



Lions Pride

March 2026

Volume 68

March 2026



“BORN TO BE WILD TO SERVE”

Lion Art Ralli from Foothill Lions Club and Past District Governor Tim Luckinbill made a trip to Ronald McDonald House back in January 2026. The truck looks half empty but there are 256 lbs of pull tabs on their way to Ronald MacDonalD House.

The largest contributor of tabs this year came from the Mother Lode Lions Club, whose members turned in 80+ lbs throughout the past year. WELL DONE Mother Lode Lions!

It is hard to figure how many people contribute to our cause. I estimate 300+ people hand me baggies of tabs throughout the year from all over the countryside. Yes, even other states, and even once in a while I'll get a bag from Europe, from the exchange students that have visited us in the past.



Our visit to Ronald MacDonalD House was an eye opener.

In the pictures that are attached is a wall of corporate contributors. Some supply food, some supply furniture, a woman's group makes Holiday Meals for all that are staying at the house on every Holiday. There are retired landscaping employees that come in twice a week and care for the grounds. This list is very short; there are an endless list of volunteers that contribute to the cause. I don't have room to mention all of them, but a BIG THANK YOU to all.

Keep collecting those tabs!

INSIDE THIS ISSUE



Photos courtesy of Lion Art Ralli.



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DG BRENT SHOWALTER

“BORN TO BE WILD TO SERVE”



I only have a few short items to talk about today so this will be a short message but I DARE YOU TO READ THE WHOLE MESSAGE!

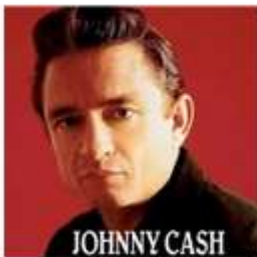
The first five Lions who respond with the MOST correct answers to the next few questions about me (DG Brent) will be put into a drawing for a VISA Gift Card.

HERE WE GO! DEADLINE FOR SUBMISSION IS MARCH 20, 2026 SO RESPOND EARLY!

- 1.) What year was I born?
- 2.) Have I met Shock Rocker Alice Cooper in person?
- 3.) Did I grow up in California, Nevada or North Dakota?
- 4.) Do I prefer Wine or Beer?
- 5.) Do I call a Midwest Delicacy a Hotdish or a Casserole?
- 6.) Who is my favorite musical performer of all time?

3

PICK ONE OF THE FOUR FROM BELOW:



Johnny Cash - Alice Cooper - Elvis Presley - Elton John

LAST QUESTION - 7.) HOW MANY PUGS HAVE I RESCUED?

BACK TO BUSINESS ITEMS!...

- Sign up for the "VIVA LAS VEGAS" convention!

April 16th - April 19th, 2026!

- Order your meals!

- Put an advertisement in the Convention Program!

Contact VDG Mark Bamba, VDG Gene Kypke, or PDG Sarah Enloe to purchase Convention Program Advertisements ASAP!

And now it is time for a favorite quote of mine by Frank Zappa...



Remember that you can call, text, or email me anytime.

916-228-9129 / LionBrent@yahoo.com

DG Brent Showalter

District Governor Brent Showalter





VIVA LAS VEGAS!!
\$50 REGISTRATION FEE
THROUGH MARCH 31 2026
CONVENTION APRIL 16-19 2026



SPECIAL GUEST

LIONS PAST INTERNATIONAL
PRESIDENT JIM ERVIN

USE THE NEW QR-CODE
REGISTRATION FORM TO
REGISTER AND PAY FOR
YOUR CONVENTION
MEALS ONLINE BY CREDIT
CARD.



TODD MORGAN & THE EMBLEMS



1VDG MARK BAMBA

INSIGHTS ALONG THE JOURNEY TO DG



DISTRICT 4C5 RECOGNIZED AT STATE CONVENTION!!

The Lion Year 2025-2026 is flying by, and District 4C5 has much to celebrate!

At the recently completed California Lions MD4 State Convention in Long Beach, our district earned recognition across multiple categories. Under IPDG Victoria Brady's leadership, we successfully retained every member who joined us during the previous Lion Year — a testament to the strength of our clubs and the dedication of our Lions.

We are also proud to recognize four clubs that achieved 100% LCIF Member Support status: Woodland Yolo Sunset, Folsom Lake, Sacramento Capitol, and Woodland Host. This is a prestigious honor, and these clubs have earned every bit of it!

Additional recognition went to GET/GMT/LCIF Chair Andy Anderson for reaching and surpassing district goals, GLT Chair Susan Gall for her outstanding work in officer training, and GST Kendra Bamba for organizing one of only five Service Carnivals held across the entire state. Remarkable achievements all around.

As we celebrate these wins, let's remember that our work is far from done. Partnering with Marketing Chair Deanna Dyson to improve our club visibility will be key to recruiting new members. Scheduling meaningful service projects keeps our members engaged and reminds us all why we became Lions in the first place. And if funding is a concern, don't overlook the grants available through LCIF, the California Lions Foundation, and the Lions Education Foundation. As VP Mark Lyon said at the convention — *"Let's not lose the momentum!"*

Speaking of momentum, our annual District Convention is just over a month away! Join us at the Sacramento Arden Hilton from April 16-19. If you haven't yet ordered your meals or registered, there is still time — please submit your meal orders to Jeri Wartena. And to the clubs that have not yet submitted their convention ads, we need you! Please send your artwork and payment to PDG Sara Enloe as soon as possible.

