

# LIONS PRIDE

**“BORN TO BE WILD TO SERVE”**



## DISTRICT 4-C5 HOLDS A SUCCESSFUL CONVENTION

Congratulations to District Governor Brent Showalter, Convention Chairperson PDG Zenny Yagen and her team on a successful District Convention held on April 17-19, 2026 at the Arden Hilton. Congratulations to DGE Mark Bamba, 1VDGE Gene (The Pirate) Kypke, and 2VDGE Ed Smith on being elected to their respective positions leading District 4-C5.

We were honored to have as our guests Past International President James “Jim” Ervin, Past International President William “Bill” Biggs, Past International Director Dana Biggs, District Governor (4-L6) Elizabeth “Liz” Yoe, First Vice District Governor (4-L6) Myrna Psillas and Cabinet Secretary Chris Psillas, First Vice District Governor (4-L3) Francis Lee and spouse Dr. Jun Lee, First Vice District Governor (4-C4) Jimmy Ness and Lion Melite Wood, and Second Vice District Governor (4-A2) Virginia Madden.

**Viva Las Vegas!**



District Governor Brent Showalter and District 4-C5 Lion enjoy food, fellowship, fun and games at the Food Faire.

*Photo at right courtesy of Marketing Chairperson Lion Deanna Dyson.*

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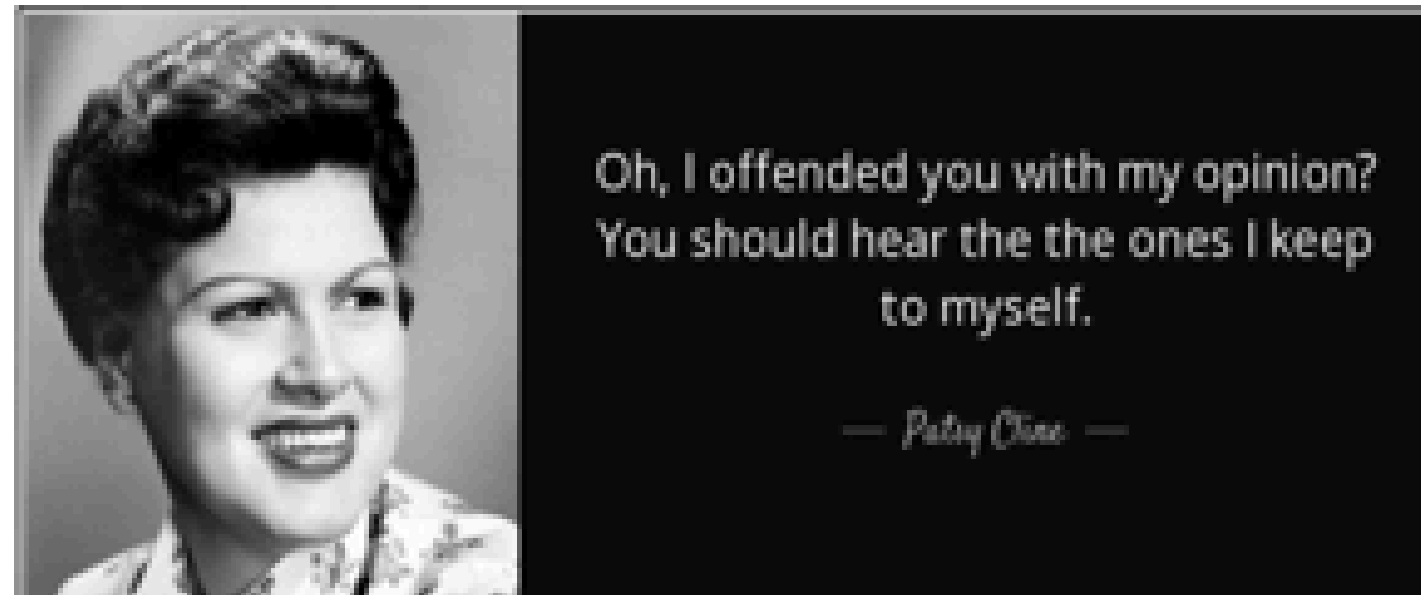
# DG BRENT SHOWALTER

"BORN TO BE WILD TO SERVE"

## A HEARTFELT PERSONAL MESSAGE AND THANK YOU FROM DISTRICT GOVERNOR BRENT SHOWALTER

*I CANNOT THANK YOU ALL ENOUGH FOR THE SUPPORT THESE LAST SEVERAL YEARS BUT WE ARE JUST GETTING STARTED AND I AM EXCITED FOR THE FUTURE! PLEASE GO TO THE NEXT LEVEL! PEOPLE ARE HURTING OUT THERE AND THEY NEED LIONS AND ALL WE DO!*

### A FAVORITE QUOTE FROM ONE OF MY ALL TIME FAVORITE SINGERS



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MY MAIN OBJECTIVE THESE LAST FEW YEARS WAS TO SHAKE IT UP JUST LITTLE BIT AND I BELIEVE EVERY LION IN THIS DISTRICT HELPED US DO JUST THAT. WE HAVE MADE CHANGES, INCREASED MEMBERSHIP AND BROKE CHARITABLE DONATION RECORDS THAT WE HAVE NOT SEEN IN A LONG TIME!

### I HAVE SAID IT TIME AND TIME AGAIN...I NEEDED YOU MORE THAN YOU EVER NEEDED ME AND YOU PROVED ME RIGHT!

NOW LET US BLOW THE DOORS OFF THE LAST TWO MONTHS OF THIS YEAR AND GET MORE MEMBERS, RAISE MORE MONEY FOR CHARITY, SERVE LIKE WE NEVER HAVE, GET A BIT CREATIVE AND MOST OF ALL EMBRACE THE NEW LEADERSHIP!

THANK YOU AGAIN FROM THE BOTTOM OF MY HEART TO ALL OF YOU AND ESPECIALLY MY BODYGUARDS

DISTRICT GOVERNOR ELECT MARK "LA BAMBA" BAMBA AND 1<sup>ST</sup> VICE DISTRICT GOVERNOR ELECT GENE "THE PIRATE" KYPKE!

2<sup>ND</sup> VICE DISTRICT GOVERNOR ELECT ED "MR. ED" SMITH – WE GOT A LINE ON YOU!



# DGE MARK BAMBA

## INSIGHTS ALONG THE JOURNEY TO DG



### Convention Recap and the Road Ahead

What a convention!

