



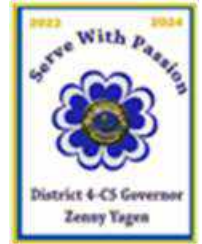
Lions Pride

March 2024

Volume 56

March 2024

“SERVE WITH PASSION”



LIONS OF DISTRICT 4-C5

The theme of this year's Rose Parade was “Celebrating a World of Music: The Universal Language.” The 2024 Lions International float title was “**Changing the World Through Music.**” Creating a symphony starts with a single note, then another, and another until you have a masterpiece. Lions, Leos and friends, including those from District 4-C5, volunteered many hours to help make this float a success. Thank you for making “Changing the World through Music” a beautiful reality!



The 2025 Pasadena Tournament of Roses theme is “Best Day Ever!” It celebrates life’s best moments – those unexpected times that bring a smile, warm our hearts, and fill us with joy. From a once-in-a-lifetime experience to the simplest pleasures, each is indelibly etched into our memory. Together, we celebrate where we’ve been, what we look forward to and what we are thankful for. Let’s celebrate the times that make up our Best Day Ever!

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DG ZENNY YAGEN

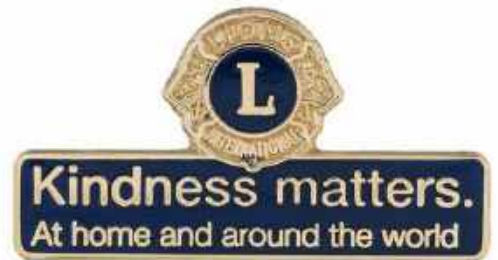
“SERVE WITH PASSION”

Hello Fellow Lions!

Where has time gone? You know the saying – Time Flies You’re Having Fun – well, I have been having fun. It has been a pleasure serving with you as the District Governor.

As Lions, We Serve – we show kindness to those in need – we change lives of those we are helping. That’s what we Lions do – We Serve with Passion.

I want to talk about KINDNESS. PIP Douglas Alexander’s message was “Kindness Matters,” and it truly does matter. Kindness is defined in many so ways, at times, it depends on one’s interpretation of that word. It could be as easy just saying “thank you,” helping an older person with their groceries or just acknowledging a stranger with a simple smile. There are so many, many things we do to show kindness without even thinking we are doing just that; sometimes, it is just a natural reflex. How many of you have stood in line at the checkout at the grocery store or department store and let the person behind you, who has less than what you have in your cart, go ahead of you? I have, and not just the more senior folks, but anyone who has much less than what I have in my cart. They are so appreciative, and it puts them in a good mood! It shows that not everyone is in a hurry as we all seem to be.



I want to share an article about kindness, which I feel we express as Lions all the time. This was written by Jim McCann, Founder, CEO & Chair of 800 Flowers.com.

*“What if I told you there’s something that can help cure the **loneliness epidemic, friendship recession,** depression, and a host of other mental and physical illnesses? And that the same remedy can also reduce crime, strengthen communities, and help end political polarization?”*

The “medicine” for all those ailments?

Kindness.

Sadly, kindness seems to be in short supply these days. Just turn on the TV news or drive anywhere, and you’ll probably see countless examples of people being not so kind to each other.



DG ZENNY YAGEN

“SERVE WITH PASSION”

Imagine the impact of each one of us making a conscious decision to do something extra for another person. I'm not talking about just being nice, like saying hello to your neighbor but being thoughtful, caring, and considerate. It's going out of your way to have a positive impact on someone else's life.

*That is the goal of **Random Acts of Kindness Week**, which started last week and ends Tuesday. Since 1995, the Random Acts of Kindness Foundation has been encouraging people to give kindness a try and see how it makes a difference. I think it should be extended indefinitely.*

The kindness ripple effect

*Something as simple as buying a stranger a cup of coffee does not seem like an act that will change the world. But research shows that **a little bit of kindness goes a very long way**. Both the recipient and the giver experience joy, and such acts, when multiplied, have an exponential impact on everyone around us.*

*According to a University of Ohio **study**, people who act kindly (in other words, they're motivated by the desire to help another person and not gain reward or avoid punishment) saw a boost in happiness and self-esteem and a reduction in stress. People who were depressed or anxious benefited as it took their minds off their symptoms.*

*The **Mayo Clinic** points out that being kind helps light up the pleasure and reward systems in our brains. Further, it helps alleviate loneliness, which is a crucial step toward helping to combat our current epidemic of loneliness. And finally, kindness helps you better connect with others – which studies have shown leads to **longer and happier lives**.*

*Let's go a step further, by strengthening not just relationships between individuals but among the wider community. A **set of studies** from Stanford University found that when people see or experience acts of kindness, they will copy the behavior. In fact, it spreads like a **virus**.”*

*The lesson in giving kindness is that it feels good when you give your time, your effort, and even your money, to help other people. It is part of what makes us human. And it's why we say that, for so many reasons, **giving is the gift!**”*

I hope you enjoyed reading the Kindness article. Until next time ...

DG Zenny Yagen

DG Zenny Yagen





1VDG VICKY BRADY

INSIGHTS ALONG THE JOURNEY TO DG

Happy almost-Spring, District 4C5 Lions! I enjoyed the District Cabinet meeting, all the visitations and fun Lions events that I attended these past few months. It is raining now but I look forward to a warm and sunny Spring soon.

I have been spending a lot of time in virtual training and meetings and will be travelling to Chicago this month to do in-person training with 749 other District-Governors-to-be from all over the world. We will be together on campus learning the same LCI material using a multi-language, multi-cultural format. And you know how Lions are when we get together-it will be a week of fun and friendship as well as projects and learning!

One of the coolest things I have learned that I want to share with you is that all fourteen of the District Governors from MD4 are on the Pasadena Tournament of Roses Parade Float Committee. I always bought the raffle tickets, memorabilia, and knew that the Lions International Float was built in Pasadena, but I really wasn't sure how it actually worked.



First, it is an all-volunteer army of Lions and friends that decorates the float in an exceptionally large warehouse area that holds other floats too.

There are 4-hour and 8-hour Saturday shifts starting the first week in December doing "dry decorating." This means branches and seeds going on the float skeleton.

From December 26-31, there are flower-attaching daily shifts ranging from 4 hours to 8 hours depending on the day/evening.



1VDG VICKY BRADY

It takes a LOT of volunteers to build the float! And we also help with the other floats also! I really want to see the floats up close and help work on ours, so I will be travelling to Pasadena this year after Christmas to volunteer. And you are invited to join me and volunteer too! If you can't make it after Christmas, you can always go on one of the earlier Saturdays. The website for volunteers is <https://lionsfloat.org>. It is not updated yet but will be by Summer. I'll keep you updated.

The Lions float has been in the Tournament of Roses Parade since 1948, and attending the parade has always been a dream of mine. I twirled baton in parades for years as a member of the Cordova Cadets Drum and Bugle Corps (now defunct, but *I swear I had nothing to do with that!*) and am practically a certified parade/marching band and flag corps/float geek. So, this is definitely right up my alley!

I also want to share with you that there is a special reserved Lions VIP section at the parade. Some of my fellow 1st Vice District Governors attended this year and they paid \$150 for a round-trip bus ride to the VIP section, had reserved seats and enjoyed the parade. They left REALLY early in the morning but had coffee and donuts provided on site and there are also restrooms conveniently available. Obviously, most of the volunteers are from the "L" Districts-Los Angeles and San Diego and communities in between.



I'm looking at this as probably a once-in-a-lifetime experience to decorate the float and watch the parade and would love to have as many C5 volunteers as possible!

I'm including some pictures that Lions friends sent from the float. Enjoy and I hope you stay safe and healthy until the next newsletter!

1VDG Vicky Brady

1VDG Vicky Brady



2VDG BRENT SHOWALTER

LEADERSHIP ON THE HORIZON



Are You Ready to Dream District 4-C5 Lions? I will start with a favorite quote.

