Sun B	Meal choices & costs are not confirmed yet.	\$100 deposit per person is due with registration		\$
ALL MEAL SELECT	ONS AND PAYMENTS MU		MONDAY,	PRIL 22, 2024
ALA CARTE MEALS O	ONLY – not available yet.			
Individual Meals			Quantity:	Total:
Friday Dinner	ADULT			\$
Saturday Breakfast	ADULT			\$
Saturday Lunch	ADULT			\$
Coturday Dinner	ADULT			\$
Saturday Dinner				10
Sunday Breakfast Buffet	ADULT			\$
Sunday Breakfast Buffet	ADULT			\$
Sunday Breakfast Buffet Check here if using Dist	ADULT rict Layaway	то	TAL COST:	\$
Sunday Breakfast Buffet	ADULT rict Layaway	TO	TAL COST: DEPOSIT:	

Make all checks payable to District 4-C5

Mail all have any Registration Forms and payment to Lion Jeri Wartena at the address below. If you questions, please contact:

Jeri Wartena, Housing & Registration Chair 7865 Lakeport Circle, Elverta, CA 95626 Cell Phone: (916) 217-9486

Email: wartena@comcast.net

FOR OFFICE ONLY:			
Name:	Date Received:	Amount:	
	Check #:	Balance Due:	

"Deck the Halls with Boughs of Pull Tabs" During this, the "Most Wonderful Time of the Year" need is just as



Ronald McDonald House PULL-TAB COMMITTEE at work!

prevalent as the other times of the While enjoying the Season vear. with Family and Friends remember to save those Pop pull tabs, those unique pull tabs you snap off of beverages, soups, even pet and food cans are making a difference in keeping families together staying at one of Ronald McDonald House Sacramento (RMHS) fully equipped apartments while their children are through various medical going procedures at the local nearby hospitals. Children tend to recover at a faster and more positive rate knowing their families are nearby,

while offering their parents refuge from the hospital.

Recently our "District Pull Tab Committee" took your Pop Tab collections to RMHS. Another opportunity to donate those Pull Tabs is at the November 4, 2023 Cabinet Meeting. It's time again to gather up those stockpiled Pop Tabs to benefit RMHS. Please bring them to the Cabinet Meeting or arrange for a pick-up if you live up in the hills by contacting Colfax Lions Club IPDG Tim Luckinbill at (530) 272-7131 or for those residing in the flatlands, contact Sacramento Embarcadero Lions Club, Alex Eng at (916) 424-1374 or PDG Erv Gon at (916) 427-5747.



Every Contribution, no matter how small can make a huge difference in the life of a family in Crisis!

Ronald McDonald House Charities[®] Northern California



Announcing the MD4 2023-24 Environmental Photo Contest

In conjunction with Project Care, we are announcing the MD4 Lions Environmental Photo Contest. There will be 2 categories that promote both the environment and club service activities during the 2023-24 Lion's year. It will provide a way for Lions to portray, through an original photo, their pride and commitment to improving, protecting, and preserving the environment. The contest begins at home, where every Lion can enter a photograph of his or her immediate surroundings to the MD4 Lions Environmental Photo Contest. It is as easy as snapping a picture of the beach, trees, birds, water, sky, or anything around you as you serve to improve the environment. The photos will be displayed, and the winners will be selected by popular vote at the MD4 Convention in February

2024. There will be one winner in each category.



Contest Rules

- The Environmental Photo Contest is open to LIONS in MD4.
- There are TWO categories:
 - <u>The Environment</u> Photos depicting a nature theme (such as plants, animals, weather phenomenon, etc.) in California. No people may be included in the photos.
 - Environmental Service in Action Photos of your club participating in an Environmental Service Activity during the current Lion year. Must include Lions in the photos.
- Photos should be original, unaltered and taken within state.
- Photos should be printed on high-quality photo paper and measure 8" x 10".
- All photographers accept responsibility for the cost of all photos.
- · Only one submission per club will be accepted.
- Photos must be taken during the current Lion year and submitted to MD-4 by January 15, 2024.
- Photos will be judged impartially based on originality, artistic merit, and technical quality.