Finally, a heartfelt congratulations to the ten Lions who attended the Ignite Training Program on January 22-24: Wanda Yanez, Cecille Baylon, Ann Alvarez, Tonya Haddix, Robert Stoermer, Lori Bullis, Stacey Waller, Bill Higgins, Peggy Menchaca, and Frank Zabal. Your commitment to growing as leaders and service other inspires us all. We salute you!

VDG Mark Bamba

2VDG GENE KYPKE

LEADERSHIP ON THE HORIZON



Ahoy me fellow Mates!

Many exciting and wonderful things are happening in our District. Your Governor Team just finished up our Council of Governors session, followed by the MD4 State Convention. They were held on the ship Queen Mary in Long Beach. There were several invigorating ideas to put into place for the benefit of us all! Speaking of the State Convention, Your 1st Vice District Governor and myself were given tickets for “The Ride of Your Life,” an opportunity to be a rider on the Lions Clubs Tournament of Roses Parade Float January 1, 2027. Tickets are being sold for \$20 each. We did not receive these tickets last year until August! This is a once in a lifetime opportunity worth \$5000! Your winning experience includes 1 seat on the Lions Clubs International Float; themed apparel for the ride; 1 night accommodations at the host hotel; 1 grandstand parade ticket for a guest; 2 tickets to the Lions Club President meet and greet reception; Tour the float barn and transportation to and from the parade from the host hotel!

Clubs wishing to get their ads in for the April 17-19 Convention NEED to get ship shape and submitted ASAP! The DEADLINE is very early March! NOW! Full page = \$100, ½ page = \$50, business card = \$25. All submissions go to PDG Sarah Enloe.

This year’s Convention has really ramped up! Viva Las Vegas and some very well placed essential ads have reminded us that EVERYONE is invited to come to this event. It is a great theme and our Convention team has been putting in the hours, fine tuning the schedule for maximum bang for your slot machine buck! Meal packages are still available and you don’t want to miss our Saturday night festivities! Thank the team as you see them for their hard work!

Momentum is happening and has brought much excitement to our District! With everything that is happening, how will your club react when asked “What do Lions do?” Be prepared! Our Marketing Guru is here to help us all answer that very question. Save the dates: March 10th and April 7th will be action packed and with all the information you and your club could ever ask for. Please get a member from your club to participate in these Zoom classes! Creating your informational tri-fold or updating that older one you have doesn’t have to be so time consuming as it used to be! Combine this with a few creations from a helper called Canva, mixed with YOUR club functions, activities and club meeting info and BAM! Your community gets YOUR pertinent info, what you do and when. Your ammunition for the newer members, or ANY member needing a helping hand with the ability to open conversations or extend an invitation to YOUR next Service Project! These are CRUCIAL little things that can make your membership EXPLODE! Why

ROSES PARADE FLOAT

1VDG Mark Bamba and 2VDG Gene Kypke have opportunity prize tickets for sale for a chance to ride the Lions Clubs Tournament or Roses Parade Float on January 1, 2027.

wouldn't you want one more tool in your arsenal? More membership equates to more ideas and more capital to work with. More members equate to more SERVICE and that's what WE DO! A very helpful Lion Deanna Dyson awaits for YOUR enrollment!

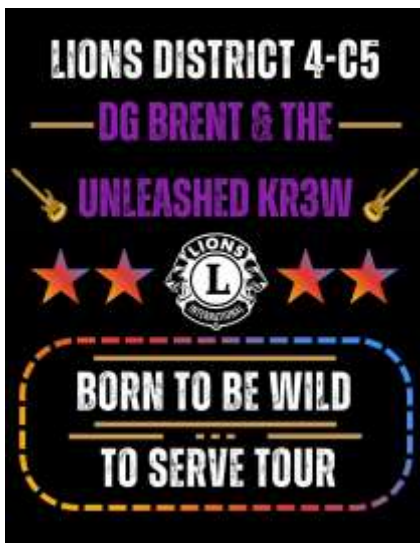
This year is flying by, and I am getting a little bit nervous for my year. Have you ever looked into our district directory? There are about 100 positions to fill! It was common practice just a few years back, that the upcoming Governor was to look for, but not assemble his Cabinet around 5-6 months prior to their year. This created much buzz the first few months of each year, getting to know the team and the positions they took. Last year, the big push is to look for your "Dream Team" maybe a year or more in advance. Audition your prospects and inquire about wants, strengths and ideas. When someone agrees to possible positions, include this person in the existing committees and email chain, so that they can start the training process early and understand the requirements. What a concept: hitting the ground running as you take your office! Very little down time, if any. This concept continues the flow of momentum, eases the transition of positions, which heightens productivity and creates more time for SERVICE! What I encourage ALL of our members to do is step up to the plate! Seek out VDG Mark Bamba and tell him what you can do for him! It is going to be another fabulous year! Fresh ideas from new leaders creates a whirlwind of momentum! Let's keep it going...

I, too am holding auditions for the following year. It is never too early, so don't miss the Ship!

Humbly your servant,

2VDG Gene Kypke

2VDG Gene Kypke
The District PIRATE!



Please submit your articles and announcements about club service projects, activities and fundraisers to the Pride (4c5bulletin@gmail.com).

Deadlines:

April 20, June 20, 2026

GMT NEWS

DISTRICT STATISTICIAN DAVE PEVNY

Summary: Our opening membership balance on January 1, 2026, was 1,176. At the end of the month, our membership total was 1,177, resulting in a net gain of 1 member for the month. This "+1" net change included 10 new members, 1 reinstated member, and 0 transfer members; and 10 members dropped. Of the 10 dropped members, 3 were reported as deceased (PDG K. E. "Dick" Dickey of Higgins Diggins Lions Club, William Schultz of Placerville Lions Club, and Todd Brundage of Sacramento Antelope Lions Club).