“That’s the real trouble with the world. Too many people grow up. ~ Walt Disney

We have a lot going on in District 4-C5 and we should be extremely proud of all that we do for others and ourselves from club level on up to Lions International.

I want to talk a little about some highlights that District 4-C5 participated in recently. Thirteen-year-old Nicole Tyra, who was sponsored by District 4-C5 Hig-gins Diggins Lions Club, won the State of California Multiple District 4 “Peace Poster Contest – Dare to Dream.” Her poster will be competing at the International level. (Check out the link below to watch the YouTube video of her award acceptance.)

<https://youtu.be/APeHxKcD-8?si=qRJU3OZxEU9BYIOD>



Lion of the Year Jeri Wartena of Antelope Lions Club

won the State of California Multiple District 4 Lion of the year. Is anyone surprised?

Our amazing District Governor Zenny Yagen signed us up to sponsor the 2024 Multiple District 4 Council of Governors meeting, which will be held in Sacramento in June 2024. This will include the Statewide Student Speaker contest that will be held at the Hilton Arden West Hotel on Saturday, June 15th, 2024. This is a big deal! Put it on your calendar and let’s support our future!

I have said time and time again that I like to keep these messages short and end with a quote and video so here we go. I already posted a quote from Walt Disney so click and enjoy the Wonka YouTube video below.

<https://youtu.be/otNh9bTjXWg?si=WMPFMWlgWwAMSVFg>

DARE TO DREAM!

Remember that you can call, text, or email me anytime.

2VDG Brent Showalter

Brent Showalter - 2nd Vice District Governor

“Born to Be Wild” M: 916-228-9129 / Email: Bshowalrh@yahoo.com



GMT NEWS

GMT COORDINATOR DAVE PEVNY



As of February 29, 2024, we have added 107 new, transferred and reinstated members to 29 clubs of our District for a 59.2% increase. We lost a total of 81 members, giving us a net growth of +26 for this year. Total membership is 1394.

Losses for this year are for Death – 16, Moved – 5, Non-Payment of Dues – 10, Non-Payment or attendance – 6, Non-attendance – 13, Good Standing – 22, Transfers – 3, Other - 6.

Starting numbers for each Zone **as of July 1, 2023:**

Zone	Total membership	# of Clubs	# of Clubs < 20	Percentage
Foothill Zone	164	5	0	0%
Sierra Zone	145	7	4	57%
Gordon Zone	120	7	6	86%
Wolfskill Zone	115	5	2	40%
Crocker Zone	354	8	2	25%
Sutter Zone	225	7	2	29%
Eureka Zone	145	6	3	50%
Marshall Zone	100	4	2	50%
Totals	1368	49	21	42.9%

Clubs on the move: Sacramento BeauVita Lions Club has added 14 new members.
Sacramento Valley-Hi Lions Club has added 13 new members.
Sacramento Mabuhay Lions Club has added 9 new members.

Clubs under 20 in membership: Delta Lions, Folsom Lake Lions, Placerville Lions and Valley Hi Lions have all increased membership.

16 of 49 (32.7%) Clubs have been visited about Membership

29 of 49 (59.2%) Clubs have inducted a new, reinstated or transfer member

8 of 8 (100%) Zones have been visited by the GMT

GMT Dave Pevny

GMT Dave Pevny

PDG Andy Anderson

PDG Andy Anderson

Assistant to District GMT

Welcome New Lions!

District 4-C5 Newest Members for February 2024

Name	Club Name	Zone	Region
Bobak, Jimmy	Sac Antelope	Wolfskill	Dos Rios
Coon, Robert	Foresthill	Foothill	Donner
Garrucho, Aida	Sac Maharlika	Sutter	Sacramento
Garrucho, Gilbert	Sac Maharlika	Sutter	Sacramento
Gilbeau, Laura	Roseville Host	Eureka	Washoe
Kunze, Steven	Sac Senator	Crocker	Sacramento
Mangel, Gordon	Penn Valley	Sierra	Donner
Mooney, Ed	Elk Grove	Sutter	Sacramento
Schmidt, Jacob	Sac Antelope	Wolfskill	Dos Rios

District 4-C5 Reinstated or Transferred Members for February 2024

Name	Club Name	Zone	Region
Dunn, Frank PDG - T	Woodland Host	Gordon	Dos Rios
Matcham, Heidi	Foresthill	Foothill	Donner
Trammell, Deanna - R	Rio Linda Elverta Cty	Gordon	Dos Rios



*Deadlines for submissions to
the Pride: April 20, June 20*

GST NEWS

GST COORDINATOR JERI WARTENA



The 3rd Quarter CA Cares initiative encourages clubs to perform service projects benefitting Youth and Vision. Any clubs participating in the Student Speaker Contest will automatically be able to enter a Youth activity in MyLion for CA Cares. I will be following up with the Zone and Region Chairs regarding Student Speaker contests throughout our district.

Most of our clubs continue to enter Monthly Membership Reports in MyLCI. Thank you to Lion Jeri Retzlaff for assisting with entering club reports. I send a text, followed by an e-mail if necessary, to every secretary who has not entered their membership information two or three days prior to the end of each month.

Twenty-four (24) clubs entered information regarding 192 service activities in January, improving the lives of over 15,500 people in their communities. Activities center around feeding – whether students, family services, veterans, the ever-popular Lions Education Foundation Soup and Salad and more. Of course, glasses were collected and counted, clean ups were accomplished, and monies were donated in support of a variety of causes.

The new Lions Portal is still not available. Like all of you, I look forward to learning something new even though I appreciate still using a program I am familiar with.

Take care, and Together, We Serve!

Lion Jeri A. Wartena

District 4-C5 Global Service Team Coordinator





MDA



PROJECT CARE

JANUARY
FEBRUARY
MARCH

Vision

Youth



Clubs are encouraged to host community projects in these areas.



Report Services projects to MYLION
by April 15, 2024

LCIF NEWS



As of January 9, 2024, donations to LCIF from Lions from the District total \$24,455.17. Thirty-three of the 49 clubs (67.4%) have donated.

Grass Valley Foothill, Grass Valley Host and Sacramento Capitol are LCIF 100% Clubs. Elk Grove and Sacramento Antelope have sent in their donations to become LCIF 100% Clubs.

Forty-eight of 49 clubs (98%) have designated a Club LCIF Coordinator.

District and Club fundraisers for LCIF are as follows:

Two Melvin Jones Fellowship drawing boards are complete with a 3rd one in progress; Higgins Diggins Lions Club's Spaghetti Dinner was held on October 21, 2023 and raised \$1,554; Sacramento Capitol Lions Club Hot Summer Night Dinner on August 27, 2023 raised \$3,000; Sacramento Antelope Lions Club held their fundraiser on November 26, 2023 and made \$1,043; Elk Grove Lions Club's Carnitas Dinner was held on October 28, 2023 and raised \$3,500.

Several clubs have made donations to LCIF for the Lahaina, Hawaii fire disaster.

Unfortunately Dining in the Dark Dinner on January 13, 2024 was canceled.

The next LCIF fundraiser will be: No Tap Bowling Tournament (Location, date and time TBD)

Governor Zenny has challenged all of her Cabinet to donate \$100 to LCIF and I am challenging every club to match my \$20 donation for each club to LCIF. This will make us a 100% District for the sixth year in a row.

Lion Natalee Price
District LCIF Coordinator

PDG Andy Anderson
District Co-LCIF Coordinator



LCIF NEWS

As of January 31, 2024, District 4-C5 has donated \$31,000.45 to Lions Clubs International Foundation. The LCIF Team has visited all eight zones and 27 of 49 clubs.

- * Total number of clubs donated to LCIF: 37 of 49 (75.5%)
- Total number of 100% Clubs: 5 – Grass Valley Foothill, Grass Valley Host, Sacramento Antelope, Sacramento Capitol and Woodland Yolo Sunset Lions Clubs*
- Total number of clubs with a Club LCIF Coordinator: 48 of 49 (98%)**



Elk Grove, Higgins Diggins and Woodland Host are working becoming LCIF 100% Clubs.