We just wrapped one of our most successful District Conventions in recent memory — and what a weekend it was. Under the direction of District Governor Brent, the convention was the result of collaboration between PDG Zenny Yagen, PDG Sarah Enloe, PDG Cat Gon, Lion Jeri Wartena, and other key members of District 4C5. The decorations design ideas from PDG Donna Prince and PDG Cindy Lemas made the venue colorful with sightings of Elvis being reported. PDG Victoria Brady's food fair brought the flavors of the world to our tables, the costumes were unforgettable (Egyptians, showgirls, and Elvises roaming the halls!), and the food, drinks, games, and dancing kept the energy high all weekend long.

The entertainment was truly next-level — skits and performances inspired by Alice Cooper and the Village People had the audience buzzing long after the curtain fell. The awards, presented by Past International President Jim Ervin, District Governor Brent, PDG Andy Anderson, and others, were a genuine surprise to many — and genuinely deserved by all.

The convention is behind us, but the momentum it represents is real. Here's where we stand with two months left in the Lion year:

- We have added more members than we have lost in nine of those months! This points to a successful year but we have two more months to go before the year is over!
- Governor Brent's LCIF fundraising goal has been surpassed and the numbers indicate we will double his goal of \$39,000 since we now have raised over \$72,000!

We need to keep the momentum going for the rest of the year and beyond. The marketing advances we have made plus the training being provided to all clubs is starting to show! But we need more clubs to be involved so we can keep making a bigger impact. We need to be able to enter the 2026-2027 Lion Year fully armed with a full slate of marketing concepts that we can easily deploy to attract new and younger members. We want to start growing out Leo programs again and make sure that we update all existing ones in the Lion's Portal. We are here to fully support and entertain any new ideas that we can add to make us a better district. But we need all clubs to please engage and participate.

We can all help each other to be better clubs and a greater district. Please reach out to Marketing Director Deanna Dyson and keep track of all announcements from Constant Contact regarding available training. Please contact GST Chair Kendra Bamba for any service ideas or any assistance needed in launching a service project. She can also assist you if you have any issues with entering your activities into the Lion's

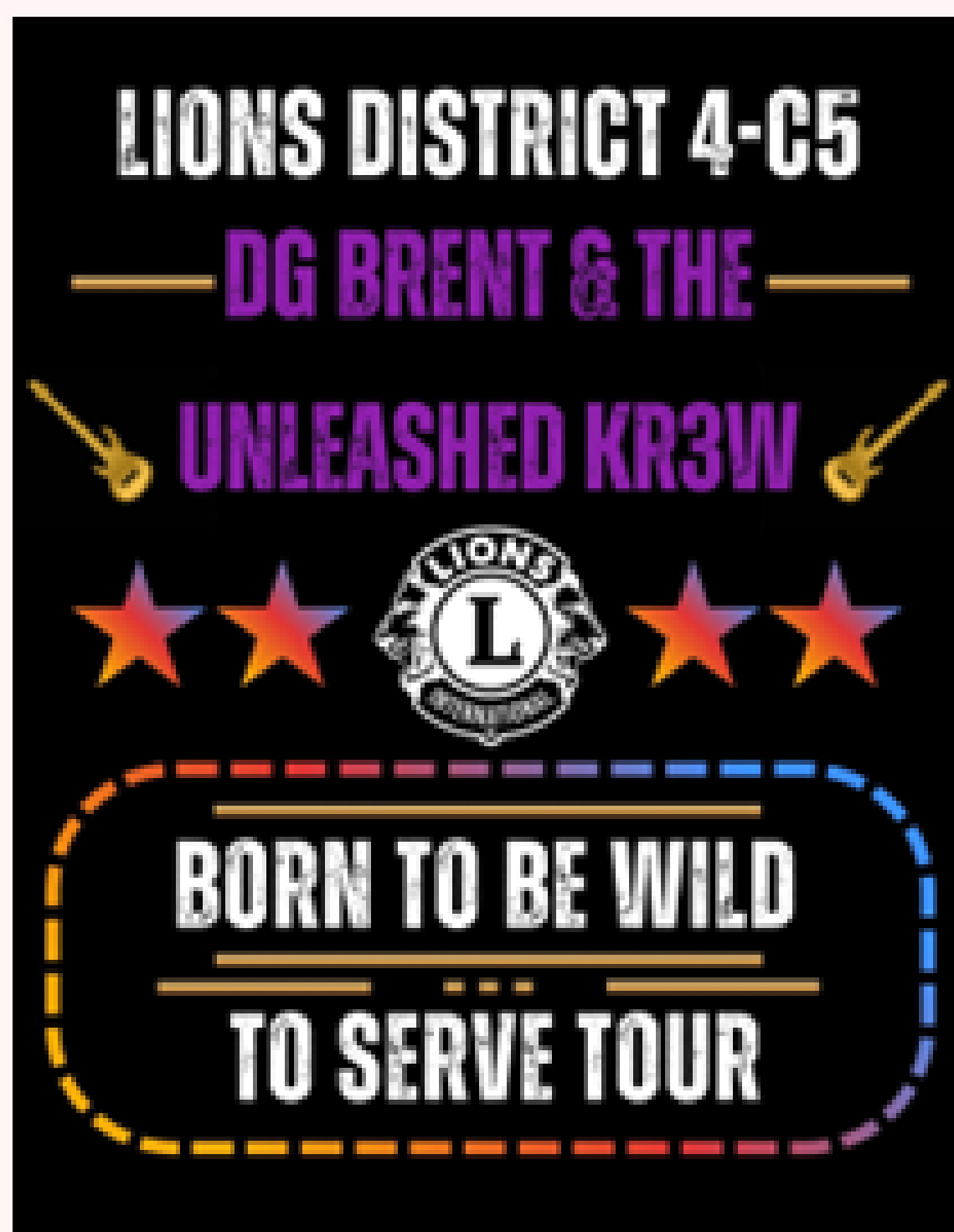
Portal. Please reach out to GLT Susan Gall if you need any type of officer training or even with incoming GLT Derek Ledda. Most of all, we are all here to answer any questions you may have or any assistance you may need.

Let's keep the great successes going!!