By Region for January:

*Donner---plus 2, minus 3

*Dos Rios---plus 3, minus 3

*Sacramento---plus 4, minus 2

*Washoe---plus 2, minus 2

District Total for January: $1176 + 11 - 10 = 1177$

By Region, Cumulative for the Year 2025-2026: (these numbers will accumulate each month)

*Donner---plus 10, minus 11

*Dos Rios---plus 14 minus 13

*Sacramento---plus 35, minus 10

*Washoe---plus 15, minus 16

District Total, Cumulative since July 1, 2025: $1153 + 74 - 50 = 1177$



MARKETING NEWS

LION DEANNA DYSON, DISTRICT MARKETING CHAIR



Pawsitive Marketeer

Cabinet Meeting Highlights & Helpful Reminders

Our recent Cabinet Meeting was packed with great reminders, tools, and tips to help clubs stay visible, connected, and current. Here's a quick roundup of the key takeaways to help you keep your club's digital presence strong and service-forward.



Facebook Best Practices

- **Like and follow the District 4-C5 Sacramento Lions Facebook page**, and take a moment to like and engage with other club pages. Engagement helps all our posts reach more people.
- **Do not use the Lions International emblem as your Facebook profile picture.** This can trigger Facebook restrictions or page issues. Always use your club-specific logo.
- Keep your page **active and current** — recent posts build credibility and community trust.
- Use **Facebook's Event Scheduling and Event Calendar tools** to promote meetings, fundraisers, and service projects ahead of time.



Also important:

Make sure your club's **home Facebook page lists:**

- A **club email address** (Gmail address is preferred), try to make it as close to your club's name as possible. **No personal emails.** We are trying to protect you and your club. (This is for your personal protection of your Identity).
- Your **club PO Box**
- A **phone number** (this can be a personal number — just be mindful before posting)

Clear contact info makes it easier for the community to reach you.



District Website & Member Access

- The Sacramento Area Lions District website is live and active.
- The **Members Tab** is **password protected** for security.

A **Constant Contact** message was sent on **December 15, 2025** with an important update:



EVERYONE UPDATE – NEW PASSWORD

Sacramento Area Lions Website (Members Tab)

PASSWORD: District4c5!2026



Please update your records!

If you are **not receiving Constant Contact emails**, please sign up — important district communications are sent there first.



No Website? No Problem!

If your club does **not** currently have a website, consider using the **E-Club website option offered by Lions International**.



It's **FREE**



It's **limited**, but absolutely **doable**



It gives your club a web presence for contact info, meetings, and service visibility

Having *some* website presence is better than none, and this is a great starting point.



Constant Contact

- Constant Contact is our **official district communication tool**.
- If you're missing emails, now's the time to **get signed up** so you don't miss updates, passwords, or deadlines.



Tri-Folds & Canva

- **Tri-fold brochures** are a powerful tool at events — they help tell your club’s story quickly and clearly to the community.
- **Canva** is a fantastic (and user-friendly) resource for creating tri-folds, flyers, social posts, and more — no design degree required!

Staying connected, consistent, and visible helps all our clubs shine and strengthens Lions service across the district. Small updates really do make a big difference.

Remember your Hashtags - Here is the list from November 2025.



20 Great Hashtags to Start Using Right Away

- | | |
|-----------------------------|-----------------------------|
| 1. #WeServe | 11. #LionsPride |
| 2. #KindnessMatters | 12. #GlobalCauses |
| 3. #ItsAGreatDayToBeALion | 13. #LionsStrong |
| 4. #LionsClubsInternational | 14. #CommunityFirst |
| 5. #LionsOfCalifornia | 15. #District4C5Lions |
| 6. #SacramentoLions | 16. #LionsMakingADifference |
| 7. #ServiceFromTheHeart | 17. #LionsLoveVeterans |
| 8. #LionsServe | 18. #TogetherWeServe |
| 9. #VisionForAll | 19. #FutureLions |
| 10. #LionsInAction | 20. #LionLeaders |



Lion Deanna Dyson
 Lion Deanna Dyson
 District Marketing Chair
 Pride of Laguna Creek Lions
 Cell -510-468-6910
 It's a Great Day to be a Lion!



MARKETING NEWS

LION DEANNA DYSON, DISTRICT MARKETING CHAIR



Pawsitive Marketeer

Marketing Is Service — And Are We Findable?

Let me ask you something...

If someone in your community hears about your club and goes looking for you tonight... what do they find?

Marketing isn't about ego.

It isn't about being flashy.

It's about being visible.

If the community can't find us, they can't join us.

If they can't see what we're doing, they can't support it.

If they don't know how to contact us, they move on.

Marketing is service.

So how do we make our clubs visible?

Visibility can look like:

Social media pages that are current and active.

An updated page builds credibility and trust in your community.

Events scheduled ahead of time using Facebook's event and social calendar tools.

Meetings and fundraisers should be visible before they happen.

An updated E-Club website page.

Even if it's simple — simple and accurate is always better than outdated.

A well-thought-out, transferable club email address.

Example: *SutterLionsClub@gmail.com* — something that can pass from officer to officer.

Clear contact information that's easy to find.

Your club email, PO Box, and contact details should be listed plainly — not hidden.

Regular posts that reflect who your club is today.

Active pages show an active, welcoming, engaged organization.

It doesn't have to be complicated.

It just has to be intentional.

Every post tells your story.

Every event shared is an invitation.

Every updated page says, "We're here. We serve."

Take a few minutes this week and check your club's visibility.