Include your name, Club name, District, and a brief description of the photo. Photos must be received by Lion Kathy McCracken no later than January 15, 2024.

Send photos to:

Lion Kathy McCracken 406 W. James St Rialto, CA 92376

District 4-C5 Presents District 4-C5 Presents A Sensory Experience & Luncheon Benefiting Lions Club International Foundation



Wyndham Hotel 5321 Date Ave, Sacramento



For Reservations, Text or Email Lion Natalee (209)570-1231 Blissfulthinker365@gmail.com



LIONS EDUCATION FOUNDATION

Annual Soup & Salad Fundraiser SATURDAY, January 27, 2024



Social: 4:00 PM ~ Dinner: 4:30 PM \$20 per Person

> Roseville Host Clubhouse 107 Sutter Ave. Roseville, CA

Fun ... Food ... Friendship ... Prizes ... Silent Auction

All proceeds to benefit Lions District 4-C5 Clubs matching grant requests and youth programs

FOR TICKETS CONTACT:

Lion Cathy Messier or <u>cmg@mmproperties.com</u> 916-698-7100

Lion Cat Gon catgon@att.net

916-427-5747

Or Any LEF Board Member

Lions Education Foundation is a California Non-profit 501(c)3 Organization

州府獅子會主辦 龍 飛 鳳 舞 慈 善 夜 Year of the Dragon

Fundraising Gala \$60 per person V.I.P. Toble (10 seots) \$1,000.00

Contact: Norman Chiang 916-591-3288 Churk Mak 916-204-5141 Dave Pevny Dpevny@gmail.com R.S.V.P. by 1/18/2024

January 28th, 2024 at 6pm Rice Bowl Restaurant 2378 Florin Road, Sacramento, TO CAPITOL

CA 95822



Matching CLF Grant Applications are now being approved by CLF for up to \$5,000. in support of projects up to \$10,000.00

CLF is a California, non-profit, tax-exempt, corporation with the sole purpose to provide matching financial grants to California Lions Clubs. CLF matching grants are provided to enable California Lions clubs to provide even greater service to their local communities.

100% grants up to \$ 1,000.

Member and Club Opportunities are available:

- Kay K. Fukushima Fellowship for a donation of \$1,000.
- Reginald C. Harris Fellowship for a donation of \$2,500.

Grant Requests and Donations may be sent to:

Name James Fong MD4-C5 District Chair Cell 916-531-5050 - Email: JFong1944@gmail.com www.CaliforniaLionsFoundation.org/grants



8 AM Saturday, January 27th thru 1 PM Monday, January 29th

Interactive and Team-Building Training!

Leadership for Success!

This 3-day Institute focuses on:

Conduct Effective Meetings, Change Management, Working in Teams, Communication Skills, Creative Thinking, Diversity, and more...

This Institute will prepare Lions for Leadership positions at "All" levels with your club. You may be a member considering moving into a leadership role in your club or district. You could be a current club leader looking to hone or add to your skill set. All would benefit from attending and familiarizing themselves with leadership skills and a deeper understanding of how to serve their clubs and community better. Participants are not only provided the necessary information but also the tools and resources needed to help your clubs strive and succeed in today's current environment. Fostering "Team Building Skills" with your fellow Lion is also a crucial component of this Institute. In a nutshell, this Institute focuses on enhancing leadership and management skills and expanding participants' knowledge of Lions Club International.

Lodging and Meals

The fee of \$400.00 (no refunds after January 12, 2024) covers the Institute, food, and lodging from 8 AM Saturday, January 27th through 1 PM Monday, January 29th. If you plan on arriving on Friday, January 27th, you will be required to pay for that night's lodging at the rate of \$169.00 plus fees and taxes when you check in at the hotel. A credit card will be required by "ALL" Lions at check-in. All meals during the Institute are provided at the Institute location, except breakfast, which will be at the hotel. Breakfast on Saturday, Sunday, and Monday. Lunch on Saturday, Sunday, and Monday. Dinner on Saturday and Sunday. Beverages provided at each meal.

DAMAGE, SMOKING & CLEANING FEE

If you cause any damage to your hotel room or smoke in your hotel room, whether found during your stay or after check-out, "YOU" shall be responsible for all fees associated with repairing said damage. The hotel is a non-smoking hotel, and a fee will be incurred by "YOU" if smoking takes place in your room or in the hotel, along with any excessive cleaning needed.