Yours truly,

*DGE Mark Bamba*

DGE Mark Bamba



*Please submit your articles and announcements about club service projects, activities and fundraisers to the Pride (4c5bulletin@gmail.com).*

*Deadlines:*

*June 20, August 20, October 20, December 20, 2026*

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# 1VDGE GENE KYPKE

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LEADERSHIP ON THE HORIZON



## *The Philosophical Pirate?*

I am truly honored to be elected into this new position as VDGE! A PIRATE! I even asked if you REALLY wanted this and the convention room ROARED! As I enter, I vow to bring energy, honesty, integrity and 200% COMMITMENT to YOU, my people! Together we are going to grow, serve bigger and make an even greater impact across our district! Working with our DGE Mark and SVDGE Ed we will accomplish dynamic things. This year isn't over yet, and there are thousands to serve! With all of the behind the scene improvements, I have been thinking a bit too hard on why upgrades or changes do or do not get noticed. I propose spaced repetition.

In our daily lives, it is easy to overlook what's right in front of us. We can see something multiple times and never truly notice it. We can hear the same message again and again, yet it doesn't fully register-until one day, it does. Not because it changed, but because WE did. This is the nature of spaced repetition.

Awareness is rarely instant. It develops over time, through repeated exposure. Each of us process most information differently, shaped by our personal experiences, priorities, and the demands of life. What stands out immediately to one person may go completely unnoticed by another. I have experienced this firsthand. Coming from generations of financial struggle which limits the educational opportunity, much of my life has been built on hard labor and doing whatever was necessary. Through this group of men and women called Lions Clubs International, I've gained a different kind of wealth: the relationships with YOU, my people who have broadened my perspective and challenged me to grow! Some of you have taken me under your tutelage, and are helping this transformation. Their ongoing advice has been simple and consistent. Open your eyes. Open your ears. Ask questions. Spaced repetition.

This past year, our district has seen steady change and improvement. For some, that progress is clear and encouraging. For others, it may not seem as visible. That doesn't mean it isn't happening. Many of us are balancing personal challenges, club responsibilities, and countless other commitments. We are ALL volunteers here. With so much competing for our attention, even meaningful progress can be easy to miss. But awareness can and will build over time. The MORE we engage, the more we listen, and the more we stay open, the more we begin to see. What once felt unfamiliar becomes understood. What once went unnoticed will become meaningful. Thank you spaced repetition.

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## SPACED REPETITION

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Awareness is rarely instant.  
It develops over time,  
through repeated exposure

As we move forward together, I am honored to step up into this newly elected role. I am excited for the opportunity to help guide and support this ongoing process of change for the good of our district and the thousands of people we serve. Together, with continued focus, openness and shared effort, we can ensure that progress is not only made, but recognized! I hope YOU, my people, will bring things to our attention as to what could be improved upon! I encourage each of us to stay present, stay curious and stay engaged. Because sometimes, the difference isn't in what's changed... It is what we have finally begun to see... And this is the result and by-product of... Spaced repetition!

Humbly YOUR servant,

***VDGE Lion Gene Kypke***

VDGE Lion Gene Kypke  
aka the PIRATE!

## DISTRICT 4-C5 STUDENT SPEAKERS CONTESTANT IYANNA EARLS WINS AREA 1 CONTEST



*Photo credits Roseville Host Lions Club*

Roseville Host Student Speakers Contest winner Iyanna Earls won the Area 1 Contest held in Loma Rica on May 3, 2026. She received an additional scholarship of \$6,500 and advances to the state finals on June 13 in Anaheim, where she will compete for an additional \$10,000 scholarship.

Roseville Host Lions Club is very proud of her accomplishments and wishes her the best of success. Iyanna Earls will be graduating from Woodcreek High School soon and will be attending Sacramento State in the Fall.

Congratulations Iyanna!

# GMT NEWS

DISTRICT STATISTICIAN DAVE PEVNY

Greetings Fellow Lions:

The District's membership statistics as of the end of the day on April 30, 2026 are as follows:

**Summary:** Our opening membership balance on April 1, 2026, was 1,189. At the end of the month, our membership total was 1,208, resulting in a net gain of 19 members. This "+19" net change included 22 new members, 2 reinstated members, 2 transfer members and 7 members dropped. None of the dropped members were reported as deceased. However, 5 of the dropped members were Nevada City Lions. Sadly, their club is dosing, although the Lion Portal does not yet show the club as canceled.

**By Region for April 2026:**

\*Donner---plus 2, minus 5

\*Dos Rios---plus 5, minus 0

\*Sacramento---plus 19, minus 0

\*Washoe---plus 0, minus 2

**District Total for April:  $1189 + 26 - 7 = 1208$**

**By Region, Cumulative for the Year 2025-2026:** (these numbers will accumulate each month)

\*Donner---plus 16, minus 17

\*Dos Rios---plus 27 minus 21

\*Sacramento---plus 59, minus 14

\*Washoe---plus 27, minus 18

**District Total, Cumulative since July 1, 2025:  $1148 + 130 - 70 = 1208$**

***Dave Pevny***

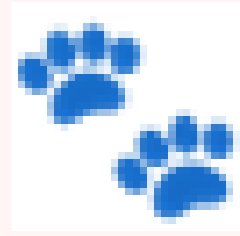
Dave Pevny

District Statistician



# MARKETING NEWS

LION DEANNA DYSON, DISTRICT MARKETING CHAIR



## Pawsitive Marketeer

### Protecting the Club: Email Account Takeovers

Let's be real for a moment — most of us don't think about cybersecurity until something goes wrong. But here's the truth: our club email accounts are one of the biggest targets we have. They control our communications, member contact, and access to important tools. If someone gets into that account, they're not just in an inbox... they're inside the club's communication system. Recently, we got a close reminder of just how real that risk is.

#### What is an Email Account Takeover?

An email account takeover occurs when an unauthorized individual gains access to an email account and locks out the rightful user.

Once inside, the attacker can:

- Change the password and recovery information
- Send emails pretending to be the club
- Monitor communications and member responses
- Use the account to scam members or request information

A compromised email account puts the entire club's communication at risk.

#### How Do These Takeovers Happen?

Most account takeovers happen through preventable methods:

- Phishing Emails – Messages designed to trick you into entering your password
- Weak or Reused Passwords – One breach can expose multiple accounts
- Shared Logins – Multiple users increase risk and reduce accountability
- No Multi-Factor Authentication (MFA) – No second layer of protection
- Saved Sessions – Access left open on shared or unsecured devices

#### A Real-World Example

Recently, our club experienced a near email account takeover attempt.

The account showed unusual activity, including a notice that the password had been changed, even though no authorized member made that change. Access behavior also became inconsistent — a key warning sign.