Small updates. Big impact.

Big visibility. Bigger service.

Let's keep our Pride shining bright. 🌈

#PawsitiveMarketeer #MarketingIsService #PrideInService #LionsHelpingLions #WeServe

Lion Deanna Dyson

Lion Deanna Dyson

District Marketing Chair

Pride of Laguna Creek Lions

Cell -510-468-6910

It's a Great Day to be a Lion!



Turn E-Waste Into Impact During Environment Week of Service

The Environment Week of Service, April 18-26, is a chance for Lions to tackle e-waste. MD-4 and District 4-C5 encourage clubs to collect, recycle and responsibly dispose of electronics, thereby reducing pollution and protecting communities. Together, 4C5 can build a cleaner, safer future. This is the last requested Service Project, and the chosen/ recommended focus area of International President AP Singh!



MARKETING NEWS

LION DEANNA DYSON, DISTRICT MARKETING CHAIR



REQUIRED ACTION – PLEASE READ 📢

- Review your club's recent social media posts and publications
- Remove any photos showing clearly identifiable minors (under age 18) unless written parental consent and required school media waivers are on file
- Ensure future posts comply with California law and school district policies

Dear Lions Club Presidents, Secretaries, and Public Relations Chairs,

This message serves as an important district-wide reminder regarding the photographing and posting of images involving students under the age of 18 at Lions-sponsored or Lions-participating events held on or in connection with schools.

Under California law and applicable federal student privacy requirements, identifiable images of minors may not be used for publicity, promotional purposes, or posted on public-facing platforms (including social media) unless written parental consent and any required school media waivers are on file for each student pictured.

Please note the following key points:

- Posting photos on social media (Facebook, Instagram, websites, newsletters, etc.) constitutes public distribution
- Nonprofit status does not exempt Lions Clubs from compliance with minors' privacy and publicity laws
- Permission to be on school grounds or to participate in a school-related event does not equal permission to publish student images
- Schools cannot grant consent on behalf of parents or legal guardians

Best Practices for All Clubs

To reduce legal risk and protect both students and Lions Clubs, all clubs should follow these guidelines:

- Do not post identifiable photos of minors unless written parental media releases are on file
- Use wide-angle or crowd photos where individuals are not identifiable
- Blur faces when necessary
- Avoid naming, tagging, or identifying students or schools in posts featuring minors
- When possible, share or repost images directly from a school's official social media page rather than uploading your own copies

If a club has already posted images that include clearly identifiable minors and does not have verified parental consent, those images should be removed promptly.

This reminder is provided in the spirit of risk management, youth protection, and safeguarding our Lions organization. We appreciate your cooperation and continued commitment to serving our communities responsibly.

If you have questions or need clarification, please reach out through your Zone Chair or District leadership.

Lion Deanna Dyson

Lion Deanna Dyson
District Marketing Chair
Pride of Laguna Creek Lions
Cell -510-468-6910
It's a Great Day to be a Lion!



FOLSOM LAKE LIONS CLUB

SUBMITTED BY LION DEE FARMER

BLOOD DONATIONS

We would like to recognize our President Jill Santos for her ongoing support for blood donations. She donates on a regular basis. Thank you Jill!!

GIFTS FOR TEENS

In December we again participated in buying gifts for teens in Folsom. The Folsom Police Dept is the coordinator for this program. Two of our members, Karen Prince and Rita Withers, have always done the shopping for our club. Karen shops for the boys and Rita shops for the girls. We budget approximately \$700 for this project every year.



(Photos courtesy of Karen Prince and Rita Withers)

JAKES JOURNEY HOME

Jake's Journey Home is a 501c3 organization working primarily with the unhoused veterans and other community members at risk in Folsom, Orangevale and surrounding communities. Over the years Folsom Lake Lions have provided support, mainly through donations of fabric, clothing, and items made by the Hooks and Needles group in Folsom State Prison.

On January 15 Jake's Journey Home had a ribbon cutting event to celebrate the opening of their first permanent community assistance center, located at 5936 Main Avenue, Orangevale. Four of our members attended the event, along with about 100 volunteers, supporters, and public officials.





FOLSOM LAKE COLLEGE FOOD CLOSET

In January we joined service with clubs and districts worldwide to address hunger in our community. Our project was organized by Lion Antonio Santos and we collected food for the Folsom Lake College food closet. Lions Antonio and Jill delivered the food. Food is available at all three Folsom Lake College campus locations and direct distribution of food is provided to students.



(Photos courtesy of Antonio Santos).

HOOKS AND NEEDLES GROUP, FOLSOM STATE PRISON.

Several of our members attended a meeting with 18 men on the Hooks and Needles (“H&N”) team on December, 17, 2025. The meeting was held in the "Hanging Room".... its initial purpose has been discontinued for many years...long ago and no longer in use for that 'function'!!! Due to Prison restrictions, only 3 of our Club Members were approved to attend: Folsom Lake Lions (“FLL”) Club President Jill Santos, FLL Club Service Chair/Eyeglass Collection Coordinator Alegra Schmidt and FLL Club Administrator/H&N Coordinator, Gail O'Brien.