Four clubs have held LCIF fundraisers raising \$9,316.69. Two Melvin Jones Fellowship boards have been completed with a third one in progress. We are working on a No Tap Bowling Tournament (Location, date and time TBD).

Governor Zenny has challenged all of her cabinet to donate \$100. Thirty-seven of the 49 clubs have met the challenge to donate a minimum of \$20 donation to LCIF. If the remaining twelve clubs donate to LCIF, we will be a 100% District for the sixth year in a row.

Lion Natalee Price
District LCIF Coordinator

PDG Andy Anderson
District Co-LCIF Coordinator



DISTRICT NEWS

The Washoe Region Cabinet Meeting took place on Super Bowl Sunday, February 11, 2024 at the Folsom Community Center with approximately 120 attending. The theme was “Sports!” Washoe Region Chair Evelyn Butler, Eureka Zone Nora Ross, Marshall Zone Chair Carol Ring and Washoe Region Clubs provided the delicious breakfast. Region Chair Evelyn promptly called the meeting to order and Scout Troop 237 presented the flag. PDG Mike Retzlaff, PDG Andy Anderson, Lion Robert Stoermer and Lion David Stoermer draped the POW/MIA memorial. Sacramento Region Chair Eddie Aducaeyen led the Lions in a patriotic song and Chaplain Sereena Delacuesta gave the invocation.

After the toast to Lions Gone But Not Forgotten, Second Vice District Governor Brent Showalter established protocol and Region Chair Evelyn Butler introduced the head table. The Cabinet Meeting Minutes of November 4, 2023, expertly prepared by Cabinet Secretary Susan Gall, were approved. Cabinet Treasurer Carle Enloe gave a concise Treasurer’s Report.



Candidates seeking endorsement for International Director addressed the Lions of District 4-C5: from District 4-L4 PDG Mark Piva, from District 4-A2 PDG Kevin Patel and from District 4-C6, PCC Liz Crooke.

The forums were well attended and included NCLSA, Special Kids Day, PDG Meeting, H2O4ALL, and District Environmental Project: Recycling Plastic. PDG Sarah Enloe announced the 2025 District Convention will be held at the Hilton Sacramento Arden West. PDG Donna Prince reported on the District Convention. Various foundation and committee chairs presented their reports. Resolutions of Appreciation were presented.

Thanks to the efficient leadership, the Cabinet Meeting concluded in record time in time, well in advance of the start of the Super Bowl.



SPORTS!

*Photo credits: Maharlika
Lions Club*



DISTRICT NEWS

District 4-C5 Lions attended the 105th MD-4 Convention hosted by District 4-L5 in Riverside on February 23—25, 2024. Honored Guests included International Second Vice President Avendra P. Singh and Immediate Past International Director Ken Ibarra.

There were many seminars for attendees to attend: seminars on the Lions Float, reporting service hours, Cabinet Secretary and Cabinet Treasurer Training, how to become a Guiding Lion, how to work as a Governor Team, Plus Optix, Service Activities and Fundraising Ideas, City of Hope, LCIF, and Guide Dogs, to name a few. District Governor Zenny presented a seminar: “Recognition is Not a Certificate.”

Highlights of the convention included presentation of flags of the world, judging of the Peace Poster Contest and the MD-4 Academy Awards.

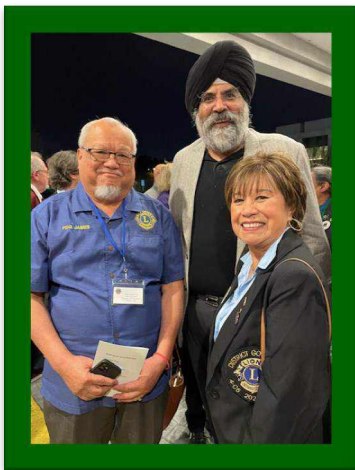
Congratulations to Nicole Tyra, a student sponsored by Higgins Diggins Lions Club, who won the MD-4 Peace Poster Contest! Her winning poster advanced to the next level.

Congratulations to District 4-C5 Lion of the Year Jeri Wartena, who is now the MD-4 Lion of the Year! (LOY Jeri is pictured on the far right in the photo below.)



Shabash!

(Well done)



PDG James Fong and District Governor Zenny Yagen meet with International Second Vice President Avendra P. Singh.

Photo credit: PDG James Fong.



NCLSA NEWS

NCLSA Update: Exciting Development and Call for Board Members!

Northern California Lions Sight Association, Inc. (NCLSA) is a 501(c)(3) non-profit corporation which assists local communities by providing vision-related services to residents within the District 4-C5 area. Services include medical services, education, and the use of its Sight Van, as well as its many Plus Optics Vision Screening units.

NCLSA is thrilled to share some exciting updates and important opportunities.

NCLSA Sight Van in Wins Best Float in Woodland's Christmas Parade!

In Woodland's Christmas Day Parade on December 9, 2023, Woodland Host and Yolo Sunset Lions Clubs partnered and used the sight van to provide vision screening to folks attending the parade. The van was included in the parade, and it won first place in the float category!



Exploring New Vision Screening Technology:

On January 3, 2024, our 2nd Vice President Sheri Retzlaff reached out to Titmus about providing information about their vision screening equipment. We are delighted to announce that Titmus has agreed to provide an in-person presentation of their Kaleidos Vision Screener at our next board meeting. This cutting-edge equipment has the potential to address challenges faced during outdoor vision screenings. This will enhance our ability to provide better vision-related services to our communities.

Call for Board Member – Lion Year 2024-2025:

As we gear up for our upcoming Lions year, NCLSA is actively seeking Lions in good standing who are passionate about our mission, to serve as board members. Your commitment and expertise will contribute significantly to the success of our organization.

The nominating form for potential is attached to this announcement. Please take a moment to consider nominating individuals who embody the Lions' spirit and are dedicated to making a positive impact in our communities. Completed forms can be submitted to our NCLSA Secretary Joe Bowers at evoc504@gmail.com.



Northern California Lions Sight Association, Inc.

Board of Directors Nomination Form

The Board of Directors of the Northern California Lions Sight Association (NCLSA) is seeking nominations for the positions of Director. Applicants must:

Be Lions in Good Standing within their Lions Club.

Have a special interest in sight-related projects.

Be willing to serve a Four-Year term on the Board.

Be willing to attend monthly meetings of the Board and Committee meetings as assigned and attend a majority of NCLSA sponsored events. **(Monthly meeting held the first Wednesday of every month at 4:00 p.m. on Zoom.**

Submit with this application a Qualification Statement that he or she is qualified. This information will be used as a profile for voters to consider prior to the election.

Be willing to serve on Committees (shown below) as appointed:

Adopt-A-Vision

Brochure and Website

Folsom Project

Fundraising / Public Relations

Society for the Blind

Vision Screening Unit

Visionary

Awards

Constitution and By-laws

Friends in Sight Model Project

Nominations and Elections

Vision is Possible

Vision Van Drivers

UC Davis Eye Center

We encourage prospective Board Members to read the NCLSA's By-Laws, specifically to the Procedures Relating to Directors.

If you have any questions, please contact NCLSA Secretary Joe Bowers at evoc504@gmail.com.



**Northern California Lions Sight Association, Inc.
Board of Directors Nomination Form**

Applicant's Name:

Club:

Region:

Address:

Phone:

The Board of Directors of the above named Lions Club has approved the nomination of the
aforementioned Lion on:

Date: _____

Club President or Secretary Signature: _____

**Please mail this completed form and the Applicant's Qualification Statement no later
than March 31, 2024 to NCLSA Secretary Joe Bowers at evoc504@gmail.com.**

**Nominations will be approved at the April 3, 2024 Board meeting, which will be held at
4:00 p.m.**

The topic for 2024 Student Speakers Contest is:

FOR A BETTER WORLD, WHAT WOULD YOU CHANGE?