Immediate action was taken:

- Password was reset
- Access was secured before a full lockout occurred
- Club leadership was notified

If the account had been fully compromised, the attacker could have sent fraudulent emails, impersonated the club, or requested sensitive information from members.

This was a strong reminder that these threats are real — and they can happen to any club.

### **Lion Tip – Do This Today**

If you do nothing else after reading this, do these two things TODAY:

1. Turn on Multi-Factor Authentication (MFA) for your club email
2. Make sure only CURRENT, authorized members have access

Those two steps alone will stop the majority of takeover attempts.

### **How Can Our Club Prevent This?**

- ✓ Enable Multi-Factor Authentication (MFA)
- ✓ Use strong, unique passwords (12–16 characters)
- ✓ Limit and track access to authorized members only
- ✓ Avoid clicking suspicious links
- ✓ Do NOT share passwords via text or email
- ✓ Update passwords regularly, especially during officer transitions

### **What To Do If You Suspect a Compromise**

1. Change the password immediately
2. Enable or verify MFA
3. Check recovery settings (email/phone)
4. Review recent activity
5. Notify club leadership
6. Alert members if suspicious emails may have been sent

### **Final Thought**

Protecting our club's email is protecting our communication, our members, and our reputation. By staying informed and taking proactive steps, we ensure our messages remain trusted and secure.

### ***Lion Deanna Dyson***

Lion Deanna Dyson  
District Marketing Chair  
Pride of Laguna Creek Lions  
Cell -510-468-6910

It's a great day to be a Lion — and a smart one.





# Lions Education Foundation

District 4-C5, Sacramento, CA

*"Molding the Future with Action Today"*



Hello Fellow Lions:

Do you have a member of your Club to recognize for outstanding service to your community? Do you have any outstanding community members to recognize (and ask them to be a Lion) for their outstanding community service? Did you know that purchasing an award from the Lions Educational Foundation (LEF) supports our very own district and funds our club matching grant program?

Let me share with you the awards available to purchase, recognize someone special, and support LEF all in one simple check:

Kay K. Fukushima Life Membership Award – receive the Life Member clock appropriately engraved and a lapel pin -donation of \$500

Dr. Carl E. Burson Jr. Legacy Award – receive an engraved plaque - donation of \$250

Gordon Daniels Foundation's Award – receive an engraved plaque - donation of \$150

Paul Shimada Leadership Award – receive a collapsible wooden podium – donation of \$100

You can purchase these items with your Club's Community Funds or a personal check for tax deduction. Here is the link to view these beautiful items <http://www.lef4c5.com/lef-awards.html>.

Order your items today for your year-end Club award banquets! If you have questions, please contact PDG Nick McNichols at 530 908-2048.

If your club would like to have a presentation or more details on the LEF, please email Lion Helene Smith at [4timon@gmail.com](mailto:4timon@gmail.com). She can arrange for a board member to visit your club.

This is one of the best methods to stretch your community funds! We are here to support your club and your local community. Send us a check!

# FOLSOM LAKE LIONS CLUB

*Submitted by Lion Dee Farmer*

## Syble Bokides

May 7, 1936 - March 7, 2026

It is with great sadness that we tell you that Syble Bokides, a member of the Folsom Lake Lions, passed away on March 7, 2026. Syble joined the Stockton Delta Lions on April 1, 1988, and was an active member for many years. She proudly served as President, and also volunteered at the Stockton Blind Center. She transferred to Folsom Lake Lions on May 21, 2022. She is greatly missed.



## Crisis Nurseries

We have been a long time supporter of the Crisis Nurseries (Sacramento Children's Home). Our member Alegra Schmidt received a generous donation of new items from a friend and she delivered them to the Nurseries.



## Food Drive

A couple months ago we had a food drive for the Folsom Lake College food closet which was organized by our member Antonio Santos. More items were later collected, and along with all the cans of soup (table decorations) from the LEF soup and salad fundraiser we then had enough for another delivery.



# FOLSOM LAKE LIONS CLUB

## Folsom Lake Lions Receive Generous Donation from Hooks & Needles Team

On March 11, 2026, the Folsom Lake Lions were honored to receive a generous donation from the Hooks & Needles Team at Folsom State Prison—our valued partners since 2012.

Through this long-standing partnership, our club provides yarn and accessories, and in return, the Hooks & Needles Team has created and donated more than 11,000 crocheted items to support those in need throughout our community and beyond. Their handmade contributions have touched countless lives, including stuffed toys for Special Kids Day, items for the Crisis Nursery, hats for children undergoing oncology treatment, and hats and scarves for seniors, veterans, and individuals experiencing homelessness.

In an extraordinary show of generosity, the Hooks & Needles Team recently held a fundraiser within the prison and presented the Folsom Lake Lions with a donation of \$6,900.



Some of the members of the Hooks and Needles team (at right)



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# VALLEY HI LIONS CLUB

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SUBMITTED BY LION DR. MARIETTA A.N. ALMAZAN  
(MEDICAL MISSIONARY SINCE 2007)

The Sacramento Valley Hi Lions Club, in partnership with the Irigueños Bicol Association of America (IBAA) of Northern California, continues its humanitarian mission in Iriga City, Philippines. Through strong collaboration with local community leaders, including SVS Iriga Barangay Council volunteers led by Lion Vincent R. Nagrampa, the team successfully carried out HO 2026 as a follow-up to HO 2025.

## Background

Since 2007, this mission has focused on supporting the Aeta communities living in the Mt. Iriga region. These communities have faced ongoing challenges due to deforestation, mudslides, flooding, and agricultural losses. In response, the Lions and partner organizations have sustained a long-term, community-based outreach rooted in service and compassion.

HO 2026 Services and Impact – Iriga City, Philippines

## Leadership:

- Lion Dr. Marietta A.N. Almazan – Lead Chair
- Marilyn De Las Llagas, RN (IBAA) – Co-Chair
- SVS Iriga Barangay Council – Led by Lion Vincent R. Nagrampa



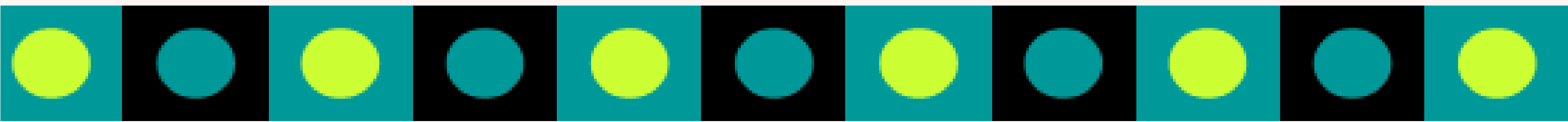
## Programs Delivered:

### 1. Optical Mission

Free vision screenings, consultations, and eyeglasses were provided to approximately 1,000 individuals across multiple barangays. Services were led by Optician Dr. Rebecca Filio-Nagrampa, with assistance from Kaycee Nagrampa, RN.