During the visit Lion Gail thanked the H&N Crochet Club and the Folsom State Prison Inmate Coordinator, Judith Ann, who is our contact & liaison for the project. Lion Gail also shared our appreciation for the skill and dedication of the crochet team that can be seen in the detail and quality of the toys, blankets, hats and scarves etc. that they produce. Since the inception of this project back in 2012, they have provided almost 12,000 handmade items to us for distribution to various organizations!! These are a few of the organizations that have received these gifts:

- ☑ Crisis Nursery – Sacramento Children’s Home
- ☑ Special Needs Children – Special Kids Day
- ☑ Senior Citizens – PowerHouse Ministries Christmas Bags
- ☑ Homeless – Jake’s Journey Home and HART of Folsom
- ☑ Children with Cancer - Sutter Hospital Pediatric Cancer Unit



CAMP ROSS RELLES NEWS

www.lionswildcamp.org

Spring 2026



Deaf Camp News

MD-4 Wilderness Camp for Deaf Children, Inc



President's Message:

Thank you to all the employees, staff and volunteers who worked hard to make Lions Wilderness Camp 2025 a success.

In the past 44 years, LWC has enhanced the lives of countless deaf, hard of hearing and CODA children. For only a \$50 deposit a deaf or hard of hearing child can attend a full week of camp where he/she is immersed in deaf culture and will make friends that last a lifetime.

Many of our current counselors and program staff, including our new Director, Kayla Hori, attended LWC when they were children and bring their memories to camp to share with the current campers.

On behalf of the Board of Directors, welcome Kayla and we look forward to any new ideas you bring to LWC 2026.

Danny Raymond-LWCD President

What would my Donation Provide?

- 3 Meals a Day for each Camper
- Arts and Crafts
- Sports Equipment
- Staff and Interpreters proficient in American Sign Language
- Insurance to operate the Camp for Children
- T-Shirts Color Coded for Safety Identification
- First Aid Supplies
- Transportation and Rental of Vehicles
- Additional Items and Incidentals



Founded in 1980

1/2

Our Camp Program

At Lions Wilderness Camp for Deaf Children, we believe camp is more than just a summer getaway, it's a life-changing experience that empowers Deaf, Hard of Hearing, and CODA/SODA youth

For many Deaf and Hard of Hearing children, access to a space where they can communicate freely and feel understood is limited. At LWCD, camp becomes a visual and linguistic playground, a place where American Sign Language fills the air, friendships blossom naturally, and confidence takes root. Campers discover who they are, surrounded by role models and peers who share their experiences and values. Whether they're learning archery, hiking through nature trails, or participating in campfire storytelling, every activity encourages teamwork, leadership, and self-expression



Camp Director Message:

My connection to the Deaf community is deeply tied to LWCD, where I've participated since 2009 as a camper, CIT, counselor, instructor and lead team member. Through LWC, I first discovered the richness of Deaf culture and became fluent in ASL by interacting with campers and staff each summer. The relationship, mentorship, and opportunity to be a role model for Deaf children, building life skills, confidence, independence, and lasting friendships, have been transformative. I am truly honored to serve as LWCD Director and these experiences continue to motivate my commitment to create impactful memories that last a lifetime for every camper, ensuring they feel welcomed, supported, and included.

Kayla Hori

Director of Lions Wilderness Camp for Deaf Children, Inc



@lionscampfordeaf



Embracing the Journey of Camp

Board member testimony:

First year I volunteered I didn't know what to expect. I soon learned that camp made all the kids happy and over the years they continue to be happy campers. This is my 11th year volunteering and what I didn't expect was to see how much the kids have grown.

Karen Q Barrow



Thank you to those Lions Clubs that have sponsored a Cabin, a meal & a Deaf child to go to Camp. It's greatly appreciated and we are always needing more donations.

The impact of LWCD reaches far beyond a single week in the summer. Many campers return home with a deeper sense of belonging and pride in their Deaf identity. Parents and families often notice their children becoming more independent, confident, and socially engaged. The camp also serves as a cornerstone for community connection, bringing together Deaf professionals, alumni, volunteers, and Lions Club members who all work hand-in-hand to nurture the next generation of Deaf leaders.

Deaf Camp Dates 2026

South Camp
at Teresita Pines
July 12-18

North Camp
at Ross Relles
July 26-Aug 1

View on mobile



Follow us on Social Media!

@lionscampfordeaf





SAVE THE DATE!



DISTRICT 4-C5

FACEBOOK TRAINING SERIES



BEGINNER SESSION

Tuesday, March 10, 2026

6:30 PM – 8:00 PM

Foundations & Setup

INTERMEDIATE SESSION

Tuesday, April 7, 2026


6:30 PM – 8:00 PM

Promotion & Outreach

LEARN TO BOOST CLUB COMMUNICATION & ENGAGEMENT ON FACEBOOK!

 To Reserve Your Spot, Email: district4c5lions@gmail.com

 Sessions will be recorded for training purposes.

 Prep checklists will be sent before each session.

Strengthen Your Club's Digital Presence!





SPRING OPENING

at CAMP ROSS RELLES



Help the Deaf, Scouts, Foster Families and less fortunate children have a great camp experience.

FUN and rewarding

HANDS-ON SERVICE PROJECTS

& Prep camp for summer

for you or your club – something for everyone:

(For *moppin' to choppin'* we need carpenters, cooks, rakers, sweepers, painters, plumbers and go-fers, ETC.)



Come for a day or the week-end.

MEALS PROVIDED (Please **RSVP** with QR code)

March 13-15

April 24-26



ENJOY

The fresh, clean mountain air, cozy fireplace in the Lodge, bright stars, wildlife, fellowship and rewarding satisfaction. Overnight stays encouraged: bring your RV or stay in cabins.

If you have adopted a cabin, now is your chance to spruce it up.
~ Several venues are available for your adoption. Call for details. ~



**GOLD COUNTRY LIONS' CAMP
Camp Ross Relles**

~Handicapped Accessible ~
We can accommodate 30 - 132

Manager Nick Nichol (916) 342-2101

www.lionswildcamp.org



RSVP

(For directions see web site. **DO NOT** use GPS or Mapquest)



Eyeglasses & Hearing Aids Collection Event

Give the gift of sight & sound!