The DEADLINE FOR ORDERING
THE "STUDENT SPEAKERS PACKETS" IS **OCTOBER 01,
2023**

**Contest Dates for the
2024 Student Speakers Contest are:**

Last date to hold the
Club Level Contest: February 26, 2024

Last date to hold the
Zone Level Contest: March 18, 2024

Last Date to hold
Region Level Contest: April 15, 2024

Last date to hold the
District Level Contest: May 06, 2024

Last date to hold the
Area Level Contest: May 20, 2024

Final Contest at MD4 Convention
(Sacramento): June 15, 2024

* * * *

FINAL CONTEST will be in Sacramento at the Council of Governors
Meeting





**Contest Dates for the 2024 District, Area 1 and
Final Student Speakers Contest are:**

District 4C5 Contest will be: **April 24, 2024**

**Roseville Host Lions Club
107 Sutter Avenue, Roseville, CA
Doors open at 5:30PM**

AREA 1 CONTEST WILL BE in District 4-A1

May 11, 2024

Location & Time to be announced soon.

Final Contest – **June 15, 2024 at the Council of
Governors Meeting at the Sacramento Hilton Arden
West Hotel (time to be determined).**

**PCC Dave Johnson
Student Speaker Chairman**

Questions? Give me a call (916-207-5466)

Or email (pccliondave@gmail.com)

CLUB NEWS

EMBARCADERO LIONS CLUB

Embarcadero Lions provided delicious food beautifully presented after a memorial service for a community member. All funds collected will be used for projects benefiting youth and women's advocacy missions. District Governor Zenny Yagen was on hand to help prepare and serve the food.



Photo credits: PDG Erv Gon



CLUB NEWS

WOODLAND HOST LIONS CLUB

Submitted by Lion Stacey Waller and Region Chair Jeff Walton

In January 2024, one of Woodland Host Lions Club's own, Past President Tim Leathers, was surprised with the James E. West award at the Yolano District Scout Recognition Dinner. He was given this prestigious award for his outstanding service to scouting and in particular for his loving and dedicated work on the Historic Woodland Boy Scout Cabin. This award is the equivalent of the Lions Melvin Jones Fellowship award (which Tim has also received). It was well deserved! Lion Tim makes it a priority to always have eyes on the cabin. Several members of the Woodland Host Lions attended the event along with Tim's family.

The Yolano District is one of 7 districts within the Golden Empire Council, BSA. It serves the communities of Clarksburg, Davis, Dixon, Esparto, Rio Vista and Woodland.

According to a 2019 article in the Daily Democrat, the Scout Cabin was built in 1931 by local volunteers. "In 1969, the ownership of the cabin was taken over by Scouting Associates, a newly formed charitable trust, formed for the purpose of maintaining the cabin for use by local Scouts," Lion Kitty Kramer stated. In 2019, a handicap ramp was built with funds from the City of Woodland Community Development Block Grant funds. The kitchen and windows have been updated within the past several years with help from the community and organizations such as the Lions Clubs in Woodland



Lion Tim Leathers was recently awarded the James E. West Fellowship.



Congratulations, Lion Tim!



Photo courtesy of Yolano District, Golden Empire Council Facebook page.

CLUB NEWS

NEVADA CITY LIONS CLUB

On January 14, 2024, Nevada City Lions Club members judged the Pinewood Derby race cars created by members of Cub Scout Pack 23. A few days later, they attended the pack's Pinewood Derby. Participants and spectators enjoyed the excitement of the race, pizza, and camaraderie.

The Pinewood Derby was introduced in 1953 by Don Murphy, a Cubmaster in California. The original rules required that each car be made from a single wood block. The Pinewood Derby has become a favorite activity for Cub Scouts across America, with millions of participants each year. It fosters creativity, innovation and friendly rivalry.



Photo credits: Cub Scout Park 23 Facebook page.

Photo credit: Nevada City Lions Club Facebook page.



THE LIONS CLUB OF RIO LINDA

SUBMITTED BY ZONE CHAIR GENE KYPKE

The holiday season can be a very difficult time for many of our friends and neighbors. It may be only a temporary situation for many who need just a little help to get them through the holidays. Times will get better and many of the families that are provided for in a particular year will prosper and provide for themselves and others in the future. Kindness in their moment of need really matters!

Seventy (70) years ago, Ruby Wilson, a resident of Rio Linda, California, started a Christmas Basket program to help underprivileged families share the joy and happiness of the holiday season. Ruby passed away just over 20 years ago in 2003, but her spirit lingers on through The Ruby's Basket Program, a tradition carried on by The Lions Club of Rio Linda and the Rio Linda Community. In 2023 Lion Ed Valencia was the Chief Basketeer, along with Lion



Tonya Haddix as his Co-chairperson. With the

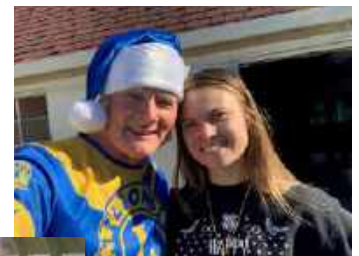
help of the entire Lions Club of Rio Linda, they were able to collect donations from schools, businesses, organizations, and Rio Linda community members, and come together to make the 2023 Ruby's Basket's Program a huge success.



This past year, The Lions Club of Rio Linda served 110 families, a total of 568 individuals in the local Rio Linda, Elverta & North Sacramento area. Each family received all the fixings for a complete holiday

meal including a turkey, as well as a few small toys for each of the 343 children. Many other food items were also included within their Baskets

The Lions Club of Rio Linda takes great pride in continuing this long-standing tradition and ensuring a fun and festive heartwarming holiday season for local families.



THE LIONS CLUB OF RIO LINDA

SUBMITTED BY ZONE CHAIR GENE KYPKE

EMBRACING THE ARCHWAY: Our LEGACY has but JUST BEGUN!

The Lions Club of Rio Linda has been working on a MASSIVE community project that started in 2015. If you have been through downtown Rio Linda, it would be very hard to miss our famous “Arch.” It was given to us from a nearby town called Marysville in late 1925, and was erected in 1926.

Now that the town has a basic landmark, people reflect back by saying, “Oh yeah, I drove through there in....” Fast forward back to 2015. The Lions Club of Rio Linda has PROUDLY been working on three Welcome signs to the Rio Linda area. Lion Larry George and Lion Ed Valencia have been the two major contacts that have documented ALL of the issues, upgrades needed and such with the County, and Lion Larry has kept a FINE documented binder of everything involved!

The Lions Club of Rio Linda sketched out and designed what they wanted. We found an engineer that did the lay out, drawing and preparing for the Sacramento Building Department. In days past, if you had a “Welcome to the Community” sign, with all the local groups and organizations represented, they were very basic block or wooden structures. We wanted ours to be unique to us and for it to stand out as art, be classic and be memorable.



*Photo Credits: Deanna Dyson
Photography*



The first sign that was constructed is located at 16th and Elkhorn Boulevard. It is property we lease from Rio Linda Parks and Recreation. It was designed with our historic “ARCH” layout, very similar to the main bike trail Arches, that prevail for several miles, from Elverta to Del Paso Heights. They are updated arches designed after our downtown Archway with the blinking light, located at Rio Linda Boulevard and “M” Street.

We wrote to our County Supervisor of District 4, who at that time was Roberta MacGlashan, and explained our proposal and goal. She really helped and blessed it with a good sized monetary kick off! Once we had the official County requirements fulfilled, we started this endeavor! We worked with Pacific Powder Coating and Metal Fabrication in Sacramento for all three signs. We presented them with our plans in hand, and they were instrumental with the designs and working the magic we laid out for our community! The Lions Club of Rio Linda orchestrated all of the building, planning, selling of sign space, operation and coordination of drilling ground holes, pouring cement, erecting, bracing, etc. Once the actual structure was done and delivered, the signs got attached. It was erected and then dedicated on December 11, 2017.