### 2. Seed Distribution for Livelihood

Free vegetable seeds (including beans, peppers, bok choy, okra, squash, pumpkin, eggplant, and tomatoes) were distributed to about 1,500 families to support food sustainability and nutrition.



### 3. Tree Seedling Distribution

More than 1,500 families received native and fruit tree seedlings (including narra, coffee, cacao, mango, and santol) to support reforestation, flood prevention, and community planting efforts.

### 4. Tree Planting Initiative

Over 200 trees were planted by San Antonio Elementary School in Iriga City in collaboration with community volunteers.

### 5. Medical Assistance

Prescription and over-the-counter medications, including treatments for hypertension and diabetes, were distributed to approximately 500 families with support from barangay health workers.

### 6. Mental Health and Wellness

Basic mental health consultations and psychosocial awareness education were provided to community members.

### 7. Community Support Distribution

Slippers, school supplies, books, and treats were distributed to approximately 500 families, benefiting both children and adults.

### 8. Youth Engagement and Education

Programs promoting healthy lifestyles, sports, and awareness of substance abuse and behavioral health were conducted for local youth.

### 9. Anthony Nagrampa Almazan Educational Center

In honor of their son, Anthony Nagrampa Almazan, a past Leo President of the Valley Hi Lions Club, the Nagrampa/Almazan family donated computer equipment and learning materials to support the underserved students, including:

- ANA Learning Center #1 (Iriga City): 10 computers with Wi-Fi and reference materials
- Banao Alternative Program: 2 computers for Indigenous learners

This ongoing mission reflects the Lions' commitment to service, sustainability, and community empowerment.

## A True Spirit of Lionism in Global Humanitarian Service

# VALLEY HI LIONS CLUB



# Serving with Passion: A Lion's Mission in the Philippines

Submitted by: Lion Dr. Laura U. Balangue

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My vacation to the Philippines was a meaningful combination of business, pleasure, and service. It was both a blessing and a privilege to return to my hometown and reconnect with my family, relatives, friends, and townmates.

As always, Lionism remained an important part of my trip, allowing me to extend help and support to underserved and marginalized members of my barangay. Barangay is the smallest administrative and political unit in the Philippines. Similar to a village, district, or ward, it serves as the grassroots level of government.

We conducted feeding programs for children and their parents over two days. This required careful planning, including determining the number of beneficiaries, coordinating with parents and guardians, preparing the menu, purchasing groceries, and organizing food preparation. We prepared 100 food packs consisting of hot dogs, egg sandwiches, pancit (Filipino noodles), and tetra pack drinks. Approximately 70 individuals were served across the feeding activity. The children were happy and satisfied, and the parents expressed their deep gratitude. The barangay officials also received their share.

On separate dates, community members visited my home to avail themselves of reading glasses, beginning on March 28, 2026. They came individually, in pairs, and in groups during mornings, afternoons, and weekends.

Throughout my stay, I also provided free medical consultations to approximately 20 individuals for various health concerns, followed by appropriate medications. In addition, I extended financial assistance to about 22 individuals in urgent need. I also hired 4 residents to help clean the surroundings so they could earn income to support their families.

It was truly a productive vacation marked by multiple service activities for the community, reflecting our commitment to serve with passion in line with our Lions motto.

The Barangay Council also requested uniforms for their officers and staff. In response, I donated T-shirts to 30 members. On April 1, 2026, I was able to source and place an order for our club polo shirts in the Philippines at a more cost-effective price, resulting in savings for the club.

Overall, it was a vacation dedicated to humanitarian service, reflecting the international impact of our Sacramento Valley Hi Lions Club in the Philippines. I am proud to be a Lion. We serve with passion.

— Dr. Laura U. Balangue



# WOODLAND REVELLE LIONS CLUB

REPRINTED FROM WOODLAND DAILY DEMOCRAT

## Reveille Lions Club donates \$25,000 in memory of 'Candy Man' Don Pixton



An old photo of the late Don Pixton presenting a check to Community Care Car.  
Courtesy

**BY GARY TRAYNHAM**

**SPECIAL TO THE DEMOCRAT**

Woodland Reveille Lions Club has donated \$25,000 to Woodland Community Care Car in memory of longtime member and volunteer Don Pixton.

The late Pixton, a Lion for more than four decades, began driving for Care Car with fellow Lion Norman Silva in 2014, and they had been a familiar pair in the organization.

In addition, Pixton was readily available for lunch car and church car duties, plus jumping in whenever a substitute was needed.

Don and Norman were very instrumental in the Lions' being a regular donor to Care Car. One year, the Lions gave \$50,000 to fund a new Care Car van and have continued



donating annually.

Pixton was always at the forefront of the Lions' annual See's Candies sales at the Yolo County Fair Mall. Because of his leadership, he became known as "The Candy Man" in the Lions Club.

"Don was very dependable," Care Car scheduler Peggy Gedatus said. "He was always willing to help at any time. I could call, and he would be right there. He was a very nice man. I think Care Car was his life."

Pixton was a Care Car trustee for several years and was the recipient of the Jim Lawson Award for outstanding volunteer in 2022.