Help Lions Eyes California recycle and redistribute gently used eyeglasses and hearing aids to people in need—locally and around the world 🌍

When: Saturday March 14 2026

8:00AM - 2:00PM

Location: TwoCan Tax & More

8845 Elk Grove Blvd Elk Grove Ca 95624

in the parking lot - Contact

PDG Lion Mike Retzlaff 916-225-8321

What to donate:

Prescription eyeglasses

Reading Glasses

Sunglasses

Hearing Aids

New or Gently Used



SPECIAL THANKS

Huge thanks to our community partner:

☀️ **TwoCan Tax & More!** ☎️ **916-913-TAXX** ☀️

for hosting and supporting this Lions service project

Your donation helps Lions restore vision, improve hearing, and change lives—one pair at a time.



NCLSA Chili

Cook-Off is Back!

Come join the fun and root your favorite Chef to Victory! Enjoy an afternoon of fun, and great food with Friends. Prizes will be awarded and there will be raffle prizes to win—so get your tickets today!



Want to Compete for Top Chili Chef Status?

Have a secret Chili Recipe that you are sure will win??

Want to earn bragging rights as Top Chef for an entire year???

Contact Lion Sheri Retzlaff to sign up

Phone: (916) 225-0126 or

Email: sheriretzlaff@sbcglobal.net

When: Sunday, March 15, 2026
Time: 1:00pm—4:00pm
Location: Roseville Host Lions Club
107 Sutter Ave, Roseville, CA
Cost: \$20 per person. See a NCLSA Board Member for tickets.



Embarcadero Lions Presents

IT'S BUNCO BRUNCH TIME!

JOIN US

FOR A SPRING
EXTRAVAGANZA

MARCH 28TH, 2026

11:00 AM-1:30 PM

(DOOR OPENS AT 10:00 AM)

SPRING
DRINK
SPECIALS

BUNCO PRIZES,
DOOR PRIZES,
\$100, \$50, \$25,
LOSER'S PRIZES,
DRAWING PRIZES

INCLUDES
LIGHT MEAL &
BEVERAGE
NO HOST BAR

***Great Fun & Camaraderie
Opportunity Drawings Galore!***

GAME STARTS AT 11:00 AM

TICKETS \$25.00

VENMO, CHECK OR CASH



venmo

RSVP / MAIL CHECKS TO:

DONNA ADAMS

(916) 606-5844

9665 BULLION WAY

ORANGEVILLE 95662

VINCE'S RISTORANTE

840 HARBOR BLVD

WEST SACRAMENTO, CA 95835

(916) 371-6395

***Thank You for supporting us. Our local youth programs and
charities benefit from all the proceeds from this event.***



MARDI GRAS DINNER & DANCE



SATURDAY
28TH
March
6:00-10:00PM

\$30 | DINNER & DANCING

TICKET INCLUDES DINNER

with a choice of:

Seafood Gumbo or Chicken & Sausage Gumbo



FEATURING
DJ GRANT PETERSEN



MOTHER LODE LIONS HALL
4701 Missouri Flat Road
Diamond Springs, CA 95619

**This is a Mother Lode Lions event with proceeds for our Vision & Community Service projects.*

BUY TICKETS BY 3/21

<https://www.zeffy.com/en-US/ticketing/mardi-gras-dinner-and-dance>

*Buy tickets online or at the See's Candy Shack @ Mother Lode Lion's Hall





March Membership Madness Is Coming!!!

Calling all clubs and districts!!! You are invited to participate in March Membership Madness, a special initiative designed to grow members, build new clubs, and multiply our collective impact across all districts.

Why March?

Momentum is already taking root in several areas, and March presents a unique opportunity to expand that energy globally. With focused action, we can amplify our reach and drive tangible results in membership growth and club development.

What We're Asking You to Do:

1. Host a Membership Event

- Invite your community to connect with Lions and discover the joy of service.

2. Build Your Invitation List

- Use personal outreach and community connections to bring in new prospects.

3. Identify 2–3 New Club Opportunities

- Consider underserved areas or communities ready for a new Lions presence.

4. Plan Ahead in February

- Start preparing now to ensure strong execution in March.

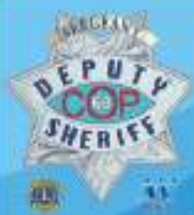
Confirm Your Participation Below

Please let us know your plans by completing the commitment form: This initiative is open to all districts. It is a valuable opportunity to kick-start your membership and club growth efforts with the full support of your leadership team.

This campaign is supported by:

Global Action Team (GAT), GMT, GLT, GST, GET, and DG Teams

Thank you for your continued leadership and commitment to strengthening our global Lions family. We look forward to your participation and the impact you will create in March.



9TH ANNUAL ROBERT G. SMITH WALK TO CANCEL OUT PARKINSON'S

SATURDAY, APRIL 25, 2026
MAIDU REGIONAL PARK, ROSEVILLE

Registration from \$40 - \$45

Registration/Resource Fair @ 9:00 am * Walk @ 10:00 am * Lunch/Awards @ 11:00 am
Can't attend in person? Support by registering as a virtual walker or make a donation



Join for a special day of celebration, determination, and friendship! All funds raised support local services for people with Parkinson's disease and their care partners.

Celebrate the heroes amongst us!