The second structure was a replacement sign and was built almost identical as the first in the same historic “ARCH” fashion. This time around, we did ask for monetary help, but now it was from County Supervisor Sue Frost. Same story for collecting sign space, digging, cementing, etc. and the second sign was erected at 5931 Rio Linda Boulevard on December 1, 2020.

Our third and final sign was another NEW unit, not a replacement version. Once again, this being another \$12,000-\$14,000 project, we went back to our County Supervisor District 4 Representative and asked for another possible little donation.

Granted!!! Yay and THANK YOU! It was built and powder coated with the same basic “ARCH,” but different style letters. The beautiful new sign was delivered with the help of Aerial Lift a few years ago. Instead of trying to install immediately amidst COVID-19’s scary and unclear rules and regulations, plus a county-mandated remodel plan, we decided to delay action, saving grief and money. A little remodeling of the landscaping at George Reed Asphalt property, plus PG&E and Sacramento County coordination to put in sidewalks from the Elkhorn Levee Park and Ride, up to W. 6th Street, delayed our original installation.

On February 6, 2023, a crew came in and dug the holes and erected the third sign! The best address it can be given is 1060 W. Elkhorn Blvd. We contacted our County Supervisor to let her know, looking for time slots for a Dedication Ceremony. Once that was secured, Lion President Gene Kypke informed all of the individual groups that are on the sign, plus local dignitaries and news media, of the time and date. It took a bit more time to receive the remainder signs getting placed upon this last beautiful Arch, but the Dedication was ON!

A mass of community-loving, service-minded people attended this new “Welcome to Rio Linda” sign Dedication. A table full of treats and beverages hosted by the Lions Club of Rio Linda was available for all to enjoy! Our in-house photographer once again came up from Tracy to help us out with the documentation. Lion President Gene pinned our honored guests, Lion Ed, Lion Larry and Supervisor Sue with a boutonniere: Yellow Rose with baby’s breath wrapped in blue ribbons. The Lions Club of Rio Linda also gave out a very special card to Lion Ed and Lion Larry, thanking them for their dedication to seeing this thing through!

Lion Gene started the ceremony by welcoming the crowd, and then gave them a brief history of these three signs we had constructed and why we did it. Lion Gene then introduced our Guest Speaker and facilitator of our official Dedication, Sacramento County Supervisor of District 4, Sue Frost. She welcomed everyone and thanked them for attending. She read a Proclamation to the Lions Club of Rio Linda, and then handed it to Lion President Gene. She then read another Proclamation and gave it to Lion Secretary Ed Valencia. Last, but not least, Proclamation number three was read and given to Lion Larry George: Honors from the County of Sacramento, recognizing the amazing efforts by such individuals and the Lions Club of Rio Linda for improving and beautifying this Community. They went well above and beyond in Lionism.



Lion Larry gave a little speech and then presented our Supervisor Frost a thank you plaque for her efforts and love given to our community. Then Lion Larry asked for the representative from George Reed Asphalt to come forward: Corey Turner was presented with a beautiful plaque for their gracious donation of \$2,000 AND the space that this sign is sitting on!

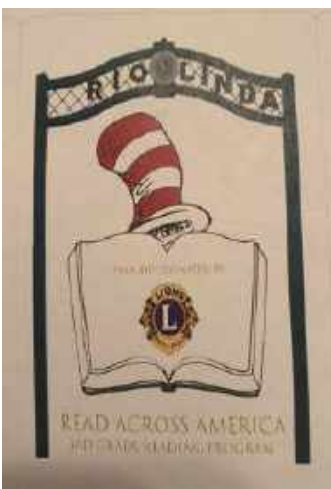
After all the big shots were introduced, our District 4-C5 Big Shot, aka (Immediate Past) District Governor Lion Tim Luckinbill was introduced. Lion President Gene let the crowd know that he is in charge of 50 Lions Clubs in our area, not just ours! He spoke well, and congratulated our club for our efforts, and Lion Ed and Lion Larry for their tenacity! The Dedication came to an end with gracious thank you's to EVERYONE that attended, and we then had snacks and beverages while breaking out into several side sessions of conversation.



Actual service hours for this long of a project, plus all the volunteers in and out of our lives helping, are unknown. Members hours alone are in the thousands. Almost every club, service organization, meeting group, Chamber, etc. came together and helped with sponsorships. Over \$40,000 has been invested into this nine (9) year ongoing, now completed, project. And yes, the last few signs are on!

Without the dogmatic tenacity of two long time members of this AWESOME CLUB, this would not have been possible. Please thank them and give it up to OUR members of the Lions Club of Rio Linda, Lion Ed Valencia and Lion Larry George for such dedication and excellence in LIONISM, the epitome of service to our community! Years from now, these two men's kids and grandkids will say "my dad built this!" This is a wonderful representation of what Lions do!

What a LEGACY for our community!



The Archway is a prominent feature of The Lions Club of Rio Linda's pin and its 3rd grade Reading Program stickers put on 230-250 books the club gives away each year!



THE RIO LINDA LIONS CLUB



WE SERVE

42ND ANNUAL

**BEEF STEW
& PIE DINNER**

**SATURDAY
MARCH 23, 2024
AT THE GRANGE**

1315 G ST. RIO LINDA

\$35 PER PERSON

\$280 RESERVED TABLE FOR 8

**HOMEMADE
STEW
SALAD
& FRESH
BAKED
BREAD**

**916-720-1753
RioLindaLionsclub.com**

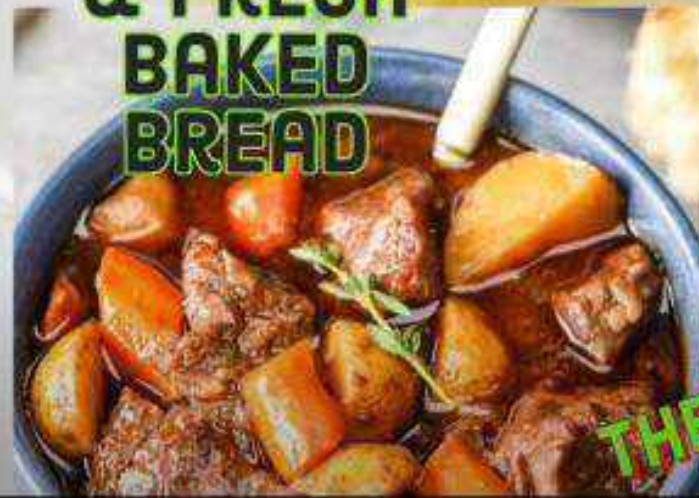
Doors Open at 5:30

No-Host Bar

Dinner at 6:30

Music

THE FAMOUS PIE RAFFLE



*42nd
Anniversary
Celebration
Sacramento*

Valley Hi Lions Club



invites you to a dinner event on

March 23, 2024 (Saturday)

5:00 PM to 10:00 PM

Rizal Community Center

7320 Florin Mall Dr.

Sacramento, CA 95823

**Proceeds will benefit our international and
local community projects**

**Donation of \$50
RSVP by March 18, 2024
Semi-Formal**



We Serve

For more information contact please contact

Dr. Laura Balangue (916) 204-9953

Aurora Ramos (916) 752-4798

Preet Aulakh (916) 211-6858

Wanda Yanez (916) 281-1446



DISTRICT 4-C5 Environmental Project

Collection and recycling of CLEAN poly-film, from such as store-bought plastic bags, beverage case wrappers like those around water, soda, etc., packing material such as air pillows, and other plastic wraps, will be our district environment project to qualify for a free TREX-manufactured bench.