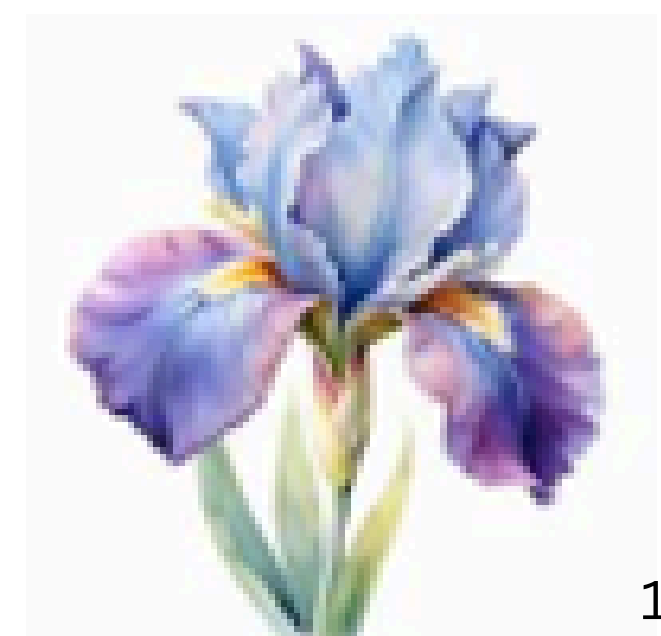
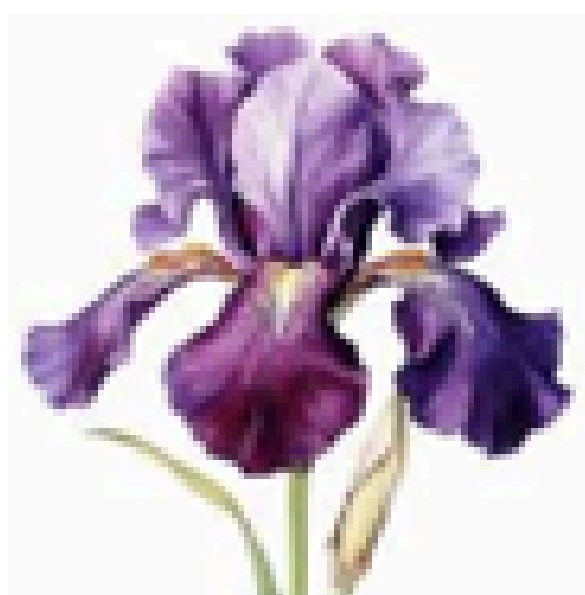
Those wishing to make donations to the Care Car in memory of Pixton may mail to: Don Pixton Fund, c/o Community Care Car, 2001 East Street, Woodland, 95776.

Care Car is hopeful of raising enough funds for a permanent bench in Don's name at the Senior Center.

Care Car president Jim D'Aurora indicated the \$25,000 will help toward the purchase of a new van. The organization recently extended morning pickups from 8 to 11:30 a.m. The group recently added a third car to its Monday-thru-Friday schedules.

Anyone wishing to volunteer as a driver, driver's helper, or desk receptionist is welcome to call 662-7800 between 8 a.m. and 3 p.m.

Current Care Car board members are D'Aurora; Georgia Workman, vice president; Susan Cassady, secretary; Nadine Leishman, treasurer; Janice Cardin, immediate past president; Sara Gould, desk scheduler; Sharon Hein and Bob Silva, van schedulers, and trustees David Corona, Roy Miller, Julie Farnham, Larry Main, Mark Smithers, Shirley Groos, Tawna Aubuchon and Jeff Bourke.





# HEATHER HADWICK

1ST ASSEMBLY DISTRICT

## April District Awards: Celebrating Service Across Northern California

April 29, 2026

*Each month, I have the privilege of recognizing individuals and organizations across Assembly District 1 who go above and beyond to serve their communities. From education and public safety, to small business and nonprofit leadership, these awardees reflect the dedication, compassion, and resilience that define our rural region. I am proud to highlight our April honorees below.*

*Thank you! Heather*

Dave Johnson of Weimar in Placer County is the April Distinguished Service Award honoree. He has served as the President of the Auburn Lions Club and enjoys helping Santa each December in the Annual Auburn Festival of Lights Parade. Dave moved to the Auburn area in 1974 and operated a donut shop in Meadow Vista from 1977 to 1984, many people to this day affectionally refer to him as "Donut Dave". He later worked in the electronics industry before becoming a real estate agent in 2007. He serves on numerous Placer County Association of Realtors committees and stays very active supporting the activities of the Auburn Lions club. Dave is a true servant to his community, and I salute his community spirit and service to others!



Distinguished Service Award: **Dave Johnson**





# CALIFORNIA LIONS FOUNDATION

## *Youth, Environment, and Inclusion & Access Grants*

**CLF can help your club make a difference in your community. Apply for a CLF grant.**

- April 1, 2026 to June 30, 2026
- Maximum grant per Lions Club is \$500
- Maximum aggregate grant is \$2,000 per Lions District in MD4

[www.californialionsfoundation.org](http://www.californialionsfoundation.org)



FOR SPECIAL NEEDS KIDS & FAMILIES

District 4-C5 Lions

4KIDS.COM



# Special Kids Day

10 AM  
TO  
2 PM

May 2026  
16

Depot Park  
16 Business Parkway  
Sacramento, CA



## A Day of Food, Family & Fun

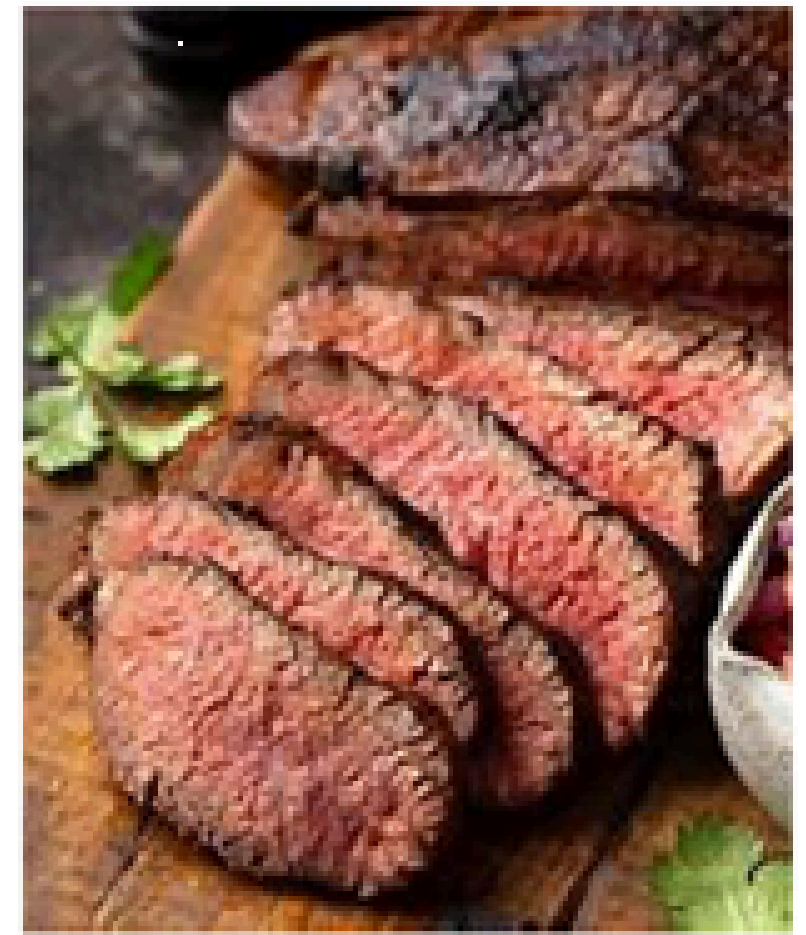
Motorcycle rides, face painting, interactive games & prizes, arts & crafts, lunch, live music & performances & more