- ✔ Short and ADA friendly course
- ✔ New! Participate as virtual walker!
- ✔ Lunch and resource fair
- ✔ Register as a team or individually
- ✔ Can't participate? Donate to PANC, a team, or individual
- ✔ Fundraising prizes
- ✔ Early registration includes official COP walk t-shirt

Sponsored by Lions District 4-C5 & an endorsed project of CA Lions MD4
Proceeds benefit the services of the Parkinson Association of Northern California, a 501(c)(3) nonprofit

Register online at panctoday.org starting Feb. 1



REGISTRATION FORM
 District 4-C5 Convention
 April 16-19, 2026

(Please complete one form for each participant)
PLEASE PRINT ALL INFORMATION

REGISTRATION: Print NAME preferred on the Convention Badge
 (TITLE below will be printed under the name on each badge)
ALL REGISTRATION FEES ARE NOT REFUNDABLE NOR TRANSFERABLE
MEALS CAN BE REFUNDED UP TO THE CUTOFF DATE SET BY THE HOTEL! 4-6-26

Check One: <input type="checkbox"/> LION <input type="checkbox"/> LEO <input type="checkbox"/> Guest <input type="checkbox"/> New Member	Is this your 1 st Time attending the District 4-C5 Convention? <input type="checkbox"/> YES <input type="checkbox"/> NO
CLUB: <input type="text"/>	
LAST NAME: <input type="text"/>	FIRST NAME: <input type="text"/>
HOME: <input type="text"/>	CELL: <input type="text"/>
ADDRESS: <input type="text"/>	EMAIL: <input type="text"/>
CITY: <input type="text"/>	STATE: <input type="text"/> ZIP: <input type="text"/>
Print TITLE preferred on the Convention Badge:	<input type="text"/>

REGISTRATION FEES *ADDITIONAL FEE APPLIES IF PAYING WITH CREDIT CARD/ONLINE
 \$100 Meal Package Deposit per person is REQUIRED with Registration if using the payment plan.
 *New Member (Joined Date: December 1, 2025, and afterwards)

NAME: <input type="text"/>	CLUB: <input type="text"/>
----------------------------	----------------------------

	EARLY BIRD	REGULAR REGISTRATION	LATE REGISTRATION
DEADLINE	Jul 1-Nov 30, 2025	Dec 1- Mar 31, 2026	Apr 1-19, 2026
COST	\$20 *\$21	\$50 *\$52	\$75 *\$78
*New Member	*Joined after November 30 th , and afterwards		\$20 *\$21
LEO	No Charge		
REGISTRATION:	\$ <input type="text"/>	\$ <input type="text"/>	\$ <input type="text"/>
MEAL DEPOSIT:	\$ <input type="text"/>	\$ <input type="text"/>	\$ <input type="text"/>
TOTAL	\$ <input type="text"/>	\$ <input type="text"/>	\$ <input type="text"/>

MEAL OPTIONS: Indicate what meals you will be purchasing. * Additional Fee will apply

FRIDAY	SATURDAY		SUNDAY
DINNER	BREAKFAST	LUNCH	DINNER
Italian Buffet <input type="checkbox"/>	French Toast <input type="checkbox"/>	The Governor's Buffet <input type="checkbox"/>	American River Buffet <input type="checkbox"/>
			Chicken Rosemary <input type="checkbox"/> Glazed Salmon <input type="checkbox"/> Vegetable Napoleon <input type="checkbox"/> *New York Steak <input type="checkbox"/>

PLEASE CIRCLE SPECIAL DIETARY NEEDS

<input type="checkbox"/> Diabetic	<input type="checkbox"/> Vegetarian	<input type="checkbox"/> Vegan	<input type="checkbox"/> Gluten Free	<input type="checkbox"/> No Beef	<input type="checkbox"/> No Chicken
Other:	<input type="text"/>				

If paying Cash or Check			If paying by Credit Card/On-line		
Meal Package Cost: \$300			* Meal Package Cost On-line: \$311		
Meal Package Cost with NY Steak: \$322			* Meal Package Cost On-line: \$333		
ALL MEAL SELECTIONS AND PAYMENTS MUST BE MADE BY SATURDAY, APRIL 6, 2026					
# Meals	Friday Dinner Buffet	Saturday Breakfast, Lunch, Dinner	Sunday Breakfast Buffet	Quantity	Total
<input type="text"/>				<input type="text"/>	\$ <input type="text"/>
ALA CARTE MEALS ONLY					
Individual Meals			*Cost	Quantity	Total
Friday Dinner, Buffet		Adult	\$94.00	<input type="text"/>	\$ <input type="text"/>
Saturday Breakfast		Adult	\$54.00	<input type="text"/>	\$ <input type="text"/>
Saturday Lunch, Buffet		Adult	\$78.00	<input type="text"/>	\$ <input type="text"/>
Saturday Dinner		Adult	\$81.00	<input type="text"/>	\$ <input type="text"/>
Saturday Dinner, NY Steak		Adult	\$104.00	<input type="text"/>	\$ <input type="text"/>
Sunday Breakfast, Buffet		Adult	\$65.00	<input type="text"/>	\$ <input type="text"/>
Final Payment Must Be Received by Friday, April 6, 2026. Meal Refunds are available up to April 3, 2026.				TOTAL COST	\$ <input type="text"/>
				DEPOSIT	\$ <input type="text"/>
				BALANCE DUE	\$ <input type="text"/>

MAKE ALL CHECKS PAYABLE TO: DISTRICT 4-C5
MEMO: Convention 2026

Mail All Registration Forms and Payment to:
PDG SARAH ENLOE
730 CROW CREEK CIRCLE, GALT, CA 95632

Please feel free to contact me should you have any questions or need additional information
at (916) 769-8601 or Email: sarahte@comcast.net



For Office Only	Name	Date Rec'd	Check No.	Amount
			#	\$

HOTEL INFORMATION: CUTOFF DATE: APRIL 2, 2026
Hilton Sacramento Arden West 2200 Harvard Street Sacramento, CA 95815

Phone: (916) 922-4700 Group Code: **91C**

Website: Click link below (press ctrl + click link)

<https://www.hilton.com/en/attend-my-event/smfhihf-91c-e4121e87-4fe8-4836-89e6-ca6b9c9d537b/>

Cost: \$149.87 per person
(\$134 per night plus taxes and fees)

District 4-C5 Lions Convention



Centerpiece Contest!