Location of Institute and Lodging

The Institute will be at the Earle Baum Center, 4539 Occidental Road, Santa Rosa Lodging will be at the Courtyard by Marriott, 175 Railroad Street, Santa Rosa

TO REGISTER AND PAY FOR THE INSTITUTE - CLICK ON THE LINK BELOW

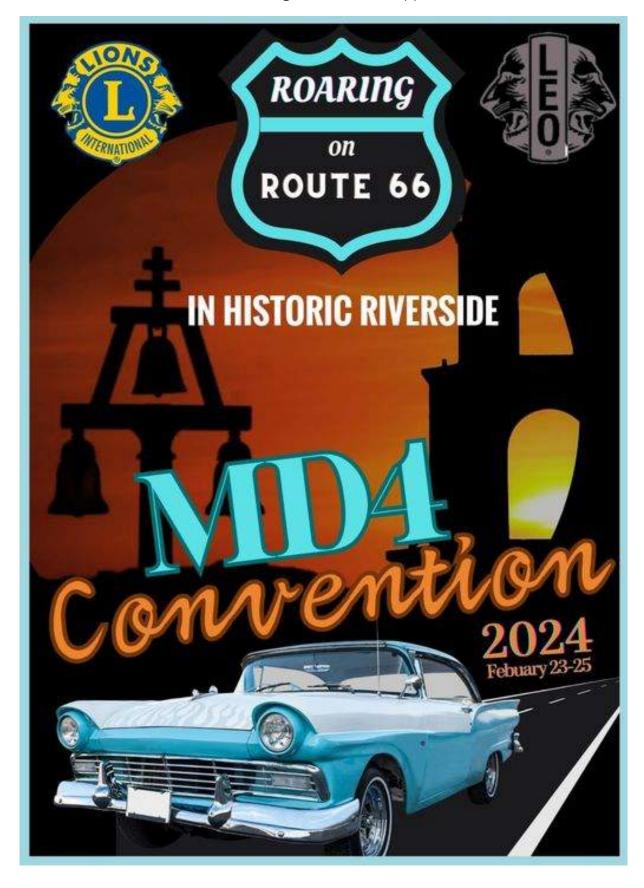
https://californialionsmd4.ticketspice.com/2024-emerging-lions-leadership-institute-santa-rosa

Any questions can be directed to PDG Manny Sanchez

562-708-9061 (mobile)

lionmanny@gmail.com

Book your hotel room for the convention today for a discount Lions rate 3649 MISSION INN AVENUE, RIVERSIDE, CA 92501 Online Link https://reservations.travelclick.com/74028?groupID=3847881 Call in ROOM RESERVATIONS: 800-843-7755 or 951-784-0300, extension 850. Attendees must reference the MD4 Ca Lions Clubs International when making their reservation(s).





On Saturday, April 6, 2024 Sacramento Embarcadero Lions Club presents the 7th Annual Robert G Smith Walk to

Cancel Out Parkinson's

Maidu Regional Park 1550 Maidu Drive, Roseville, CA Benefitting the Parkinson Association of Northern California (PANC)

Save The Date for Our 2024 Event

Please join us and support your local community in the fight against Parkinson's disease. All funds raised will stay in Northern California to help provide services and support for individuals or families dealing with Parkinson's. You can help by registering to walk as an individual or create a team and get your family, friends or co-workers involved in this fantastic event. If you cannot attend in person, you can make a donation or a pledge to a team or individual.



From 9 am to 1:00 pm Sponsor Booths and a Resource Fair will be open. There will also be a DJ, entertainment, food and prizes. Remember to get your passport cards validated for the drawing.