Here's how you can participate:

1. Collect the above materials and estimate the weight of your clean, collected, plastic film and wraps and make a note of it.
2. Your club can select one person to collect all the amounts from each club member. That coordinator can then E-mail or call your zone chair with the total amount of weight of the collected plastic film for that month. Your zone chair will collect and combine all the weights from all the clubs within their zone to provide to the region chair and then the environment project chair. All weights will be combined under the District Governor Zenny's account with TREX for credit towards the bench. Note that after confirmation with TREX, we are only eligible for one bench.
3. When ready to turn them in, visit one of the following retail stores:
 - a. Home Depot or Lowe's
 - b. Target or Walmart
 - c. Your local grocery store, such as Safeway, Raley's, Bel Air, or Nugget
4. Deposit your bags in the storefront recycling container or if you have a lot, make sure to call ahead of time so that someone can assist you with bringing your recyclable plastic film to their larger collection container typically in the back of the store.
5. **Thank you for supporting the district and the environment!** If you have any questions, please feel free to contact the district environment chair, Washoe Region Chair Evelyn Butler, by email at lioneevelyn916@gmail.com or by text or phone at 916-990-4826.

This cart full of plastic film and bags collected by DG Zenny weighed about 13 pounds and was brought to her local Home Depot after verifying that they accepted them.



**UPCOMING
EVENTS**

CALLING ALL DISTRICT LIONS AND CLUBS!

**YOUR AD FOR THE 2024
DISTRICT 4-C5 CONVENTION
PROGRAM ARE BEING TAKEN NOW!**

Don't be left out

All notices will be placed in the order received!

Deadline is April 10, 2024

Advertise Your Club Fundraisers

Celebrate Your Club Successes

Honor Your Club Officers

Recognize Your New Members

The Opportunities are Endless!

Full page (5.5 x 8.5") - \$100

Half page (5.5 x 4.25") - \$50

Business Card (3.5 x 2.0") - \$25

(Printed in Black and White only)

***Back covers-Inside & out Available
in color for an additional cost***



for an outstanding
year of service!

Submit Ads in the Size/Price being purchased: Electronic versions ~
jpeg (**Preferred**), Microsoft Word, Publisher, or PDF format to:



victoriabradysbcglobal.net or bshowalrhnyahoo.com

thank you
all in
recognition
oral
positive
and out
ecial

appreciate
performance
value
grateful
good
behavior
above and beyond
pleased team

Payment (**Checks payable: to District 4-C5**)
with an electronic version / hard copy of your ad
should be included & mailed to - PDG Sarah Enloe
730 Crow Creek Circle, Galt, CA 95632

SAVE THE DATE

**Celebrating
HOLLYWOOD
On the Red Carpet**



DISTRICT 4-C5 CONVENTION

MAY 2 - 5, 2024

Arden West Hilton

**Reservations are Being
Taken NOW!**

**Contact: Lion Jeri Wartena
wartena@comcast.net**



Hollywood



District 4-C5 Convention Registration Form
 Please complete one form for each participant
 PLEASE PRINT ALL INFORMATION

REGISTRATION: Print NAME preferred on the Convention Badge (Title below will be printed under the name on each badge) ALL REGISTRATION FEES ARE NON REFUNDABLE!		
Check: <input type="checkbox"/> Lion <input type="checkbox"/> LEO <input type="checkbox"/> Guest	Is this your 1 st Time attending the District 4-C5 Convention? <input type="checkbox"/> YES <input type="checkbox"/> NO	
CLUB:		
LAST Name:	First Name:	
Phone – Home #:	Phone – Cell #:	
Address:	Email:	
City:	State:	Zip:
Print TITLE preferred on the Convention Badge:		

MEAL OPTIONS: Indicate what meals you will be purchasing Meal choices & costs are not confirmed yet.		
FRIDAY Dinner		
<input type="checkbox"/>	Italian Buffet	
SATURDAY Breakfast		
<input type="checkbox"/>	The Traditional	
SATURDAY Lunch		
<input type="checkbox"/>	Strawberry Fields Salad	Roast Turkey BLT Croissant
		Cobb Salad
SATURDAY Dinner		
<input type="checkbox"/>	Salmon Filet	Chimichurri Flank Steak
		Roasted Eggplant and Vegetables
SUNDAY Breakfast Buffet		
<input type="checkbox"/>	American River	
Special Dietary Needs		
CIRCLE ONE PLEASE: <input type="checkbox"/> Diabetic <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> No Beef <input type="checkbox"/> No Chicken		
Other: _____		

Hotel Information – Please provide information regarding your hotel reservation:

(Hilton Sacramento Arden West, 2200 Harvard Street, Sacramento CA)

What Name is the Hotel Reservation made under?

Who will be sharing the room? (maximum of 4 occupants per room)

Occupant # 1 _____ Occupant #3 _____
 Occupant # 2 _____ Occupant #4 _____

We will be arriving on: (choose 1) Thu, 5/2/24 Fri, 5/3/24 Sat, 5/4/24
 We will be leaving on: (choose 1) Sat, 5/4/24 Sun, 5/5/24 Mon, 5/6/24

Total Room Nights: _____

Total Room Nights: _____

REGISTRATION FEES				
		Cost:	Quantity:	Total:
EARLY BIRD Registration Fee *	Received on or before November 11, 2023	\$20 per person		\$
Regular Registration Fee	November 12– February Cabinet meeting, 2024	\$40 per person		\$
Late Registration Fee	February 15 – March 31, 2024	\$75 per person		\$
Post Late Registration	April 1 - April 30, 2024	\$100 per person		\$
Leo Registration	MUST REGISTER BY MARCH 30, 2024	NO Charge	N/A	
MEAL PACKAGE				
<i>Make sure to indicate your meal choices</i>		Cost:	Quantity:	Total:
5 Meals – F Din, Sat B, Sat L, Sat D, Sun B	Meal choices & costs are not confirmed yet.	\$100 deposit per person is due with registration		\$
ALL MEAL SELECTIONS AND PAYMENTS MUST BE MADE BY MONDAY, APRIL 22, 2024				
ALA CARTE MEALS ONLY – not available yet.				
Individual Meals			Quantity:	Total:
Friday Dinner	ADULT			\$
Saturday Breakfast	ADULT			\$
Saturday Lunch	ADULT			\$
Saturday Dinner	ADULT			\$
Sunday Breakfast Buffet	ADULT			\$
Check here if using District Layaway Payment Plan. Final payment must be received by April 22, 2024. Meal refunds are available up to April 22, 2024.		TOTAL COST:		\$
		DEPOSIT:		\$
		BALANCE DUE:		\$

Make all checks payable to District 4-C5

Mail all have any



Registration Forms and payment to Lion Jeri Wartena at the address below. If you questions, please contact:

Jeri Wartena, Housing & Registration Chair
 7865 Lakeport Circle, Elverta, CA 95626
 Cell Phone: (916) 217-9486

Email: wartena@comcast.net

FOR OFFICE ONLY:			
Name:	Date Received:	Amount:	
	Check #:	Balance Due:	



**Lions Clubs International – District 4-C5
2023-2024 Convention, Hilton Hotel
Arden West, Sacramento**



Pursuant to our District Constitution and Bylaws, Article VI, Section 3: "Each club in good standing shall be entitled to one (1) voting delegate and one (1) alternate for each ten (10) members of said club who have been enrolled for at least one year and a day, or major fraction thereof, as shown by the records of the International Office on the first day of the month last preceding the month during which the convention is held. Provided, however, that each such club shall be entitled to at least one (1) delegate and one (1) alternate. The major fraction referred to this section shall be five (5) or more members."

And Section 6: "All Past District Governors and International Officers from the District shall have a vote at District Conventions, providing such past officer is a member in good standing of a club in good standing in this District."

DO NOT INCLUDE PAST DISTRICT GOVERNORS AS DELEGATES, SINCE THEY ARE ALREADY ENTITLED TO VOTE.