Calling for the Creative Lions of District 4-C5 to help create Table Displays for the convention. Decorations will be used several times throughout the convention weekend. Prizes will be awarded based on several categories. Here are the rules of the contest:

1. Centerpiece must not be any larger than 14" x 14" x 14"
2. Centerpiece must relate in some way to the Convention Theme - "Viva Las Vegas"
3. Judges will be 'incognito' and results will be announced at the breakfast on Sunday, April 19th.
4. Entry must not have any loose pieces - everything must be securely attached to a base.
5. Entry must be delivered to the registration desk at the Sacramento Hilton Arden West Hotel by Friday, April 17th at 3 pm.
6. All clubs **must** pick up their centerpieces after Sunday breakfast.

Register your Centerpiece Deadline Date: March 15, 2025

Send registration to:

PDG Donna Prince ~ Phone/Text: 530-305-8077 ~ Email: liondprince@gmail.com

Name _____ Phone _____
Address _____ City _____
State _____ Zip _____ Email _____
Club Name _____ Region _____

✦ COSTUME ✦
CONTEST

Vegas NIGHTS

Where the Lions Shine Brighter
Than the Odds

- Prizes in each category
- Theme: Viva Las Vegas!

Categories:

- Clubs
- Singles- Ladies
- Singles-Gentlemen

FRIDAY EVENING
4C5 CONVENTION



HILTON ARDEN WEST



Contact Lionvictoriabradly@gmail.com to sign
up or for more information



District 4-C5 LIONS
PAWitive
Marketeer

★ COMMUNITY SERVICE & COLLABORATION EVENT ★

Strengthen Unity - Support Service - Help Fellow Lions!



SUNDAY, MAY 3, 2026 ★ 12:00 PM – 4:00 PM
ROSEVILLE HOST LIONS CLUB HOUSE
107 Sutter Ave. ★ Roseville, CA 95678 ★

A Continuation from the Zoom Trainings

★ WHO SHOULD ATTEND?

★ (PRESIDENTS • VPS • MARKETING CHAIRS • ANYONE WANTING TO LEARN)

- BUILD A POWERFUL TRI-FOLD FOR YOUR CLUB
- SIGN & CREATE APPRECIATION NOTES FOR VETERANS
- BRING A LAPTOP OR TABLET (Hands-on session)
- POTLUCK! BRING A DISH TO SHARE AND ENJOY FELLOWSHIP





SACRAMENTO EMBARCADERO LIONS

DRIVE THRU TRI-TIP DINNER



EACH DINNER FEEDS A
FAMILY OF FOUR

\$80

**PRE-PAID
ORDERS
BEFORE MAY 1ST
ONLY \$70**

**SUNDAY
MAY 17TH**

**PICK-UP TIMES
2 PM - 4 PM**

**PICK-UP YOUR
DINNER AT:**

**VINCE'S
RISTORANTE
840 HARBOR BLVD
WEST SACRAMENTO**

DINNER INCLUDES

- GRILLED TRI-TIP ROAST
- PACKAGED SALAD
- BAKED POTATO
- BAKED BEANS
- DINNER ROLLS
- COOKIES

**READY TO
SERVE**

**OR
REHEAT
LATER**

**TO PLACE YOUR ORDER
OR FOR MORE INFORMATION**

CONTACT:

JOYCE ENG

(916) 995-1186

EMAIL: jeng6880@gmail.com

JACKIE LLENAS-ROSSI

(916) 296-2518

EMAIL: francisca_lr@yahoo.com

PROCEEDS FROM THIS FUNDRAISER WILL BE UTILIZED TO BENEFIT A VARIETY OF YOUTH PROGRAMS, COMMUNITY PROJECTS, AND SACRAMENTO EMBARCADERO LIONS LOCAL CHARITIES.



SAVE THE DATE!

SATURDAY, JUNE 5, 2026

6:45 P.M.

LEF
Take Me Out to
the Ball Game!



River Cats vs. Tacoma Rainiers

RESERVE YOUR TICKETS TODAY!

TICKETS: \$42.00 PER/PERSON

**Contact any LEF Board Member
for More Information**

Or follow the link below

<https://rivercats.spinzo.com/river-cats-vs-tacoma-rainiers-2026-06-05-XJUFC?group=lions-education-foundation-hwk5>



DISTRICT 4-C5 OFFICERS

District Governor Brent Showalter	bshowalrh@yahoo.com	916-228-9129
1VDG Mark Bamba	mark@netsysinc.net	916-872-3477
2VDG Dave "Gene" Kypke	dgkypke@yahoo.com	916-769-2973
Immediate Past DG Vicky Brady	lionvictoriabrady@gmail.com	916-439-6487
Cabinet Secretary Mark Steffens	steffens.mark@gmail.com	916-214-8650
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Sutter ZC Frank Zabal	fzaba@msn.com	916-712-7023
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Marshall ZC		
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