SIGN-UP BY MAY 10, 2026 @ [WWW.LIONSSPECIALKIDSDAY.COM](http://WWW.LIONSSPECIALKIDSDAY.COM)



# SACRAMENTO EMBARCADERO LIONS

## DRIVE THRU TRI-TIP DINNER



EACH DINNER FEEDS A  
FAMILY OF FOUR

**\$80**

**PRE-PAID  
ORDERS  
BEFORE MAY 1ST  
ONLY \$70**

**SUNDAY  
MAY 17<sup>TH</sup>**

**PICK-UP TIMES  
2PM - 4PM**

**PICK-UP YOUR  
DINNER AT:**

**VINCE'S  
RISTORANTE  
840 HARBOR BLVD  
WEST SACRAMENTO**

### DINNER INCLUDES

- GRILLED TRI-TIP ROAST
- PACKAGED SALAD
- BAKED POTATO
- BAKED BEANS
- DINNER ROLLS
- COOKIES

**READY TO  
SERVE**

**OR  
REHEAT  
LATER**

**TO PLACE YOUR ORDER  
OR FOR MORE INFORMATION**

**CONTACT:**

**JOYCE ENG**

**(916) 995-1186**

**EMAIL: [jeng6880@gmail.com](mailto:jeng6880@gmail.com)**

**JACKIE LLENAS-ROSSI**

**(916) 296-2518**

**EMAIL: [francisca\\_lr@yahoo.com](mailto:francisca_lr@yahoo.com)**

PROCEEDS FROM THIS FUNDRAISER WILL BE UTILIZED TO BENEFIT A VARIETY OF YOUTH PROGRAMS, COMMUNITY PROJECTS, AND SACRAMENTO EMBARCADERO LIONS LOCAL CHARITIES.



# Seize the Stage

## Fundraiser Karaoke Lucheon

Join us for an unforgettable afternoon of music, laughter, and community spirit as we come together to support VDG Mark Bamba! Whether you're a karaoke superstar or just love cheering from the crowd, this event is all about having fun for a great cause.

**Date:** May 17<sup>th</sup> 2026

**Time:** 11 am to 2pm

**Venue:** The Grotto, 960 Oak Ln., Rio Linda, CA 🎵

What to Expect - Karaoke performances all - afternoon - Food, drinks, and good vibes - A chance to show your support for Mark and make a difference 💜

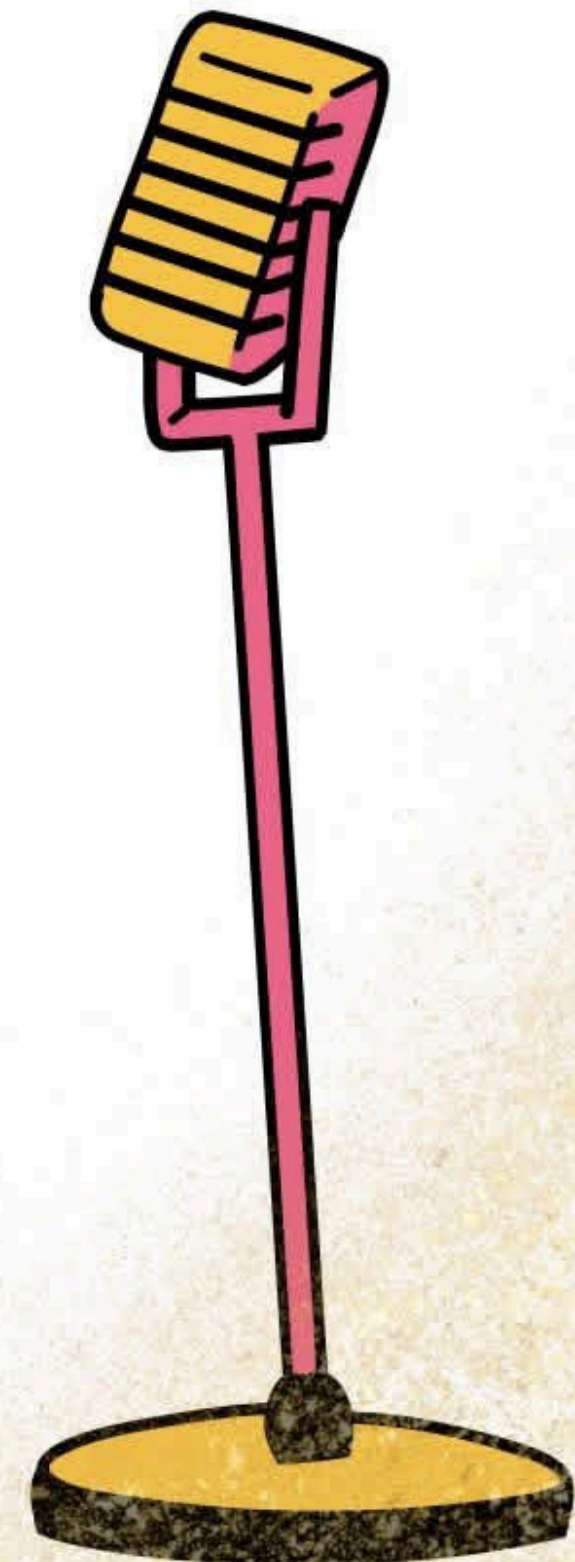
How You Can Help -  
Sing your heart out

**\$40**

Per Person



RSVP Kendra Bamba 916-995-1220 (Zelle)



# SEIZE THE STAGE

Karaoke Luncheon at The Grotto

Superstar Set Menu – \$40 per guest  
\$15 Small Portion (Ages 10 & Under & 90 & Over)