NAME OF CLUB: _____

1. Our total club membership on March 1, 2024 is _____ (based on February MMR)
2. Number of delegates eligible to vote: _____
3. All of our club dues (International, MD-4 & 4-C5) are paid: _____ Yes _____ No

	Delegate Name – Please PRINT	Alternate Name-Please PRINT	Leave Blank
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			

This affidavit is attested by: _____
(Signature of Club President or Secretary) _____ President _____ Secretary

Dated: _____

PLEASE RETURN THIS FORM AS SOON AS POSSIBLE, BY APRIL 1, 2024

E-Mail to:

Lion Dennis Kramer

Email: Wschixen1@aol.com
Phone: (530) 312-3896

DISTRICT 4-C5 CONVENTION



MAY 3 - 5, 2024

CONVENTION SCHEDULE & DRESS CODE

FRIDAY

TIME	EVENT	SUGGESTED ATTIRE
12:00 PM	Food Fair (Hilton Terrace)	Casual/ Lions Club shirts/ Convention Theme
5:00 PM	First Timer's Reception (Governor Suite)	Casual/ Lions Club shirts/ Convention Theme
6:00 PM	Dinner & Costume Event (Hilton Ballroom)	Casual/ Lions Club shirts/ Convention Theme

SATURDAY

TIME	EVENT	SUGGESTED ATTIRE
7:15 AM	Breakfast - Club Banner & Presidents' March (Hilton Ballroom)	Business attire/ Lions Club vest or shirt
9:00 AM	Celebration of Life (Location TBD)	Business attire/ Lions Club vest or shirt
TBD	ID Spouse Reception (Governor Suite)	Business attire/ Lions Club vest or shirt
12:00 PM	Lunch with a PDG (Hilton Ballroom)	Business attire/ Lions Club vest or shirt
TBD	District Cabinet Meeting (Location TBD)	Business attire/ Lions Club vest or shirt
5:30 PM	VIP Reception (Governor's Suite)	Gents: Black or White Dinner Jacket Ladies: Black or white formal/ cocktail dress
6:00 PM	Dinner (Hilton Ballroom)	Gents: Black or White Dinner Jacket Ladies: Black or white formal/ cocktail dress

SUNDAY

TIME	EVENT	SUGGESTED ATTIRE
8:00 AM	Voting Begins (Location TBD)	Casual/ Lions Club shirts
8:30 AM	Breakfast Buffet (Hilton Ballroom)	Casual/ Lions Club shirts

Schedule is subject to change



**Lions Clubs International – District 4-C5
2023-2024 Convention, Hilton Hotel
Arden West, Sacramento**



Pursuant to our District Constitution and Bylaws, Article VI, Section 3: “Each club in good standing shall be entitled to one (1) voting delegate and one (1) alternate for each ten (10) members of said club who have been enrolled for at least one year and a day, or major fraction thereof, as shown by the records of the International Office on the first day of the month last preceding the month during which the convention is held. Provided, however, that each such club shall be entitled to at least one (1) delegate and one (1) alternate. The major fraction referred to this section shall be five (5) or more members.”

And Section 6: “All Past District Governors and International Officers from the District shall have a vote at District Conventions, providing such past officer is a member in good standing of a club in good standing in this District.”

DO NOT INCLUDE PAST DISTRICT GOVERNORS AS DELEGATES, SINCE THEY ARE ALREADY ENTITLED TO VOTE.

NAME OF CLUB: _____

1. Our total club membership on March 1, 2024 is _____ (based on February MMR)
2. Number of delegates eligible to vote: _____
3. All of our club dues (International, MD-4 & 4-C5) are paid: _____ Yes _____ No

	Delegate Name – Please PRINT	Alternate Name-Please PRINT	Leave Blank
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			

This affidavit is attested by: _____
(Signature of Club President or Secretary) _____ President _____ Secretary

Dated: _____

PLEASE RETURN THIS FORM AS SOON AS POSSIBLE, BY APRIL 1, 2024

E-Mail to:

Lion Dennis Kramer

Email: Wischixen1@aol.com

Phone: (530) 312-3896



CALIFORNIA
LIONS
FOUNDATION



WE'RE
HERE
FOR YOU

Matching CLF Grant Applications are now being approved by CLF for up to \$5,000. in support of projects up to \$10,000.00

CLF is a California, non-profit, tax-exempt, corporation with the sole purpose to provide matching financial grants to California Lions Clubs. CLF matching grants are provided to enable California Lions clubs to provide even greater service to their local communities.

100% grants up to \$ 1,000.

Member and Club Opportunities are available:

- *Kay K. Fukushima Fellowship for a donation of \$1,000.*
- *Reginald C. Harris Fellowship for a donation of \$2,500.*

Grant Requests and Donations may be sent to:

Name James Fong MD4-C5 District Chair
Cell 916-531-5050 - Email: JFong1944@gmail.com
www.CaliforniaLionsFoundation.org/grants

Avalon Hearing Aid Centers Present:

THE HOPE & HEARING PROGRAMS

LOCAL LIONS CLUBS AND AVALON HEARING RESTORING HOPE AND HEARING

*Nobody really wants to wear hearing aids AND
Nobody knows what to do with hearing aids, no longer in use.*

Nobody with hearing loss should be left behind in a quiet and muffled world. That's why Avalon Hearing Aid Centers in Sacramento and local Lions Clubs have **partnered to create the Hope and Hearing Programs**. Could you either benefit from OR contribute to one of these Programs?

Hearing Aid Recycle Program

If you have hearing aids that are no longer in use, consider donating them to Avalon. If possible, we'll have them refurbished and make them available to people who simply cannot afford hearing aids. What is sitting in your drawer, may provide someone with the gift of better hearing. It may even restore hope.



Monthly Hope and Hearing Programs

If financial hardship is keeping you from getting the hearing help you need, contact your local Lions Club. Ask to be nominated for the Monthly Hope & Hearing Program. Lions members have already donated dozens of quality hearing aids. In turn, Avalon staff will donate their expertise and time for the test, fitting, and follow-up care needed to get you hearing and connected to life.

\$250 GIFT for you & \$250 GIFT for your Club

If you are experiencing hearing loss, schedule a Free EDUCATIONAL Hearing Test & Consultation with Avalon. Be sure to mention that the Lions sent you. You'll receive a \$250 Gift towards your purchase of hearing instruments PLUS \$250 will be donated to the Lions Club of your choice.



Need a Speaker for your Club?

If you're ready for a fun and informative talk, book Betty Vosters Kemp to do a presentation for your club, in person or via Zoom. Betty can even talk about how the Lions and Avalon, together, can make an even greater difference in our community!

For more information on the **HOPE & HEARING Programs**, go to AvalonHearing.com/Lions-club or call (916) 433-9064

DISTRICT 4-C5 HEARING SERVICES COORDINATOR
PDG ERY GON

Email: gonfishing32@sbcglobal.net ~ Phone: (916) 612-5747



ANAHEIM
MD-4 REGIONAL LIONS
LEADERSHIP INSTITUTE



8 AM Friday, March 22nd thru 1 PM Sunday, March 24th

Interactive and Team-Building Training!

Leadership for Success!

This 3-day Institute focuses on:

**Working in Teams, Public Speaking, Diversity,
Motivating Club Members, Time Management, and more...**

This Institute will prepare Lions for Leadership positions at "All" levels. You may be a member thinking of moving into a leadership role in your club or district. You could be a current club leader or district leader looking to hone or add to your skill set. All would benefit from attending and familiarizing themselves with leadership skills and a deeper understanding of how to better serve their clubs, district, and community. Participants are not only provided the necessary information but the tools and resources needed to help your clubs and district strive and succeed in today's current environment. Fostering "**Team Building Skills**" with your fellow Lion is also a crucial component of this Institute. In a nutshell, this Institute focuses on enhancing leadership and management skills and expanding participants' knowledge of Lions Club International.