Tentative Event Schedule

Sponsors & Resource Fair Opens Walk Check-In & Registration Starts DJ & Entertainment Starts Walk Starts Lunch Available Walk Winners & Prizes Announced Sponsors & Fair Passport Drawing Event Closes Time 9:00 AM 9:00 AM 9:30 AM 10:30 AM 11:00 AM 12:00 PM 12:30 PM 12:30 PM



For Current Event Info or for Sponsorship Information please email Event Chair at: dave@rgsmith.org

Our webpage will be available soon with information on online registering, donations, pledges and sponsorships. www.rgsmith.org

The Parkinson Association of Northern California (PANC) is a 501(c)(3) organization. All donations are tax deductible to the full extent of the law. Tax ID# 68-0372037



MARYROSE BARNHURST
12445 Torrey Pines Dr.
Auburn, CA 95602

*** SCRAMBLE FORMAT - ENTRY FORM ***

Name 1:	Contact#:	
Name 2:	 Contact#:	
Name 3:	 Contact#:	
Name 4:	 Contact#:	-

FOR TEE SPONSORSHIP - \$100 PER HOLE

(Please attach your Business Card, if Available)

For more information, contact: Maryrose Barnhurst @ 916-607-9906 E-mail: ladylion_2016@yahoo.com





ars of Service

SACRAMENTO SENATOR LIONS CLUB



Sunday, April 28, 2024

2001Point West Way, Sacramento CA 95815

5:00pm Social; 6:00pm Dinner

Entertainment:

- · Taiko Dan Drum Group.
- Sakura Minyo Doo Koo Kai Dance Group.

Entrée Choices:

- Rotisserie Style Chicken Breast
- Honey Glazed Salmon
- Vegetarian Grilled Asparagus Fettuccine

Tickets: \$70 /per person...Table of 8: \$520 (\$65 per person).

Please prepay by March 31, 2024 and provide & print clearly the names of guests, email addresses, and entrée selections.

Please Make checks payable to: Sacramento Senator Lions Club (SSLC), and mail to PO Box 22614, Sacramento CA 95822

> NO payments at the door All RSVPs & Payments must be received by March 31, 2024

Contact information: PDG James Fong (916) 531-5050

Lions Special Kids Day

Save the Date: May 18, 2024



We're back!!

Families with a special needs child can participate in a free Lions Special Kids Day event on Saturday, May 18, 2024. We have lots of fun activities including: arts & crafts, motorcycle rides, games, entertainment, Canine Companion dogs & puppies, demonstrations, bounce house, & more.

We are in process of updating our website, <u>www.lionsspecialkidsday.com,</u> so stay tuned for more information.

NEW LOCATION: Depot Park, 16 Business Park Way, Sacramento







DISTRICT 4-C5 OFFICERS

District Governor Zenny Yagen	zennyyagen@yahoo.com	916-599-6544
1VDG Vicky Brady	lionvictoriabrady@gmail.com	916-439-6487
2VDG Brent Showalter	bshowalrhn@yahoo.com	916-228-9129
CS Susan Gall	riponsus@gmail.com	209-480-1676
CT Carle Enloe	cmenloe@comcast.net	916-801-8802
Assistant CT Cecille Presley	cecille.baylon@live.com	916-397-6391
GLT Coordinator Jeri Retzlaff	jeri.retzlaff8331@gmail.com	916-206-3678
GMT Coordinator Dave Pevny	dpevny@gmail.com	916-383-6878
GST Coordinator Jeri Wartena	Wartena@comcast.net	916-217-9486
Donner RC Dana Johnson	johnson.dana.k@gmail.com	916-704-9709
Foothill ZC PCC Dave Johnson	pccliondave@gmail.com	916-207-5466
Sierra ZC		
Dos Rios RC Jeff Walton	waltonjh@gmail.com	530-312-9895
Gordon ZC Mark Bamba	mark@netsysinc.net	916-872-3477
Wolfskill ZC Gene Kypke	dgkypke@yahoo.com	916-769-2973
Sacramento RC Eddie Aducayen	GEddieBoyA@aol.com	916-690-5324
Crocker ZC Peggy Kwong	LionPKwong@gmail.com	916-346-9601
Sutter ZC Murray Navarro	murraynavarro64@gmail.com	916-230-7809
Washoe RC Evelyn Butler	lionevelyn916@gmail.com	916-990-4826
Eureka ZC Nora Ross	rnora3813@icloud.com	916-835-7853
Marshall ZC PDG Carol Ring	caroljring1@frontiernet.net	916-955-4531
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