## ★ Starter – Choose One

### Opening Act Salad

Garden greens • cherry tomatoes • cucumber • parmesan • balsamic vinaigrette  
(Gluten-free or Dairy-free options available upon request)

### Fresh Fruit Spotlight Cup

(Gluten-free • Dairy-free)



## Soup – Choose One

### Backstage Lemon Chicken & Rice

Bright lemon broth • tender chicken • rice • herbs  
(Gluten-free • Dairy-free)

### Garden Tour Vegetable Soup

(Seasonal vegetables • light herb broth)



## Main Stage – Choose One

(Gluten-free or dairy-free options available upon request)

### Headliner Chicken Melt (Open-Faced)

Grilled chicken • white cheddar • caramelized onions

### Smokehouse Headliner Pulled Pork

Slow-roasted pulled pork • sweet roll • house BBQ • house slaw

### Unplugged Grilled Cheese

Grilled rustic Italian bread • white cheddar • mozzarella • parmesan

### Green Room Veggie Feta Melt (Open-Faced)

Sautéed seasonal vegetables • garlic • herbs • feta



## Encore Dessert – Choose One

### Standing Ovation Chocolate Cake

Rich chocolate cake • caramel drizzle (Gluten-free)

### Double Platinum Cookies

Two warm chocolate chip cookies

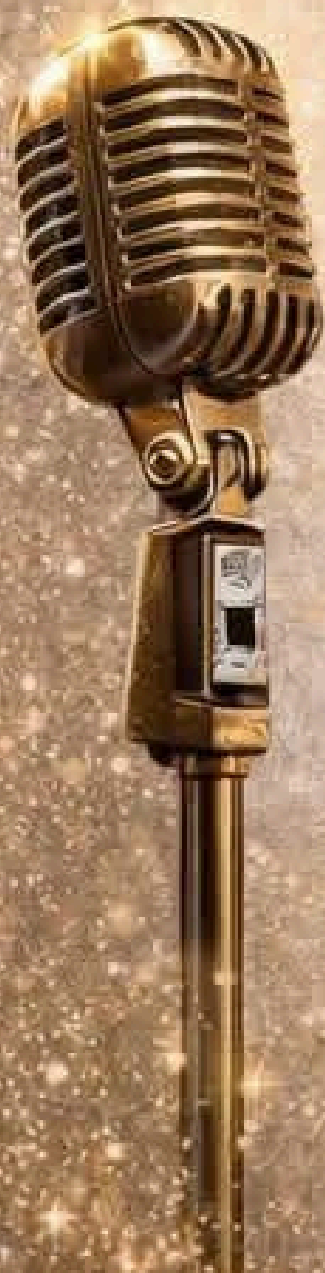
### Finale Berry Crumble (Gluten-free • Dairy-free)

Warm mixed berries • crisp oat topping



## Important Notes

- To guarantee seating, reservations should be made in advance.
- We are happy to accommodate food allergies and special dietary needs to the best of our ability. Please notify your server of any allergies.



# PAWSITIVE MARKETEER

## CANVA TRIFOLD WORKSHOP

*Hands-On Zoom Session*



**MAY 19, 2026**



**6:30 PM – 8:30 PM**



**ZOOM**

Link provided after registration



**STRONGLY RECOMMENDED FOR.**

**MARKETING CHAIRS • VICE PRESIDENTS • CLUB PRESIDENTS**

*and open to any member who wants to learn!*

### YOU WILL:

- ✓ Build your club trifold LIVE
- ✓ Learn Canva basics
- ✓ Leave with a usable marketing piece

### REGISTER TO ATTEND



**district4c5lions@gmail.com**

Include:

**Name • Club • Email**

*Do NOT assume your information is known.*

### COME PREPARED:



#### CANVA ACCOUNT

Set up a free account at [www.canva.com](http://www.canva.com) and be logged in.



#### PHOTOS & LOGOS

Gather your club photos and upload club emblems or Lions International emblems. Place everything in ONE folder.



#### CLUB INFORMATION

Have your club info ready to copy & paste (meeting info, contacts, social links, website, etc.).

**LIONS!**  
VISIT MY BOOTH.

*Let's discuss your*  
**MARKETING NEEDS**



Embarcadero Lions Club  
Presents

# Bunco & Bites

*\* Doors open at 10:00 AM*



May 30, 2026



11:00 AM – 1:30 PM



Vince's Ristorante

840 Harbor Blvd, West Sacramento, CA

- Bunco • Door & Raffle Prizes
- Light Meal & Beverage Included
- No Host Bar

SCAN TO RSVP



**Tickets: \$25**

VENMO, CHECK OR CASH

**Venmo:** Embarcadero Lions Club  
@sacembarks

Mail checks to:

**Donna Adams**

9665 BULLION WAY

ORANGEVALE, CA 95662

*Thank you for supporting us. Our local  
youth programs & charities benefit from all  
the proceeds from this event.*

**Donna Adams • (916) 606-5844**

# SAVE THE DATE!

SATURDAY, JUNE 5, 2026

6:45 P.M.



LEF

## Take Me Out to the Ball Game!



### River Cats vs. Tacoma Rainiers

**RESERVE YOUR TICKETS TODAY!**

**TICKETS: \$42.00 PER/PERSON**

**Contact any LEF Board Member**

**for More Information**

**Or follow the link below**

<https://rivercats.spinzo.com/river-cats-vs-tacoma-rainiers-2026-06-05-XJUFC?group=lions-education-foundation-hwk5>



# Northern California Lions Sight Association (NCLSA)

## MENU

*Includes iced tea, lemonade, or Arnold Palmer*

Choose one for each course

### COURSE 1

- Caesar Salad
- Tomato Basil Soup (GF)
- Minestrone Soup

### COURSE 2

- Herb Roasted Chicken (GF)
- Bolognese Lasagna
- Spinach & Garlic Lasagna

### COURSE 3

- Limoncello Parfaits
- Fudge & Berry Parfaits

### DIETARY OPTIONS

- Minestrone Soup
- Herb Roasted Chicken (GF)
- Fresh Fruit

Reservations & Information  
 Lion Helene Smith (585) 721-1134  
 4timon@gmail.com

## Tickets \$40

Benefiting Northern California  
 sight-saving programs

## DISTRICT 4-C5 OFFICERS

District Governor Brent Showalter	bshowalrh@yaho.com	916-228-9129
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