Lodging and Meals

The fee of \$400.00 (**no refunds after March 10, 2023**) covers the Institute, food, and lodging from **8 AM Friday, March 22nd through 3 PM Sunday, March 24th**. If you plan on arriving on Thursday, March 21st, you will be required to pay for that night's lodging at the rate of \$159.00 plus fees and taxes when you check-in at the hotel. A credit card will be required by "**ALL**" at check in. All meals during the Institute are provided at the Institute location. Breakfast on Friday, Saturday, and Sunday. Lunch on, Friday, Saturday, and Sunday. Dinner on Friday and Saturday. Beverages provided at each meal.

DAMAGE, SMOKING & CLEANING FEE

If you cause damage to your hotel room or smoke in your hotel room, whether found during your stay or found after check-out, YOU shall be responsible for all fees associated with repairing said damage. The hotel is a non-smoking hotel, and a fee will be incurred by YOU if smoking takes place in your room or in the hotel, along with any excessive cleaning needed.

Location of Institute and Lodging

The Institute and Lodging will be held at "The Anaheim Hotel" 1700 S. Harbor Blvd, Anaheim, CA 92802

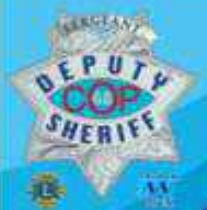
TO REGISTER AND PAY FOR THE INSTITUTE - CLICK ANYWHERE ON THIS DOCUMENT

<https://californialionsmd4.ticketspice.com/2024-regional-lions-leadership-institute-anaheim>

Is Anyone up for a Visit to Disneyland?

Yes, we have arranged for anyone attending the Institute and their family to purchase tickets (limited to 6) to Disneyland and California Adventure at a special rate. "The Anaheim Hotel" (across the street from Disneyland), our host hotel, on a case-by-case basis, might still be able to offer you a discounted room rate 3 days before the Institute and 3 days after the Institute. For those who wish to stay for a longer period of time and enjoy "The Happiest Place On Earth," please contact Roxane Cornell at 714-399-3870. If you are interested in purchasing tickets for the "The Happiest Place on Earth," please contact PDG Norm McDaniel at 805-340-4849 (mobile) or email lionnormthegovernator@gmail.com for a link to purchase tickets.

**Any questions can be directed to PDG Manny Sanchez
562-708-9061 (mobile)
lionmanny@gmail.com**



7TH ANNUAL ROBERT G SMITH WALK TO CANCEL OUT PARKINSON'S

SATURDAY, APRIL 6
MAIDU REGIONAL PARK, ROSEVILLE

Early bird registration open now! \$40

Registration/Resource Fair @ 9:00 am * Walk @ 10:00 am * Lunch/Awards @ 11:00 am



Join for a special day of celebration, determination, and friendship! All funds raised support local services for people with Parkinson's disease and their care partners.

Celebrate the heroes amongst us!

- ✔ Short and ADA friendly course
- ✔ Lunch and music
- ✔ Resource fair
- ✔ Register as a team or individually
- ✔ Can't participate? Donate to PANC, a team, or individual
- ✔ Fundraising prizes
- ✔ Early registration includes official COP walk t-shirt

Sponsored by Lions District 4-C5 & an endorsed project of CA Lions MD4
Proceeds benefit the services of the Parkinson Association of Northern California, a 501(c)(3) nonprofit

Info & register at <https://rgsmith.raceroster.com>

HIGGINS DIGGINS LIONS CLUB



CHARITY GOLF TOURNAMENT

LAKE OF THE PINES GOLF COURSE
11665 Lakeshore N, Auburn, CA 95602

All proceeds benefit Higgins Diggins Lions Club
various community projects.

SCRAMBLE FORMAT

Check-In: 8:00 AM / Shotgun: 9:00 AM

ENTRY FEE \$100

Green Fee, Golf Cart,
Lunch, Goodie Bags
and more.....

SATURDAY

27th

APRIL 2024

- * Great Prizes for the Top 3 Groups of Foursome
- * Longest Drive (Men & Women)
- * Closest to the Pin (Men & Women)
- * Putting Champ

Sign Up Now and Mail Your Entry Form!
Please name your check to: **HDLC**
Mail your "Check" and Entry Form" to:

MARYROSE BARNHURST
12445 Torrey Pines Dr.
Auburn, CA 95602

=====
***** SCRAMBLE FORMAT - ENTRY FORM *****

Name 1: _____ Contact#: _____

Name 2: _____ Contact#: _____

Name 3: _____ Contact#: _____

Name 4: _____ Contact#: _____

FOR TEE SPONSORSHIP - \$100 PER HOLE

(Please attach your Business Card, if Available)

For more information, contact:

Maryrose Barnhurst @ 916-607-9906

E-mail: ladylion_2016@yahoo.com



SACRAMENTO SENATOR LIONS CLUB

Celebrating  Years of Service

Sunday, April 28, 2024

DOUBLETREE HOTEL

2001 Point West Way, Sacramento CA 95815

5:00pm Social; 6:00pm Dinner

Entertainment:

- Taiko Dan Drum Group.
- Sakura Minyo Doo Koo Kai Dance Group.

Entrée Choices:

- Rotisserie Style Chicken Breast
- Honey Glazed Salmon
- Vegetarian Grilled Asparagus Fettuccine

Tickets: \$70 /per person... Table of 8: \$520 (\$65 per person).

Please prepay by **March 31, 2024** and provide & print clearly the names of guests, email addresses, and entrée selections.

Please Make checks payable to: **Sacramento Senator Lions Club (SSLC)**, and mail to PO Box 22614, Sacramento CA 95822

NO payments at the door
All RSVPs & Payments must be received by March 31, 2024

Contact information: PDG James Fong (916) 531-5050

EMBARCADERO LIONS CLUB
20th Annual Charity
BIGGEST LITTLE GOLF TOURNAMENT

Thursday • May 9, 2024 • Shotgun start 8:00 a.m.

TEAL BEND GOLF CLUB
7200 Garden Hwy., Sacramento 95837

(***\$94 PLUS** free mulligan
if payment received
By April 20, 2024)

- Lunch
- Free range balls
- 5 Closest to the pin
- Longest Drive
- \$98* per player

And more...

- Mulligan's
- Raffles
- Snacks & Drinks



- Great Prizes for the top four foursomes
- Goodie bags for everyone
- Registration 7:30 a.m.
- Shotgun start 8:00 a.m.
- Lunch and awards to follow

Sacramentoembarcaderolionsclub.org

LIMITED TO 80 PLAYERS • FIRST COME FIRST SERVE

Please make checks* payable to:
Embarcadero Lions Club

For information on sponsorships call:
Steve Quist 916-541-1144

Mail check and entry form to:
Frank Adams 916-213-5400
9665 Bullion Way
Orangevale, CA 95662
franktadams@mac.com

-----EMBARCADERO LIONS GOLF TOURNAMENT ENTRY FORM – SIGN UP NOW!-----

Name 1: _____ Phone _____

Name 2: _____ Phone _____

Name 3: _____ Phone _____

Name 4: _____ Phone _____

Contact Person Address: _____

EMAIL: _____

Name of Business or Club _____ Amount Enclosed \$ _____

Lions Special Kids Day

Save the Date: May 18, 2024



We're back!!

Families with a special needs child can participate in a free Lions Special Kids Day event on Saturday, May 18, 2024. We have lots of fun activities including: arts & crafts, motorcycle rides, games, entertainment, Canine Companion dogs & puppies, demonstrations, bounce house, & more.

We are in process of updating our website,

www.lionsspecialkidsday.com, so stay tuned for more information.

NEW LOCATION: Depot Park, 16 Business Park Way, Sacramento





DISTRICT 4-C5 OFFICERS

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CS Susan Gall	riponsus@gmail.com	209-480-1676
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Sierra ZC		
Dos Rios RC Jeff Walton	waltonjh@gmail.com	530-312-9895
Gordon ZC Mark Bamba	mark@netsysinc.net	916-872-3477
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